



#### LAKE BLUFF PARK DISTRICT

355 W. WASHINGTON AVENUE \* LAKE BLUFF, ILLINOIS 60044 \* Phone (847) 234-4150

#### Dear Resident:

The Park Board is embarking on a revised Strategic Plan that will provide shortand long-term direction. 2020 Budget was approved as 2019 Year-End is projected to perform better than budget, pre-audit. From 2020-2024, operations are aligned to meet key fund balance goals and beginning to address key capital improvements.

Communities all around Lake Michigan are facing beach erosion caused by rising lake levels, and Lake Bluff is no exception. On January 11, the beach experienced damage and erosion continues. You can go to https://friendsoflbparks.org to donate to assist with the significant cleanup required.

The Lake Bluff Park District's primary focus this summer and fall will be determining how to best preserve Sunrise Park and Beach — one of our most beloved features.

The Park District and Village of Lake Bluff collaborated to create a Sunrise Park and Beach Erosion Ad Hoc Committee and both agencies will receive recommendations on types of improvements and funding options based on the Erosion Report completed by AECOM.

Preserving and protecting Sunrise Park and Beach is a priority, as noted in many community surveys. Choosing the most effective and fiscally responsible way to do that will require the Park District, residents and other partners to work together so we can all enjoy this community jewel for years to come.

On behalf of the Board, congratulations to the Village of Lake Bluff for providing essential services the past 125 years.

Regards,

Chris Mosbarger Board President



355 W. Washington Avenue • Lake Bluff, Illinois 60044 Phone 847-234-4150 • www.lakebluffparks.org

ILLINO/S

# **Your Park District Board**

Chris Mosbarger, President Kauri McKendry, Vice President France Pitera, Treasurer

**Emily Lane** 

Jennifer Beeler

Paul Greenfield

Niki Walsh

Ancel Glink, P.C., Attorney

# **Park Board Meetings**

The Park Board meetings are scheduled at 6:30 pm the fourth Monday of each month at Lake Bluff Park District Recreation Center at Blair Park, 355 West Washington in Lake Bluff. The public is invited to attend meetings. Committees are scheduled during the year so please visit www.lakebluffparks.org for agendas.

#### Mail-In, Fax or Drop Off Registration Now!

Online Resident Registration begins February 22 at 9:00 am Office/Fax Resident Registration begins February 22 at 9:00 am Non–Resident Registration begins February 29 at 9:00 am

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Thanks to the many volunteers who contribute their time, energy and enthusiasm to the Lake Bluff Park District. Just a few of the groups who help make the Park District a special place include the Friends Board, Park Board Committee members, youth sports coaches, Lake Bluff Open Lands, beach cleanup volunteers, Eagle Scouts, Yacht Club and counselors in training.

#### Ron Salski

Executive Director
Chief Administrator of the District.
rsalski@lakebluffparkdistrict.org
847-457-7346

#### Jim Lakeman

Superintendent of Recreation, Facility & Safety Services

Department Head for recreation programs and services, safety and outreach services, Lake Bluff Pool, Sunrise Beach, camps, ARC, Lake Bluff Preschool, and Fitness Center.

jlakeman@lakebluffparkdistrict.org 847-457-7343

#### **Noah Mach**

Superintendent of Park & Maintenance Services njmach@lakebluffparkdistrict.org 847-295-6449

#### **Amy Cash**

Business Services Specialist
Responsible for Guest Services and
registration operations. Also responsible
for Accounts Receivable.
acash@lakebluffparkdistrict.org
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#### **Dana Hansen**

Preschool and Early Childhood Director dhansen@lakebluffparkdistrict.org 847-457-7352

#### **Rosie Aliperta**

Recreation Services Manager raliperta@lakebluffparkdistrict.org 847-457-7337

#### **Micah Kamin**

Facility & Pool Maintenance Services Manager mkamin@lakebluffparkdistrict.org 847-457-7348

#### Jeff Spillman

Communications and Promotions Manager jspillman@lakebluffparkdistrict.org 847-457-7344

#### **Eric Moran**

Paddle and Tennis Manager emoran@lakebluffparkdistrict.org 847-457-7362 We are here to serve your recreation and leisure needs.

Feel free to call us with any of your concerns at any time. All phone numbers listed here have voicemail so you may leave messages 24 hours a day.

Contact our staff, located on the left, with specific questions and concerns. If inquiring about facility rentals, contact the Guest Services Desk at 847-234-4150. You can also email any questions or concerns to info@lakebluffparkdistrict.org

OUR MISSION STATEMENT: As responsible stewards of community resources, the District will enhance the community through recreational experiences in a fun, safe, and healthy environment.

Our Vision: Strengthening the spirit of community.

Our Values: The values that define the internal culture of the Park District mirror the values and expectations of our community:

- Continuous Improvement We are proactively moving forward to better the District.
- Community Our activities bring people together to create a family environment.
- Stewardship We will leave our community better than we found it.
- Service Orientation We foster a "guest first" attitude through superior experiences and ongoing communication.

 Excellence – As leaders in the community, we strive to be the best we can be and aspire to pride, perfection and quality in all that we do.

#### **IMPORTANT PHONE NUMBERS**

Registration Desk	847-234-4150 x 0
Fax	847-234-7275
Fitness Center	847-482-9326
Golf Pro Shop	847-234-6771
Lake Bluff Preschool .	847-457-7352
Kidzone	847-457-7353
ARC	847-457-7347
Parks Department	847-295-6449
Pool	847-457-7365

NSSRA .....847-509-9400

#### PARK DISTRICT OFFICE HOURS

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APD/IPRA

Monday-Friday 8:00 am-4:30 pm Saturday 9:00 am-3:00 pm

#### **FITNESS CENTER HOURS**

Summer Hours (Memorial Day – Labor Day)
Monday–Thursday 5:00 am–9:00 pm
Friday 5:00 am–8:00 pm
Saturday 7:00 am–5:00 pm
Sunday 7:00 am–4:00 pm

# Lake Bluff Park District Boundaries

Please note: A Lake Bluff postal address does not determine Park District residency. Residency is determined by residing within Park District boundaries. Non-residents, Commercial Groups, Business and Corporate Residents, Active Adult Non-Residents and City of Lake Forest, as defined by the policy do not receive resident rates for daily admission fees and memberships for the Pool, Open Gym and Sunrise Park and Beach. Open Gym is available for City of Lake Forest middle and high school students. The non-resident fees are intended to apportion an equalizing fee to our non-resident participants, so they contribute to the overall financing of the park system on an equitable basis with residents. Boundary information is at https://maps.lakecountyil.gov/mapsonline/

## Park District Program Guide Delivery:

#### **Does It Mean You're a Resident?**

Lake Bluff Park District program guides are delivered by the Lake Bluff Post Office to homeowners/businesses in Lake Bluff, Knollwood, and North Chicago. Even though you receive a program guide through the mail, you may not be a Park District resident. Only those who pay taxes to the Lake Bluff Park District are considered residents. Please call the Park District Office at 847-234-4150 if you have any questions concerning resident requirements.

#### **Lake Forest Residents**

Lake Forest Residents are eligible to receive resident rates for all recreation programs, daily fees and memberships. Included are Preschool, Fitness, Paddle and Golf memberships, Recreation Programs and Services. Lake Bluff Pool and Beach memberships and fees are not included.

### **Details, Details**

#### High School Students — Take Note:

All adult programs are open to high school students unless otherwise noted.

#### Min/Max:

For each program at the Park District, there's a minimum number of registrants needed before a class can "go." Most teachers are paid per class period, not per student. So if enough people don't register, the Park District loses money—your money. In order to determine adequate registration, your registration must be at least seven days prior to the first date the class is held.

But why a maximum? The more students, the less individualized attention. We like to keep the student /teacher ratio low to ensure you get what you expect—a high quality program. The minimum number of registrants is the first number shown. The maximum is the second one shown.

#### **Resident/Non-Resident Fees:**

When two fees for a program are shown with a slash separating them (for example \$50/\$60), the first fee is the Park District Resident fee, and the second fee is the Non-Resident fee.

#### **Photo Policy:**

Photos are periodically taken of participants in a class, during a special event or at the District's parks. Please be aware that these photos are for Park District use only and may be used in the District's web site, program guides, pamphlets, social media or flyers.

#### **Are You Covered?**

The Lake Bluff Park District does not carry medical or accident insurance for program participants—the cost would make program fees prohibitive. Please review your own personal health insurance plan to be certain that you and your family have proper coverage.

#### Mail-In, Fax or Drop Off Registration Now!

Online Resident Registration begins February 22 at 9:00 am Office/Fax Resident Registration begins February 22 at 9:00 am Non-Resident Registration begins February 29 at 9:00 am

## **ADA Compliance**

The Lake Bluff Park District will comply with the Americans With Disabilities Act (ADA), which prohibits discrimination on the basis of disability. If anyone in your family would like to participate in a Park District program but requires special facilities or equipment because of a disability, please phone 847-234-4150. The Park District will make reasonable accommodations in recreation programs and facilities to enable participation by an individual with a disability. The ADA requires that recreational programs offered by the Park District be available in the most integrated setting appropriate for each individual. If you have any questions about the Park District's policy regarding ADA, or believe you have been discriminated against by the Park District, contact 847-234-4150. A procedure is available for the resolution of complaints.

## **Financial Aid Program**

The Lake Bluff Park District provides assistance for residents residing within the boundaries of the Park District. The amount of financial aid awarded is discounted at 25% or 50%, depending on family size, family income and special circumstances. Those families who qualify may receive a discount in programs that are not contractual in nature. Programs eligible to scholarship recipients include: general early childhood, early childhood enrichment, preschool, special events, adult and youth in-house athletics, camps, regular School of Dance classes (does not include competition dance classes), ARC, Before and After School Care, swim and diving lessons, swim team, and paddle lessons. Facility memberships are not included in the financial aid program. The maximum annual family discount is \$1,000. Any resident interested in this program may stop by the recreation center guest services desk and pick up an application to fill out. The application is also available on-line at www.lakebluffparks.org. If you have any questions, please call the guest services desk at 847-234-4150.

Do you get Park District e-news? Find details on the e-list signup page at www.lakebluffparks.org.

# **Rent for Fun, Rent for Business!**

Birthday Parties, Weddings and Showers, Business Meetings, Social Gatherings and Fundraisers, Tournaments, Team Practices, and more...

The Park District has spaces to rent for almost any type of event. A variety of good dates are available!

## The Community Room

- Adjust the space for your needs
- Enough space and tables/chairs for a meeting of approximately 50 people and open enough for a party of 60
- Resident/Community Group Fee: \$50/hour Non-Resident Fee: \$75/hour

Affiliates Fee: \$30/hour

Minimum of 2 hours for all rentals and \$50 clean-up fee if food or drink served. Bookings are made in whole hours only. Alcohol can be allowed if proper insurance is provided.

Contact Lake Bluff Park District Guest Services at 847-234-4150 x 0



#### The Paddle Hut

Available for parties, meetings and more!

- Fireplace and comfortable furniture, plus court rental if you'd like
- Accommodates groups of up to 35
- Courts available for exclusive rental Friday and Saturday evenings, with free use of paddles and balls
- Contact Eric Moran at 847-457-7362 or EMoran@LakeBluffParkDistrict.org

## The Gymnasium

- ► Full collegiate-size basketball court, also great for volleyball, badminton, pickleball, relay races, floor hockey, futsal (soccer), and more
- When the divider curtain is down, half the gym is a full-size high school basketball court with bleacher seating for spectators
- ► Full Gym Resident/Community Group Fee: \$100/hr Full Gym Non-Resident Fee: \$150/hr

Full Gym Affiliates Fee: \$75/hr

Half-Gym Resident/Community Group Fee: \$60/hr

Half-Gym Non-Resident Fee: \$100/hr Half-Gym Affiliates Fee: \$50/hr

Minimum of 2 hours for all rentals; bookings are made in whole hours only

Contact Lake Bluff Park District Guest Services at 847-234-4150 x 0



**Cancellation Fees:** Two days or more prior to rental date will be charged a \$50 fee. Cancellations within two days of rental date are charged 50% of total party/ rental fees. Cancellation due to inclement weather for shelter and field rentals only, will receive a full refund.



#### **Shelter Reservations**

PARK SHELTER:	DAYS:	HOURS:	FEE (RESIDENT/AFFILIATE)
Blair Park	Monday-Thursday	8 am-10 pm	\$20/\$10
Sanctuary Park	Friday-Saturday	8 am-11 pm	\$40/\$20
Artesian Park	Sunday	8 am-10 pm	\$40/\$20

# **BEACH SHELTER:** DAYS: HOURS: FEE (RESIDENT/AFFILIATE) North Shelter Monday—Thursday 8 am—10 pm \$55/\$30

Friday–Saturday 8 am–11 pm \$160/\$80 Sunday 8 am–10 pm \$160/\$80

#### **Reservation Dates**

South Shelter

2020 reservations for beach shelters will be taken starting Saturday, February 29, 2020.

- Saturday office hours are 9:00 am-3:00 pm.
  Monday through Friday office hours are 8:00 am-4:30 pm.
- Only one reservation per resident household will be accepted during this time period, and no phone reservations.
- First come, first served.
- Shelter use is limited to six hours.
- Shelter capacity not to exceed 75 users.

## **Community Clubhouse at the Lake Bluff Golf Course**

Not just for golf! Available for parties, meetings and more!

- Expanded dining room
- Indoor bar
- Outdoor deck
- Call 847-234-6771 for information

# **About Making Reservations**

Beach shelter reservations must be made by residents at least 21 years of age who agree to remain on-site and assume responsibility during the use period. Payment and required paperwork must be completed at least two weeks before the date of their reservation.

- The Certificate of Insurance must be for a minimum of \$1,000,000 Host Liquor Liability with the Lake Bluff Park District added as an additional insured through eventhelper.com or homeowner's insurance.
- If reserving either North or South shelter at the beach, you will need to pay the shelter fee.
- Staff will sign your approved permit and give you a copy.
- Be prepared to present your approved shelter permit to Police or Park Personnel upon request.
- If parking east of Moffet Road after 9:00 pm, pick up your parking permits at the office.
- First 25 parking passes are free. Each additional is \$15.



# Summer Job Opportunities at www.lakebluffparks.org

Beach Lifeguards 💸 Swim Pool Concessions

Camp Managers 
 Beach Attendants

Gain the experience and leadership qualities needed later in life while working in an enjoyable job atmosphere here at the Lake Bluff Park District!



### **Lake Bluff Counselors-in-Training**

Are you a motivated and reliable young adult that enjoys working with kids? If so, we are looking for you! This upcoming summer the Park District will be bringing on Counselors-in-Training to become a part of our summer camp staff. They will learn how to problem solve, assist in camp events, engage younger children in fun and safe activities, and develop valuable leadership skills. CITs must work well with others, be a good role model, and enjoy being outdoors.

For more information contact Recreation Services Manager Rosie Aliperta at 847-457-7337 or raliperta@lakebluffparkdistrict.org.

CODE:	SESSION:	DATES:	FEE:
15056	I	June 15–June 26	\$50
15057	II	June 29–July 10	\$50
15058	III	July 13–July 24	\$50
15059	IV	July 27–August 7	\$50
15060	V (1 week)*	August 10–August 14	\$25
_			

Days: Monday-Friday

Times: 8:00–3:15 pm (may vary depending on camp schedule)

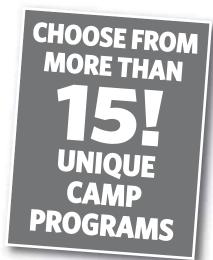
Ages: 14–15 years

Min/Max: 1/12









# It's time to plan your family's Summer of Fun in Lake Bluff!

See Lake Bluff Park District camps starting next page, then register online at www.LakeBluffParks.org

**Kindergarten Explorers** Teen Travelers

Mini Sprouts Camp Kick-A-Howl

Mighty Sprouts Athletic Camp

Lake Bluff Day Camp Sports for Life Camp

Three-Day Camp Early Bird Pre-Camp

**NEW Preschool Dance Camps** Stay & Play Post-Camp

Musical Theatre Camps Kelly's Kamp Minis

Camp Swim Lessons Afternoon Kelly's Kamp

... and more!

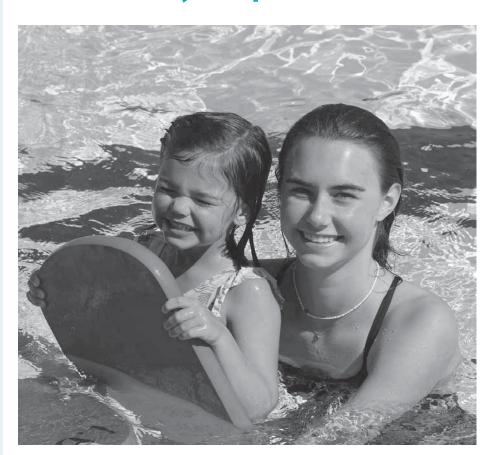
## REGISTER ONLINE AT WWW.LAKEBLUFFPARKS.ORG!

## **Swim Lessons** for Lake Bluff Day Camp and Three Day Camp

Learning to swim is an important life skill for all people, which is why swim lessons are included in the camp program Monday-Thursday for 1st through 5th grade for the Lake Bluff Day Camp. Swim lessons are included for the Three Day Camp on Monday and Wednesday only. 1st and 2nd grade campers will begin lessons promptly at 8:20 am. Children should be dressed in their swimsuits and ready to go into the pool at 8:15 am. Grades 3-5 will begin swim lessons at 9:05 am. Children change into their suits prior to the lesson start time. Backpacks and towels will remain at the swim line area with counselors; please label all items. Swimmers will be tested on the first day of lessons and swim instructors will assign the swimmer into the proper level. **There are** no swim lesson make-ups. There are no swim lessons in session V.

Note: Those campers who do not wish to swim will sit and wait with the counselor until lessons are over.

# **Lake Bluff Day Camp**



#### **Lake Bluff Day Camp**

Come for a new camp experience and all it has to offer. Campers participate in large group activities and break out into respective age groups for arts-n-crafts, field games, sports and swimming. There will be theme weeks and campers swim two days a week plus have an off-site field trip each session. Occasional beach days will be planned throughout the summer, weather permitting. Included in the fee this year will be the Wednesday Pizza Days and Friday Cook Outs. Swim lessons are included in your camp fee for 1st through 5th grade. There are no swim lessons in session V. Sign up for one session or sign up for all four sessions. Don't miss out on a summer filled with adventure and fun in the sun! Online registration closes three days prior to each session's start date for that upcoming session.

SESSION	Session I-IV	1	II	III	IV	V (1 week session)
Dates:	June 15–August 7	June 15–26	June 29–July 10	July 13-24	July 27—August 7	August 10–14
Grade 1	15061	15062	15063	15064	15065	15066
Grade 2-3	15067	15068	15069	15070	15071	15072
Grade 4-5	15073	15074	15075	15076	15077	15078
Grade 6-7	15079	15080	15081	15082	15083	15084

Note: Register for the Grade your child will be entering in the fall.

Days: Monday-Friday Time: 8:15 am-3:00 pm

Location: Blair Park 5/50 Min/Max:

1VIIII/ IVIAX. 3/30			
SESSION:	DATES:	Early Bird Fee:	Fee:
Session I-IV*	June 15-August 7	\$1500/\$1636 (by May 23)	
1	June 15-June 26	\$400/\$434 (by May 23)	\$440/\$467
II	June 29–July 10	\$400/\$434 (by June 13)	\$440/\$467
III	July 13–July 24	\$400/\$434 (by June 27)	\$440/\$467
IV	July 27-August 7	\$400/\$434 (by July 11)	\$440/\$467
V	August 10-August 14	\$220/\$245 (by July 25)	\$259/\$286

<sup>\*</sup> This summer there is a \$100 discount for registering for sessions I-IV at the early bird fee! Locate the code for the appropriate grade in column VI and register by May 23 to take advantage of these savings. You don't want to miss this deal!

### **Three Day Camp**

This camp is simply a shortened week (M/W/F) of our regular camp. Swim lessons, Pizza Wednesdays and Friday cookouts are included in your camp fee. Occasional beach days will be planned throughout the summer, weather permitting. Swim lessons are for 1st through 5th grade on Monday and Wednesday only during camp time. There are no swimming lesson makeups. There are no swim lessons in session V. Please pack a sack lunch, swimsuit and towel. **Online registration closes three days prior to each session's start date for that upcoming session.** 

SESSION	Session I-IV*	I	II	Ш	IV	V (1 week session)
Dates:	June 15–August 7	June 15–26	June 29–July 10	July 13-24	July 27—August 7	August 10–14
Grade 1	15085	15086	15087	15088	15089	15090
Grade 2-3	15091	15092	15093	15094	15095	15096
Grade 4-5	15097	15098	15099	15100	15101	15102
Grade 6-7	15103	15104	15105	15106	15107	15108

Note: Register for the Grade your child will be entering in the fall.

Days: Monday, Wednesday, Friday

Time: 8:15 am-3:00 pm

Location: Blair Park Min/Max: 5/50

SESSION:	DATES:	Early Bird Fee:	Fee:
Session I-IV*	June 15–August 7	\$950/\$1158 (by May 23)	
I	June 15–June 26	\$275/\$302 (by May 23)	\$308/\$335
II	June 29–July 10	\$275/\$302 (by June 13)	\$308/\$335
III	July 13–July 24	\$275/\$302 (by June 27)	\$308/\$335
IV	July 27–August 7	\$275/\$302 (by July 11)	\$308/\$335
V	August 10–August 14	\$175/\$200 (by July 25)	\$190/\$215

<sup>\*</sup> This summer there is a \$50 discount for registering for sessions I-IV at the early bird fee! Locate the code for the appropriate grade in Column I and register by May 23 to take advantage of these savings. You don't want to miss this deal!

# **Parent Camp Information**

# Important Camp Information!

The camp **parent orientation** and counselor meet and greet will be held on **Thursday, June 11, 2020 at 6:30 pm** at the Recreation Center Gym. Parents will be given a Summer Camp Informational Packet and be able to turn in all forms to their counselor that evening. Parents can also download the Summer Camp Informational Packet at www.lakebluffparkdistrict.org.

#### Camp Informational Packet includes:

- Camp Handbook
- Summer Camp Informational Form
- Field Trip Permission Form
- Dispense Medication Form
- Swim Test Information
- Camp Calendars

Online registration closes three days prior to each session's start date for that upcoming session.

## **Camp Withdrawals**

- All financial obligations with the Park District must be met prior to registering for any summer program.
- Camp Withdrawal Policy (starting 4/15). Cancellations or withdrawals must be made in writing and are subject to the following:
  - 15+ days prior to the FIRST day of the session \$25.00 fee
  - 8-14 days prior to the FIRST day of the session – \$50.00 fee
  - 0-7 days prior to the FIRST day of the session \$75.00 fee
- If your child is expelled from camp, you will forfeit your entire camp fee for current session of camp.
- Camp fees cannot be prorated to accommodate vacation schedules.

Withdrawals Due to Medical Reasons During Camp: Processing fee is waived, and prorated refund is assessed with a doctor's note only. The refund will not be processed until we have both the doctor's note and this signed request.

Camp Parent
Orientation
& Counselor
Meet-N-Greet:
Thursday June 11,
2020 at 6:30 pm
at the Recreation
Center Gym





### **Kindergarten Explorers**

Kindergarten Explorers is designed for children 5–6 years of age, with an emphasis on the children being active – both outdoor and indoor. There will be weekly themes and our campers will enjoy crafts and group games as well as swimming and sports activities. Our program provides your child an atmosphere where he/she can play, laugh, learn and grow. This year the fee includes a Wednesday pizza lunch and an every–other–Friday cook out in your child's summer package. Swim lessons are included in your camp fee. Sign up for as many camp sessions as you would like.

#### 5 DAY OPTION (MONDAY-FRIDAY)

CODE:	SESSION:	DATES:	EARLY BIRD FEE:	FEE:
15129	*VI	June 15-August 7 (First 4 sessions)	\$1528/\$1632 (by May 23)	
15130	I	June 15–June 26	\$407/\$433 (by May 23)	\$440/\$467
15131	II	June 29–July 10	\$407/\$433 (by June 13)	\$440/\$467
15132	III	July 13–July 24	\$407/\$433 (by June 27)	\$440/\$467
15133	IV	July 27–August 7	\$407/\$433 (by July 11)	\$440/\$467
15134	V	August 10-August 14 (1 week)	\$209/\$237 (by July 25)	\$220/\$248

\*This summer there is a \$100 discount for registering for sessions I-IV at the early bird fee! Locate the code listed for Session VI and register by May 23 to take advantage of these savings. You don't want to miss this deal!

#### **3 DAY OPTION (MONDAY, WEDNESDAY, FRIDAY)**

CODE:	SESSION:	DATES:	EARLY BIRD FEE:	FEE:
15135	*VI	June 15-August 7 (First 4 sessions)	\$1050/\$1162 (by May 23)	
15136	I	June 15–June 26	\$275/\$303 (by May 23)	\$308/\$335
15137	II	June 29–July 10	\$275/\$303 (by June 13)	\$308/\$335
15138	III	July 13–July 24	\$275/\$303 (by June 27)	\$308/\$335
15139	IV	July 27–August 7	\$275/\$303 (by July 11)	\$308/\$335
15140	V	August 10–August 14 (1 week)	\$165/\$193 (by July 25)	\$182/\$198

Age: 5–6 years
Times: 8:15 am–3:00 pm
Location: Blair Park

\*This summer this is a \$50 discount for registering for sessions I-IV at the early bird fee! Locate the code listed for Session VI and register by May 23 to take advantage of these savings. You don't want to miss this deal!

## Mighty Sprouts Camp for Ages 3–6

Mighty Sprouts is designed for children who will be 3 years old by June 1st and are fully potty trained, through 6 years old. Campers will participate in daily circle time, games, nature, tot pool and sprinklers all built in around our weekly themes. You can sign up for 2 days, 3 days or choose both for a full 5 days of camp. Swim lessons are included in your fee. A lunch, snack, water bottle and sunscreen (ALL LABELED) must be brought daily. All staff members are CPR, AED and First Aid Certified. Swim lessons are held from 9:20-9:50am on Monday-Thursday. Children must arrive to camp with their swimsuits already on. There will be no swim lesson makes ups or refunds if cancelled. Campers have lunch at camp, so please bring a lunch on Mondays/Tuesdays/Thursdays. Hot lunch will be proved on Wednesdays and Fridays and is included in the fee. (Please provide your own water.)

#### 3 DAY OPTION (MONDAY, WEDNESDAY, FRIDAY)

CODE:	DATES:	EARLY BIRD FEE:	FEE:
15141	June 15-August 7 (\$50 off)	\$1366/\$1498 (by May 23)	
15142	June 15–June 26	\$354/\$387 (by May 23)	\$387/\$409
15143	June 29–July 10	\$354/\$387 (by June 13)	\$387/\$409
15144	July 13–July 24	\$354/\$387 (by June 27)	\$387/\$409
15145	July 27–August 7	\$354/\$387 (by July 11)	\$387/\$409
15146	August 10-August 14	\$178/\$211 (by July 25)	\$211/\$233
2 Day Option (1	Tuesday, Thursday)		
CODE:	DATES:	EARLY BIRD FEE:	FEE:
15147	June 16-August 6 (\$25 off)	\$915/\$1003 (by May 23)	
15148	June 16–June 25	\$235/\$257 (by May 23)	\$268/\$290
15149	June 30–July 9	\$235/\$257 (by June 13)	\$268/\$290
15150	July 14–July 23	\$235/\$257 (by June 27)	\$268/\$290
15151	July 28–August 6	\$235/\$257 (by July 11)	\$268/\$290
15152	August 11–August 13	\$117/\$140 (by July 25)	\$150/\$172
Ages:	3–6 years		
Time:	9:00 am-1:00 pm		

Min/Max: Day/Location: Monday-Friday/Lake Bluff Preschool/Blair Park

## Mini Little Sprouts Camp for Ages 2–3.5

Mini Little Sprouts gives children an opportunity to enjoy indoor and outdoor summer activities! Taking place in our Early Childhood wing, toddlers are constantly on the move, and in this camp they won't be able to stop. Mini Little Sprouts provides the important social, cognitive and motor skills that will prepare them for their adventure into preschool. Activities include social play, art, story time, songs, tot pool play and water play. A snack will be served. You can sign up for 2 days, 3 days or choose both for a full 5 days of camp. Please make sure your child arrives in a clean diaper. You will need to provide diapers, wipes and a change of clothes that will be left in the classroom. There are no swim lessons for children enrolled in this camp.

#### 3 DAY OPTION (MONDAY, WEDNESDAY, FRIDAY)

CODE:	DATES:	EARLY BIRD FEE:	FEE:
15153	June 15-August 7 (\$50 off)	\$471/\$571 (by May 23)	
15154	June 15–June 26	\$124/\$149 (by May 23)	\$156/\$184
15155	June 29–July 10	\$124/\$149 (by June 13)	\$156/\$184
15156	July 13–July 24	\$124/\$149 (by June 27)	\$156/\$184
15157	July 27–August 7	\$124/\$149 (by July 11)	\$156/\$184
15158	August 10–August 14	\$62/\$89 (by July 25)	\$95/\$125
2 Day Option	(Tuesday, Thursday)		
CODE:	DATES:	EARLY BIRD FEE:	FEE:
15159	June 16-August 6 (\$25 off)	\$333/\$441 (by May 23)	
15159 15160	June 16–August 6 (\$25 off) June 16–June 25	\$333/\$441 (by May 23) \$87/\$114 (by May 23)	\$119/\$147
	, , ,		\$119/\$147 \$119/\$147
15160	June 16–June 25	\$87/\$114 (by May 23)	
15160 15161	June 16–June 25 June 30–July 9	\$87/\$114 (by May 23) \$87/\$114 (by June 13)	\$119/\$147
15160 15161 15162	June 16–June 25 June 30–July 9 July 14–July 23	\$87/\$114 (by May 23) \$87/\$114 (by June 13) \$87/\$114 (by June 27)	\$119/\$147 \$119/\$147
15160 15161 15162 15163	June 16–June 25 June 30–July 9 July 14–July 23 July 28–August 6	\$87/\$114 (by May 23) \$87/\$114 (by June 13) \$87/\$114 (by June 27) \$87/\$114 (by July 11)	\$119/\$147 \$119/\$147 \$119/\$147

Time: 9:00-11:30 am

Min/Max: 10/15

Day/Location: Monday-Friday/Lake Bluff Preschool/Blair Park



### Athletic Camp-Monday/Wednesday/Friday

This extremely popular camp offers the opportunity for campers to engage in a wide variety of sport activities. This camp includes Tennis, Pickleball, Golf, Soccer, Basketball, Floor Hockey, and more! Participants will be able to train with the professional staff of Lake Bluff Park District to work on various skill development and game strategies. Occasional beach days will be planned throughout the summer, weather permitting. This camp will go on one offsite field trip every session. Pack a lunch, and don't forget a swimsuit because after all that hard work every camper deserves free swim! Pizza Wednesdays and Friday Cookouts are included in the fees this year!

Consider joining Athletic Camp Tuesdays and Thursdays if you are looking for a full-week camp experience!

CODE:	SESSION:	DATES:	FEE:
15041	I	June 15-June 26	\$320/\$345
15042	II	June 29–July 10	\$320/\$345
15043	III	July 13–July 24	\$320/\$345
15044	IV	July 27–August 7	\$320/\$345
15045	V (1 week session)	August 10–August 14	\$180/\$205

Ages: Entering 3–8 Grades

Days: Monday, Wednesday, Friday

Time: 9:00 am-3:00 pm Location: Recreation Center Gym

Min/Max: 15/75

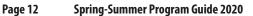
#### **Athletic Camp-Tuesday/Thursday**

This high energy camp is offered Tuesdays and Thursdays for your child to get their sports fix or combine with Monday, Wednesday, Friday to get a full athletic camp experience every day of the week! This camp includes Tennis, Pickleball, Golf, Soccer, Basketball, Floor Hockey, and more! Participants will be able to train with the professional staff of Lake Bluff Park District to work on various skill development and game strategies. Occasional beach days will be planned throughout the summer, weather permitting. This Tuesday/Thursday option does not include offsite field trips. Pack a lunch, and don't forget a swimsuit because after all that hard work every camper deserves free swim!

CODE:	SESSION:	DATES:	FEE:
15046	I	June 16–June 25	\$210/\$235
15047	II	June 30–July 9	\$210/\$235
15048	III	July 14–July 23	\$210/\$235
15049	IV	July 28–August 6	\$210/\$235
15050	V (1 week session)	August 11–August 13	\$125/\$150
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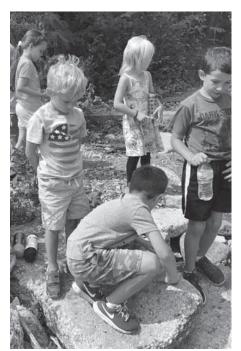
Ages: Entering 3–8 Grades
Days: Tuesday, Thursday
Time: 9:00 am–3:00 pm
Location: Recreation Center Gym

Min/Max: 15/75









### **Camp Kick-A-Howl**

Hey kids! This fun STEAM camp will take you on great adventures! You'll get STEAM'd galore every day! Meet Mrs. Thomsen at Artesian Field House for a full day of exploring the beach, open lands, digging for groundwater and worms, building structures, one day at the pool per week, exciting field trips and so much more. Every day will be a different focus. Crafts will be mostly created from natural materials collected by the children. Bring your (nut free lunch), water bottle and creative self!

CODE:	SESSION:	DATES:	EARLY BIRD FEE:	FEE:
15051	I	June 15-June 26	\$352/\$380 (by May 23)	\$385/\$412
15052	II	June 29-July 10	\$352/\$380 (by June 13)	\$385/\$412
15053	III	July 13-July 24	\$352/\$380 (by June 27)	\$385/\$412
15054	IV	July 27-August 7	\$352/\$380 (by July 11)	\$385/\$412
15055	V	August 10–14	\$259/\$286 (by July 25)	\$290/\$319

Ages: 5–10 years
Time: 9:00 am–3:00 pm
Location: Artesian Field House

Min/Max: 10/30



#### **5 Day Teen Travelers Camp**

This popular camp has been extended to a full 5-day biking adventure! Campers will travel on their bikes every day along the Des Plaines River Trail Path and the North Shore Bike Path. Each day will start out by mapping their adventures and exploring fun locations. All campers must have bikes, helmets, locks, and backpacks. Please bring a snack, sack lunch, water bottle, sunscreen and spending money to purchase items if desired. Some popular places they will travel to include: Beach, Hawthorn Mall, Movies, Highland Park, Brunswick bowling and many local lunch spots! Start your day with a good breakfast, oil your chain, and let's get going!

CODE:	SESSION	DATES:	FEE:
15165	I	June 15–June 26	\$360/\$380
15166	II	June 29–July 10	\$360/\$380
15167	III	July 13–July 24	\$360/\$380
15168	IV	July 27–August 7	\$360/\$380
15169	V (1 week sess	sion) August 10–14	\$215/\$240

Ages: 11–14 years
Days: Monday–Friday
Time: 9:00 am–3:00 pm
Location: Artesian Park
Min/Max: 5/20







# **Choose to Explore Dance Camps!**

# **Musical Theater Camps**

Children will have the opportunity to partake in a spectacular musical portraying a character from that musical/movie. Explore the fun of singing, dancing, tumbling, and acting like the major pros do onstage. By the end of the camp all actors/actresses will take the stage and perform their musical for all parents and friends to enjoy. Performance will take part in the Lake Bluff Park District Gym. Costumes will be given to each child to borrow for the show. Performance is free and welcomes all to come and watch the spectacular shows. Parents please send your child with a snack each day for snack break outside on the playground. Dancers will also get to partake in arts and crafts in decorating props and costumes for the show. These arts and crafts will take place outside. Attire should be any comfy clothes/shoes. If participating in both camps dancers will be allowed a lunch break around noon to eat.

Fee for each camp: 3 Week Camp \$290/\$310

**SESSION I: JUNE 8-JUNE 24** 

#### Disney's Little Mermaid (3 Weeks)

CODE: 15268 CODE: 3-12 years Ages: Age:

Days: Monday and Wednesdays Days: Monday and Wednesdays Dates: June 8-June 24 Dates: June 8-June 24 Final Performance: June 26 at 5:00 pm Final Performance: June 26 at 6:00 pm Time: Noon-3:00 pm

Time: 9:00-noon Location: Dance Studio I

Min/Max:

Brittany Goodrich & Kelsey Ziemnisky Instructor: Instructor:

#### **SESSION II: JUNE 29-JULY 15**

#### **Seussical The Musical (3 Weeks)**

CODE: 15270 Age: 3-12 years

Days: Monday and Wednesdays

June 29–July 15 Dates: Final Performance: July 17 at 5:00 pm Time: 9:00-noon Location: Dance Studio I

Min/Max: 4/20

Instructor: Brittany Goodrich & Kelsey Ziemnisky

# Disney's The Lion King (3 Weeks)

Disney's Frozen 2 (3 Weeks)

15269

3-12 years

Dance Studio I

Brittany Goodrich & Kelsey Ziemnisky

CODE: 15271 Age: 3-12 years

Location:

Min/Max:

Days: Monday and Wednesdays

June 29-July 15 Dates: Final Performance: July 17 at 6:00 pm Noon-3:00 pm Time: Dance Studio I Location:

Min/Max: 4/20

Brittany Goodrich & Kelsey Ziemnisky Instructor:

#### **SESSION III: JULY 20-AUGUST 5**

#### Disney's Descendants 3 (3 Week)

CODE: 15272 3-12 years Age:

Monday and Wednesdays Days:

Dates: July 20-August 5 Final Performance: August 7 at 5:00 pm Time: 9:00-noon

Location: Dance Studio I Min/Max: 4/20

Instructor: Brittany Goodrich & Kelsey Ziemnisky

### The Sound of Music (3 Week)

CODE: 15273 Age: 3–12 years

Monday and Wednesdays Days:

Dates: July 20-August 5 Final Performance: August 7 at 6:00 pm Time: Noon-3:00 pm Location: Dance Studio I

Min/Max: 4/20

Instructor: Brittany Goodrich & Kelsey Ziemnisky

# Ages 2-5 years

Have fun exploring, dancing, and learning about story ballets and musical theater shows. These new exciting camps will allow dancers to explore how to be a well-rounded dancer while exploring stories they love. Dancers each week will get to read a story and learn songs and dances that go along with that story theme. They will also get to do craft projects that go along with each story they do each week. At the end of the camp on the last day parents are invited to watch their dancer's showcase of what they learned. A world of wonder and fancy awaits for all pre-school students. Weather permitting portions of the class will be held outside on Park District property by the playground to do their craft projects/snack. Please send dancers with sunscreen and a snack for each day for snack break outside. Dancers will be walked over from Lake Bluff Pre-School to their camp. Those coming from Pre-School will have lunch in dance camp. Dancers will also get a keepsake ballet tutu and wand to take home the last day of class.

Fee for each camp: 3 Week Camp \$192/\$203

**SESSION I: JUNE 9-JUNE 25** 

# Disney's Frozen, Cinderella, and Snow White (3 Weeks)

**CODE:** 15274 Age: 2–5 years

Days: Tuesdays and Thursdays

Dates: June 9–June 25
Final Performance: June 25 at 1:00 pm
Time: 11:30–1:30 pm
Location: Dance Studio I

Min/Max: 4/10

Instructor: Brittany Goodrich and Helper

SESSION II: JULY 7-23

# Disney's Little Mermaid, Sleeping Beauty, and Tangled (3 Weeks)

**CODE:** 15275 Age: 2–5 years

Days: Tuesdays and Thursdays

Dates: July 7–July 23
Final Performance: July 23 at 1:00 pm
Time: 11:30–1:30 pm
Location: Dance Studio I

Min/Max: 4/10

Instructor: Brittany Goodrich and Helper



#### **SESSION III: JULY 28-AUGUST 13**

# Beauty and the Beast, Angelina Ballerina, and Trolls (3 Weeks)

**CODE:** 15276
Age: 2–5 years

Days: Tuesdays and Thursdays
Dates: July 28–August 13

Final

Performance: August 13 at 1:00 pm Time: 11:30–1:30 pm Location: Dance Studio I

Min/Max: 4/10

Instructor: Brittany Goodrich and Helper

# Sports for Life Camp (1 week)

School will be over, and summer is almost here...so, we are offering a unique Sports for Life Camp that engages your children in a smaller group environment for an extremely positive and fun experience before getting into the crazy summer schedule. Coach Eric will be managing and coaching this camp. Campers will need to bring a water bottle, lunch, towel, and sunscreen. They may get wet, so a change of clothes is recommended. Here are a few of the activities your children will get to enjoy throughout the week:

#### **Sports**

- ➤ **Tennis and Paddle** Develop your strokes, get your serve videotaped, play in-house tournaments
- ➤ **Soccer** Academy-style warm-up training, 3v3 games, world cup

#### **Fitness Components**

- ▶ Obstacle Course Fun Ninja Warrior timed obstacle layouts
- ▶ **Yoga** Certified Yoga instructor

#### **Fun Games**

- ▶ **Bago** Age-old favorite
- ► **TennisGolf** Combines both sports with a creative course
- ► Water Balloon Capture the Flag Cool on down

CODE:	15295
Ages:	8-14 years
Days:	Monday-Friday
Date:	June 8–June 12
Time:	9:00 am-3:00 pm

Min/Max: 8/16

Location: Recreation Center Gym

Fee: \$300



### **Kelly's Kamp**

School is ending and camps haven't started yet; it's a great opportunity to spring into summer! Kelly's Kamp is a loaded 90-minute minicamp that includes gymnastics and tumbling that is perfect for your little one. Jump, tumble, cartwheel and stretch! We have time for beam, trampoline, bars, and lots of physical challenges. This camp is perfect for siblings, and you can pick the dates that work for you. Don't forget to bring a snack! **Child must be potty trained.** 

CODE:	DAY:	DATE:	TIME:
15200	Wednesday	May 27	9:00-10:30 am
15201	•	•	10:30 am-noon
15202	Thursday	May 28	9:00-10:30 am
15203	·	·	10:30 am-noon
15204	Friday	May 29	9:00-10:30 am
15205			10:30 am-noon
15206	Monday	June 1	9:00-10:30 am
15207			10:30 am-noon
15208	Tuesday	June 2	9:00-10:30 am
15209			10:30 am-noon
15210	Wednesday	June 3	9:00-10:30 am
15211			10:30 am-noon
15212	Thursday	June 4	9:00-10:30 am
15213			10:30 am-noon
15214	Friday	June 5	9:00-10:30 am
15215			10:30 am-noon
15216	Monday	June 8	9:00-10:30 am
15217			10:30 am-noon
15218	Tuesday	June 9	9:00-10:30 am
15219			10:30 am-noon
15220	Wednesday	June 10	9:00-10:30 am
15221			10:30 am-noon
15222	Thursday	June 11	9:00–10:30 am
15223			10:30 am-noon
15224	Friday	June 12	9:00–10:30 am
15225			10:30 am-noon
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Ages: 3-6 years

Location: Gymnastics Room

Min/Max: 4/8 Instructor: Kelly Lilja Fee: \$25/day Registration will close 2 days prior to each class date!



#### Afternoon Kelly's Kamp

Just like the name, Afternoon Kelly's Kamp is designed for your child to have gymnastics fun in the afternoon! Each class is loaded with 2 hours of jumping, tumbling and cartwheeling, with some down-time too! Activities include beam, trampoline, bars, and lots of physical challenges. This camp is perfect for children attending Mighty Sprouts. Kids will be walked over to the gymnastics room for class. **Child must be potty trained.** 

CODE:	DAY:	<b>SESSION 1 DATES:</b>	FEE:
15226	Tuesday	June 16–July 7 (4)	\$100/102
15227	Wednesday	June 17–July 8 (4)	\$100/102
CODE:	DAY:	<b>SESSION 2 DATES:</b>	FEE:
15228	Tuesday	July 14–August 4 (4)	\$100/102
15229	Wednesday	July 15–August 5 (4)	\$100/102

Ages: 3–6 years
Time: 1:00–3:00 pm
Location: Gymnastics Room

Min/Max: 4/8 Instructor: Kelly Lilja

## **Early Bird Drop Off**

This program is for working parents who need to drop off their child to designated camps at Blair Park before the camps begin and is only available to participants in those camps. We will provide staff supervision from 7:00 am until the start of camp. Campers meet in the Paddle Hut and staff will take them to their swim lines or group meeting place at the appropriate time. Unused days are not refundable or transferable. Campers may bring a cold breakfast. Early Bird is available only to children attending the following camps, which start before or at 9:00 am at Blair Park: Lil Sprouts (M/W/F or M-F), Lake Bluff Day Camp, Three Day Camp, Athletic Camp and Kindergarten Explorers (M/W/F or M-F).

#### THREE DAY OPTION (M/W/F)

CODE:	SESSION:	DATES:	FEE:
15109	I	June 15–June 26	\$80/\$95
15110	II	June 29–July 10	\$80/\$95
15111	III	July 13–July 24	\$80/\$95
15112	IV	July 27–August 7	\$80/\$95
15113	V (1 week)	August 10–August 14	\$40/\$56

#### **FIVE DAY OPTION (M-F)**

CODE:	SESSION:	DATES:	FEE:
15114	I	June 15–June 26	\$110/\$127
15115	II	June 29–July 10	\$110/\$127
15116	III	July 13–July 24	\$110/\$127
15117	IV	July 27–August 7	\$110/\$127
15118	V (1 week)	August 10–August 14	\$55/\$71

Ages: 3 years–entering 7th Grade

Days: Monday, Wednesday, Friday or Monday-Friday

Time: 7:00 am-camp start time

Location: Paddle Hut

Min/Max: 5/60

## **Stay & Play**

This program is for working parents who need additional childcare beyond regular camp hours. Campers will swim, watch movies and use the playground and gym. Supervision is provided from 3:00 to 6:00 pm. It is available to children attending our camps at Blair Park that end at 3:00 pm. Options include three days (M/W/F) or five days (M-F) only. Unused days are not refundable or transferable. Please pack a snack for your child.

#### THREE DAY OPTION (M/W/F)

CODE:	SESSION:	DATES:	FEE:
15119	I	June 15–June 26	\$125/\$142
15120	II	June 29–July 10	\$125/\$142
15121	III	July 13–July 24	\$125/\$142
15122	IV	July 27–August 7	\$125/\$142
15123	V (1 week)	August 10 –August 14	\$72/\$88

#### **FIVE DAY OPTION (M-F)**

CODE:	SESSION:	DATES:	FEE:
15124	I	June 15–June 26	\$187/\$204
15125	II	June 29–July 10	\$187/\$204
15126	III	July 13–July 24	\$187/\$204
15127	IV	July 27–August 7	\$187/\$204
15128	V (1 week)	August 10–August 14	\$110/\$127

Ages: Entering grades K-7

Days: Monday, Wednesday, Friday or Monday-Friday

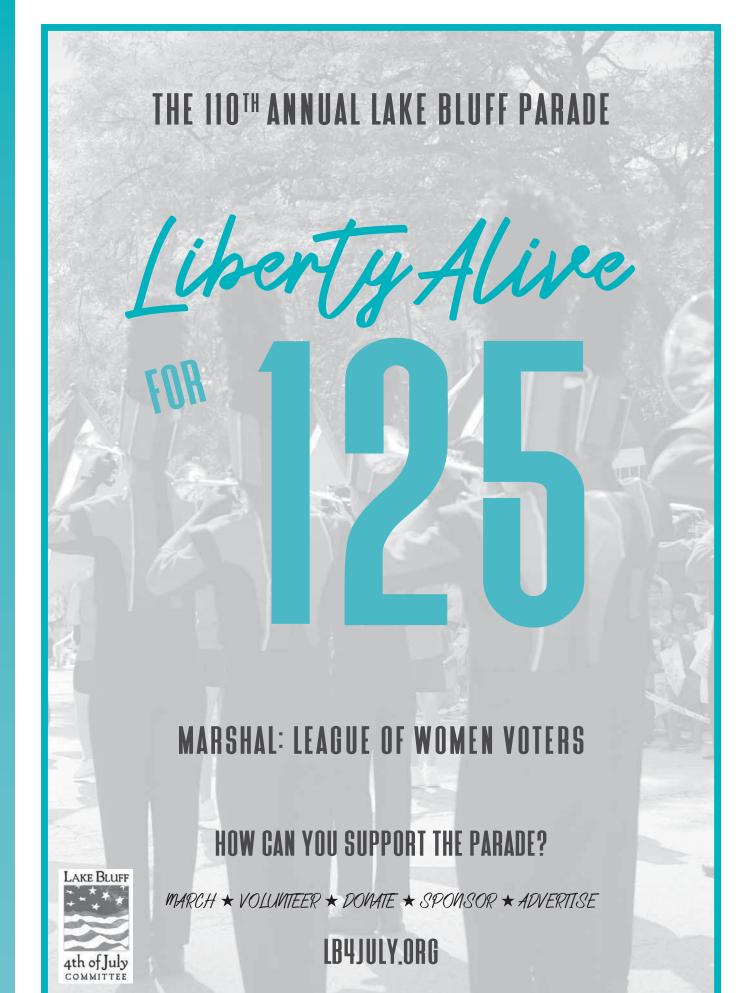
Time: 3:00–6:00 pm Location: Community Room











# **CLICK TO PLAY at lakebluffparks.org**

Have you tried the Lake Bluff Park District's new online registration system? Introduced in Fall 2016, it allows you to register and pay for programs and view available facilities all from your computer, tablet or smart phone!

You'll need to create an account to use it, but don't worry! With a couple clicks and a few taps of the keyboard, you'll be set up and ready to enjoy the convenience of online registration.

If you already have a CLICK TO PLAY account, follow these steps to login:

- Click "Sign In"
- Click "Forgot your password"
- S Enter your CLICK TO PLAY account email and submit

A new temporary password will be sent to you and you will have full access to the new site. You can update your family members or account details and start registering for programs. Don't worry, if you don't have a CLICK TO PLAY account, you create one on the site. No need to call or come in. Just click "Create an Account and enter your family information. It's just that easy!

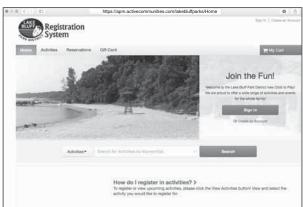
The new system has many great benefits and is extremely easy to use! Search for your favorite program by keyword, age, day, time, location and more! You may even discover a new program along the way. And if you find a program that isn't open for registration just yet, you can save it to your Wish List and easily add it to your cart when it opens!

More information is available at www.lakebluffparks.org. Or contact Guest Services at 847-234-4150 with any questions.

Register and pay for programs and view available facilities, all from your computer, tablet or smart phone!



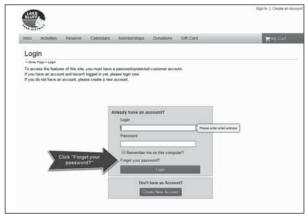
**1** CLICK "SIGN IN



CLICK "FORGOT YOUR PASSWORD"



**3** ENTER YOUR EMAIL



#### **Beach Hours**

Lifeguards and monitors will be on duty June 1 through August 6 during these hours. Dates and times depend on availability of staff. Hours are limited May 23-25.

Weekdays: 10:00 am-7:00 pm Weekends: 9:00 am-7:00 pm Beach closes at 10 pm

Swimming is prohibited when lifeguards not on duty. There will be a manager and guest services attendant on duty starting at 9:00 am until 10:00 pm collecting fees.

#### **Beach Fees**

**Resident:** Beach passes will be given to ALL residents. Only one beach pass or Driver's License is necessary to admit everyone in the household. Replacement passes will cost \$5.00 each

Non-Resident: Corporations, Business owners and employees are able to obtain daily passes. \*\*\*See Fees Below\*\*\*

#### **NON-RESIDENT DAILY FEES:**

Children 2-14 years old \$10 Adults 15-64 years old \$15 Adults 65 years old and up \$12

#### **Important Regulations**

- 1. Beaches are closed at 10:00 pm. Anyone wishing to use the beach after closing may do so by obtaining a permit at the Park District office.
- 2. Parking east of Moffett Rd. is prohibited after 9:00 pm. Any planned beach activity beyond the 9:00 pm parking restriction will require a special parking permit that may be obtained at the Park District office.
- 3. The Village of Lake Bluff police department maintains a regular patrol of the beach and enforces all Park District ordinances. In addition, a security patrol is on duty from 7:00 pm until after the beach closes. The patrol monitors the beach to ensure that our beach facility remains safe and pleasant for the entire community.
- 4. Swimming is allowed only in the supervised swimming areas as posted at the beach. No guest swimming off dog beach area. Only dogs may swim at dog beach.
- 5. Beaches will be closed whenever water is considered unsafe by the Health Department or lifequards. Closures will be indicated with a red flag and posted on the Park District website.
- 6. Inflatable rafts or similar devices are not allowed unless life preservers are worn and used only in the supervised swimming area.
- 7. Children 10 years and under must be accompanied by an individual 16 years or older.
- 8. Lake Bluff Park District resident dog owners must complete the Dog Responsibility contract and have a Lake Bluff Park District Beach Dog Tag secured to the dog's collar.
- 9. No motorized boat is allowed to be operated within 100 feet of the South beach.



## Swimming Conditions at Sunrise Beach

The Lake Bluff Park District has improved its communication with Sunrise Beach users by indicating swimming conditions with a flag system. A green, yellow or red flag will be flown at the entrance to Sunrise Beach and will be posted on our web site letting beachgoers know the daily swimming conditions. The color of the flag and conditions are described below:

Green Flag means: Low Bacteria Levels, No Advisory

Yellow Flag means: Elevated Bacteria Levels, and or Riptide Alert, Caution Swimming Advisory

**Red Flag means:** When you come to the beach and the Red Flag is posted it means the water is **closed** for swimming. You can still have your day at the beach but you must stay completely out of the water. There are several reasons why Sunrise Beach will post a Red Flag:

- High levels of bacteria will close the beach to swimmers. The Lake County Health Department tests our beach daily. If the E. coli count is higher than 235 E. coli colony forming units/100 milliliters of water, it is determined to be precarious for swimmers. The water will be closed until a clean test result is returned. To reopen the water for swimming, a resample will be taken and the E. coli count must be less than 235 cfu.
- A measurement of two inches of rain will also close the water for swimming. Run-off debris from the ravines and streets are deposited into the water possibly causing unsafe conditions. Closing the beach to swimming is a health precaution.
- **Strong Undertow:** When the winds shift and the wave swells become strong, the undertow can become dangerous. In these instances, the beach staff will go into the water to measure the strength of the undertow. Should it be too strong, the beach will post a Red Flag and close the water to swimming.
- **Rip Currents** are a strong channel of water flowing seaward from near the shore, typically through the surf line.

#### **Beach Patrol**

Beginning May 9, the Park District will continue the night beach security patrol to ensure that our 10:00 pm curfew is enforced and that appropriate activities are being supervised.

#### Beach Shelters

Shelters are located at the north and south ends of the beach. The shelters have fireplaces and picnic tables. Shelters are closed Monday—Thursday and Sunday at 10:00 pm, and can be reserved until 11:00 pm on Friday and Saturday by completing the shelter reservation.

#### **Beach Passes**

All residents MUST present their beach membership pass or Driver's License to the beach attendant, or pay a daily fee during supervised hours. Membership passes are free and available at the Park District office. Memberships are only available to the park district residents, as defined in the Admin Policy (7.5 section).

#### Lifeguards

Guards will be on duty to collect fees, check beach passes and check dog beach tags. Please hold on to your receipt for possible spot checks during the day.

# Sailing Classes Four Week Sessions

Our sailing program features a safe curriculum for students to follow. Head program instructors are certified USSA dinghy instructors. Safety is our top priority! All necessary equipment will be provided. Class will be conducted Monday-Thursday with make-up classes on Fridays. Although all cancelled classes will be rescheduled, make-up sessions will not be conducted for no-sail days. All participants must provide their own life jacket.

Sunrise Beach offers a variety of ways for individuals and families to enjoy boating on Lake Michigan. Not a sailor? Do your children want to learn to sail? Need a refresher course? Our knowledgeable sailing staff offers private, semi-private and group lessons.

Whether you are a beginner or intermediate sailor, we have what you need to get out and have a great experience on Lake Michigan. Lessons begin in June with sessions running through mid-August. Lessons are taught on Sunfish boats.

#### **Group Sailing Lessons**

Sailing is a lifelong recreational activity and it is easy to learn! Best of all, **SAILING IS FUN!** Beginning students will learn the basics of sailing from how to rig a boat, basic safety on the water, knots and sailing terms. We will get out on Lake Michigan; learn boat handling techniques, tacking, capsizing and recovery. Intermediate students have a solid knowledge of sailing and will polish their previously learned skills and boat handling techniques.

A swimming test will be given at the start of each session. Participants must be able to swim 50 feet. All participants will wear life jackets while on the water. Classes will meet regardless of weather and there are no make-up classes. Sailing instructors reserve the right to move students to the appropriate level. Each class is limited to 18 students and each session consists of three weeks.

Camp withdrawal fee applies to Junior Learn to Sail Camp.



#### **Junior Learn to Sail**

CECCION I

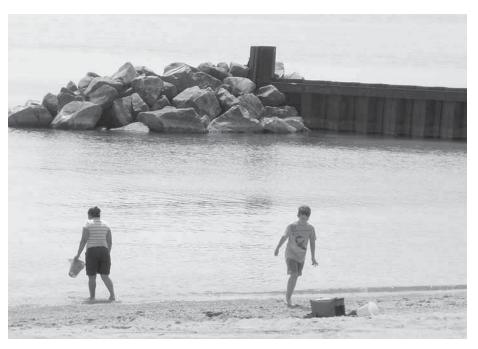
DEDDINI		SESSION II	
CODE:	TIME:	CODE:	TIME:
15348	9:00 am-noon	15350	9:00 am-noon
15349	1:00-4:00 pm	15351	1:00-4:00 pm
Level:	Beginner/Intermediate	Level:	Beginner/Intermediate
Ages:	9–18 years	Ages:	9–18 years
Days:	Monday–Thursday	Days:	Monday-Thursday
Dates:	June 15–July 9	Dates:	July 13-August 6
Location:	South Shelter,	Location:	South Shelter,
	Sunrise Beach		Sunrise Beach
Min/Max:	10/18	Min/Max:	10/18
Fee:	\$442/\$467	Fee:	\$442/\$467

**CECCION II** 

# Evening Learn to Sail Four Day and Four Week Sessions!

Our staff will now offer sailing instruction to adults or families of any ability (family members have to be 9 years of age or older to participate). If you are brand new to the sport or looking for more advanced instruction, your lessons will be structured to fit your ability in this semi-private setting. Each student must provide his or her own life jacket. Students may attend any or all two-week sessions. Fridays will be used as rain make-ups; make-up will not be offered for low wind days.

SESSION I		SESSION II	
CODE:	15352	CODE:	15353
Dates:	June 15–July 9	Dates:	July 13-August 6
Days:	Monday–Thursday	Days:	Monday-Thursday
Time:	6:00-8:00 pm	Time:	6:00-8:00 pm
Location:	South Shelter,	Location:	South Shelter,
	Sunrise Beach		Sunrise Beach
Max:	6 per session	Max:	6 per session
Fee:	\$320/\$345	Fee:	\$320/\$345



**GISTRATION HOURS** 

To accommodate you with Lake Bluff Pool/Beach registration, the registration desk is open:

Monday-Friday 8:00 am-4:30 pm Saturday 9:00 am-3:00 pm Closed Sunday

Membership rates increase after April 15
See rates and registration on page 24

# **Proof of Residency Required**

Every person who signs up for a Pool and Beach pass must have his or her own card and must provide, at the time of registration, proof of residency verified by driver's license, tax or utility bill.

# Bring Your Pass to the Pool and Beach

Your pass will be scanned at the Pool and Beach entrance each time you come. If you do not have your pass, you will not be allowed to enter. Exceptions will not be made this year. We are be able to scan a picture of your membership pass from your smart phone.

### **Lost Your Pass?**

Come to the registration desk, register, and pay your Pool pass fee for this year. We have your picture already on record so we can issue you a new pass.

# **Beach Pass: Resident**

In 2020, the Pool and Beach membership pass will be scanned and allows entry into the Pool and Beach. The use of the Beach is free to Park District residents. Entry to the Beach requires that you scan your pass with the attendants at the Beach entrance. Please complete the Pool and Beach registration form. Proof of residency is required.

You will need to come to the Recreation Center office to receive your Beach pass.



# Lake Bluff Pool & Beach FAQ

# When can I register for the pool and beach?

A. Pool and Beach memberships can be purchased February 29.

# I hate the long lines at the beginning of summer! Will the lines be long this year?

A. It is up to you. If you register well before the pool is even filled with water—NOW—you are in luck and you will not be standing in line on a hot summer day.

# When is the early-bird rate?

A. This year the early-bird rate ends on April 15.
After April 15 the rates will increase.

# Can I get my Pool pass updated the week the Pool opens?

A. We strongly advise that you take care of that well before the season starts. We don't want you to miss out on even an hour of time at the pool. If you wait until then, you may have to wait in line.

Resident Dog Beach Tag: \$20

## Resident Dog Beach Tag: \$20

# PROOF OF DOG VACCINATION REQUIRED TO OBTAIN BEACH DOG TAG

# **Dog Beach Waiver and Release**

#### IMPORTANT INFORMATION

You are solely responsible for supervising your dog and determining whether or not this is an appropriate activity to participate in. You must understand that you are participating in this activity at your own risk (and risk of your dog). You are solely responsible for determining if you and/or your dog are physical fit and/or adequately skilled to use this facility. It is always advisable, especially if the owner/handler or dog is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician or veterinarian before undertaking any physical activity. When this Waiver & Release refers to "your dog", "my dog", or the "owner" of a dog, it includes you whether or not you are the legal owner of the dog, since you are the person responsible for the dog while using this facility.

#### **WARNING OF RISK**

Dog activities are intended to provide a fun and rewarding experience for a dog and his owner/handler. However, despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including death to the dog, its owner/handler or other persons or animals. Understandably, not all hazards and dangers associated with animal activities can be foreseen. Certain inherent risks include the propensity of any dog to behave in dangerous ways that may result in injury to the owner/handler or other patron or dog. Certain risks include, but are not limited to the negligence or irresponsibility of another dog owner/handler; the inability to predict a dog's reaction to sound, movements, objects, persons, or other animals; and actions by the dog due to fright, anger, stress, insect bites, or natural reactions such as jumping, pulling, resisting and biting. Other risks include the hazards associated with environmental and traffic conditions, acts of God, inclement weather, slipping, falling, premises defects, equipment failure, failure in instruction/supervision, and all other circumstances inherent to animal and outdoor activities. Should you attempt to break up a fight between dogs, you may be attacked and severely mauled by the other dog or attacked by the other handler/owner. In this regard, it must be recognized that it is impossible for the Lake Bluff Park District to guarantee absolute safety.

#### WAIVER AND RELEASE OF ALL CLAIMS AND INDEMNIFICATION AGREEMENT

Please read this form carefully and be aware that in consideration for permission to use this facility/park, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your dog might sustain as a result of participating in any and all activities connected with and associated with use of this facility or surrounding area. I recognize and acknowledge that there are certain risks of physical injury to the dog and its handler/owner in association with participating in animal activities, and I voluntarily agree to assume the full risk of any injuries, damages or loss, regardless of severity, that I might sustain as a result of participating in any and all activities connected with or associated with use of this facility or surrounding area. I do hereby agree to waive, relinquish, release and forever discharge the Lake Bluff Park District, including its officials, agents, volunteers and employees (hereafter collectively "District") from any and all claims for injuries, damages or loss that I may have or which may accrue to me and arising out of, connected with, or in any way associated with this use of this facility or surrounding area. I further agree to indemnify and hold harmless and defend the District from and against any and all losses, claims, damages, liabilities, cause of actions, and expenses (including but not limited to court costs and attorney fees), on account of personal injuries or death to any person or dog, or damages to property occurring, growing out of, incident to, or resulting directly or indirectly from my use of this facility or surrounding area.

I have read and fully understand the Dog Responsibilities Contract and the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, your on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

PRINT Participant's Name	
Participant's Signature	Date

Residents taking their dog(s) to the beach must complete this Dog Responsibilities Contract and return it to the Park District for a Lake Bluff Park District beach dog tag for each dog. Each tag requires proof of current vaccination to obtain tag. If you do not take a dog to the beach, you don't need to complete this side of the registration form.

Dog regulations enforced Memorial Day
-Labor Day during the following hours:
Weekdays: 10:00 am-8:30 pm
Weekends/Holidays: 9:00 am-8:30 pm
You must sign the Dog Beach Waiver and Release to receive a Beach Dog Tag.

- 1. Resident Dog Beach Tag is \$20.
- 2. Dogs will not be allowed to go to the beach, unless upon request of a Park District employee, the owner presents a beach season membership pass and each dog has a Lake Bluff Park District beach dog tag attached to the dog's collar.
- 3. All dogs must be on a six (6') foot or shorter leash at all times while going to or from the beach.
- 4. Dogs may be allowed off the leash only within the designed "dog friendly beach" located at the far north end of Sunrise Beach.
- 5. Dog owners must pick-up their dog's waste in all areas of the beach and dispose of it in garbage containers.
- 6. Dogs that exhibit aggressive behavior will lose access privilege to the beach area.
- Failure of dog owners to follow any and all rules, including keeping the beach area clean, may result in loss of privileges for all dog owners.
- 8. Violation of the above rules will result in a \$25 fine and removal from the beach. Accumulation of more than three (3) fines will result in revoking dog beach access privileges for one (1) year.
- 9. Non-Resident dog beach membership pass cost is \$350.

# **Lake Bluff Pool/Beach Registration**

355 W. Washington Avenue Lake Bluff, Illinois 60044 • Phone 847-234-4150

PLEASE PRINT • YOU MUST FILL OUT FORM COMPLETELY OR PROCESSING WILL BE DELAYED REGISTER BEFORE APRIL 15 FOR EARLY BIRD RATES

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Address							
City							
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Resident Non-Resident Pool/Beach Pool		nt Resident Beach only		Member's First Name		Gender M/F	Date M/D/Y
		PLIDOIL	A CED DEFORE	A DDII 15	DIID		A DDII 15
			ASED BEFORE  Fees	Beach Fees*		HASED AFTER I <mark>ff Pool Fees</mark>	Beach Fees*
			Non-Res.	Residents	Residents	Non-Res.	Residents
Individual		\$100	\$145		\$105	\$155	
Family of 2		\$150	\$225		\$160	\$240	
Family of 3		\$200	\$295		\$225	\$310	
Family of 4		\$240	\$350		\$260	\$365	
Family of 5		\$260	\$370		\$280	\$400	
Each Add'l Family	Member	\$25	\$65		\$30	\$70	
Nolly one Beach Reprinted/lost B  I, the undersigned, The undersigned un respectively. The un facilities used. I un beach dog tags. Ref	Pass is necessary to a each passes cost \$5 e understand that p nderstands that ch idersigned and all derstand there is \$ funds allowed only	admit everyone in heach.  asses must be use ildren ten years at above members \$5 replacement for for medical disal	ed by individuals to nd under must be a agree to abide by a se for lost or stoler bility or relocation	o whom issued and accompanied by an ill rules and restric n pool passes and a	l that misuse wi i individual sixte tions established a \$5 replacemer ion required. Me	een years or older to d by the Lake Bluff at fee for lost or sto emberships are not	oving pass from use. o the pool and beach Park District for all olen beach passes or
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Card# \_\_\_\_\_ CVC# \_\_\_\_\_

Exp. Date \_\_\_\_ CVC# \_\_\_\_

Total Payment \_\_\_\_\_

CASH
CHECK
CHARGE



If you take a dog to the Beach, you must buy a tag and sign the Dog Beach Waiver and Release.

# **Important Information**

The Lake Bluff Park District is committed to providing safe aquatic facilities and programs and holds the safety of participants in high regard. The Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors engaged in aquatic activities must recognize that there is an inherent risk of injury. You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities associated with this Pool Pass and/or Beach Pass. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical/aquatic activity.

Please understand and recognize that lifeguards are not responsible for providing supervision or assessing your swimming skills or that of your minor child; rather, lifeguards are responsible for enforcing safety rules and responding to emergencies. Adult pool pass holders and parents of minor pool pass holders are solely responsible for supervision of any and all activities contemplated by this agreement. Additionally, children 10 years of age and younger must be supervised at all times by a responsible person, 16 years of age or older.

NEVER LEAVE ANY CHILD WITH POOR SWIMMING SKILLS OR 10 YEARS OF AGE AND YOUNGER UNACCOMPANIED BY A PARENT OR RESPONSIBLE PERSON, 16 YEARS OF AGE OR OLDER.

#### **WARNING OF RISK**

Swimming and other aquatic activities challenge and engage the physical, mental and emotional resources of each participant. However, despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including but not limited to drowning, head/brain injury, and spinal cord injury. Understandably, not all hazards and dangers can be foreseen. The very nature of swimming and aquatic activities are hazardous and risky, including but not limited to fatigue and overexertion, poor swimming skills, failing to avoid dangerous areas, failing to follow rules and regulations, failure of lifeguards to locate victims and/or delay in emergency response time, horseplay, diving or cannon-balling into shallow water and striking the bottom or side of the pool or waterslide or bottom of lake, inadequate supervision or instruction, lack of conditioning, becoming disoriented, striking other swimmers, striking one's head on the bottom, slip and falls on the deck or within the locker facility or beach area, chemical exposure and all other circumstances inherent to aquatic activities. In this regard, it must be recognized that it is impossible for the Park District to guarantee absolute safety.

#### WAIVER AND RELEASE OF ALL CLAIMS AND INDEMNIFICATION AGREEMENT

Please read this form carefully and be aware that in consideration for this Pool Pass and/or Beach Pass, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with use of the Park District aquatic facilities and programs.

I recognize and acknowledge that there are certain inherent risks of physical injury to patrons of aquatic facilities, and I voluntarily agree to assume the full risk of any injuries, damages or loss, regardless of severity that my minor child/ward or I may sustain as a result of participating in any and all activities and programs connected with or associated with this Pool Pass and/or Beach Pass. I further recognize and agree that lifeguards and other aquatic staff are not responsible for supervising my activities or the activities of my minor child(ren) and I agree that I am solely responsible for supervising my minor children and/or assessing whether my children are physically fit and/or adequately skilled for aquatic activities. I additionally agree to supervise any children ages 10 and under at all times.

I further agree to waive and relinquish all claims I, or my minor child/ward may have (or accrue to me or my child/ward) as a result of use of the Park District's aquatic facilities, beach facilities and programs against the Park District, including its officials, agents, volunteers and employees (hereinafter collectively referred as "District").

I do hereby fully release and forever discharge the District from any and all claims for injuries, damages or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with use of the Park District's aquatic facilities, beach facilities and programs.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

PRINT Participant's Name	Participant's Signature		
	(18 years or older or Parent/Guardian)		
Date			
PARTICIPATION WILL BE DENI If the signature of adult participan	ED of or parent/guardian and date are not on this waiver.		

# Welcome to the 2020 swim season!



#### Special Events at the Lake Bluff Pool

Resident Appreciation Day: Saturday, May 23 11 am–8 pm

Residents swim free!

Sunday Funday: All Sundays beginning June 7 2:00–5:00 pm

Tubes provided by the Lake Bluff Park District

#### Celebrate Father's Day as a family: Sunday, June 21 3:00–8:00 pm

Dads swim free from 3:00-8:00 pm. All dads will receive a free gift!

#### Pool Movie Nights: Fridays, June 26; July 10; July 24 At Dusk

A big movie screen will be brought into the Lake Bluff Pool and popcorn will be served! **Lap lanes will be closed at 7:00 pm.** 

#### Celebrate Independence Day at the Lake Bluff Pool: Saturday, July 4 Noon–6:00 pm

Bring the family for a 4th of July grill out. Bring a friend for half price when a general admission is purchased. Members can bring one friend for half price, too.

## **Pool Closings and Info**

For pool closings and additional information visit the Park District Website at www.lakebluffparks.org or follow The Lake Bluff Park District on Facebook.

# **Lake Bluff Pool Hours**

#### Season Runs May 23—September 7 to the public (see schedule below)

The Lake Bluff Park District's 50-meter Olympic size pool is scheduled to open Saturday, May 23 on a limited schedule of swimming activities. The pool water is heated to provide enjoyable swimming, regardless of weather. The renovated locker rooms have showers and lockers. Concessions are available. For Lake Bluff Pool information, call 847-457-7365.

For pool closings and additional information visit the Park District Website at www.lakebluffparks.org or follow The Lake Bluff Park District on Facebook.

#### **Preseason Hours**

#### May 23

11:00 am-8:00 pm Tot/Main Pool Residents/season pass only

May 24-25, May 30-31

11:00 am-8:00 pm Tot/Main Pool Public

June 5

Noon-8:00 pm Tot/Main Pool Public

## **Regular Season Hours (Begins June 6)**

#### **Monday through Friday**

10:30 am-noon Tot Pool Season pass only
11:00 am-noon Lap Swim Season pass only
Noon-5:00 pm Public Hours Afternoon daily fe

Noon-5:00 pm Public Hours Afternoon daily fee or season pass 5:00-8:00 pm Public Hours Evening daily fee or season pass

#### **Saturday and Sunday**

10:00 am-noon Tot Pool/Main Pool Season pass only

Noon-5:00 pm Public Hours Afternoon daily fee or season pass 5:00-8:00 pm Public Hours Evening daily fee or season pass

#### **Special Pool Hours**

June 16-August 6 T/Th Designated Lap Lanes for Master's Swim 6:00-7:30 pm

July 4 Noon-6:00 pm

August 17-Sept. 4 Lap Swim Noon-1:30 pm

Open Swim 4:30-7:00 pm

September 5–7 10:00 am-8:00

# **Pool Rentals & Parties**

What makes Guaranteed Fun? Food, Fun, Water and Friends! Come rent the pool!

- Pool Rentals/Parties are two hours in length; extensions are possible.
- One and a half hours in the water playing.
- Half-hour in the concession area for present opening and cake eating (guests provide their own cake).
- Pool Rentals/Parties can be scheduled as either a private event or during public swim hours

#### Pool Rentals & Party Rates Res/Non-Res

 Up to 25 children
 \$275/\$325

 26-50 children
 \$340/\$380

 51-75 children
 \$445/\$495

Call **847-457-7365** for available times and reservations.

# **Fees**

Admission is open to anyone who pays the daily fee or possesses a season membership. Children 10 years and under must be accompanied to public swim hours by an individual 16 years or older. Children three years or older as of June 1 must pay for admission to the pool.

Daily Fee (per person)	Res*	Non-Res
Monday–Friday Afternoon beginning noon	\$10	\$15
Monday–Friday Evening beginning 5 pm	\$5	\$9
Sat. & Sun. Afternoon	\$10	\$15
Sat. & Sun. Evening	\$5	\$9

<sup>\*</sup>Must provide verification of residency for resident rate.

# See registration form and details starting on page 24

# **Season Pass Fees**

	Before April 15		After A	pril 15
	Residents	Non-Res.	Residents	Non-Res.
Individual	\$100	\$145	\$105	\$155
Family of 2	\$150	\$225	\$160	\$240
Family of 3	\$200	\$295	\$225	\$310
Family of 4	\$240	\$350	\$260	\$365
Family of 5	\$260	\$370	\$280	\$400
Add'l Family Member	\$25	\$65	\$30	\$70

## **Crossing Guard**

A crossing guard is provided by the Village of Lake Bluff at the intersection of Green Bay Rd. and Rockland Rd. (Route 176). Children in swimming lessons, public lessons and camp programs at Blair and Artesian Parks will be helped across the street. Please notify the Village of Lake Bluff at 847-234-2151 if there is any concern or problem.

## **Important Information and Facility Policies**

- Management has the right to close the Lake Bluff Pool due to low attendance (fewer than 25 people) or the temperature is *below 65 degrees*.
- When Lake Bluff hosts a swim meet, the Lake Bluff Pool will be closed at 4:00 pm for the remainder of the day. Swim meets are Wednesdays. Check Park District website for exact dates.
- All patrons, regardless if they are swimming, must pay to enter the Lake Bluff Pool
- Children 2 years of age and under are admitted free of charge.
- All flotation devices must be Coast Guard certified. Any child wearing a flotation device must be in arm's length of a parent.
- Chaperones are responsible for supervising their children. Lifeguards are on duty to enforce rules and respond to emergencies.
- Children 10 years and under must be accompanied by a chaperone 16 years or older.
- Children 10 and under must pass a swim test to use the diving boards.

### **Weather Closing Procedure**

Park District policy states if lightning and thunder is seen or heard, the pool deck and locker rooms will be evacuated immediately. Patrons will not be permitted to use the showers. Evacuation and reentry decisions are at the sole discretion of Lake Bluff Pool staff.

Patrons will be permitted to reenter once the all-clear has been made by Thor Guard weather system. Patrons are encouraged to stay in the hallway and, if available, the community room until the all-clear is given. Reentry passes will be issued in the event of a closing if there is more than an hour remaining in the published open swim hours. In the event severe weather persists until 6:00 pm, the Lake Bluff Pool may be closed for the evening.

<sup>\*</sup>Resident rate for Military

#### Parent & Tot-Tadpoles

Ages 6 months–3 years old. This class is for a child who has never been in the water or still needs parental help. The class is designed to provide an easy water adjustment for children. Parents accompany children in this 30 minute class led by one of our instructors. Mon–Thurs.

## Little Fishies Preschool Class Minnows, Guppies, Goldfish

Little Fishies is for 3–5 years olds who are ready to be separated from the parent, but not ready for 40 minutes of class instruction. If your child has not been to preschool or has trouble adjusting to new situations, this is the class for him or her. These classes are 30 minutes long and are Mon–Thurs.

# Learn to Swim Classes

Learn to swim classes are designed for participants age 3 and up. Participants will be tested and placed into levels based on swim ability at the time of testing. Participants must be able to demonstrate specific skills to advance to higher levels. These classes are 30 minutes long Mon–Thurs.

# Level 1: Introduction to Water Skills—*Clown Fish*

This class is for ages five and up (younger ages must be approved by the Swim Lessons Manager). Our new raised platform will allow the youngest to learn to swim safely. Participants will gain an introduction to being underwater, front floats, back floats, and kicking. 5-second independent front and back floats are required to pass Level 1.

# Level 2: Fundamental Aquatic Skills—*Manatees*

Participants will concentrate on movement through the water and building endurance.

- ► Submerge head for 5 seconds
- Front Crawl (with breathing to the side)
- Back Crawl
- ▶ Water safety skills
- Introduction to treading water

# Level 3: Stroke Improvement—*Sting Rays*

The concentration at this level is on increasing swimming skills and endurance.

- ► Rotary Breathing (Front Crawl, breathing every three strokes)
- Perfection of Back Crawl
- **Endurance**
- ► Introduction of Butterfly Kick
- Diving from side of the pool
- ► Treading water
- Safety skills

# Level 4: Stroke Development—*Barracudas*

This level focuses on the technical development of front crawl, back crawl, breaststroke and butterfly.

- ➤ Front Crawl and Back Crawl (25 yards, perfected, focus on endurance)
- ▶ Breaststroke (Focus on timing and perfecting)
- ► Butterfly (adding the arms with kick)
- ► Treading water
- Flip turns
- Focus on endurance for new strokes

## Level 5: Long Distance Swimming and Perfection—Swordfish & Dolphins

- ➤ Front Crawl/Back Crawl/Breaststroke/Butterfly lap swim (endurance)
- ► Perfected timing for all strokes
- Diving-shallow dive from side, begin any front stroke, feet first surface dive, pike surface dive
- Flip turns perfected
- ► Treading water
- ➤ Safety skills

# **Learn to Swim!**



- Learn to Swim classes will be 40 minutes long, with the exception of Little Fishies, which is 30 minutes long.
- The Parent and Tot classes are 30 minutes.
- Classes run Mon.-Thurs.
- The shallow end of the main pool will open at noon for public swim.
- Private and semi-private swim lessons are available by appointment anytime or by registering for a morning swim session. Instructor preference is not guaranteed for morning session. Please email swimlessons@lake-bluffparkdistrict.org.
- See you in the pool!

Swim levels listed on this page are designed to give you an idea of what will be covered in each level.

Once children are tested, they will be placed the following day into their permanent classes.

For the most effective and safe learning environment, parents will not be allowed on the pool deck during lessons.

They may watch from the bleachers outside the pool gate or concessions area.

# **Swim Lessons**

Class	Age	Time	June 15–25	June 29– July 9	July 13–23	July 27– August 6	Fee per session
Parent & Tot	6 mo.– 3 years	10:25–10:55 am	15009	15010	15011	15012	\$69/\$76
Little Fishies	3–5 years	10:25–10:55 am	15001	15002	15003	15004	\$69/\$76
Learn To Swim All Levels	5 years & up	10:25–11:05 am	15005	15006	15007	15008	\$100/\$110
Private Lessons	3 years & up	11:10–11:40 am	14997	14998	14999	15000	\$241/\$248
Semi–Private Lessons	3 years & up	11:10–11:40 am	15013	15014	15015	15016	\$158/\$170 per swimmer
Adult Swim Lessons	18 years & up	11:10–11:50 am	15017	15018	15019	15020	\$69/\$76





# **Swim Programs**Lake Bluff Masters Swim

Have a passion for swimming, but no one to swim with? This program is intended for adults who enjoy swimming in a group setting. All skill levels welcome. Whether you are swimming to condition or training for an event, this program will help motivate you to achieve your goals. An instructor will be present and will guide participants through a swim set (roughly one hour). Group instruction will be given; however, if oneon-one instruction is of interest, private swim lessons are available. Feel free to swim at your own pace or with others in your lane. This program can be as individual or as group oriented as you make it. This master's program will not formally compete in swimming competitions.

CODE: 15022

Age: 18 years and up
Days: Tuesday and Thursday
Dates: June 16-August 6 (8 wks)

Time: 6:00-7:30 pm

Location: Blair Park Aquatic Facility

Min/Max: 4/30 Fee: \$125/\$140

# **Lifeguarding Classes**

In these classes, you will learn the skills required to deal with all types of water emergencies as you work towards your certifications in Lifeguarding, CPR and AED. These certifications are required to work as an American Red Cross Lifeguard as well as being highly valued by colleges and future employers. A participant's manual and CPR mask are included with the course materials.

Participants must be 15 years of age. A swim test is a prerequisite for the course. In order to obtain certification, participants must attend all classes and pass final written and practical exams. Coursework is challenging and rigorous and only participants who are serious about obtaining the lifeguard certification should enroll. Participation in the classes does not ensure a job with the Lake Bluff Park District.

## American Red Cross Lifeguarding Class

CODE: 15021

Age: 15 years and older Days: Wednesday–Saturday

Dates: June 17–20 Time: 11:00 am–7:00 pm

Location: Blair Park Aquatic Facility

Min/Max: 4/10 Fee: \$315/\$345

# Waterfront Lifeguarding

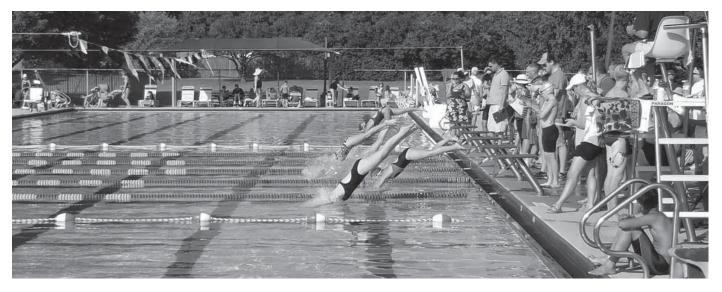
CODE: 15361

Age: 15 years and up Days: Sunday

Days: Sunday
Dates: June 21

Time: 10:00 am-4:00 pm Location: Lake Bluff Pool

Min/Max: 4/10 Fee: \$90/\$98



#### **Springboard Diving**

Our summer program caters to new divers who wish to learn proper and safe diving techniques, as well experienced divers already competitive in the sport. Sign up early—classes will fill up fast.

**Beginner:** Must be able to dive off board and be comfortable in deep water. They will learn basic dives and approaches.

**Intermediate:** Must have prior diving experience. The Park District staff reserves the right to move any participant with insufficient experience into the beginner classes.

SESSION 1: June 15–25 CODE: 15023

SESSION 2: June 29 July 9

CODE: 15024

SESSION 3: July 13 – 23 CODE: 15025

SESSION 4: July 27—Aug 6 CODE: 15026

Days: Monday–Thursday Time: 9:45–10:45 am

Min/Max: 1/8

Fee: \$150/\$165 each session

#### **Swim Team**

The Park District sponsors a competitive summer swim team that competes in the Northern Illinois Swim Conference. This is a recreational team, so emphasis is on skill development in a fun and positive atmosphere. Swim meets are on Wednesday afternoons, and are approximately 3–5 hours long with the exception of the swim conference.

In order to process your Swim Team registration, you must include your email address on the registration form. All communication from coaches will be by email for the summer. If you have any questions, please email the Lake Bluff Pool at lbsharks@lakebluffparkdistrict.org. Your swimmer will be registered based on their age and gender group. If the maximum number is reached for your age and gender group, you may still register in an older group and will then swim in the meets in that older group, but you will practice with your actual age group. Lake Bluff Day Camp participants are allowed to sign up for swim team also.

**Register Early!** Swim Team informational package emailed to registrants two weeks before start date!

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CODE:	<b>AGE &amp; GENDER:*</b>	PRACTICE TIME:
15031	6–8 yr Girls	8:30-9:15 am
15032	6–8 yr Boys	8:30-9:15 am
15034	9–10 yr Girls	9:15-10:30 am
15035	9–10 yr Boys	9:15-10:30 am
15036	11-12 yr Girls	9:15-10:30 am
15036	11–12 yr Boys	9:15-10:30 am
15037	13-14 yr Girls	9:15-10:30 am
15038	13-14 yr Boys	9:15-10:30 am
15039	15-18 yr Girls	9:15-10:30 am
15040	15–18 yr Boys	9:15-10:30 am

Days: Monday–Friday

Dates: June 1–11 Special practice time Monday–Thursday:

8 and Under 4:00–4:45 pm 9 and Older 4:00–5:30 pm

June 15–July 31 (above practice times are in effect)

\*\*PLEASE NOTE-FRIDAYS (ALL AGES) practice 9:00-10:30 am

Location: Lake Bluff Pool at Blair Park

Min/Max: 5/30 for each age & gender group above

Fee: \$255/\$284

\* Requirements: All participants 8 and under must be able to swim 25 yards front crawl and have knowledge of other competitive strokes; 9 years and older swimmers must have knowledge of all four competitive strokes and swim at least two competitive strokes 50 yards.

# **Gymnastics Spring/Summer 2020**

# **Baby Gym**



Your toddler will be delighted in this gymnastics class with Mom, Dad or caregiver. Children ages 9 months to 2.6 years will actively play while they learn songs, stretches, rolling, jumping, swinging and balancing. Miss Kelly or Miss Holly will include free time, bubbles and parachute play and a different hand stamp every week. This is a great first class and you will be surprised at the confidence and strength your toddler gains each week.

CODE:	DATES:	DAY:	TIME:	FEE:
14833	April 4-May 9 (6)	Saturday	9:30-10:15 am	\$84/87
14830	April 14–May 19 (6)	Tuesday	9:15-10:00 am	\$84/87
14831	April 15-May 20 (6)	Wednesday	9:15-10:00 am	\$84/87
<b>SUMMER BAB</b>	Y GYM CLASSES:			
15188	June 16–July 7 (4)	Tuesday	9:15-10:00 am	\$56/58
15189	June 17–July 8 (4)	Wednesday	9:15-10:00 am	\$56/58
15190	July 14–August 4 (4)	Tuesday	9:15-10:00 am	\$56/58
15191	July 15-August 5 (4)	Wednesday	9:15-10:00 am	\$56/58
Age:	9 mo2.6 years			
Location:	Gymnastics Room			
Min/Max:	5/10			
Instructors:	Kelly Lilja (Tu, W), H	olly Curtis (Sa	t)	
		•		

# 



This gymnastics and tumbling class is without parents and more structured than Baby Gym. Kids will enjoy jumping in the bouncy house and on the mini tramp, swinging on bars and rings, and singing new songs. Your child will begin to learn handstands, cartwheels, taking turns and following directions. Each week Miss Kelly or Miss Holly will focus on a new challenge. Bubbles and stamps for everyone, as always! Participants may be escorted from Kidzone or the Lake Bluff Preschool to gymnastics class.

CODE:	DATES:	DAY:	TIME:	FEE:
14844	April 4–May 9 (6)	Saturday	10:15-11:00 am	\$84/87
14840	April 15–May 20 (6)	Wednesday	11:00-11:45 am	\$84/87
14841	April 16–May 21 (6)	Thursday	11:00-11:45 am	\$84/87
14842	April 17–May 22 (6)	Friday	11:00-11:45 am	\$84/87
Age:	2.6–4 years	•		
Location:	Gymnastics Room			
Min/Max:	5/8			
Instructor:	Kelly Lilja (W, Th, F),	Holly Curtis (	Sat)	









## **Gymnastic Tricks for ages 4 to 6**

Instructor: Kelly Lilja (M, Tu, W), Holly Curtis (Sat)



Your child will enjoy this very physically active class. They will gain flexibility, strength and coordination while learning basic tumbling tricks, bar skills, and balancing challenges each week. Preschoolers will perform more advanced mini tramp tricks, obstacle course routines, back bends and fun conditioning exercises. Participants may be escorted from Kidzone or the Lake Bluff Preschool to gymnastics class. Children at Lake Bluff Elementary School will be walked over to the Park District for gymnastics class.

8/-								
CODE:	DATES:	DAY:	TIME:	FEE:				
14864	April 4-May 9 (6)	Saturday	11:00-11:45 am	\$84/87				
14861	April 14–May 19 (6)	Tuesday	3:15-4:00 pm	\$84/87				
14862	April 15-May 20 (6)	Wednesday	3:15-4:00 pm	\$84/87				
Summer Cla	isses:							
15192	June 15-July 6 (4)	Monday	3:15-4:00 pm	\$56/58				
15193	June 17–July 8 (4)	Wednesday	3:15-4:00 pm	\$56/58				
15194	July 13-August 3 (4)	Monday	3:15-4:00 pm	\$56/58				
15195	July 15-August 5 (4)	Wednesday	3:15-4:00 pm	\$56/58				
Age:	4-6 years							
Location:	Gymnastics Room							
Min/Max:	5/8							



# **Tumbling and Gymnastics Basics Level 1 & 2**

This class will focus on positive encouragement and teach proper technique for handstands, cartwheels, rolls, backbends, and basic gymnastics skills. Your grade schooler will gain confidence, strength, and flexibility while developing a love for tumbling and fitness. Rewards for improvement, achieving goals and hard work will be given at end of session.

Participants may be escorted from After School Recreation Club and back.

CODE: 14867
Dav: Monday

Dates: April 13–May 18 (6)
Age: 6 years and older
Time: 4:00 – 4:45 pm
Location: Gymnastics Room

Min/Max: 5/10 Instructor: Kelly Lilja Fee: \$90/93

# Tumbling and Gymnastics Level 2 & 3

Through continued encouragement level II tumblers will add more handstands, cartwheels, and walkover skills. They will begin to learn progressions for handsprings, aerials, and flips. This class is by teacher invite only. Rewards for improvement, achieving goals and hard work will be given at end of session.

Participants may be escorted from After School Recreation Club and back.

CODE: 14870 Day: Monday

Date: April 13–May 18 (6) Age: 6 years and older

Day: Monday
Time: 4:45–5:30 pm
Location: Gymnastics Room

Min/Max: 5/10 Instructor: Kelly Lilja Fee: \$90/93



## Flip Flop Fun

You don't need a fancy gymnastics facility to learn flip flops, aerials, handsprings, and flips! Come learn progressions and techniques needed to stick your favorite tricks. This class is taught by former collegiate gymnast Kelly Lilja and is a great class to learn more advanced tumbling skills for gymnastics, cheerleading, and dance. Tumbling Club T-Shirt is included! Teacher approval is required to enroll in this class.

**CODE: DATES: TIME: FEE: 14873** April 13–May 18 (6) 5:30–6:30 pm \$108/111

**Summer Flip Flop Fun:** 

 CODE:
 DATES:
 TIME:
 FEE:

 15198
 June 15-July 6 (4)
 5:00-6:00 pm
 \$72/74

 15199
 July 13-August 3 (4)
 5:00-6:00 pm
 \$72/74

Age: 6 years and older Day: Monday

Location: Gymnastics Room

Min/Max: 5/10 Instructor: Kelly Lilja

# T.G.I.F. in the Gymnastics Room



This 90-minute class is all about Friday fun and relaxation. With a less structured environment children can practice hard to master a trick or just stretch and do conditioning exercises. The 6 to 10 year-old age range allows for a lot of fun acrobatic partnering skills. Children of all levels of gymnastics experience are welcome!

Children at Lake Bluff Elementary School will be walked over to class. Snacks will be provided!

**CODE:** 14876 Grades: 1–5 Day: Friday

Date: April 17–May 22 (6) Time: 3:15-4:45 pm Location: Gymnastics Room

Min/Max: 5/10 Instructor: Kelly Lilja Fee: \$132/135

# Summer Tumbling Levels 1-3:

CODE: DATES:

 15196
 June 15-July 6 (4)

 15197
 July 13-August 3 (4)

 Age:
 6 years and older

 Time:
 4:00 - 5:00 pm

Day: Monday

Location: Gymnastics Room

Min/Max: 5/10 Instructor: Kelly Lilja Fee: \$80/82



Register and pay for programs and view available facilities, all from your computer, tablet or smart phone!



### T.G.I.F. Thursday!



No need to wait until Friday to have gymnastics fun! T.G.I.F is now offered on Thursday too!

**CODE:** 14879
Grades: 1–5
Day: Thursday

Date: April 16–May 21 (6) Time: 3:15–4:45 pm Location: Gymnastics Room

Min/Max: 5/10 Instructor: Kelly Lilja Fee: \$132/135

### **Questions?**

Email Miss Kelly at klilja@lakebluff-parkdistrict.org

# Private and Semi-Private Lesson

Pre-requisite: Must be currently enrolled in gymnastics at Lake Bluff Park District. Contact Miss Kelly at klilja@lakebluffparkdistrict.org for more information.

# High School Gymnastics Prep!

This class is specifically for girls ages 10-13 (teacher approval) who already have previous gymnastics experience and would like to prepare for the high school gymnastics team! Email Miss Kelly at klilja@lakebluffparkdistrict.org for more info and/or questions.

**CODE:** 14882 Age: 10–13 years Day: Tuesday

Date: April 14–May 19 (6) Time: 4:00–5:30 pm Location: Gymnastics Room

Min/Max: 5/10 Instructor: Kelly Lilja Fee: \$132/135

### **The Gymnastics Room**

The Gymnastics Room is completely padded for safety. Our facility features hanging rings and bars, a climbing rope and much more to delight every active child.

When you visit our gymnastics room, please enter the gymnasium, staying on the carpet and cross to the third door on the far side of the gym.

Instructor Kelly Lilja has been enjoying teaching gymnastics since the age of 15. She competed in gymnastics as a child and all through college and loves instructing kids. She has taught at many Chicago-area gymnastics clubs and park districts and was a certified U.S.G.F. Gymnastics Judge and Choreographer. Kelly has three kids of her own and lives in our community.

### **Lake Bluff School of Dance**

Dance Director contact: Brittany Goodrich bgoodrich@lakebluffparkdistrict.org 847-457-7340

### **About Our Program**

Welcome to Lake Bluff School of Dance where our focus as a park district family is to provide high-quality dance instruction in a fun and inspiring atmosphere. Our dance program offers a variety of dance classes for all ages to enjoy. We take pride as a community in proper technique while building and developing a student's confidence, self-image and self-awareness.

Whether students are beginning their career as a dancer or simply looking to enrich their lives through the beautiful motion of dance, Lake Bluff School of Dance will help all dancers meet their goals to their fullest potential.

Our Program is a full year commitment offered in three semesters. At the end of the second semester before summer dance classes start, there will be a dance recital in June where all students are welcome to participate.

### **Details**

**Fees:** Payment is due at the time of registration for each semester. There will be no payment plans allowed for regular dance classes except competition team classes. Note that if a class doesn't have a minimum of four students, it will be combined with another class or cancelled.

**Safety & Security:** Students should not be left unsupervised for long periods of time before or after class.

**Location:** Dance Studio I or Dance Studio II (Located at the Recreation Center)

**Attendance:** Students are expected to be ON TIME for their class with their DANCE ATTIRE and hair up. If a child is not in dress code, the teacher has the right to ask the child to sit the entire class.

Students in Competition and Company classes are not allowed to miss more than five classes for the entire Semester I/Semester II year. All classes the week of competition are mandatory. If a student misses more than five classes, the teacher has the right to remove that student from company/competition.

Commitment is necessary in order to run these kinds of programs effectively. Thanks for your understanding!

Refunds: No dance refunds will be issued after June 8, 2020. If a class is cancelled due to low enrollment, a full refund will be issued.



### **Dance Attire**

Dance attire can be purchased at Dance N' Tees, 109 E Cook Ave., Libertyville, IL 60048, 847-816-4525

**Ballet/Lyrical/Contemporary/Core Strengthening /Combo classes** are to come with their hair in a bun, black leotard, pink tights and pink ballet shoes.

**Demi-Pointe/Pointe classes** are to come in black leotard, pink tights, Demipointe shoes. Hair in a bun.

**Jazz/Combo classes** are to come with their hair up, black leotard, black shorts and tan Bloch super jazz shoes.

**Tap classes** are to come with their hair up, black leotard, black shorts, and tan Bloch tap shoes.

**Hip Hop and Acrobatics/Tumbling classes** are to come with their hair up, black leotard, black shorts and gym shoes. Boys may wear comfortable clothing.

**Poms/Jumps, Leaps & Turns classes** are to come with their hair up, black leotard, black shorts and tan Bloch super jazz shoes.

**Competition classes** are to come in black leotard, black shorts and tan Bloch Super jazz shoes. Hair in a bun.

**Pre Ballet/Tap** are to come in pink or black leotard, hair in a bun, pink tights, pink ballet shoes and tap shoes for the Pre Ballet/Tap class.

### **Class Descriptions**

### Pre-Ballet (Beginner—Pre-School) TuTus with Tap and TipToe with Me

In these levels children will develop poise and musicality in a fun and creative environment. The instructor will introduce children to a creative yet disciplined classroom structure that challenges their curious minds while introducing age-appropriate dance material. The students will express themselves physically through exercises intended to increase their co-ordination, strength, flexibility and their awareness of spatial concepts while beginning their understanding of classical ballet. The strong emphasis on musicality and rhythmic timing will increase their ability to listen to and dance with the music.

# Ballet, Demi-Pointe and Pointe

These levels more formally offer children a challenging and disciplined classroom structure that is appropriately geared to their growing emotional and physical maturity. The students will build their knowledge of the basic structure of a ballet class with a growing vocabulary and develop proper placement of the torso, hips and legs without exceeding their anatomical limitations. They will develop a coordination of their arms and heads with a concentration on smooth transitions throughout the exercises. As they progress through the levels, the difficulty and sophistication of the classwork will increase accordingly. In addition to their dance education, students will learn about musicality, ballet terminology and general stage and theater craft.

### Lyrical

Lyrical is a fluid form of dance mixing the elements of Jazz and Ballet. Lyrical is set to the lyrics of the music and allows the dancers to set their emotions free and dance with their heart as well as their technique. The musical focus results in movement that has a smooth, flowing quality used to tell a story.

### **Jazz**

Jazz class will focus on learning proper dance technique such as isolations of the body, improving performance quality and developing complex rhythms and patterns. Students will be exposed to various styles of jazz such as Broadway, Street and Contemporary to help develop a well-rounded dancer. Class curriculum is based on ballet technique layered with traditional jazz movement and includes a proper warm-up, stretches, isolations, jumps, leaps, turns, and across-the-floor progressions and combinations. As students progress through each level curriculum will become increasingly more complex and intricate.

### **Tap**

Tap classes are designed to develop rhythm, style and sound. Students will learn a variety of tap styles from Broadway to Rhythm tap. Exercises focus on building flexibility of the knee and ankles, coordination and speed of movement. The class emphasis is on developing proper tap technique, producing clear tap sounds and having fun. As students' progress through each level curriculum will become increasingly more complex and intricate.

### Pre Hip-Hop/Hip-Hop/ Boys Hip-Hop (Levels 1 and 2)

Hip hop is a high-energy class that infuses the latest styles of street dancing, breaking, popping and locking. Classes will encourage students to step outside of the box by bringing their own individual style and personality to the movements. Hip hop dance requires students to have the strength and stamina to successfully perform moves. Therefore class includes upper and lower body conditioning as well as a rigorous warm-up to help prepare students for more intense movements.

### **Jumps, Leaps and Turns**

In this class, you will be learning the proper technique, alignment and execution of the most popular turns, leaps and jumps; fouette turns, turns a la seconde, pirouettes, chaine and pique turns, grand jetes, center leaps, surprise leaps, turning leaps, barrel leaps, Russian jumps, attitude jumps, ring jumps and much more. This class is great for those that are interested in doing Poms in grade school and in high school.

# Preschool Acro/Acro (Levels 1 and 2)

This class is based on safe and effective progressions of Acro Dance: flexibility, strength, balance, limbering and tumbling. Simple progressions take the beginner preschool dancer from log rolls and summersaults to the advanced dancer tumbling effortlessly across the stage.



### **Lake Forest Residents**

The Park District recognizes Lake Forest citizens receive resident rates for Fitness, Paddle, Golf Club and Dance Classes. This policy includes all daily fees, memberships and class fees in these areas.



# Lake Bluff School of Dance Pre-School Dance Class Schedule 8 Week Session

Classes must have a minimum of 4 students in order to run.

Session I: June 15 through August 6

Makeup Week for classes is August 10–15

**Tuition Pricing is \$128/\$139** 

# **Pre-School Tiny Tots Dance Classes**

### **Wednesday Classes**

CODE:	CLASS:	TIME:	AGE:	INSTRUCTOR:	STUDIO:
15230	Tutus with Tap	9:15-10:30 am	2-3.5 years	Hope Rosiak	I
15231	Pre-Ballet	11:00–11:45 am	4–5 years	Hope Rosiak	I
15232	Tutus with Tap	11:45-12:30 pm	5–6 years	Hope Rosiak	I

### **Thursday Classes**

CODE:	CLASS:	TIME:	AGE:	INSTRUCTOR:	STUDIO:
15233	Pre-Ballet	2:30-3:15 pm	2-3 years	Brittany Goodrich	I
15234	Pre-Ballet 2	3:15–4:00 pm	4–5 years	Brittany Goodrich	I
15235	Pre-Hip Hop	3:15-4:00 pm	2-5 years	Andrew Thomson	II

### **Friday Classes**

CODE:	CLASS:	TIME:	AGE:	INSTRUCTOR:	STUDIO:
15236	Pre-Ballet	10:00–10:45 am	2–3.5 years	Kelsey Schweiger	I
15237	Tutus with Tap	11:00–11:45 am	4–6 years	Kelsey Schweiger	I



### Lake Bluff School of Dance Levels 1-7 Dance Class Schedule Session I: 8 weeks June 15—August 8



**2020 Summer Session Dance Tuition** 

**H.S Pointe Class, Teen Tap, and H.S. Poms 50 minute class** (Price reflects a minimum of 3 Dancers in order to run)

Mon, Tues, Wed, Thurs, & Sat Classes

50 minute class

Classes must have a minimum of 4 students in order to run.

No class on July 4th. There will be makeup on August 13 put in for the no classes on July 4th. Makeup week is August 10-15.

\$160/\$180

\$144/\$164

### **Dance Discounts**

Household Family Discount Registration Program for Multiple Dance Classes\*

Discounts can ONLY be applied at the Lake Bluff Guest Services Counter and NOT online.

1st Class: No Discount 2nd Class: 5% Discount

off program fee

3rd Class: 10% Discount off program fee

4th Class & and each addt'l class: 15% Discount off program fee

\*Dance discounts only apply per family household.

\*Pointe class, Teen Tap, & High School Pom must count as your 1st class.

\*Preschool classes are not included in discount tier.

\*Dance discounts apply per session only.

### **Dance Classes for Levels 1-7**

CODE:	CLASS:	LEVEL:	TIME:	AGE:	INSTRUCTOR:	STUDIO:
Mono	day Classes					
15238 15239 15240 15241 15242 15243	Ballet Acro/Tumbling Jazz Jazz Dance Yoga Dance Yoga	Level 1 Level 1/2 Level 6 Level 7 Level 1 Level 2	3:10–4:00 pm 4:00–4:50 pm 4:50–5:40 pm 5:40–6:30 pm 6:30–7:20 pm 7:30–8:20 pm	4–5 years 6–11 years 12–15 years Approval 6–10 years 11–18 years	Brittany Goodrich Brittany Goodrich Brittany Goodrich Brittany Goodrich Cindy Poland Cindy Poland	II II II II
Tues	day Classes					
15244 15245 15246 15247 15248 15249 15250 15251	Ballet Tap Ballet/Demi-Pointe Jazz Ballet Jazz Jumps, Leaps, &Turns H.S. Pointe Class	Level 2 Level 1/2 Level 4 Level 3 Level 5 Level 3/4 Level 3	3:10–4:00 pm 3:10–4:00 pm 4:00–4:50 pm 4:00–4:50 pm 4:50–5:40 pm 4:50–5:40 pm 5:40–6:30 pm 7:30–8:20 pm	6–8 years 5–8 years Approval 9–11 years 9–11 years Approval 9–11 years Approval	Rachel Premo Brittany Goodrich Rachel Premo Brittany Goodrich Rachel Premo Brittany Goodrich Brittany Goodrich Rachel Premo	II II II II II
	nesday Classes					
15252 15253 15254 COMP		Level 3 Level 6 Level 3	4:00–4:50 pm 4:00–4:50 pm 4:50–5:40 pm 4:50 – 5:40 pm	7–9 years 6–8 years 12–15 years Petite Competition	•	I I
15255	Pointe	Level 1/2	5:40-6:30 pm	Approval	Miss Brenda/premo	) II

Schedule continued on next page

### **Dance Classes for Levels 1-7**

Schedule continued from previous page

### **Thursday Classes**

15257	Нір Нор	Level 1	4:00-4:50 pm	5-8 years	Andrew Tomlinson	II
15258	Нір Нор	Level 2	4:50-5:40 pm	9–11 years	Andrew Tomlinson	I
15259	Teen Tap	Level 3/4	5:40-6:30 pm	12–15 years	Andrew Tomlinson	I
15260	Boys Hip Hop	Level ½	6:30-7:20 pm	All Ages	Andrew Tomlinson	I
15261	Poms	Level 1	4:00-4:50 pm	6–9 years	Marissa Giangeorgi	II
15262	Poms	Level 2	4:50-5:40 pm	9–11 years	Marissa Giangeorgi	II
15263	Lyrical	Level 1/2	5:40-6:30 pm	12–15 years	Marissa Giangeorgi	II
15264	Jumps, Leaps, &Turns	Level 4/5	6:30-7:20 pm	12–15 years	Marissa Giangeorgi	II
15265	Poms Class	Level 3	7:20-8:10 pm	12–15 years	Marissa Giangeorgi	II
15266	High School Poms	High School Students Only	8:10–9:00 pm	14–18 years	Marissa Giangeorgi	II

### **Saturday Classes**

**15267** Cheerleading Level 1/2 10:30–11:20 am 6–12 years Ashlyn Bloom/Talia Prozument I

# Company Auditions for Jazz and Lyrical

Day: Saturday
Date: August 29
Ages: 5–15 years
Registration Time: 11:30 am
Auditions: Noon–2:00 pm
Location: Dance Studios I & II
Attire: Black leotard, tights, jazz shoes

and ballet shoes

### **Performance Company 2020-2021**

Lake Bluff School of Dance Company team members will get the opportunity throughout the year to compete at regional and national dance competitions.

Competitive dance is a popular, widespread activity in which competitors perform multiple dances in different genres and styles in front of a group of panel judges.

The girls will get the opportunity to meet other dancers from different schools and may see each other many times during the competition season. This creates a sense of community as well as valuable connections for those students who wish to pursue a professional dance career.



The Lake Bluff School of Dance will give dedicated dancers the opportunity to participate in Regional and National competitions. These Competition team classes are either forty five minutes or one hour of intensive training and emphases is placed on proper technique and onstage performance. In order to be a part of the dance competitions you must take the required dance class listed below.

- Petite Competition Company group must be enrolled in a Jazz Class and Ballet Class at the Park District.
- Junior Competition Company group must be enrolled in a Jazz Class and Ballet Class at the Park District.
- ▶ Teen Competition Company group must be enrolled in a Jazz Class and Ballet Class at the Park District.

Parent Informational Meeting will be held on Wednesday, August 26 in Dance Studio I at 7:00–8:00 pm.

This meeting is to inform parents of the expectations of Competition Team, fees associated with competition, costumes, and a chance for parents to have all questions answered before the auditions. Auditions are free. If you are unable to attend the auditions, contact Brittany Goodrich at 847-457-7340 or bgoodrich@lakebluff-parkdistrict.org to arrange a different time and day.

If interested in trying out for 2020–2021 Dance Competition Company, please contact Brittany Goodrich at 847-457-7340 or bgoodrich@lakebluffparkdistrict.org for more information.



### **T-Ball**

We are excited for Lake Bluff T-Ball and have a fantastic program that will include core fundamental development with a heavy dose of fun.

The season will feature a six-week session led by experienced coaches, while integrating interested parents to help out. While we encourage parent participation, you shouldn't feel obligated to jump in and lead your son's or daughter's team. If you want to help, jump in and join the fun! If not, sit back, relax and feel free to cheer from the sidelines.

Each session will include a dose of fundamental development and lead into games. The first few sessions will be developmental in nature - throwing, catching, field positioning, batting (safety and awareness included) and base running with a short game to close out each session. The amount of skill development will give way to gameplay as the season progresses.

Ages: Pre-K & Kindergarten
Days: Wednesdays & Saturdays

Dates: Mid-May – TBD

Days: Wednesdays & Saturdays Location: Lake Bluff Middle School

# Pinto Introduction to Baseball

We will provide this introductory program designed to teach baseball fundamentals to boys and girls in the 1st & 2nd grade. Skills such as throwing, catching, hitting, base running and other fundamentals will be introduced and applied in game situations.

This instructional league will include skill building sessions as well as coach pitched games. This program serves as the perfect transition for the young player preparing for play at higher levels of youth baseball. Parents interested in coaching baseball will also benefit from this chance to become familiar with coaching policies and practices. Games will be conducted on age appropriate baseball diamonds, and uniforms will be provided.

Ages: Current 1st & 2nd graders
Days: Mondays, Wednesdays

and Saturdays

Fridays will be used for make-ups due to poor

weather

Dates: April–June

Time: TBD

Location: West School, Mawman

Park and Artesian Park

### **Mustang • Bronco**

### 3rd & 4th graders – Mustang 5th & 6th graders – Bronco

Our House league is designed to expose kids at all skill levels to the game of baseball. The typical season is 7 practices, 13-15 games, plus an end of the season double elimination tournament. Players will have the opportunity to play different positions during the season.

Please note: Second Graders-Optional Tryout for Advanced Players

LBYBA strongly recommends that children play with kids in their own grade. Parents who believe their second grader has advanced baseball skills and the physical and emotional maturity to play with kids who are 2 grades older can have their child evaluated for possible placement in our Mustang League. The sole responsibility for the safety and well-being of any second grader who is placed in Mustang resides with the parent(s) who have chosen to have their child play in such league.

Mustang selection is at the discretion of LBYBA and will be based on a number of factors including skill level, safety, and team balance.

Dates: April–June

Schedule: Teams typically meet twice during the week (Tues./Wed. / or Thur.) and 1 or 2 games on Saturdays. Weekday games are at 5:30 pm, Saturday game times vary, usually 10:30, 12:30, 2:30, or 4:30. Final schedule will be provided in early April.

### 5 Star Track and Field ( )



Discover all the fun you can have learning and competing in the variety of different events track and field has to offer. We will be working with the children to develop their knowledge, techniques, and skill levels for each and every event. Many different distances are covered along events like hurdles, long jump, relays and shot put. If there is anything special that your young athlete wants to learn or cover specifically, we will work with them.

CODE:	AGE:	TIME:
15170	5-7 years	4:15-5:00 pm
15171		5:00-5:45 pm
Day:	Thursday (5 c	classes)
Dates:	May 28-June	25
Location:	Recreation Co	enter Gym
Min/Max:	6/16	

\$63/68

Fee:



This fun moving sport will provide team competition and individual challenge matches on the court. Kids will have a blast running, throwing, dodging and ducking their way to victory; while getting their bodies in shape. Kids love it!

CODE:	AGE:	TIME:
14818	6-8 years	4:15 - 5:00 pm
14819	9–12 years	5:00-5:45 pm
Day:	Monday (5	classes)
Dates:	March 30-1	May 4
No Class:	April 13	
Location:	Recreation	Center Gym
Min/Max.	6/16	

### **5 Star Sports Soccer**

\$63/\$68



Come out with your friends, put on your soccer shoes, and have more soccer fun then you'll know what to with! Come out and enjoy the most popular sport in the world with 5 Star Sports as we work on getting your little one to be the next big thing. We'll go over all the basics, as well as emphasize teamwork as we go through this exciting class together. Shin guards are optional.

0	•	
CODE:	AGE:	TIME:
14820	3-5 years	4:15-5:00 pm
14821	6-8 years	5:00-5:45 pm
Day:	Thursday (	5 classes)
Dates:	April 2-Ap	ril 30
Location:	Blair Park l	Fields

Min/Max: 6/16 Fee: \$63/\$68

### 5 Star Sports

### **5 Star Sports** Flag Football



Strap on your flags and go deep! Learn the game of football in this fast paced and exciting introduction to the game. Rookies or veterans are all welcome as we go over our catching, passing, kicking, and flag pulling. We hope to see you out on the gridiron!

CODE:	AGE:	TIME:
14822	5–7 years	10:00-10:45 am
14823	8–10 years	10:45-11:30 am
Day:	Saturday (5	classes)
Dates:	April 4-Ma	y 9
No Class:	April 11	
Location:	Recreation	Center Gym
Min/May.	6/16	•

Min/Max: 6/16 \$63/68

### **5 Star Sports Volleyball** (



Bump! Set! Spike! These and other skills are taught in this class for both boys and girls. This class starts off with basic skills and will advance week to week accordingly. Skills include passing, setting and serving. Teamwork, participation and good sportsmanship are our top priorities! A game is played at the end of each

CODE:	DATES:
15173	May 28-June 25 (5)
15174	July 9–August 6 (5)
Day:	Thursday (5 classes)
Time:	4:15-5:00 pm
Location:	Blair Park Fields
Min/Max:	6/16

\$63/68 Fee:

### 5 Star Sports Spring T-Ball League Common Spring T-Ball League



The Lake Bluff Park District and 5 Star Sports have teamed up to create a Spring T-Ball League. This class is perfect for your child that has enjoyed 5 Star's T-Ball classes, and now wants the experience of playing in a game. Brand new equipment, games and drills will guarantee your child not only tons of fun, but tons of skill they will be able to show off on the field. Coach Chris' hands on coaching techniques will make for practices filled with skill development, and game play experience.

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<b>Practices:</b>	DAY:	DATES:	TIME:
	Wednesday	May 6–June 3 (5 practices)	4:30-5:15 pm
Games:	DAY:	DATES:	TIME:
	Saturday	May 16-June 20 (5 games)	10:30 am-noon

**CODE:** 15172

4-7 years Age: May 23 No Class:

Blair Park Fields Location:

Min/Max: 16/64

Fee: \$133/138 (includes team jersey and hat)

### 5 Star Birthday Parties!

Would you like 5 Star Sports to run your next children's birthday party!? Let the coaches do the work and watch while the kids have a blast playing their favorite sports! Birthday child can choose up to 3 sports to play, we provide the equipment! Sign up through Lake Bluff Park District.

# of Kids	# of 5-Star Coaches	Residen Full Gym	t 1 / Half Gym	Non-Kes Full Gyn	sident n / Half Gym
9 Kids or Less	1	\$190	\$155	\$225	\$180
10-25 Kids	2	\$265	\$230	\$300	\$255
26-35 Kids	3	\$340	\$305	\$375	\$330

Pricing above covers 5 Star Sports and the gym rental for 1 hour. You must reserve the Community Room for (an additional cost) a minimum of 1 hour if you are including food/drink to your party (please see Guest Services for more information).

### 3 on 3 Basketball Tournament

In celebration of the 125 Celebration of the Village, this 3 on 3 basketball tournament is open to all youth in and surrounding the community of Lake Bluff interested in learning, enhancing, and developing their skills. This event is sure to bring fun to everyone! There will be separate divisions for boys and girls. Three–five players comprise a team. Winners will receive trophies!

Participants must sign up as a team, register one person for the whole team. Pre-registration is required.

Levels for **Boys** Teams Registration:

CODE:	GRADES
15362	1st-2nd grades
15363	3rd-4th grades
15364	5th-6th grades
15365	7th-8th grades

Levels for **Girls** Teams Registration:

CODE:	GRADES
15369	1st-2nd grades
15370	3rd-4th grades
15371	5th-6th grades
15372	7th-8th grades
Entry Fee:	\$60 per team
Date:	April 4
Time:	9 am-4 pm
4 Teams Ma	ıx per code

# REGISTER ONLINE AT LAKEBLUFFPARKS.ORG

# 3 Point Shooting Contest

In celebration of the 125 Celebration of the Village, this 3-point shooting contest is open for 4th Graders to High School Boys and Girls. Winners will receive trophies!

Pre-registration is required.

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Entry Fee: \$10 Date: April 4

Time: Noon-1:30 p.m.

### **Early Release Youth Yoga**

This class is perfect for your elementary school student that is looking for a gentle way to wind down their day. This class will include yoga basics with terms kids can relate to like Downward Dog, Tree, and Warrior pose. Staff will pick students up from the elementary school and bring them to the fitness center. Parents will need to pick their children up when class ends. Yoga mats are supplied.

CODE:	DATE:
15277	April 1
15278	May 6

Age: Grades 1–5 LBES

Day: Wednesday
Time: 2:15–3:00 pm
Location: Studio Fitness

Min/Max: 5/15 Fee: \$10

### LF/LB Girls Softball

This is a Lake Forest/Lake Bluff combined program. Goals of this program will range from introductory skill development to advanced game strategy, depending on age group and skill level. This is a great program for girls interested in trying the sport for the first time OR for the avid, competitive softball player as skill will be advanced at the older age groups. While this is a clinic-based program, stressing skill development through drill work and group game play, scrimmages will be played to give players game-like experience. Intensity of scrimmages will be dependent on age group and skill level. Girls will receive a jersey and a visor.

CODE:	AGE:	DAYS:	TIME:
15185	Grades 1-2	Thursday	5:00-6:00 pm
		Saturday	10:00 am-noon
15186	Grades 3-4	Thursday	6:00-7:00 pm
		Saturday	11:00 am-1:00 pm

Dates: April 9-June 6 No Class: May 9, May 23

Location: West Park or Waveland Park (Lake Forest)

Min/Max: 1/10 Instructor: Ken Pierini Fee: \$188/226

### **Archery Program!**



Ever wanted to learn how to shoot a bow and arrow? This introductory class will focus on the fundamentals of archery, use of equipment, learning eye dominancy, stance and shooting techniques, safety rules and scoring. Archery is a unique and exciting sport that teaches patience, accuracy, control and a fun sense of camaraderie!

All participants must wear gym shoes, non-restricting comfortable clothing and be properly dressed for outdoor conditions. In case of severe inclement weather, class may be cancelled. Equipment will be provided.

CODE:	AGE:	TIME:
15183	8-13	4:00-4:45 pm
15184	14+	4:45-5:30 pm
Day:	Thursda	ay
Dates:	June 18	-July 23 (6 weeks)

Location: Blair Park Min/Max: 5/12 Fee: \$94/103

### **Instructor bio:**

Native Lake Forester, Jessica Cummins Muller is a NASP certified Archery Instructor. Jessica, a mother of two avid Archers, Mary and Julia, is excited and passionate about passing her Archery knowledge and energy to our Community!

### **Open Gym Times**

The Park District offers several open gym times for all ages. Be sure to pick up a monthly open gym schedule at the Park District office.

Schedules are available the last week of each month. Most times not currently programmed by the Park District are offered as open or "drop in" gym times. All open gym times are subject to change without notice.

Phone the office at 847-234-4150 with questions, and find the current monthly schedule at www.lakebluff-parks.org.



# Music Together Mr. Mark's Music Together

### **Music Together Parent & Child**

### "Maracas" Collection of Songs

All children are born musical!! Music Together classes build on children's natural enthusiasm for music and movement to help develop your child's basic musical skills. Classes are mixed-age (birth to kindergarten) and focus on adult/child interaction, so siblings attend class together. Infants blend with any age group and their musical development benefits from early exposure..

### **SPRING**

 CODE:
 DATES:
 TIME:
 NO CLASS
 DAY:

 15319
 April 1-June 3
 10:15-11:00 am
 Wednesday

 15320
 April 4-June 13
 10:30-11:15 am
 May 30
 Saturday

 Age:
 Mixed Ages

Location: Dance Studio II

Min/Max: 6/12 (child & parent couple)
Fee: \$180 (1st child & parent)
\$125 (additional siblings)

\$125 (additional siblings) Siblings under 6 mos. No charge

Please note, if a family withdraws after the first class, they will be charged a \$45 materials fee.

### **SUMMER**

CODE:	DATES:	TIME: DAY:	LOCATION:	
15321	July 8-August 12	10:15-11:00 am	Wednesday	Dance Studio II
15322	July 8–August 12	6:15-7:00 pm	Wednesday	Dance Studio I
15323	July 11–August 15	10:30–11:15 am	Saturday	Dance Studio II
Age:	Mixed Ages		·	
Min/Max:	6/12 (child & pare	nt couple)		
Fee:	\$180 (1st child & p	parent)		
	\$125 (additional si	blings)		
	•	<b>U</b> .		

Please note, if a family withdraws after the first class, they will be charged a \$45 materials fee.

### Glitzy Girlz: May Flowers Bling Boutique



Come join Glitzy Girlz and spring into flower season with BLING! Our Glitzy Girlz (www.glitzygirlz.com) staff will be on hand to assist you in making beautiful jewelry.

Our flower theme will accent the pieces. Design a necklace and bracelet ensemble complete with assorted theme beads and flower beads and charms. Each couple decorates a wooden trinket box with flower accents. Paints, name stamps and blingy embellishments add flair. A great evening to start Spring!

CODE: 14972

Age: 4–10 years old
Day: Friday
Date: May 15
Time: 6:00–7:15 pm
Location: Recreation Center

Community Room

Min/Max: 6/30

Fee: \$33 per couple,

\$28 per additional child

### Glitzy Girlz: Pajama Summer Spa Night

Come out with friends or get to know new ones in a Girls Night! Come in your comfy PJs for a fun night at the relaxing Spa! Glitzy Girlz (www.glitzygirlz.com) staff will teach class how to perform manicures and pedicures all summer at home with fun supplies and things to take home like a foot/nail brush and a cuticle stick. A fun fruit facial mask is made from bananas/avocados and our faces are fresh! The staff will polish all toes and nails in fun summer colors and each girl goes home with a great Spa Goodie bag with polish, lotion and more! Come prepared to learn some fun summer pamper tricks keeping nails and toes on point!

**CODE:** 15187

Age: 5–11 years old
Day: Friday
Date: June 26
Time: 6:00–7:30 pm
Location: Recreation Center

Community Room

Min/Max: 5/30

Fee: \$30 per child

Siblings under 6 mos. No charge



### **Riding Lessons**

The Lake Bluff Park District is teaming up with Little Hunter Farm to offer a package of private horseback riding lessons for a great price. The package includes four 30-minute private lessons for children interested in learning the fundamentals of riding. These are meant to be an introduction to riding, basic handing of a horse, equine terminology, properly mounting and dismounting a horse, balance, steering, and learning how to walk and trot. Lessons may be scheduled Monday through Thursday.

All riders must have shoulders covered and wear long pants; in addition to supplying their own ASTM/SEI certified riding helmet and paddock boots. For safety reasons, those not dressed properly will not be allowed to participate. Saddler's Row in Palatine is the suggested store.

Please contact Olivia Morris from Little Hunter Farm at 847-302-1806 to arrange lesson times and dates before registering at the Park District. Release must be signed by parent.

**CODE:** 15182

Dates: June 8-July 23
Days: Monday-Thursday
Ages: 8-12 years old

Location: Little Hunter Farm, 29010 Midlothian Rd., Mundelein

Min/Max: 1/5 Fee: \$235

### Summer Horsemanship Camp

This camp is designed to be an introduction to basic horsemanship skills, riding, and how to care for them. It is a handson camp that is geared to children who have little to no experience with horse. It allows children to work directly with the horses: grooming, feeding, and learning about them. Camp will also include crafts, games and activities. Don't forget to pack your snacks!

All participants must have shoulders covered and wear long pants; in addition to supplying their own ASTM/SEI certified riding helmet and paddock boots. For safety reasons, those not dressed properly will not be allowed to participate. Saddler's Row in Palatine is the suggested store.

Please contact Olivia Morris from Little Hunter Farm at 847-302-1806 if you have any questions!

CODE: 15181

Dates: June 22-June 25
Ages: 8–12 years old
Days: Monday–Thursday
Time: 9:00 am–1:00 pm
Location: Little Hunter Farm
29010 Midlothian Rd.,

Mundelein

Mix/Max: 3/6

Fee: \$470/\$490

# LAKE FOREST



Lake Bluff Park District and Lake Forest Parks & Recreation are partners in programming!

Lake Forest offers the following programs that are not available at Lake Bluff Park District (pictured above):
Junior Scouts Tackle Football, Stirling Hall Community Art Center, and Wildlife Discovery Center.

Register now at www.LFParksandRec.com



# Saturday, April 4 9:00 am Ages 8 and under At the Lake Bluff Recreation Center/Blair Park

Collect eggs and see the Bunny! Free Family Fun!! Find the golden eggs and win prizes! Bring a Basket!!

### Flashlight Egg Hunt for 9–12 year olds

Friday, April 3 • 8:00 pm/at dusk • Lake Bluff Recreation Center/Blair Park FREE! Bring a basket and a flashlight!





# Adult 14-Inch Co-Rec Softball League

The 2020 softball league will once again be played under the lights at Weshinskey Field at Artesian Park. This league uses a 14-inch mush ball that keeps safety a top priority. League play will feature a double round robin-type format with a season ending tournament. Get your friends together and enter a team! Captains will be required to attend mandatory meeting in early June. Contact Rosie Aliperta at 847-457-7337 if you have any questions.

**CODE:** 14994 Ages: 18 and up

Days: Tuesday and Thursdays\*
Dates: June 9–Late September
Game Times: 7:00, 8:00, and 9:00 pm\*\*
Location: Weshinskey Field

Min/Max: 4/10 Teams
Fee: \$690 + \$10 per
non-resident

\*Teams will have one scheduled game per week.

\*\*Game times may be modified based on enrollment.

\*\*\*Resident rate includes Lake Forest Residents

### **JAM Pickleball**

Pickleball is a combination of ping pong, badminton and tennis! Private and small group lessons available upon request.

JAM Pickleball LLC jampickleball@gmail.com



### **Drills with April**

Proper shot selection, third shot drops, dinks, serves, returns, lobs and game play with instruction.

**CODE:** 15336 Day: Friday

Date: May 8–June 5 (5 weeks)

Time: 8:30–10:00 am

Location: Recreation Center Gym

Min/Max: 6/12 Fee: \$115

### **Drills with April**

Drills for third shot drops, dinks, serves, returns, lobs and game play with instruction.

CODE: 15338

Day: Friday

Date: June 19–July 31 (6 weeks)

No Class: July 3

Time: 9:00–10:30 am Location: Blair Park Courts

Min/Max: 6/16 Fee: \$135

### **Summer Open Play**

Monday Night open play Time: 6:15–8:45 pm No Pickleball: May 25

Location: Recreation Center Gym

Fee: \$5

### **Camp for Adults 21+**

Intense week of PICKLEBALL. This camp will work on dinks, drop shot, serve and return, strategy, and game play!

CODE: 15337

Date: August 3–7 (5 sessions)

Days: Monday-Friday
Time: 9:00-11:00 am
Location: Blair Park Courts

Min/Max: 6/16 Fee: \$165.00

# Thursday Morning Pickleball With Mary

Organized game play, dinking games, King/Queen of the Court, Round Robin Play

CODE: SESSION

**15346** 1

Date: May 7–May 28 (4 Weeks)

Time: 8:30–10:00 am

Location: Recreation Center Gym

Min/Max: 6/12 Fee: \$48 CODE: SESSION 15347 2

Date: June 4–June 25 (4 Weeks)

Time: 9:00–10:30 am
Location: Blair Park Courts

Min/Max: 6/16 Fee: \$48

### **Group Events and Birthday Parties**

Jam will provide paddles, balls, instruction and fun! Sign up through Lake Bluff Park District

### Resident

4–8 players 1 instructor resident full gym \$200, half gym \$160 8–18 Players 2 instructor's resident full gym \$275, half gym \$235

### **Non-Resident**

4–8 players full gym 1 instructor full gym \$250, half gym \$200 8–18 players 2 instructor's full gym \$325, half gym \$275

### **COUPON**

### **One Week Free**

# Try the Fitness Center for FREE!

Mention this coupon to redeem your one-week trial of the fitness center. This offer expires April 30, 2020.



### WorkFit

Full-time non-resident employees of businesses located in some areas of Lake Bluff, Knollwood, or North Chicago that pay taxes to the Lake Bluff Park District are entitled to resident fitness center rates. Employees need proof of full-time employment to participate.

### **Lake Forest Residents**

**Lake Forest Residents** receive **Resident rates** at the Lake Bluff Health & Fitness Center!

### **Corporate Memberships**

Corporate memberships are available to full-time employees of a Lake Bluff corporation, business, partnership enterprise, school district or organization!

To qualify for this special membership plan, a minimum of 5 employees must purchase annual memberships. Call 847-457-7361 for more information.



### Memberships

Choose the membership program plan and duration option that best meets your needs!

### Membership age requirements

Membership is open to those individuals **at least 13 years of age**. Children under the age of 13 are not permitted on the second floor except for special programs. **All 13 to 17 year olds** must complete an orientation before being allowed to work out without a parent present.

### **All-Inclusive Membership Plans!**

### **Two Options:**

• **FITNESS PLAN:** a minimum 9 month commitment **\$42/month** (EFT) All-Inclusive Membership Plan,

OR

• **ANNUAL PASS:** a "paid-in-full" All-Inclusive Membership Plan that covers 12 months from date of purchase.

### **Both memberships include:**

- Use of the Fitness Center Facilities, Equipment and Amenities!
- Group Fitness classes!
- Track Use!
- Yoga Classes
- 10% off individual pool membership

### Daily, Monthly & Quarterly membership options available, too!!

- **Daily Pass:** This all inclusive pass is **valid for the date purchased.**
- **Monthly Pass:** 30 day duration from date of purchase.
- **Quarterly Pass:** 90 day duration from the date of purchase.
- **Student Pass:** Special student rate for Summer memberships.

### Family Memberships!

• Each additional Family Member receives a **10% Discount** on an **Annual Pass** or **Fitness Plan.** 

### Members are rewarded for referring people to our facility and programs!

## **Facility Features**

### **Cardio Equipment!**

- Treadmills (motorized and non-motorized)
- Incline Trainers
- Cross Trainers
- Upright & Recumbent Bikes (Air Dynes, Precor, Cybex and more)
- NuStep Recumbent Elliptical
- Elliptical Trainers
- Rowers (water and fan resistance)
- Indoor Cycles

### **Resistance Training**

- Selectorized Circuit Machines
- Cable Training Machines
- Free Weight Room
- Functional Training Area and Accessories

### Members also enjoy:

- Locker rooms with private showers
- Complimentary Fitness Center towels
- Lounge area
- Suspended 1/13 mile walking/ running track
- Group Fitness studio
- Stretching Area

# Personal Training available!

Call the Fitness Desk at 847-482-9326 for details.

### **Spring Hours**

Monday-Friday Saturday Sunday 5:00 am-9:00 pm 7:00 am-6:00 pm 7:00 am-5:00 pm

### Summer Hours Memorial Day-Labor Day

 Monday-Thursday
 5:00 am-9:00 pm

 Friday
 5:00 am-8:00 pm

 Saturday
 7:00 am-5:00 pm

 Sunday
 7:00 am-4:00 pm

Closed: Independence Day (July 4) Open: 7:00 am–noon on Memorial Day (Monday, May 25) and Labor Day (Monday, September 7)

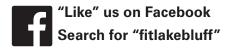




Childcare is available while you're in the Fitness Center working out or taking a class. Maximum of 1.5 hours per visit.

HOURS: Monday-Friday 8:00 am-3:00 pm

Saturday 8:00 am-noon



### **Gentle Stretch & Guided Deep Relaxation**

We will be doing gentle stretches with props and long holds and offering modifications for ultimate comfort during the first half of the workshop.

A healing and deeply restful guided meditation will close the workshop allowing you to leave feeling calm, refreshed and ready to move more connected with yourself and what matters most, the health of our mind body and spirit.

Come join us for a fun and deeply nourishing event!!

Watch for dates!



Join Marian McNair for this session using crystal singing bowls and vibrational sound healing for meditation, to reduce anxiety and pain, and to promote well–being. The use of music and vibrational sounds is a powerful tool for healing on a physical, emotional and spiritual level. This ancient practice has been used by many cultures and sacred traditions for thousands of years. The art of sound healing is used for transformation and healing by changing our vibrational frequency. Now, benefiting from current scientific research with many proven health benefits, crystal bowl sound healing and therapy is used by a growing group of health practitioners.

Watch for dates!

### **Essential Oils Workshop**

Join LBPD Yoga teacher & dōTERRA essential oil Wellness Advocate Susan Boyle for a gentle Yoga practice that will explore the body and mind. We are all made up of energy. Chakras are often defined as wheels of energy, with seven of these wheels located vertically from the base of your spine to the crown of your head.

Practice restorative yoga postures with the corresponding chakras, as well as experience the aromatherapy essential oil for each corresponding chakra.

This workshop is open to anyone with a desire to learn more about how thoughts and actions affect energetic presence. No previous yoga experience necessary.

Watch for dates!



Drawing on collaborations with community members, government agencies, clubs and businesses, GO Lake Bluff seeks to create more awareness of the many programs and services that support local health and wellness initiatives.

Inspired by the U.S. Surgeon General, Dr. Vivek H. Murthy, the first stage of the movement is to encourage our community to walk at least 30 minutes each day.

This FREE walking club designed to increase participant's level of physical activity and foster community engagement is open to Lake Bluff residents of all ages.

CODE: 15358
Age: All ages
Day: Every Tuesday
Dates: Starting in May
Time: 8:00 am

Location: Recreation Center

Fee: Free



### **Beach Yoga**

Our very popular BEACH YOGA is back again! Meet in the morning down at the beach for a perfect way to start the day. Starts early June–August. Contact the Fitness Center for more details.

\$10 per class, Discounted Punch cards available.





### **Spring Hours**

Monday-Friday 5:00 am-9:00 pm Saturday 7:00 am-6:00 pm Sunday 7:00 am-5:00 pm

### **Summer Hours**

Monday-Thursday 5:00 am-9:00 pm Friday 5:00 am-8:00 pm Saturday 7:00 am-5:00 pm Sunday 7:00 am-4:00 pm

We are closed Easter and July 4th Open 7 am–noon Memorial Day & Labor Day



# 125 Days of Fitness at LB Health & Fitness Center Saluting Lake Bluff's 125th Celebration!

In celebration of the Lake Bluff 125th Anniversary, the Fitness Center's **125 Days of Fitness** kicks off March 1–July 3.

Fitness Center members participate in as many healthy activities as possible to earn 125 points, then are entered in **a drawing to win a Park District Gift Card valued at \$125!** Register for this FREE program at the Fitness Center Registration Desk.

You'll collect points for participating in the following:

- Fitness Center Visit: 1 point per visit (you can earn more than 1 point a day)
- GroupX Class: 1 point per class
- Personal Training: 2 points per session
- Fitness Workshop, Program or Event: 3 points per event (GO COLOR Run, etc.)
- Park District Team participation: 5 points (Paddle, Tennis, Swim Team)

### **NEW** Annual members registering in February or after receive 5 BONUS points

Once you've collected 125 points, you'll be entered in the drawing to win the \$125 Park District Gift Card.

There will be a binder that will have a page for each registrant to track their participation. Remember to track your participation so you get your points!

### **GroupX and Silver Fit** Included in Memberships!

### SILVER-FIT— Included in memberships!

For Active Older Adults, we have a special program of classes known as SIL-VER-FIT™ (Successful Independent Loving Vibrant Empowered Resilient — Fun In Training)

- While this branded programming provides fitness classes that target active older adults, anyone who is looking for this level and type of fitness training can participate in the SILVER-FIT classes! No age restrictions!
- Classes include cardiovascular exercises, muscle conditioning (endurance, strength and power) exercises, balance & agility training, chair yoga and a TON of FUN for all participants!

### **GROUPX Classes included in memberships!**

Our GroupX Classes offer a wide variety of choices to help you meet your fitness goals. All fitness levels of participants are welcome.

Try a TOTAL BODY, CYCLE, CORE & MOBILITY, STRENGTH & CARDIO.

Refer to the website to see class schedule and descriptions.





# **After-School Spring & Summer Junior Tennis**

### **After-School Spring Tennis For Juniors (6 and 7 Weeks)**

CODE:	AGE/GRADE:	LEVEL:	DAY:	DATES:	TIME:	FEE:
14957	4–5 yrs	Tiny Tots	Tuesday	April 21-June 2 (7 wks)	4:30-5:15 pm	\$140
14958	4–5 yrs	Tiny Tots	Thursday	April 23-June 4 (7 wks)	4:30-5:15 pm	\$140
14959	K-2nd	Jr. Ralliers	Monday	April 20-June 1 (6 wks)	3:00-4:00 pm	\$160
14960	K-2nd	Jr. Ralliers	Monday	April 20-June 1 (6 wks)	4:00-5:00pm	\$160
14961	K-2nd	Jr. Ralliers	Wednesday	April 22–June 3 (7 wks)*	3:00-4:00 pm	\$185
14962	K-2nd	Jr. Ralliers	Friday	April 24–June 5 (6 wks)	3:00-4:00 pm	\$160
14963	K-2nd	Jr. Ralliers	Friday	April 24–June 5 (6 wks)	4:00-5:00 pm	\$160
14964	3rd-5th	Pre-Teen	Tuesday	April 21-June 2 (7 wks)	3:00-4:30 pm	\$265
14965	3rd-5th	Pre-Teen	Thursday	April 23-June 4 (7 wks)	3:00-4:30 pm	\$265
14966	3rd-5th	Pre-Teen	Friday	April 24–June 5 (6 wks)	4:00-5:00 pm	\$160
14967	6th-10th	Teen	Monday	April 20-June 1 (6 wks)	4:00-5:30 pm	\$225
14968	6th-10th	Teen	Wednesday	April 22-June 3 (7 wks)	4:00-5:30 pm	\$265
14969	6th-10th	Teen	Friday	April 24–June 5 (6 wks)	4:00-5:00 pm	\$160

^No Class: Friday, May 1 (Teacher Institute day) and Monday, May 25 (Memorial Day)

Location: Blair Park Courts

\*Note: May 6 class will begin at 2:00 and conclude at 3:00 pm due to early dismissal from LBES

Rain Days: Class held in the Gym

Min/Max: 3/16

### **Summer Tennis for Juniors (9 weeks)**

CODE:	AGE/GRADE:	LEVEL:	DAY:	DATES:	TIME:	FEE:
15279	4-5 yrs	Tiny Tots	Tuesday	June 16-August 11	4:30-5:15 pm	\$180
15280	4–5 yrs	Tiny Tots	Thursday	June 18–August 13	4:30-5:15 pm	\$180
15281	4–5 yrs	Tiny Tots	Monday	June 15-August 10	4:30-5:15 pm	\$180
15282	4–5 yrs	Tiny Tots	Wednesday	June 17-August 12	4:30-5:15 pm	\$180
15283	K-2nd	Jr. Ralliers	Monday	June 15-August 10	1:00-2:00 pm	\$235
15284	K-2nd	Jr. Ralliers	Tuesday	June 16-August 11	1:00-2:00pm	\$235
15285	K-2nd	Jr. Ralliers	Friday	June 19-August 14	4:00-5:00 pm	\$235
15288	3rd-5th	Pre-Teen	Monday	June 15–August 10	3:00-4:30 pm	\$340
15289	3rd-5th	Pre-Teen	Tuesday	June 16–August 11	3:00-4:30 pm	\$340
15291	3rd-5th	Pre-Teen	Thursday	June 18–August 13	3:00-4:30 pm	\$340
15292	3rd-5th	Pre-Teen	Friday	June 19–August 14	4:00-5:00 pm	\$235
15293	6th-10th	Teen	Monday	June 15–August 10	4:30-6:00 pm	\$340

Location: Blair Park Tennis Courts

Min/ Max: 5/12





### **Junior Tennis Levels**

**Tiny Tots (Ages 4–5)** This class provides an introduction to tennis skills through games, coordination drills and floor tennis using the hands or racquet, depending on the player's skills.

Junior Ralliers (Grades K–2) Development of coordination and tennis skills at this level are emphasized. This class introduces correct stroke techniques in a fun-filled environment with games and scoring. The main objective by the end of the season will be to rally with low-compression balls.

**Pre-Teen (Grades 3–5)** The main objectives of this class are stroke mechanics, footwork and by the end of the season, being able to rally and play points with regulation tennis balls. Also covered is an introduction to tactical patterns and tennis etiquette.

**Teens (Grades 6–8)** These lessons are for teens with a focus on development of basic strokes, feed and play situations, drills, tennis etiquette and supervised play.

Junior Excellence (Grades 6–9) For juniors who are serious about tennis and are ready to play in tournaments or already playing in them. We will cover all aspects of the game including stroke production and match play. Games and drills are designed to promote fun and competitiveness while teaching strategy and reinforcing proper technique. Fitness, mental toughness and tennis etiquette are emphasized.

### **Summer Junior Tennis Events**

# Parent/Child Fun Tournament

Although it's almost Father's Day, mom or dad can play with their child in a fun tournament for ages 6 years and up. We will flight the groupings by age and ability (Beginners can play in it, too!) and have an enjoyable Saturday for all! All teams will receive a framed picture and Champions will receive fabulous prizes.

 CODE:
 15296

 Ages:
 6 years and up

 Day:
 Saturday

 Date:
 July 18

 Time:
 3:00-5:00 pm

 Min/Max:
 8/24

Location: Artesian Park Fee: \$15/person

# Friday Junior Night Out Tennis, Paddle & Pizza

Come out for an amazingly fun time on the courts (tennis and paddle)! We will play tons of thrilling paddle games and have dinner. "Ya gotta love it!" Parents can drop off or stay and socialize in the hut and by the tennis courts while their kids enjoy the great outdoors.

CODE: 15297 March 13 15298 April 17 15299 May 15 15300 June 26 15301 July 10 Age: 6 years and up Day: Friday Time: 5:00-6:30 pm

Min/Max: 4/32 Fee: \$25/day



# Parent/Child Fun Tennis Tournament Saluting Lake Bluff's 125th Celebration!

In celebration of the Lake Bluff 125th Anniversary, the Lake Bluff Park District is running a Parent/Child Tournament Saturday, July 18, 10:00 am–1:00 pm. This fun tournament is intended to bring the community together and is for children 6 and over and their parents. We will flight the groupings by age and ability (beginners can play in it, too) and have an enjoyable Saturday for all!

CODE: 15373

Ages: 6 years and older

Day: Saturday
Date: July 18

Time: 10:00 am - 1:00 pm Min/Max: 4 teams / 20 teams Location: Artesian Park Fee: \$30/team

### **Adult Tennis**

### **Women's Intro to Tennis: Spring**



Learn all the basics of tennis in a fun and dynamic way. Court positioning, stroke technique, communication, scoring and rules of the game are taught in this program that is designed for beginners. These sessions are 6 weeks. Sign-up for more than one and you will gain the skills and confidence needed for competitive play!

CODE:	LEVEL:	DAY:	DATES:	TIME:
15303	Beginner	Tuesday	April 21–June 2	9:00-10:30 am
15304	Beginner	Tuesday	April 21–June 2	6:00-7:30 pm
15305	Beginner	Friday	April 24–June 4	9:00-10:30 am
A	21 0	•	-	

Age: 21 years & up Location: Artesian Park Courts

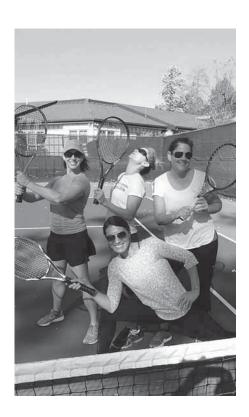
Min/Max: 4/12 Fee: \$265

### **Spring Tennis For Women (7 Weeks)**

CODE:	LEVEL:	DAY:	DATES: Spring	TIME:
15306	Adv. Beginner	Tuesday	April 21–June 2	1:00-2:30 pm
15307	Intermediate	Tuesday	April 21–June 2	9:00-10:30 am
15308	Intermediate Coed	Thursday	April 23–June 4	6:00-7:30 pm
Λ σοι	21 mars & 110	•	-	-

Age: 21 years & up Location: Artesian Park Courts

Min/Max: 4/20 Fee: \$265



# **Spring Platform Tennis**

### **Co-Ed Intro to Paddle Spring Program**

This is a fun and dynamic format for learning all the basics of platform tennis including: court positioning, stroke technique, screen play, communication, scoring rules of the game. This program is designed for beginners and advanced beginners. Each session is 5 weeks. Sign-up and you will gain the skills and confidence needed for competitive play! We know you will love it!

CODE:	DAY:	DATES:	FEE:
15354	Tuesday	March 31-May 5 (6 weeks)	\$150
15355	Wednesday	April 1–May 6 (6 weeks)	\$150

Time: 5:45–6:45 pm

Min/Max: 4/12

### St. Patty's Day Pre-Party Money Ball Tournament

Wear your green...drink your green... and keep your ball out of the green!! Come on out for a fun night to celebrate the Irish in Ya... or around Ya!! Bring a dish to share. BYOB.

 CODE:
 14922

 Day:
 Friday

 Date:
 March 13

 Time:
 7:00-10:00 pm

 Fee:
 \$15/paddle

 Min/Max:
 12/32

Players will compete throughout the evening in a rotating partner format to determine the top dogs. Players with the most games won will take home a little something in addition to the satisfaction of doing really well in a fun tournament. Of course, groovy tunes will be provided!

 CODE:
 15356

 Day:
 Friday

 Date:
 April 17

 Time:
 7:00-10:00 pm

 Fee:
 \$25/paddle

 Min/Max:
 12/32

# Rage in the Cage" Team Challenge

Early sign up is a must for this event. Four team Captains will be chosen and will form teams "draft style". Drafting process is and will remain TOP SECRET! The 4 teams will battle it out to become Champions of the World! As always... tunes and great company will be provided! Bring a dish to share. BYOB.

 CODE:
 14923

 Day:
 Friday, April 10

 Time:
 7:00-10:00 pm

 Fee:
 \$15/paddle

 Min/Max:
 12/32

### **Paddle Spring Fling Social**

Come on out and celebrate the start to a wonderful spring season with good friends and fun social play organized by Eric! We will play both tennis and paddle for those who "gotta" do both!

 CODE:
 15357

 Day:
 Friday, May 8

 Time:
 7:00-10:00 pm

 Fee:
 \$15/paddle

 Min/Max:
 12/32

### Women's Intro to Tennis: Summer

Learn all the basics of tennis in a fun and dynamic way. Court positioning, stroke technique, communication, scoring and rules of the game are taught in this program that is designed for beginners. These two sessions are each 4 weeks long. Sign-up for both and you will gain the skills and confidence needed for competitive play!

Session I CODE: 15309 15310	<b>LEVEL:</b> Beginner Beginner	<b>DAY:</b> Tuesday Tuesday	<b>DATES:</b> June 16–July 7 (5 wks) June 16–July 7 (5 wks)	<b>TIME:</b> 9:00–10:30 am 6:00–7:30 pm	<b>FEE:</b> \$225 \$225
Session II	O	,	, , , , ,	1	
15311	Beginner	Tuesday	July 14-August 4 (4 wks)	9:00-10:30 am	\$225
15312	Beginner	Tuesday	July 14-August 4 (4 wks)	6:00-7:30 pm	\$225
Age:	21 years & up	•		•	
Location:	Blair Park Courts				

Min/Max: 3/12

### **Summer Tennis For Women (7 Weeks)**

CODE:	LEVEL:	DAY:	DATES:	TIME:	FEE:
15313	Adv. Beginner	Tuesday	June 16–July 28	1:00-2:30 pm	\$265
15314	Intermediate	Tuesday	June 16–July 28	9:00–10:30 am	\$265
15315	Intermediate	Monday	June 15–July 27	6:00-7:30 pm	\$265
15316	Intermediate Coe	d Thursday	June 18–July 30	6:00–7:30 pm	\$265

Age: 21 years & up No class: July 4

Location: Blair Park Courts

Min/Max: 4/20

### **Adult Tennis Levels**

**Beginner:** Get the basics for a great lifetime sport! You are guaranteed to have fun and get the coaching and experience you need to play right away!

**Advanced Beginner:** Now that you have learned the basics, this class focuses on developing your stroke technique and applying it to match situations. You will learn basic match strategy and tennis etiquette.

**Intermediate:** These classes are designed to take you to the next level! You will expand your knowledge base of match strategy, fine tune your strokes and delve into the heart of competitive play.

### **Women's Team Tennis**

### Lakeshore "B" Team

This league is for women who want to play competitive tennis against teams from other clubs. This includes drilling on Wednesday mornings and weekly matches on Monday mornings. Home matches will be played at Artesian Park and away matches will be determined later. League/Ball fees are \$25 for the season. **If you are on the team, sign up for both Team Drills and Match.** If you have any questions regarding the team, please contact Racquet Sports Manager, Eric Moran, at 847-457-7362.

Team Drill		Match	
CODE:	15317 spring	CODE:	15318
Ages:	21 years & up	Day:	Monday
Day:	Wednesday	Dates:	June 3–July 20
Dates:	May 13–July 15 (10 weeks)	Time:	10:00 am-noon
Time:	9:00 am-10:30 am	Fee:	\$25 League/Ball fee
Location:	Artesian Park Courts		

Fee: \$330

Do you have a few friends who would like to start a NEW class that better fits your schedule? Let's do it! Please contact Eric at 847-457-7362.

STEAM is an acronym for Science, Technology, Engineering, Arts/Creativity and Math education.

We focus on these areas together not only because the skills and knowledge in each discipline are essential for student success, but also because these fields are deeply intertwined in the real world and in how students learn most effectively. STEAM is an interdisciplinary and applied approach that is coupled with hands-on, problem-based learning. (Check out all the STEAM offerings this season.)

Children not enrolled in Lake Bluff Preschool *must* provide an updated vaccination report to participate in enrichment programs.

### **Movers and Shakers**

It's a playdate with purpose! Children will have fun with Mrs. G and friends while participating in a variety of board games and physical fitness games. Playing games together provides kids opportunities for working on social skills, direction following, memory, sustained attention, self control and fine and gross motor physical skills. Don't forget to bring a lunch!

CODE: DATES:

**14726** Feb 24–April 6 (6) **14727** April 13–May 18 (6)

Day: Monday No Class: March 23

Time: 11:30 am-1:30 pm

Age: 3.5–5 years Location: Green Room

Min/Max: 5/10 Fee: \$105/\$112

# **Engineering for Preschoolers**

Calling all little engineers! This fun and creative class teaches simple engineering concepts for kids ready to create and design structures and gadgets. Builders are encouraged to stretch their creativity for a final contraption to present to parents. Snack included. Lake Bluff Preschool students may enter class at 3:00 pm.

CODE:	DATES:
14729	Feb 24-April 6 (6)
14730	April 13–May 18 (6)
Day:	Monday
No Class:	March 23
Time:	3:15-4:30 pm
Ages:	4-6 years
Location:	Purple Room
Min/Max:	5/10
Fee:	\$105/\$112

### S.T.E.A.M. Team

Bring your curiosity and enjoy hands on observation and exploration with Mrs. G. Children will engage in fun projects and activities designed to make connections with and grow their love of learning in the areas of Science, Technology, Engineering, Art and Math. Don't forget to bring a lunch!

CODE:	DAY:	DATES:	NO CLASS:	FEE:
14733	Tuesday	February 18-April 7 (7)	Mar. 24	\$123/\$130
14734	Wednesday	February 19–April 8 (7)	Mar. 25	\$123/\$130
14735	Tuesday	April 14–May 19 (6)		\$105/\$112
14736	Wednesday	April 15–May 20 (6)		\$105/\$112
Time:	11:30 am-1:3	30 pm		

Ages: 3.5–5 years Location: Green Room

Min/Max: 5/10

### **Book Worms**

Inch your way into our preschoolers' book club! Children will read a teacher-provided story and participate in related fun games and crafts. Bring your lunch (nut free of course). Mrs. Bello looks forward to sharing her love of reading with you.

CODE:	DAY:	DATES:	NO CLASS:	FEE:
14739	Tuesday	February 18-April 7 (7)	Mar. 24	\$123/\$130
14740	Wednesday	February 19–April 8 (7)	Mar. 25	\$123/\$130
14741	Tuesday	April 14–May 19 (6)		\$105/\$112
14742	Wednesday	April 15–May 20 (6)		\$105/\$112
Time:	11:30 am-1:3	30 pm		
Age:	3.5–5 years o	old		
Location:	Purple Roon	ı		
Min/Max:	5/8			

### **Taste Buds**

Junior bakers will experience teamwork, taking turns, following directions and explore the – FUN processes and YUM results of baking with Mrs. G. and friends. Don't forget to bring your lunch!

CODE:	DATES:	NO CLASS:	FEE:
14744	February 20–April 9 (7 sessions)	Mar. 26	\$123/\$130
14745	April 16–May 21 (6 sessions)		\$105/\$112
Day:	Thursday		
Time:	11:30 am-1:30 pm		
Age:	3–5 years		
Location:	Green Room		
Min/Max.	5/10		

### **Pop-up Classes!**

Kids, this is your chance to try your hand at something new for a day... and who knows, maybe you'll find a new hobby or a new "something" to focus on. Mrs. Bello will have these fun, sporadic pop-up classes that will explore numerous, fun concepts while acting, cooking, reading, creating, etc. You will be busy learning and having fun with something new each time. Try a class or two! Don't forget your lunch.

CODE:	CLASS:	DATE:
14751	Eric Carle	Feb 10
14752	Sink or Float	Feb 24
14754	Construction	Mar 16
14755	Rainbow Riders	Mar 30
14755	Beauty Shop	April 13
14756	Egg Drop Challe	enge

April 27

Day: Monday Ages: 3–5 years

Time: 11:30 am-1:00 pm

Location: Purple Room

Min/Max: 5/10 Fee: \$25

# Let us teach your child ways to improve their Executive Functioning Skills.

Controlled by the brain's frontal lobe, **Executive Functioning Skills** are one's working memory, control/self-regulation and cognitive flexibility. These three skills help the brain organize and act on information. They enable people to plan, organize, remember things, prioritize, pay attention and get started on tasks. They also help people use information and experiences from the past to solve current problems.

A strong working memory means you have the ability to retain fresh information long enough to able to do something with the information. People with strong working memories find it easier to recall and manipulate information they hear without needing to write it down.

**Having control/self regulation** is the quality that allows you to stop yourself from doing things you want to do that might not be in your best interest.

**Having cognitive flexibility** is the ability to switch between thinking about two different concepts, and to think about multiple concepts simultaneously.



### **Terrific Twos and Threes**

Have your 2.0-3.5 year-old join Megan Bello for a playful morning of fun activities. Mrs. Bello has a gift for planning exercises children enjoy. They may have so much fun they won't want to leave! A child being together with friends helps encourage language development, social skills, and independence. This is one fun Friday! Snack is provided for this class.

CODE:	DATES:	NO CLASS:	FEE:
14747	February 21–April 10 (7 sessions)	March 27	\$210/\$217
14748	April 17–May 22 (6 sessions)		\$180/\$187

Day: Friday
Ages: 2.0–3.5 years
Time: 9:00–11:00 am
Location: Purple Room

Min/Max: 5/12

### **Build-a-Lunch!**

Don't bring a lunch because we are going to make it! With each class, children will learn how to build a healthy, nutritious lunch. Made simple by Mrs. Bello, kids will really enjoy learning how to make their own healthy and tasty lunch... and they stay and play.

CODE:	DATES:	NO CLASS:	FEE:
14758	February 21–April 10 (7 sessions)	March 27	\$123/\$130
14759	April 17–May 22 (6 sessions)		\$105/\$112

Day: Friday

Time: 11:30 am-1:00 pm Age: 3.5-5 years Location: Purple Room

Min/Max: 5/10

### **Blast Off into the World of Art**

Kids, create with wood, paint, clay and wire! A little of this and with A LOT of imagination kids will build masterpieces with Mrs. Thomsen. This class will join the Art Show at the end of the session. Don't forget to bring your lunch!

CODE:	DATES:	NO CLASS:	FEE:
14761	February 21–April 10 (7 sessions)	March 27	\$123/\$130
14762	April 17–May 22 (6 sessions)		\$105/\$112

Day: Friday

Time: 11:30 am-1:30 pm Age: 3.6-5 years Location: Rainbow Room

Min/Max: 5/12

### Afterschool Elementary STEAM and Executive Functioning

FEE:

\$126/\$133

\$126/\$133

March 23

### **Engineering for Kindergarteners**

Calling all engineers! This fun and creative class teaches simple engineering concepts for kids ready to create and design structures and gadgets. Builders are encouraged to stretch their creativity for a final contraption to present to parents. Snack included. Lake Bluff Elementary students can come to class early with walkover.

 CODE:
 DATES:

 14764
 February 24–April 6 (6 sessions)

 14765
 April 13–May 18 (6 sessions)

 Day/Time:
 Monday 3:15–4:30 pm

Ages: Kindergarten Location: Purple Room

Min/Max: 5/10

### Make a Masterpiece

We will start with a dot and extend it to a line. Where will it take us, only our imaginations will lead us! A variety of supplies will be offered to create our ideas, be it paint, metal or sculpturing. Robots to water lilies; we shall see at the gallery show in May. Snacks will be provided! Lake Bluff Elementary students can come to class early with walkover.

 CODE:
 DATES:
 NO CLASS:
 FEE:

 14779
 February 19-April 8 (7 sessions)
 March 25
 \$123/\$130

 14780
 April 15-May 20 (6 sessions)
 \$105/\$112

 Day:
 Wednesday

Age: 6–10 years
Time: 3:15–5:00 pm
Location: Rainbow Room

Min/Max: 5/10

### **Eats and Treats**

Calling all chefs! Master churros, quesedillas, specialty foods and so much more. From organizing your chef tools to implementation this class will make all kiddos masters of the kitchen. Snack included. Lake Bluff Elementary students can come to class early with walkover.

 CODE:
 DATES:
 NO CLASS:
 FEE:

 14776
 February 19-April 8 (7 sessions)
 March 25
 \$147/\$154

 14777
 April 15-May 20 (6 sessions)
 \$126/\$133

Day: Wednesday
Time: 3:15–4:30 pm
Age: 6–10 years
Location: Purple Room

Min/Max: 5/10

### **D.I.Y.!!!** (**Do It Yourself!!!**)

Discover new passions, make super cool things, design your dream "anything" and learn new skills in this Do It Yourself class. From making crafts, to food to gadgets or necklaces, kids will have the opportunity to see ideas come to life! Snack included. Lake Bluff Elementary students can come to class early with walkover.

CODE:	DAY:	DATES:	NO CLASS:	FEE:
14768	Monday	February 24–April 6 (6 sessions)	March 23	\$126/\$133
14769	Tuesday	February 18–April 7 (7 sessions)	March 24	\$147/\$154
14770	Monday	April 13–May 18 (6 sessions)		\$126/\$133
14771	Tuesday	April 14–May 19 (6 sessions)		\$126/\$133
Time.	2.15 1.20 nm			

Time: 3:15–4:30 pm Ages: 6–10 years Location: Green Room Min/Max: 5/10

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STEAM is an acronym for Science, Technology, Engineering, Arts and Math education. We focus on these areas together not only because the skills and knowledge in each discipline are essential for student success, but also because these fields are deeply intertwined in the real world and in how students learn most effectively. STEAM is an interdisciplinary and applied approach that is coupled with hands-on, problembased learning. (Check out all the STEAM offerings this season.)

# WALKOVER **SECOND**

We will walk your child from LBES to your child's Park District class – for no additional charge. Just sit back and let us do the walking!

Please email your child's teacher with the dates for Walkovers.







### **Engineering**

Calling all master engineers! This fun and creative class teaches simple engineering concepts for kids ready to create and design structures and gadgets. Builders are encouraged to stretch their creativity for a final contraption to present to parents. Snack included. Lake Bluff Elementary students can come to class early with walkover.

CODE:	DATES:	NO CLASS:	FEE:
14773	February 24–April 6 (6 sessions)	March 23	\$126/\$133
14774	April 13–May 18 (6 sessions)		\$126/\$133
Б	3.6 1		

Day: Monday
Time: 3:15–4:30 pm
Age: 7–10 years
Location: Rainbow Room

Min/Max: 5/10

### **FUN2think**

Play games that are fun and helpful in strengthening *working memory*, one of our executive functions.\* Researchers have found that playing games such as these can make it a little easier for children to solve math problems in their heads, keep their place in a book when reading and experience all kinds of other great benefits in school and their daily lives. Snack included. Lake Bluff Elementary students can come to class early with walkover.

CODE:	DATES:	NO CLASS:	FEE:
14782	February 20-April 9 (7 sessions)	Mar. 26	\$147/\$154
14783	April 16–May 21 (6 sessions)		\$126/\$133

Day: Thursday
Time: 3:15–4:30 pm
Age: 7–10 years
Location: Green Room

Min/Max: 5/10

### **Mind Blowing Science**

Packed with hair-raising experiments, this class gets kids to think and create like scientists. Erupt a color changing volcano, make colored crystals, try to pop an unpoppable balloon, find out what happens when you add mint candies to soda and so much more! Snack included. Lake Bluff Elementary students can come to class early with walkover.

CODE:	DATES:	NO CLASS:	FEE:
14785	February 20-April 9 (7 sessions)	Mar. 26	\$147/\$154
14786	April 16–May 21 (6 sessions)		\$126/\$133

Day: Thursday

Time: 3:15 pm-4:45 pm

Age: 7–10 years Location: Rainbow Room

Min/Max: 5/10

# Lake Bluff Preschool

# Classes For Early Childhood through Kindergarten

**Welcoming Children 2 to 5 Years Old** 

- Experienced and caring teachers
- Thoughtfully prepared environments for each age
- Guidance in learning social skills and making friends
- Gentle encouragement to practice independence skills
- Inspiring educational materials and experiences
- Lively arts, crafts, music and dramatic play
- "Kids N Motion" health and wellness program
- Afternoon Kindergarten emphasizes and encourages children's interest in learning the fundamentals of reading, writing skills and math concepts

Engaging STEAM activities in each curriculum



# Program Highlights 2020–2021

Lake Bluff Preschool and Afternoon Kindergarten

- Morning Preschool for 2, 3, 4 and 5 year olds
- Afternoon Preschool for 3.6–5 years
- Afternoon Kindergarten for 4.6–5 years

Dana Hansen, Preschool and Early Childhood Director, is delighted to welcome you and your family to Lake Bluff Preschool. Dana believes that building a child's confidence and independence coupled with a spectacular support system is the key to a child's success. As a key member of our Lake Bluff Park District Leadership Team, Dana strives for excellence within her programs and for the Park District as a whole. Please feel free to call or pay her a visit, as she is ready and willing to discuss any issues of concern.

847-457-7352 dhansen@lakebluffparkdistrict.org





### **Preschool for Two Year Olds**

Introduce your child to an enriched and nurturing environment that encourages the development of social skills, language, independence and self-confidence. Our experienced teacher, Megan Bello, focuses on helping children feel comfortable away from home as they experience art, dramatic play and music. Basic concepts such as shapes, colors, the alphabet and numbers are presented in fun and creative ways. Children enjoy this active classroom environment prepared to stimulate their imagination and interest in the world around them. You will enjoy seeing your child grow and make his first friends at school.

CODE: DAYS: AGE:

 14690
 Monday/Wednesday
 2.0–2.5 years

 14691
 Tuesday/Thursday
 2.6–2.11 years

Dates: September 8/9, 2020–May 26/27, 2021 (subject to change)

No Class: Follows Lake Bluff Preschool Calendar

Time: 9:00–11:00 am Location: Purple Room

Min/Max: 7/10



Childcare before and after Preschool is available! Our Kidzone teacher, Miss Tina, provides a nurturing environment, rich in social fun, art activities, gym/playground time and lunch (provided by child). Miss Tina walks children to and from Lake Bluff Preschool and Enrichments if requested by parent/guardian. Kidzone services children from ages 6 months to 7 years of age, Monday–Friday, 8:00 am-3:00 pm and Saturday, 8:00 am-noon. Please call Miss Tina with any questions, 847-457-7353 or Dana Hansen, Director of Preschool and Education, 847-457-7352. See Guest Services for various prices and packages. As a reminder, Kidzone is a nut-free environment. Please keep this in mind when packing your child's daily snack and/or lunch.



### **Lunch in Kidzone**

Preschool parents are invited to purchase a Kidzone Punch Pass (10 punches for \$105).

After your child's morning class, he can enjoy an additional one hour lunch and play time with classmates. Children always have fun with Miss Tina in Kidzone!

### 3.0-3.8 year olds

The Monday/Wednesday class is perfect for encouraging children's enjoyment of school and their eagerness to learn in a playful environment. Tamera Guidarini "Mrs. G" gets them excited to further explore the basic concepts of shapes, colors, numbers, letters and their sounds. Children do activities that help develop fine motor skills in preparation for writing. Fun art, science experiments and lively music are included. We begin teaching social/emotional skills through the Calm Classroom curriculum.

CODE: AGE: DAYS:

 14692
 3.0–3.8
 Monday/Wednesday

 14693
 3.6–3.11
 Tuesday/Thursday/Friday

 Dates:
 September 8/9, 2020–May 26/28, 2021 (subject to change)

Time: 9:00–11:30 am Location: Green Room

No Class: Follows Lake Bluff Preschool Calendar

Min/Max: 7/12

### 3.6-3.11 year olds

The older three year olds attend Tuesday/ Thursday/Friday for mornings focused on learning in a playful and nurturing environment. Mrs. G continues encouraging natural interest in letter sounds, writing, counting objects, building with blocks and other materials and creative educational experiences.

We expand on the young three's activities and stimulate their natural curiosity to get them thinking and asking interesting questions. Their classroom is designed to give them opportunities to do more things independently. Our Calm Classroom curriculum is a relaxing and fun part of their day. With stretching and breathing they become aware of how their body feels. Children love learning these skills.

### Preschool for 3.6 to 5 Year Olds

**Lake Bluff Morning Preschool** classes for 4–5 year olds are offered either four or five days a week.

**Afternoon Preschool** for 3.6–5 year olds is **four days**. Children bring their lunch and then enjoy an afternoon of preschool activities.

Lake Bluff Preschool classes are taught by experienced teachers, Sheila Thomsen and Marcine Zbynski, who know that children love to learn by using their hands. Whether making unique designs in the classroom rock garden, doing a woodworking project, gardening or conducting a science experiment, children are encouraged to find connections in what they are learning and express that through art, writing or in whatever ways they are inspired to do so. We also help them become more confident in recognizing the alphabet and the sounds of the letters, understanding beginning math concepts and refining their skills for writing letters and numbers. Using games and creative materials, children learn while having fun. Our practice of Calm Classroom techniques teach skills that develop focus, concentration and a mind that is relaxed and ready to learn.

### **Lake Bluff Morning Preschool**

 CODE:
 AGE:
 DAYS:
 TIME:

 14694/14695
 4.0-5
 Monday-Thursday
 9:00-11:30 am

 14697/14698
 4.0-5
 Monday-Friday
 9:00-11:30 am

### **Lake Bluff Afternoon Preschool**

CODE: AGE: DAYS: TIME:

**14700** 3.6–5 Monday–Thursday 11:45 am–3:00 pm Dates: September 8/9, 2020–May 27, 2021 (subject to change)

No Class: Follows Lake Bluff Preschool Calendar

Min/Max: 10/17

Fee: See details on Easy Enrollment on next page.

### **Afternoon Kindergarten**

The Afternoon Kindergarten Program is designed to engage students in rich and varied activities designed to provide the foundation for academic and social success. The environment provides a healthy balance between whole group, small group and individual work, academic enrichment and play and teacher-directed and self-guided goals and pursuits. Teachers identify students' individual interests and differentiate instruction to devise units of study to capture imaginations.

This comprehensive program boasts its servicing of LBES Preschoolers in addition to Lake Bluff Preschoolers. Children bring a lunch and will eat together before they begin their afternoon activities.

Both the child and the class will benefit from a consistent choice of days. Therefore, specific 5, 4 or 3 days chosen stay the same throughout the school year. It is possible to add or drop days on a one-time basis as the school year progresses (tuition will be prorated). Registrants starting after the first day of school will have their tuition prorated with their actual start date.

Please note: We do not observe all LBES No School Days. Please see our school calendar for details.

CODE: NO. OF DAYS:
14701 Five Days
14702 Four Days
14703 Three Days
Age: 4.6–5 years
Days: Monday–Friday

Dates: September 2, 2020–May 28,

2021 (subject to change) See Preschool calendar 11:45 am–3:00 pm

Time: 11:45 am-3 Location: Blue Room

No Class:

Min/Max:

### **Lunch in Kidzone**

8/15

Preschool parents are invited to purchase a Kidzone Punch Pass (10 punches for \$105).

After your child's morning class, he can enjoy an additional one hour lunch and play time with classmates. Children always have fun with Miss Tina in Kidzone!

### **Lake Bluff Preschool Easy Enrollment 2020–2021**

### STEP 1

• Select appropriate class for your child's age as of September 1, 2020. For Afternoon Kindergarten, select which days of the week your child will be attending (choice of 3, 4 or 5 days) on Billing Agreement.

### STEP 2

• Come to the Lake Bluff Park District to complete the registration process. Our office is located at 355 W. Washington Ave. A portion of your first payment is a Non-Refundable Registration Fee (\$125) for all programs. Non-Residents pay an additional \$50 for all programs which is due at the time of registration and added to the first payment (waived for active military and Lake Forest residents).

### STEP 3

- Payment may be made in Full at time of registration or in Monthly Payments.
- We accept all credit/debit cards.
- Payment is divided into nine equal payments. First payment is due at time of registration and remaining 8 payments are automatically deducted on the 15th day or up to five business days after for the months of September 2020 through April 2021 from your account. A portion of your first payment (\$125) is Non-Refundable. Therefore, if you withdraw prior to the start of the program, a service charge of \$125 applies. If withdrawing during the program, your withdrawal is prorated out with the last day attended and with the service charge of \$125.

### **Tuition 2020–2021**

AGE AS OF			2020-2021	
9/1/2020	DAYS:	TIME:	TUITION:	9 PAYMENTS:
2.0-2.5	M/W	9:00-11:00 am	\$2,664	\$296
2.6-2.11	Tu/Th	9:00-11:00 am	\$2,664	\$296
3.0-3.8	M/W	9:00-11:30 am	\$2,880	\$320
3.6-3.11	Tu/Th/F	9:00-11:30 am	\$3,312	\$368
4.0-5	M-Th	9:00-11:30 am	\$3,861	\$429
4.0-5	M-F	9:00-11:30 am	\$4,374	\$486
Afternoon Prescho	ool			
3.6-5	M-Th	11:45 am-3:00 pm	\$3,465	\$385
Afternoon Kinder	garten			
4.6-5	Five Days	11:45 am-3:00 pm	\$3,771	\$419
4.6-5	Four Days	11:45 am-3:00 pm	\$3,501	\$389
4.6-5	Three Days	11:45 am-3:00 pm	\$2,871	\$319

### **IMPORTANT FACTS:**

- Early Registration Dates for the 2020–2021 school year offered to families currently registered at Lake Bluff Preschool are January 6–10 (Monday–Friday) from 9:00 am to noon. Please come to the Lake Bluff Park District's front desk for registration forms and details. Regular registration begins January 13 at 9:00 am.
- Classes begin Tuesday, September 8 for Preschool and Wednesday, September 2 for Afternoon Kindergarten (both subject to change). Lake Bluff Preschool follows the Lake Bluff School District 65 schedule, with some exceptions. Refer to your Preschool calendar.
- Children enrolling in Lake Bluff Preschool for the first time must submit a copy of their Birth Certificate and an updated
  vaccination report from your pediatrician by the first day of school.
- Children 2.0–2.11 years old need not be toilet trained. Children over the age of 3 must be toilet trained and out of diapers/pullups to participate in the program.
- QUESTIONS? Call Preschool and Early Childhood Education Director Dana Hansen at 847-457-7352.

### **Early Bird Before-School Care**

warly Bird Care We open at 6:30 am for parents who need to leave for work before the start of school. You do not have to be in the After-School Rec Club (ARC) to participate in Early Bird. This program is for Lake Bluff Elementary School children only. The children will be walked over to Lake Bluff Elementary School by 8:00 am. Please dress appropriately for walkover and weather conditions.

The children will have a chance to read, play board games, color, and enjoy crafts until the start of the school day. They may bring a cold breakfast to have while here.

### Early bird payment options (for a 20 school day period)

FIVE DAY	\$216	Monday through Friday
----------	-------	-----------------------

THREE DAY \$118 Choose any three day combination **TWO DAY** Choose any two day combination \$88

**EMERGENCY PUNCH CARD** \$57 Five punch card

### **After-School Recreation Club**

ARC is an after-school program for working parents that offer a variety of activities ranging from crafts and basketball to homework and snacks. This program is for children in afternoon kindergarten through 5th grade attending Lake Bluff Elementary School. Special Days are available to non-participants after registration due date. For more details on ARC, contact Rosie Aliperta at 847-457-7337.

Recreation Club @ the Lake Bluff Park District

Note: there is no bus fee. ARC staff will walk the children from LBES to the Park District; on bad weather days there will be an emergency bus available. We kindly remind you to always have your children dressed in proper weather attire.

### ARC payment options (for a 20 school day period)

### **FIVE DAY Monday through Friday:**

Full (after school–6:00 pm) \$319 Half (after school-4:30 pm) \$216

### THREE DAY Choose any three day combination:

Full (after school–6:00 pm) \$215 Half (after school–4:30 pm) \$149

### TWO DAY Choose any two day combination:

Full (after school-6:00 pm) \$167 Half (after school–4:30 pm) \$113

### SIBLING DISCOUNT:

\$10 off each additional sibling's fee for 20 school day period. (Does not apply to Special Days or In-House Days.)

### **SPECIAL DAYS:**

Days Off School/Holidays \$64 In-House Day \$41

### **EMERGENCY PUNCH CARD:**

Five Punch Card \$100

### **ARC Special Days**

Trips for days off school due to holidays, teacher institutes, teacher conferences, etc. are available to all ARC children enrolled in Kindergarten through 5th grade. These days include trips to different destinations in the area with drop off and pick up at the Lake Bluff Park District Recreation Center. Days offered for the rest of the 2020 school year are listed below. Field trip destinations will be posted later. Please note trips are subject to cancellations if we do not meet our minimum numbers. No refunds will be given for withdrawals.

Note: Registration for days off school and holidays is available for children not enrolled in ARC; however children currently enrolled in ARC have priority registration for these trips.

CODE: DATE: **Teacher Institute Day** 14411 February 14 **President's Day** 14412

February 17

**Spring Break** 

15175 March 23 15176 March 24 15177 March 25 15178 March 26 15179 March 27

**Teacher Institute Day** 15180 May 1

Ages: K-5th Grade Place: Community Room Time: 8:00 am-6:00 pm

Fee: \$64

### **Emergency Punch Card**

This punch card is only available to families enrolled in the ARC program and allows you to purchase additional time at ARC. The fee is \$100 for 5 punches and expires at the end of the school year. Unused punches will be credited back to you at the end of the school year.

Note: The punch card may not be used to extend the 6:00 pm pick-up option or used for Special Days or In-House

### Punches may be used to:

- Add time onto a 4:30 pm pick-up
- Come on an additional day for which you are not currently registered

# LAKE BLUFF'S TURNING 125 AND WE'RE PLANNING A PARTY!



In 1895, Lake Bluff was incorporated as a Village. In 2020, we celebrate the Village's Quasquicentennial. Or, simply put, its 125th birthday!

This is a cause for celebration! And your Park District has BIG plans:

- 125 Days of Fitness: March 1-July 3
- 3 on 3 Basketball Tournament: Saturday, April 4
- Golf Marathon Fundraiser: Tuesday, June 16
- GO Color Run: Saturday, June 20
- Golf Tournament: Friday, June 26
- Parent/Child Fun Tennis Tournament: Saturday, July 18
- And much more

The fun culminates in a big 125th Birthday Bash — complete with fireworks on September 26, 2020 at Blair Park.

Stay current on all of the 125 happenings at http://lakebluff125.org!



### **2020 Daily Fees**

### Weekends and Holidays

\$49 (Non-Res \$52)
\$40 (Non-Res \$43)
\$28 (Non-Res \$31)
\$30 (Non-Res \$33)

### Weekdays

\$38 (Non-Res \$41)
\$33 (Non-Res \$36)
\$25 (Non-Res \$28)
\$23 (Non-Res \$26)
\$33 (Non-Res \$36)
\$21 (Non-Res \$24)

### **Permanent Tee Times**

Permanent Tee Times are available on both Saturdays and Sundays and are assigned on a first-come, first-served basis. The 2020 Permanent Tee Time season runs from the weekend of April 18 & 19 through September 19 & 20. The Permanent Tee Time registration fee of \$90 (\$100 Non-Res) per player and a signed copy of the Permanent Tee Time Agreement for each player are due at the time of registration. All Permanent Tee Time players are required to keep a credit card number on file and will be charged for any non-weather-related no-shows or cancellations inside 24 hours of their tee time.

### **Lake Bluff Golf Club Events**

Check out the Lake Bluff Golf Club online event calendar for a variety of events throughout the season, including the highly competitive Lake County Amateur Championship at the end of July. Regardless of your playing ability or competitive experience, Lake Bluff GC offers fun-filled events to enjoy throughout the season. www.lakebluffgolfclub.com/calendar



### **Season Golf Passes**

### **Unlimited Season Pass**

Resident	\$1,275
Non-Resident	\$1,630
Family Resident	\$2,170
Family Non-Resident	\$2,750
Senior (Age 62+) Resident	\$1,185
Senior (Age 62+) Non-Resident	\$1,475

Unlimited Season Passes are valid seven days/week, anytime. Season Passholders will receive discounted entry fees for Lake Bluff Golf Club events and tournaments as well as 14-day advance reservations and one Permanent Tee Time reservation. Family Season Passes are valid for married couples and up to two children age 18 and under residing in the same household. Season Passes are NOT valid for golf outings.

### **Limited Season Pass**

Resident	\$930
Non-Resident	\$1,125
Senior Resident (Age 62+)	\$845
Senior Non-Resident (Age 62+)	\$1,090
Junior	\$665

Limited Season Passes are valid Monday through Friday, anytime. Resident Rate for Season Pass purchases is available for residents of Lake Bluff, Lake Forest and Libertyville and for all residing within the Lake Bluff Park District boundaries.

### **Cart Rentals**

	Resident	Non-Resident
18-Hole Single Riding Cart	\$14	\$16
9-Hole Single Riding Cart	\$9	\$10
Push Cart (18 or 9 Holes)	\$5	\$5

### **Private Group Instruction**

Private Group Instruction is one hour in length. Lessons are arranged with a member of the professional staff.

### **GROUP OF TWO STUDENTS**

### **GROUP OF THREE OR MORE STUDENTS**

<b>Lesson Package</b>	Fee
Single Lesson	\$60 / student
Series of Four	\$210 / student
Series of Six	\$300 / student

# Lesson Package Single Lesson Series of Four Series of Six Series of Six

### **Practice Facility**

### **Practice Green and Short Game Area**

Practice makes perfect and there is no better place to work on your short game than our immaculate short game area. A large putting green with a variety of different breaks is the perfect place to master your putting and chipping. The pitching green and practice bunker is the place to perfect your pitching and sand play.

### **Driving Range**

The Club's well-maintained driving range is the perfect place to master your long game, whether it's a quick warm-up before your round or an extended practice session. The range features both synthetic mats and grass teeing areas, hence the range is available for use all season long; the grass teeing area is open daily during the season, weather and ground conditions permitting.

### **Driving Range Rates**

\$6 per Range Token (approx. 35 balls)

### **Golf Outings and Events**

At Lake Bluff Golf Club, your guests will feel welcome and appreciated as they receive warm hospitality and gracious service throughout the day from our professional staff. Your private event will feature more than just great golf — it will be a memorable experience off the course as well, enhancing your celebration, cause or charitable mission.

Lake Bluff Golf Club offers an array of amenities and options: a Pro Shop stocked with all the essentials, an expansive practice facility, top-of-the-line electric golf carts, club rental, a full-service grill and catering options, a spacious dining room and deck featuring scenic views of the golf course — all of this combined with our beautifully manicured golf course creates a very special environment for your outing. The course plays to 6,589 yards from the back tees with three additional sets of tees to accommodate all participants. The golf course is a wonderful balance of generous fairways, mature trees, challenging greens and course conditions that rival any private facility on the North Shore. Whether hosting 12 of your best friends, colleagues or clients, or 150 in support of your favorite charity, you can count on our staff's professionalism, personal attention-to-detail and customization options to host an impressive and successful golf event.

Please contact our Pro Shop staff at 847-234-6771 to receive your customized golf outing proposal.



### **Golf Instruction**

The Lake Bluff Golf Club has PGA staff available for private instruction. The professional staff has experience working with golfers of all abilities and skill levels, from beginners through scratch players. Lesson packages and small group instruction are available by contacting the professional staff directly at 847-234-6771 or through the Website at www.lakebluffgolfclub.com/improve.

### **Junior Golf Programs**

The Golf Club offers a wide variety of Junior Golf programming throughout the season. Program and registration links are available on the club's website www.lakebluffgolfclub.com/improve.

### Golf After School Ages 7 to 11

The Golf After School Program is designed to introduce juniors to the game of golf through an informative and fun instructional environment. Students will be escorted from the Lake Bluff Elementary School by a member of the staff. After an afternoon snack and drink, the professional staff will work with junior golfers to establish sound golf fundamentals. Equipment storage or rental will be complimentary during the program. Each session is for 4 weeks with sessions on either Tuesday or Thursday afternoons. Sessions start at 2:50 pm and finish at 4:00 pm. Registration is through the Pro Shop and begins April 1.

www.lakeblufgolfclub.com/improve

DAY:	DATES:	COST:
Tuesday	April 7-April 28	\$100
Thursday	April 9-April 30	\$100
Tuesday	May 5-May 26	\$100
Thursday	May 7-May 28	\$100

Individuals who are deaf or hard of hearing can call NSSRA through the Illinois Relay system by dialing 711 or 1-800-526-0844.

### **Making Calls through Illinois Relay**

If you use a standard telephone and want to call someone who uses a TTY, the Communications Assistant (CA) types your words to the person who uses a TTY and voices the TTY users typed words to you:

- 1. Dial 7-1-1
- 2. When a Communications Assistant (CA) answers, give the telephone number of the person you want to call.
- 3. When the person answers, proceed as you would with a regular call. Speak directly to the person you are calling, not to the CA. Example: "Hi Mary, How are you doing?"
- 4. Say "Go Ahead" or "GA" when you are ready for the other person to respond.
- 5. When you are finished with your conversation, end the call by saying "Go Ahead or SK" (stop keying) giving the TTY user an opportunity to continue or end the call.

If you use a TTY and want to call someone who uses a standard telephone, the Communications Assistant (CA) will voice your typed words to the person using a standard telephone and type the standard phone users words to you:

- 1. Dial 7-1-1 or 800-526-0844
- 2. When the Communications Assistant (CA) answers, type the telephone number of the person you want to call. Example: 555–1212 PLS.
- 3. When the person answers, proceed as you would with a regular TTY call. Direct your conversation to the person you are calling, not to the CA.
- 4. Type "GA" when you are ready for the other person to respond.
- 5. When you are finished with your conversation, end the call by typing "GA or SK" (stop keying) giving the person you are calling an opportunity to continue or end the call.

### **Receiving Calls through Illinois Relay**

Standard Telephone Users: When you answer your telephone, you will hear a Communications Assistant (CA) say, "Hello. A person is calling you through Illinois Relay. I am CA###, have you received a relay call before?"

- 1. If you answer "No", the operator will explain how Illinois Relay works.
- 2. If you answer "Yes", the call will continue with the CA voicing everything the TTY user types, and typing everything the standard telephone user says.

TTY Users: When you answer the telephone using a TTY you will see "IRC CA#### (F/M) with a call" and the CA continues typing the standard telephone user's greeting to you.

1. The call will continue as explained in the Making Relay Calls section above.

### **FAQ**

### Q. What other features does Illinois Relay offer?

A. Illinois Relay offers additional relay numbers for people who want to use their voice or hearing with their TTY, for Spanish speaking people who use a TTY, and for people who are deaf-blind and use a telebraille. Standard telephone and TTY users also can use Illinois Relay's traditional 10 digit numbers or the three-digit number 711.

### **Illinois Relay Numbers:**

TTY Users: 800–526-0844 TTY Users: Program this number into your TTY for the quickest answer and one touch dialing

Voice Users: 800-526-0857 TTY Users (Spanish): 800-501-0864 VCO (Voice Carryover): 877-826-1130 Speech to Speech: 877-526-6690

ASCII: 877-526-6680 Telebraille: 877-526-6670

For information about any of Relay's features, call Sprint Relay Customer Service at 800-676-3777 v/tty or call or write the ITAC office at 800-841-6167 v/tty.

### Q. Are relay conversations confidential?

**A.** Yes. Federal law mandates that all relay conversations are kept confidential and that no records be kept.

### Q. What is the cost to use Illinois Relay?

A. There is no extra charge to use Illinois Relay. Long distance relay calls are billed at the regular rate that is charged between the point from which you are making the call and the point where the call terminates. Long distance calls can be billed to your preferred long distance provider. Give the Relay Operator your long distance information when placing the call. If you do not provide a specific company, the call will be billed through Sprint.

### Q. How do I access relay service in another state when I am traveling?

**A.** All states must have "711" relay access. If that doesn't work, directory assistance should have each state's number.





**NSSRA** provides and facilitates year-round recreation programs and services for children, teens and adults with disabilities who live in 13 northern suburban communities including Lake Bluff. With over 500 recreation, sport, cultural and social offerings available throughout the year, we specialize in introducing participants to new experiences, providing opportunities for skill development and leisure time, and most

importantly, creating space for friendships to thrive.

### **Services We Offer**

NSSRA serves approximately 1,800 individuals with disabilities through our traditional and cooperative programs. Participants range in age from preschoolers, youth and teens through young adults, adults and seniors. Programs are offered at park district facilities, schools and other locations throughout the northern suburbs.

NSSRA's Inclusion support option provides individuals with disabilities the opportunity to enjoy full participation in partner agency programs while receiving the individualized one-on-one support they need to succeed. Through its programs and services, NSSRA removes the barriers that might prevent an individual with disabilities from full participation in the fun and richness of experience that life has to offer. For information on Inclusion services or to make arrangements for accommodation, contact Lake Bluff's NSSRA Inclusion Liaison, Jim Lakeman, at (847) 457-7343 or jlakeman@lakebluffparkdistrict.org.

### **Communities We Serve**

Deerfield Park District Glencoe Park District Glenview Park District Park District of Highland Park City of Highwood Kenilworth Park District Lake Bluff Park District City of Lake Forest Northbrook Park District Northfield Park District Village of Riverwoods Wilmette Park District Winnetka Park District

Northern Suburban Special Recreation Association 3105 MacArthur Blvd, Northbrook, IL 60062 • (847) 509-9400 • info@nssra.org • www.nssra.org





# Registration Dates

Online Resident Registration begins February 22 at 9:00 am

available facilities, all from your computer, tablet or smart phone!

Office/Fax Resident Registration begins February 22 at 9:00 am

Non-Resident Registration begins February 29 at 9:00 am

### **How To Register**



### **ONLINE**

Visit www.lakebluffparks.org and hit the **Click To Play** icon. You will need your login ID and account pin number to register for programs. Confirmation is immediate. Call the office at 847-234-4150 if you have forgotten your login and pin.



### **MAIL-IN**

Fill out the registration form in the program guide. Payments may be made by check or credit card. Checks should be made payable to Lake Bluff Park District. If paying by credit/debit card include the complete card number, expiration date and signature. Mail to: Lake Bluff Park District, 355 W. Washington Ave., Lake Bluff, IL 60044.



### **DROP-OFF**

Fill out the registration form in the program guide or pick one up at the Administration Office. Include proper payment. Leave the registration form with payment at the front desk. Sorry, no telephone registrations. Registration may be placed in our locked after-hours Drop-Off Box next to the counter in the Recreation Center.



### FAX 847-234-7275

Fill out the registration form and fill in the necessary credit/debit card information. Fax it to the number above, and call the office to confirm fax has been received.

### **Withdrawal/Refund Policy**

In the past we allowed written requests for withdrawals and transfers up to the first day of the class. This has created hardships for instructors and participants alike. Last minute changes impacted on whether some classes must be cancelled due to low enrollment or whether several classes must be combined. Instructors who have held times in their schedule to teach are notified at the last minute they are not needed. Some classes require supplies to be purchased in advance of the first class. Participants of any class being changed or cancelled need to be notified in a timely manner. For all of the above reasons and in order to have accurate class lists, we must make a policy change.

All requests for Transfers and Withdrawals must be made in person at the Park District office by completing this form.

 Transfers – \$5 processing fee applies for classes and camps.

### Class Withdrawals

- Class Withdrawal Policy. The amount credited will depend on when the written request is received. Camps, Dance, Fitness Center and Preschool have specific policies.
- For withdrawal requests received in writing:
  - No later than 7 days prior to the beginning of the class, a refund equal to 90% of the total fee for the class will be refunded.
  - From 6 days prior to the beginning of class, a credit will be placed on your Lake Bluff Park District account equal to 80% of the total fee for the class.
- No refunds will be given after the 1st meeting except in case of documented medical reasons or moving out of the local area.
- There are NO prorated fees or refunds for contractual programs (i.e. 5 Star Sports, LBYBA).
- Withdrawals Due to Medical Reasons During Program Processing fee is waived, and prorated refund is assessed with a doctor's note only. The refund will not be processed until we have both the doctor's note and a signed request.

Other than above, refunds can only be given for medical reasons, and will be prorated. If a medical

problem occurs before or during a program and the participant requests a refund, a prorated refund will be assessed with a doctor's note only, starting with the date of the signed request which must be made in person at the Park District office. Under no circumstances will refunds requested after the last day of class be approved.

When the Park District reschedules or cancels programs, full refunds will be given. Refunds are sent to those whose requests have been approved within 45 days of the written request.

### **Registration Info**

- Residents may register at any time for programs that have openings. Early registration is recommended, as popular classes like early childhood programs fill up quickly.
- 2. Individuals may register members of their immediate family (those residing in the same household). If a participant wishes to change to a different class after registration has been taken, there is a \$5 transfer fee and must be done 7 days prior to the first class. No refunds will be approved for any request for refunds or prorated refunds made after the date of the last class.
- People who do not reside in the Lake Bluff Park District pay an additional fee for most programs, unless otherwise indicated.
- 4. When there is insufficient registration, classes may be consolidated, postponed or cancelled. Those who have signed up for a class that has been cancelled will be notified and offered an alternative choice if one is available.
- 5. A waiver and release of all claims is included on all program registration forms. Please read this carefully. By signing the form, a person/guardian assumes full risk for any injury or loss sustained while participating in a Park District sponsored program.
- 6. Fees cannot be prorated when registering for a class if the class has already started.
- 7. Payment must be received with your registration. We cannot hold a space if no payment is received. Full payment for each program is required unless other arrangements have been made in advance. Any outstanding financial obligations due the Park District for participation in past programs must be satisfied prior to registration in any current programs.

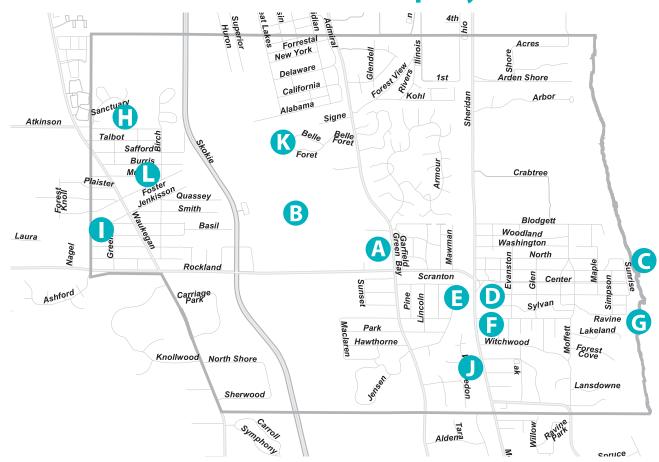
# **Lake Bluff Park District Program Registration**

355 W. Washington Avenue Lake Bluff, Illinois 60044 • Phone 847-234-4150 • Fax 847-234-7275

PLEASE PRINT • YOU MUST FILL OUT FORM COMPLETELY OR PROCESSING WILL BE DELAYED

Family Last Name					Home Phone		
Child's Last	Name If Different	from Famil	y Last Name				
Address					City	Zip	
Email Addro	ess						
Mother's Na	me (if residing in h	ousehold) _			Father's Name (if residing in house	nold)	
Mother's Daytime Phone					Father's Daytime Phone		
Mother's Cell Phone					Father's Cell Phone		
• Be sure to complete each line of the table below.					• Make checks payable to Lake Bluff Park District.		
• Use this fo	rm for your whole	e family.			• Call the Office if you have any que	estions about this fo	orm.
Program Number	Registrant's First Name	Gender	Date of Birth M/D/Y	Current Grade	Program Name	Fee	Paid
hat the Lake Bluf elves or a family is bluff Park District xecution of the V laims for injuries WAIVER ANI isks of physical ir r associated with District and its off do hereby fully r ccrue to me on an injuries, including PERMISSION recessary for my is	f Park District does not ca member for a recreation p automatically responsible for Vaiver and Release. Your or you might sustain arising D RELEASE OF ALL Or night yand I agree to assum such program (including tracers, agents, servants, and or elease and discharge the P occount of my participation of death, damages, and lossed	rry medical accid rogram/activity sion payment of medicoperation is great out of the activities. CLAIMS As a page full risk of any it ansportation servemployees. ark District and it and it are agreed to the sustained by many many medical full further agreed the sustained by many many medical full full full full full be responsed to the sustained by many many many many many many many man	ent insurance for injuri- hould review their own lical expenses. Due to the atly appreciated. Please i ies of this program.  articipant (or as a parent/ njuries, including death ices and vehicle operatio ts officers, agents, serva to indemnify and hold li- e or arising out of, conn- e event of emergency, I a onsible for payment of a	es sustained in its progr health insurance policy e difficulty and high cost read this form carefully guardian of a participant t, damages, or loss regar ns, when provided). I ag nts, and employees fron armless and defend the acction with, or in any w authorize Park District on y and all medical services	ifety rules and instructions which have been designed to prams. The cost of such would make program fees prohibition for coverage. It must be noted that the absence of health it of obtaining liability insurance, the agency providing liability and be aware in participating in the program(s) listed about under age 18) in the Lake Bluff Park District programs, I recordless of severity which I may sustain as a result of participating to waive and relinquish all claims I may have as a result of many and all claims from injuries, including death, damaged Park District and its officers, agents, servants, and employ way associated with the activities of the program.  Officials to secure from any licensed hospital, physician, and cees required. I have read and fully understand the aforement	ve. Therefore, each person insurance coverage does not y coverage for the District we, you will be waiving and cognize and acknowledge thating in any and all activit of participating in the progress, or loss which I may have yees from any and all claim d/or medical personnel an	registering them- ot make the Lake REQUIRES the d releasing all hat there are certain ties connected with ram against the Park e or which may ms resulting from
•	•				elow in order to participate in Lake Bluff Park District progra	ıms.	
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				Circle one	Assistance as required by the Americans with Disabilities Act	Mail this form	
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Total Payment				CHECK	to participants. Check box for processing if applicable.	Registra	ation
Signature				CHARGE	processing in applicable.	355 W. Washi Lake Bluff,	-

### **Lake Bluff Park District Owned Property**



### A. Blair Park—Lake Bluff Park District Recreation Center

- Lake Bluff Pool: Olympic size Swimming Pool, Tot Pool and Locker Facilities
- 2. Gymnasium
- 3. Fitness Center and Locker Facilities
- 4. Running/Jogging Track
- 5. Five Early Childhood Education Rooms
- 6. Community Room
- 7. Two Playgrounds
- 8. Car and Bicycle Parking
- 9. Gymnastics Room
- 10. Administration Offices
- 11. Lighted Sledding Hill
- 12. Two Outdoor Tennis Courts
- 13. Skate Park
- 14. Two Dance Studios
- 15. Paddle Tennis Courts and Hut
- 16. Lake Bluff Public Library Birdhouse Library

### B. Lake Bluff Golf Club

- 1. 18 Hole Golf Course
- Pro-shop and Locker Facilities
- 3. Parking Lot
- 4. Food Service
- 5. Golf Club Maintenance Department and Equipment Storage

### C. Sunrise Park and Beach

- 1. Supervised Swimming Beach and Restrooms
- 2. Picnic Tables with Grills
- 3. Boat Launching Off Beach
- 4. Two Lighted Shelters with Fireplaces
- 5. Play Equipment

### D. Artesian Park

- 1. Three Baseball/Softball Diamonds (one lighted)
- 2. Lighted Outdoor Skating and Hockey Rink with Warming Shelter
- 3. Soccer or Football Field
- 4. Fieldhouse with Restrooms
- 5. Playground Area
- 6. Five Outdoor Tennis Courts
- 7. Car and Bicycle Parking Lot
- 8. Bleachers
- 9. Drinking Fountains
- 10. Fitness Equipment Area
- 11. Outdoor Hitting Cage
- 12. Basketball Area

### E. Mawman Park

- 1. Baseball/Softball Diamond
- 2. Playground Area
- 3. Basketball Area
- 4. Soccer or Sports Field
- 5. Bleachers
- 6. Drinking Fountain
- 7. PTO Birdhouse Library

### F. Sheridan Road Greenstrip

### G. Ravine Park

1. Walking Paths and Nature Preserve

### H. Sanctuary Park

- 1. Play Area
- 2. Shelter
- 3. Baseball/Softball Diamond
- 4. Nature Walking Paths
- 5. PTO Birdhouse Library

### I. Knollwood Park

- 1. Baseball/Softball Field
- 2. Two Play Areas
- 3. Basketball Court
- 4. Paved Walkway
- 5. PTO Birdhouse Library

### J. Wetlands

1. Nature Preserve

### K. Belle Foret Prairie

1. Walking Paths

### L. West Park

- 1. Baseball/Softball Fields
- 2. Bleachers
- 3. Playground
- 4. Drinking Fountain
- 5. PTO Birdhouse Library

Map provided by

Lake County GIS Division

LAKE FOREST BANK

& TRUST COMPANY®

AWINTRUST COMMUNITY BANK

PRESENTS

# COLOR COLOR LAKE BLUFF PROPERTY OF THE PROPERT

Saturday, June 20 • 9:00 am

# Register NOW!

- Join the fun at the GO LAKE BLUFF COLOR RUN AND WALK, followed by an after party with music and food vendors.
- Have a blast while enjoying the outdoors with friends, family and neighbors.
- All ages welcome. Strollers and well behaved, leashed, 4-legged friends included!
- Event starts and ends at the Parking area.
- GO COLOR participants will be doused from shoulder to toe with colors at five color stations along the route.
- The color is non toxic corn starch and will wash out of clothing.
- A blow-off station is available near the finish line.



**CODES:** 

**14976** 3k Walk **14977** 5k Run

 FEES:
 BEFORE 6/1
 AFTER 6/1

 15 and Older
 \$25
 \$30

 14 and Younger
 \$15
 \$20



Register NOW at 14 and Younger \$15 \$20 http://www.lakebluffparks.org/go-color/

Donate to the Friends online today! FriendsofLakeBluffParks.org

### **Lake Bluff Park District**

355 W. Washington Avenue Lake Bluff, Illinois 60044 Phone: 847-234-4150

PRSRT STD **ECRWSS** U.S. POSTAGE **PAID** LAKE FOREST, IL PERMIT NO. 34

www.lakebluffparks.org



**ECRWSS** Postal Resident

# LAKE FOREST BANK & TRUST COMPANY® AWINTRUST COMMUNITY BANK PRESENTS SUMMER CONCERTS

CONCERTS ON THE LAKE BLUFF VILLAGE GREEN SUNDAYS 6-7:30 PM



July 4: 6-8:00 pm **MASON RIVERS** Country Rock AT THE BEACH!

Sponsored by Lake Bluff 4th of July Committee

July 12: 6-7:30 pm

SUSHI ROLL **Cover Band** 

**July 19:** 6-7:30 pm **ROSIE & THE RIVETS** 

50's/60's

July 26: 6-7:30 pm

**ETHAN BELL BAND** 

Country

August 2:

JOHNNY RUSSLER AND THE BEACH BUM BAND

6-7:30 pm Caribbean

August 9: 6-7:30 pm

THE FLAT CATS Jazz/Swing & Sinatra

6-7:30 pm

August 16: THE JOLLY RINGWALDS

80's Pop

August 23: 6-7:30pm

**GOOD CLEAN FUN** 

**Cover Band** 

Note: Tents, canopies and other visual obstructions are prohibited. No individual grills or fires permitted. Parents are responsible for their children. Please don't play on or near the hill or overpass.