

LAKE BLUFF PARK DISTRICT SPRING-SUMMER 2019

PROGRAMS & ACTIVITIES

Your Lake Bluff Golf Club

- Exciting clubhouse improvements!
- GolfVisions leads the way!
- Fees, passes & programs inside

REGISTER ONLINE AT LakeBluffParks.org

IT'S ALL INSIDE: YOUR SPRING & SUMMER FULL OF FUN!













500 SUMMER CONCERTS

Concerts on the Lake Bluff Village Green Sundays 6–7:30 pm

July 4: 6-8:00 pm

July 7: 6-7:30 pm

July 14: 6-7:30 pm

July 21: 6-7:30 pm

July 28: 6-7:30 pm

> Aug. 4: 6-7:30 pm

Aug. 11: 6-7:30 pm

Aug. 18: 6-7:30 pm FINAL SAY Cover Band AT THE BEACH! Sponsored by Lake Bluff 4th of July Committee

SPOKEN FOUR Cover Band

MASON RIVERS Country

FEEL GOOD PARTY BAND Rock/Pop

CADILLAC GROOVE R & B/Classic Rock

JOHNNY RUSSLER AND THE BEACH BUM BAND Caribbean

ROCKIN' FENDERSKIRTS 1950's & 1960's

SUSHI ROLL Cover Band

Note: Tents, canopies and other visual obstructions are prohibited. No individual grills or fires permitted. Parents are responsible for their children. Please don't play on or near the hill or overpass.

LEAD SPONSOR: LAKE FOREST BANK & trust company* AWINTRUST COMMUNITY BANK



355 W. Washington Avenue • Lake Bluff, Illinois 60044 Phone 847-234-4150 • www.lakebluffparks.org

Your Park District Board

Rob Douglass, President Brock Gordon, Vice President France Pitera, Treasurer Susan Ehrhard Kauri McKendry Chris Mosbarger Bob Wallace Ancel Glink, P.C., Attorney



Park Board Meetings

The Park Board meetings are scheduled at 6:30 pm the third Monday of each month at Lake Bluff Park District Recreation Center at Blair Park, 355 West Washington in Lake Bluff. The public is invited to attend meetings. Committees are scheduled during the year so please visit www.lakebluffparks.org for agendas.

Mail-In, Fax or Drop Off Registration Now!

Online Resident Registration begins February 23 at 8:00 am Office/Fax Resident Registration begins February 25 at 8:00 am Non–Resident Registration begins March 4 at 8:00 am



Table of Contents

nside

Afternoon Kindergarten77
After-School Recreation
Baseball65
Beach
Camps13
Camp Registration90
Dance–Lake Bluff School of Dance46
Dog Beach Pass, Rules & Waiver94
Egg Hunt5
Employment8
Enrichment & STEAM81
FAQ & Financial Aid3
First Aid/CPR/Safety59
Fitness Center
FoundationInside Back Cover
Fourth of July Parade4
Golf
Gymnastics
Illinois Relay for Phone Calls10
Indoor Gym & Playground67
Kidzone
Lacrosse
Lifeguarding Class
Open Gym
Park District Board1
Park District Staff
Map of Parks & Facilities
Pickleball
Platform Tennis
Pool
Proschool
Registration Section
Registration Unline12
Rentals6
Rentals
Rentals6Sailing Classes25Soccer63Softball-Youth64Softball-Adult58Special Recreation11Springboard Diving30Sports-Youth62Swim Lessons28
Rentals
Rentals
Rentals

Thanks to the many volunteers who contribute their time, energy and enthusiasm to the Lake Bluff Park District. Just a few of the groups who help make the Park District a special place include the Friends Board, Park Board Committee members, youth sports coaches, Lake Bluff Open Lands, beach cleanup volunteers, Eagle Scouts, Yacht Club and counselors in training. We are here to serve your recreation and leisure needs. Feel free to call us with any of your concerns at any time. All phone numbers listed here have voicemail so you may leave messages 24 hours a day.

Here is who to contact with specific questions and concerns. If inquiring about facility rentals, contact the Guest Services Desk at 847-234-4150.

Our Mission Statement: As responsible stewards of community resources, the District will enhance the community through recreational experiences in a fun, safe, and healthy environment.

Our Vision: Strengthening the spirit of community.

Our Values: The values that define the internal culture of the Park District mirror the values and expectations of our community:

- Continuous Improvement We are proactively moving forward to better the District.
- Community Our activities bring people together to create a family environment.
- Stewardship We will leave our community better than we found it.
- Service Orientation We foster a "guest first" attitude through superior experiences and ongoing communication.
- Excellence As leaders in the community, we strive to be the best we can be and aspire to pride, perfection and quality in all that we do.

PARK DISTRICT OFFICE HOURS

Monday–Friday 8:00 am–4:30 pm Saturday 9:00 am–3:00 pm

FITNESS CENTER HOURS

Summer Hours (Memorial Day – Labor Day)				
Monday–Thursday	5:00 am–9:00 pm			
Friday	5:00 am–8:00 pm			
Saturday	7:00 am–5:00 pm			
Sunday	7:00 am-4:00 pm			



IMPORTANT PHONE NUMBERS

Registration Desk	847-234-4150 x 0
Fax	847-234-7275
Fitness Center	847-482-9326
Golf Pro Shop	847-234-6771
Lake Bluff Preschool	847-457-7352
Kidzone	847-457-7353
ARC	847-457-7347
Parks Department	847-295-6449
Pool	847-457-7365
NSSRA	847-509-9400

Ron Salski

Executive Director Chief Administrator of the District. rsalski@lakebluffparkdistrict.org 847-457-7346

Jim Lakeman

Superintendent of Recreation, Facility & Safety Services Department Head for recreation programs and services, safety and outreach services, Lake Bluff Pool, beach, camps, ARC and Lake Bluff Preschool. jlakeman@lakebluffparkdistrict.org 847-457-7343

Noah Mach

Superintendent of Park & Maintenance Services njmach@lakebluffparkdistrict.org 847-295-6449

Amy Cash

Business Services Specialist Responsible for Guest Services and registration operations. Also responsible for Accounts Receivable and Accounts Payable. acash@lakebluffparkdistrict.org 847-457-7339

Dana Hansen

Preschool and Early Childhood Director dhansen@lakebluffparkdistrict.org 847-457-7352

Rosie Aliperta

Recreation Services Manager raliperta@lakebluffparkdistrict.org 847-457-7337

Micah Kamin

Facility & Pool Maintenance Services Manager mkamin@lakebluffparkdistrict.org 847-457-7348

Jeff Spillman

Communications and Promotions Manager jspillman@lakebluffparkdistrict.org 847-457-7344

Eric Moran

Racquet Sports and Facility Services Manager emoran@lakebluffparkdistrict.org 847-457-7362

Lake Bluff Park District Boundaries

Please note: A Lake Bluff postal address does not determine Park District residency. Residency is determined by residing within Park District boundaries. Non-residents, Commercial Groups, Business and Corporate Residents, Active Adult Non-Residents and City of Lake Forest, as defined by the policy do not receive resident rates for daily admission fees and memberships for the Pool, Open Gym and Sunrise Park and Beach. Open Gym is available for City of Lake Forest middle and high school students. The non-resident fees are intended to apportion an equalizing fee to our non-resident participants, so they contribute to the overall financing of the park system on an equitable basis with residents. Park District maps are available at the Park District office at Blair Park.

Park District Program Guide Delivery:

Does It Mean You're a Resident?

Lake Bluff Park District program guides are delivered by the Lake Bluff Post Office to homeowners/businesses in Lake Bluff, Knollwood, and North Chicago. Even though you receive a program guide through the mail, you may not be a Park District resident. Only those who pay taxes to the Lake Bluff Park District are considered residents. Please call the Park District Office at 847-234-4150 if you have any questions concerning resident requirements.

Lake Forest Residents

Lake Forest Residents are eligible to receive resident rates for all recreation programs, daily fees and memberships. Included are Preschool, Fitness, Paddle and Golf memberships, Recreation Programs and Services. Lake Bluff Pool and Beach memberships and fees are not included.

Details, Details

High School Students — Take Note:

All adult programs are open to high school students unless otherwise noted.

Min/Max:

For each program at the Park District, there's a minimum number of registrants needed before a class can "go." Most teachers are paid per class period, not per student. So if enough people don't register, the Park District loses money your money. In order to determine adequate registration, your registration must be at least seven days prior to the first date the class is held.

But why a maximum? The more students, the less individualized attention. We like to keep the student /teacher ratio low to ensure you get what you expect—a high quality program. The minimum number of registrants is the first number shown. The maximum is the second one shown.

Resident/Non-Resident Fees:

When two fees for a program are shown with a slash separating them (for example \$50/\$60), the first fee is the Park District Resident fee, and the second fee is the Non-Resident fee.

Photo Policy:

Photos are periodically taken of participants in a class, during a special event or at the District's parks. Please be aware that these photos are for Park District use only and may be used in the District's web site, program guides, pamphlets, social media or flyers.

Are You Covered?

The Lake Bluff Park District does not carry medical or accident insurance for program participants—the cost would make program fees prohibitive. Please review your own personal health insurance plan to be certain that you and your family have proper coverage.

Mail-In, Fax or Drop Off Registration Now!

Online Resident Registration starts February 23 at 8:00 am Office/Fax Resident Registration starts February 25 at 8:00 am Non–Resident Registration starts March 4 at 8:00 am

ADA Compliance

The Lake Bluff Park District will comply with the Americans With Disabilities Act (ADA), which prohibits discrimination on the basis of disability. If anyone in your family would like to participate in a Park District program but requires special facilities or equipment because of a disability, please phone 847-234-4150. The Park District will make reasonable accommodations in recreation programs and facilities to enable participation by an individual with a disability. The ADA requires that recreational programs offered by the Park District be available in the most integrated setting appropriate for each individual. If you have any questions about the Park District's policy regarding ADA, or believe you have been discriminated against by the Park District, contact 847-234-4150. A procedure is available for the resolution of complaints.

Financial Aid Program

The Lake Bluff Park District provides assistance for residents residing within the boundaries of the Park District. The amount of financial aid awarded is discounted at 25% or 50%, depending on family size, family income and special circumstances. Those families who qualify may receive a discount in programs that are not contractual in nature. Programs eligible to scholarship recipients include: general early childhood, early childhood enrichment, preschool, special events, adult and youth in-house athletics, camps, regular School of Dance classes (does not include competition dance classes), ARC, Before and After School Care, swim and diving lessons, swim team, Aqua Aerobics, and paddle lessons. Facility memberships are not included in the financial aid program. The maximum annual family discount is \$1,000. Any resident interested in this program may stop by the recreation center guest services desk and pick up an application to fill out. The application is also available on-line at www.lakebluffparks.org. If you have any questions, please call the guest services desk at 847-234-4150.

Do you get Park District e-news? Subscribe at lakebluffparks.org to be entered to win prizes that include one FREE Park District Membership. Find details on the enews signup page at www.lakebluffparks.org.



Saturday, April 13 • 9:00 am Ages 8 and under At the Lake Bluff Recreation Center/Blair Park

Collect eggs and see the Bunny! Free Family Fun!! Find the golden eggs and win prizes! Bring a Basket!!

Flashlight Egg Hunt for 9–12 year olds Friday, April 12 • 7:30 pm • Lake Bluff Recreation Center/Blair Park FREE! Bring a basket and a flashlight!



Lake Bluff Park District • register online at www.lakebluffparks.org

Rent for Fun, Rent for Business!

Birthday Parties, Weddings and Showers, Business Meetings, Social Gatherings and Fundraisers, Tournaments, Team Practices, and more...

The Park District has spaces to rent for almost any type of event. A variety of good dates are available!

The Community Room

- Adjust the space for your needs
- Enough space and tables/chairs for a meeting of approximately 50 people and open enough for a party of 60
- Resident/Community Group Fee: \$48/hour Non-Resident Fee: \$70/hour Affiliates Fee: \$24/hour



Minimum of 2 hours for all rentals and \$50 clean-up fee if food or drink served. Bookings are made in whole hours only. Alcohol can be allowed if proper insurance is provided.

Contact Lake Bluff Park District Guest Services at 847-234-4150 x 0



The Paddle Hut

- Fireplace and comfortable furniture, plus court rental if you'd like
- Accommodates groups of up to 35
- Courts available for exclusive rental Friday and Saturday evenings, with free use of paddles and balls
- Contact Eric Moran at 847-457-7362 or EMoran@LakeBluffParkDistrict.org

The Gymnasium

- Full collegiate-size basketball court, also great for volleyball, badminton, pickleball, relay races, floor hockey, futsal (soccer), and more
- When the divider curtain is down, half the gym is a full-size high school basketball court with bleacher seating for spectators
- Full Gym Resident/Community Group Fee: \$90/hr
 Full Gym Non-Resident Fee: \$125/hr
 Full Gym Affiliates Fee: \$50/hr
 Half-Gym Resident/Community Group Fee: \$55/hr
 Half-Gym Non-Resident Fee: \$80/hr
 Half-Gym Affiliates Fee: \$30/hr
 Minimum of 2 hours for all rentals; bookings are made in whole hours only



Contact Lake Bluff Park District Guest Services at 847-234-4150 x 0 Page 6



Shelter Reservations

Reservations of the Blair Park, Sanctuary and Artesian Park shelters are free.

PARK/SHELTER:	DAYS:	HOURS:	\$40/\$20
Blair Park	Monday–Thursday	8 am–10 pm	
Sanctuary Park	Friday–Saturday	8 am–11 pm	
Artesian Park	Sunday	8 am–10 pm	
North Shelter South Shelter	Monday–Thursday Friday–Saturday Sunday	8 am–10 pm 8 am–11 pm 8 am–10 pm	\$160/\$80

Reservation Dates

Reservations for 2019 for beach shelters will be taken starting Saturday, March 2, 2019.

- Saturday office hours are 9:00 am-3:00 pm. Monday through Friday office hours are 8:00 am-4:30 pm.
- Only one reservation per resident household will be accepted during this time period, and no phone reservations.
- First come, first served.
- Shelter use is limited to six hours.
- Shelter capacity not to exceed 75 users.

Phone Reservations

Starting March 18, the office will take beach shelter reservations over the phone.

- Call the office at 847-234-4150.
- Two reservations per resident are accepted per call.
- All paperwork and payment must be completed two weeks prior to the reservation or the reservation will be cancelled.
- Shelter use is limited to six hours.
- Shelter capacity is not to exceed 75 users.

PLAN AHEAD!

About Making Reservations

Beach shelter reservations must be made by residents at least 21 years of age who agree to remain on-site and assume responsibility during the use period. **Payment and required paperwork must be completed at least two weeks before the date of their reservation.**

- The Certificate of Insurance must be for a minimum of \$1,000,000 Host Liquor Liability with the Lake Bluff Park District added as an additional insured through eventhelper.com or homeowner's insurance.
- If reserving either North or South shelter at the beach, you will need to pay the shelter fee.
- Staff will sign your approved permit and give you a copy.
- Be prepared to present your approved shelter permit to Police or Park Personnel upon request.
- If parking east of Moffet Road after 9:00 pm, pick up your parking permits at the office.
- First 25 parking passes are free. Each additional is \$15.







Lake Bluff Counselors-in-Training

Are you a motivated and reliable young adult that likes working with kids? If so, we are looking for you! This upcoming summer the Park District will be bringing on Counselors-in-Training to become a part of our summer camp staff. They'll become certified in CPR and First Aid, learn how to problem solve, assist in camp events, engage younger children in fun and safe activities, and develop valuable leadership skills. CITs must work well with others, be a good role model, and enjoy being outdoors.

After registration all potential CITs will be contacted to schedule an interview. You **MUST** be registered to obtain an interview.

For more information contact Recreation Services Manager Rosie Aliperta at 847-457-7337 or raliperta@lakebluffparkdistrict.org

CODE:	SESSION:	DATES:	NO CLASS:	FEE:
14147	I (2 weeks)	June 17–June 28		\$50
14148	II (2 weeks)	July 1–July 12	July 4	\$45
14149	III (2 weeks)	July 15–July 26		\$50
14150	IV (2 weeks)	July 29–August 9		\$50
14151	V (1 week)*	August 12-August 1	6 (\$25)	\$25
Days:	Monday-Friday			
Times:	8:00-3:15 pm (ma	ay vary depending on	camp schedule)	
Ages:	14-15 years			
Min/Max:	1/12			







Apply online NOW at www.lakebluffparks.org for Summer Employment at the Park District!

Employment Opportunities:

Swim Pool Lifeguards 🔌 Swim Pool Cashiers

Beach Lifeguards 🔌 Swim Pool Concessions

Camp Counselors X Little Sprouts Counselors

Beach Attendants X Camp Managers

Swim Pool Assistants 🌾 Sailing Instructors

Fill out an application online at www.lakebluffparks.org

Gain the experience and leadership qualities needed later in life while working in an enjoyable job atmosphere here at the Lake Bluff Park District!

Mandatory training: Wednesday June 5 and Thursday June 6 3 pm–5 pm





Individuals who are deaf or hard of hearing can call NSSRA through the Illinois Relay system by dialing 711 or 1-800-526-0844.

Making Calls through Illinois Relay

If you use a standard telephone and want to call someone who uses a TTY, the Communications Assistant (CA) types your words to the person who uses a TTY and voices the TTY users typed words to you:

- 1. Dial 7–1–1
- 2. When a Communications Assistant (CA) answers, give the telephone number of the person you want to call.
- 3. When the person answers, proceed as you would with a regular call. Speak directly to the person you are calling, not to the CA. Example: "Hi Mary, How are you doing?"
- 4. Say "Go Ahead" or "GA" when you are ready for the other person to respond.
- 5. When you are finished with your conversation, end the call by saying "Go Ahead or SK" (stop keying) giving the TTY user an opportunity to continue or end the call.

If you use a TTY and want to call someone who uses a standard telephone, the Communications Assistant (CA) will voice your typed words to the person using a standard telephone and type the standard phone users words to you:

- 1. Dial 7-1-1 or 800-526-0844
- 2. When the Communications Assistant (CA) answers, type the telephone number of the person you want to call. Example: 555–1212 PLS.
- 3. When the person answers, proceed as you would with a regular TTY call. Direct your conversation to the person you are calling, not to the CA.
- 4. Type "GA" when you are ready for the other person to respond.
- 5. When you are finished with your conversation, end the call by typing "GA or SK" (stop keying) giving the person you are calling an opportunity to continue or end the call.

Receiving Calls through Illinois Relay

Standard Telephone Users: When you answer your telephone, you will hear a Communications Assistant (CA) say, "Hello. A person is calling you through Illinois Relay. I am CA####, have you received a relay call before?"

- 1. If you answer "No", the operator will explain how Illinois Relay works.
- 2. If you answer "Yes", the call will continue with the CA voicing everything the TTY user types, and typing everything the standard telephone user says.

TTY Users: When you answer the telephone using a TTY you will see "IRC CA#### (F/M) with a call" and the CA continues typing the standard telephone user's greeting to you.

1. The call will continue as explained in the Making Relay Calls section above.

FAQ

Q. What other features does Illinois Relay offer?

A. Illinois Relay offers additional relay numbers for people who want to use their voice or hearing with their TTY, for Spanish speaking people who use a TTY, and for people who are deaf-blind and use a telebraille. Standard telephone and TTY users also can use Illinois Relay's traditional 10 digit numbers or the three-digit number 711.

Illinois Relay Numbers:

TTY Users: 800–526-0844 TTY Users: Program this number into your TTY for the quickest answer and one touch dialing

Voice Users: 800-526-0857 TTY Users (Spanish): 800-501-0864 VCO (Voice Carryover): 877-826-1130 Speech to Speech: 877-526-6690 ASCII: 877-526-6680 Telebraille: 877-526-6670

For information about any of Relay's features, call Sprint Relay Customer Service at 800-676-3777 v/tty or call or write the ITAC office at 800-841-6167 v/tty.

Q. Are relay conversations confidential?

A. Yes. Federal law mandates that all relay conversations are kept confidential and that no records be kept.

Q. What is the cost to use Illinois Relay?

A. There is no extra charge to use Illinois Relay. Long distance relay calls are billed at the regular rate that is charged between the point from which you are making the call and the point where the call terminates. Long distance calls can be billed to your preferred long distance provider. Give the Relay Operator your long distance information when placing the call. If you do not provide a specific company, the call will be billed through Sprint.

Q. How do I access relay service in another state when I am traveling?

A. All states must have "711" relay access. If that doesn't work, directory assistance should have each state's number.





NSSRA provides and facilitates year-round recreation programs and services for children, teens and adults with disabilities who live in 13 northern suburban communities including Lake Bluff. With nearly 500 recreation, sport, cultural and social offerings available throughout the year, we specialize in introducing participants to new experiences, providing opportunities for skill development and leisure time, and most importantly, creating space for friendships to thrive.

Services We Offer

NSSRA serves approximately 1,600 individuals with disabilities through our traditional and cooperative programs. Participants range in age from preschoolers, youth and teens through young adults, adults and seniors. Programs are offered at park district facilities, schools and other locations throughout the northern suburbs.

NSSRA's Inclusion support option provides individuals with disabilities the opportunity to enjoy full participation in partner agency programs while receiving the individualized one-on-one support they need to succeed. Through its programs and services, NSSRA removes the barriers that might prevent an individual with disabilities from full participation in the fun and richness of experience that life has to offer. For information on Inclusion services or to make arrangements for accommodation, contact Lake Bluff's NSSRA Inclusion Liaison, Jim Lakeman, at (847) 457-7343 or jlakeman@lakebluffparkdistrict.org.

Communities We Serve

Deerfield Park District Glencoe Park District Glenview Park District Park District of Highland Park City of Highwood Kenilworth Park District Lake Bluff Park District City of Lake Forest Northbrook Park District Northfield Park District Village of Riverwoods Wilmette Park District Winnetka Park District

Northern Suburban Special Recreation Association 3105 MacArthur Blvd, Northbrook, IL 60062 • (847) 509-9400 • info@nssra.org • www.nssra.org



CLICK TO PLAY at lakebluffparks.org

Have you tried the Lake Bluff Park District's new online registration system? Introduced in Fall 2016, it allows you to register and pay for programs and view available facilities all from your computer, tablet or smart phone!

You'll need to create an account to use it, *but don't worry*! With a couple clicks and a few taps of the keyboard, you'll be set up and ready to enjoy the convenience of online registration.

If you already have a CLICK TO PLAY account, follow these steps to login:

- Click "Sign In"
- 2 Click "Forgot your password"
- **3** Enter your CLICK TO PLAY account email and submit

A new temporary password will be sent to you and you will have full access to the new site. You can update your family members or account details and start registering for programs. Don't worry, if you don't have a CLICK TO PLAY account, you create one on the site. No need to call or come in. Just click "Create an Account and enter your family information. It's just that easy!

The new system has many great benefits and is extremely easy to use! Search for your favorite program by keyword, age, day, time, location and more! You may even discover a new program along the way. And if you find a program that isn't open for registration just yet, you can save it to your Wish List and easily add it to your cart when it opens!

More information is available at www.lakebluffparks.org. Or contact Guest Services at 847-234-4150 with any questions. Register and pay for programs and view available facilities, all from your computer, tablet or smart phone!







CLICK "FORGOT YOUR PASSWORD"



ENTER YOUR EMAIL

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Kindergarten Explorers

Kindergarten Explorers is designed for children 5–6 years of age, with an emphasis on the children being active – both outdoor and indoor. There will be weekly themes and our campers will enjoy crafts and group games as well as swimming and sports activities. Our program provides your child an atmosphere where he/she can play, laugh, learn and grow. This year the fee includes a Wednesday pizza lunch and an every–other–Friday cook out in your child's summer package. Swim lessons are included in your camp fee. Sign up for as many camp sessions as you would like.

EARLY BIRD FEE:

\$1349/\$1449 (by May 25) \$369/\$394 (by May 25)

\$342/\$367 (by June 15)

\$369/\$394 (by June 29)

\$369/\$394 (by July 13)

FEE:

\$400/\$425

\$375/\$400

\$400/\$425

\$400/\$425

5 DAY OPTION (MONDAY-FRIDAY)

CODE:	SESSION:	DATES:
14072	*I-IV	June 17-August 9
14067	Ι	June 17–June 28
14068	II	July 1–July 12**
14069	III	July 15–July 26
14070	IV	July 29–August 9
14071	V(1 week)	August 12–16

14071 V(1 week) August 12–16 \$190/\$215 (by July 27) \$200/\$225
*This summer there is a \$100 discount for registering for sessions I–IV at the early bird fee! Locate the code listed 14072 and register by May 25 to take advantage of these savings. You don't want to miss this deal!
**NO CLASS JULY 4th

3 DAY OPTION (MONDAY, WEDNESDAY, FRIDAY)

CODE:	SESSION:	DATES:	EARLY BIRD FEE:	FEE:
14078	*I-IV	June 17-August 9	\$950/\$1050 (by May 25)	
14073	Ι	June 17–June 28	\$250/\$275 (by May 25)	\$280/\$305
14074	II	July 1–July 12	\$250/\$275 (by June 15)	\$280/\$305
14075	III	July 15–July 26	\$250/\$275 (by June 29)	\$280/\$305
14076	IV	July 29–August 9	\$250/\$275 (by July 13)	\$280/\$305
14077	V (1 week) August 12–16	\$150/\$175 (by July 27)	\$165/\$180
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* This summer this is a \$50 discount for registering for sessions I–IV at the early bird fee! Locate the code listed **14078** and register by May 25 to take advantage of these savings. You don't want to miss this deal!

Age:5–6 yearsTimes:8:15 am–3:00 pmNo Class:July 4Location:Blair Park







Mini Little Sprouts Camp for Ages 2–3.5

Mini Little Sprouts gives children an opportunity to enjoy indoor and outdoor activities! Taking place in our Early Childhood wing, toddlers are constantly on the move, and in this camp they won't be able to stop. Mini Little Sprouts provides the important social, cognitive and motor skills that will prepare them for their adventure into preschool. Activities include social play, art, story time, songs, tot pool play and water play. A snack will be served. You can sign up for 2 days, 3 days or choose both for a full 5 days of camp. Please make sure your child arrives in a clean diaper. You will need to provide diapers, wipes and a change of clothes that will be left in the classroom. There are no swim lessons for children enrolled in this program.

3 DAY OPTION (MONDAY, WEDNESDAY, FRIDAY)						
CODE:	DATES:	EARLY BIRD FEE:	FEE:			
13920	FIRST 4 Sessions (\$25 off)	\$423/523 (by May 25)				
13915	June 17–28	\$112/\$137 (by May 25)	\$142/\$167			
13916	July 1–12	\$112/\$137 (by June 15)	\$142/\$167			
13917	July 15–26	\$112/\$137 (by June 29)	\$142/\$167			
13918	July 29–Aug 9	\$112/\$137 (by July 13)	\$142/\$167			
13919	August 12–16	\$56/\$81 (by July 27)	\$86/\$111			
2 DAY OPTION (1	(UESDAY, THURSDAY)					
CODE:	DATES:	EARLY BIRD FEE:	FEE:			
13926	FIRST 4 Sessions (\$15 off)	\$281/\$381 (by May 25)				
13921	June 18–27	\$79/\$104 (by May 25)	\$109/\$134			
13922	July 2–11 (No Camp 7/4)	\$59/\$84 (by June 15)	\$89/\$114			
13923	July 16–25	\$79/\$104 (by June 29)	\$109/\$134			
13924	July 30–Aug 8	\$79/\$104 (by July 13)	\$109/\$134			
13925	Aug 13–15	\$40/\$65 (by July 27)	\$70/\$95			
Ages:	2–3.5 years					
Time:	9:00–11:30 am					
Min/Max:	10/15					
Day/Location:	Monday–Friday/Lake Bluff Pre	eschool/Blair Park				

Mighty Sprouts Camp for Ages 3–6

Mighty Sprouts is designed for children who will be 3 years old by June 1st and are fully toilet trained, through 6 years old. Campers will participate in daily circle time, games, crafts, nature, tot pool and sprinklers all built around our weekly themes. You can sign up for 2 days, 3 days or choose both for a full 5 days of camp. Swim lessons are included in your fee. A lunch, snack, water bottle and sun screen must be brought daily. All staff members are CPR, AED and First Aid Certified. Swim lessons are held from 9:20-9:50am on Monday-Thursday. Children must arrive in the morning with their swimsuits. There will be no swim lesson make-ups or refunds if cancelled. Campers have lunch at camp, so please bring a lunch on Mondays/Tuesdays/Thursdays. Hot lunch will be provided on Wednesdays and Fridays and is included in the fee. (Please provide your own water.)

3 DAY OPTION (MONDAY, WEDNESDAY, FRIDAY)		
CODE:	DATES:	EARLY BIRD FEE:	FEE:
13932	FIRST 4 Sessions (\$50 off)	\$1238/\$1358 (by May 25)	
13927	June 17–28	\$322/\$352 (by May 25)	\$352/\$372
13928	July 1–2	\$322/\$352 (by June 15)	\$352/\$372
13929	July 15–6	\$322/\$352 (by June 29)	\$352/\$372
13930	July 29–Aug 9	\$322/\$352 (by July 13)	\$352/\$372
13931	August 12–16	\$162/\$192 (by July 27)	\$192/\$212
2 DAY OPTION (1	(UESDAY, THURSDAY)		
CODE:	DATES:	EARLY BIRD FEE:	FEE:
13938	FIRST 4 Sessions (\$25 off)	\$778/\$858 (by May 25)	
13933	June 18–27	\$214/\$234 (by May 25)	\$244/\$264
13934	July 2–11 (No Camp 7/4)	\$161/\$181 (by June 15)	\$191/\$211
13935	July 16–25	\$214/\$234 (by June 29)	\$244/\$264
13936	July 30–Aug 8	\$214/\$234 (by July 13)	\$244/\$264
13937	Aug 13–15	\$107/\$127 (by July 27)	\$137/\$157
Ages:	3–6 years		
Time:	9:00 am-1:00 pm		
Min/Max:	10/15		
Day/Location:	Monday–Friday/Lake Bluff Pre	eschool/Blair Park	



Swim Lessons for Lake Bluff Day Camp & Three Day Camp

Learning to swim is an important life skill for all people, which is why swim lessons are included in the camp program Monday–Thursday for 1st through 5th grade for the Lake Bluff Day Camp. Swim lessons are included for the Three Day Camp on Monday and Wednesday only. 1st and 2nd grade campers will begin lessons promptly at 8:20 am. Children should be dressed in their swimsuits and ready to go into the pool at 8:15 am. Grades 3–5 will begin swim lessons at 9:05 am. Children change into their suits prior to the lesson start time. Backpacks and towels will remain at the swim line area with counselors; please label all items. Swimmers will be tested on the first day of lessons and swim instructors will assign the swimmer into the proper level. There are no make-ups.

Note: Those campers who do not wish to swim will sit and wait with the counselor until lessons are over.

Lake Bluff Day Camp

Come for a new camp experience and all it has to offer. Campers participate in large group activities and break out into respective age groups for arts-n-crafts, nature studies, sports and swimming. There will be theme weeks and campers swim two days a week plus have an off-site field trip each session. Included in the fee this year will be the Wednesday Pizza Days and Friday Cook Outs. Swim lessons are included in your camp fee for 1st through 5th grade. Sign up for one session or sign up for all four sessions. Don't miss out on a summer filled with adventure and fun in the sun! **Online registration closes three days prior to each session's start date for that upcoming session. Walk-in registration will be dependent on the maximum # of participants per camp (counselor to camper ratio).**

SESSION Dates:	Session I-IV* June 17–August9	l June 17–28	ll July 1–12	lll July 15–26	IV July 29–August 9	V (1 week session) August 12–16
Grade 1	14104	14099	14100	14101	14102	14103
Grade 2–3	14110	14105	14106	14107	14108	14109
Grade 4–5	14116	14111	14112	14113	14114	14115
Grade 6–7	14122	14117	14118	14119	14120	14121
Note:	Register for the Gra	de your child wi	ll be entering	in the fall.		
Days:	Monday–Friday					
Time:	8:15 am-3:00 pm					
Location:	Blair Park					
Min/Max:	5/50					
Session:	*	Bird Fee:	Fee:			

565510111		1
Session I-IV	\$1349/\$1449 (by May 25)	
1	\$369/\$394 (by May 25)	\$400/\$425
II (No Camp July 4)	\$342/\$367 (by June 15)	\$375/\$400
III	\$369/\$394 (by June 29)	\$400/\$425
IV	\$369/\$394 (by July 13)	\$400/\$425
V	\$190/\$215 (by July 27)	\$200/\$225
* This summer at the set is a C1	100 discount for no sisterius	f

This summer there is a \$100 discount for registering for sessions I-IV at the early bird fee! Locate the code for the appropriate grade in Column I and register by May 25 to take advantage of these savings. You don't want to miss this deal!

Three Day Camp

This camp is simply a shortened week (M/W/F) of our regular camp. Swim lessons, Pizza Wednesdays and Friday cookouts are included in your camp fee. Swim lessons are for 1st through 5th grade on Monday and Wednesday only during camp time. There are no swimming lesson make-ups. Please pack a sack lunch, swimsuit and towel. **Online registration closes three days prior to each session's start date for that upcoming session.**

prior to each session's start date for that upcoming session.						
SESSION Dates:	Session I-IV* June 17–August9	l June 17–28	ll July 1–12	lll July 15–26	IV July 29–August 9	V (1 week session) August 12–16
Grade 1	14128	14123	14124	14125	14126	14127
Grade 2-	-3 14134	14129	14130	14131	14132	14133
Grade 4-	-5 14140	14135	14136	14137	14138	14139
Grade 6-	–7 14146	14141	14142	14143	14144	14145
Note:	Register for the Gra	Register for the Grade your child will be entering in the fall.				
Days:	Monday, Wednesda	Monday, Wednesday, Friday				
Time:	8:15 am-3:00 pm	8:15 am-3:00 pm				
Location	n: Blair Park	Blair Park				
Min/Ma	x: 5/50					
SESSION *Session			FEE:			
	4050 (4055 (1	16 05)	#200/#20F			

*Sessi L \$250/\$275 (by May 25) \$280/\$305 Ш \$250/\$275 (by June 15) \$280/\$305 Ш \$250/\$275 (by June 29) \$280/\$305 IV \$250/\$275 (by July 13) \$280/\$305 V \$150/\$175 (by July 27) \$165/\$180

This summer there is a \$50 discount for registering for sessions I-IV at the early bird fee! Locate the code for the appropriate grade in Column I and register by May 25 to take advantage of these savings. You don't want to miss this deal!

Parent Camp Information

Important Camp Information!

The camp **parent orientation** and counselor meet and greet will be held on **Wednesday June 12, 2019 at 6:00 pm** at the Recreation Center Gym. Parents will be given a Summer Camp Informational Packet and be able to turn in all forms to their counselor that evening. Parents can also download the Summer Camp Informational Packet at www.lakebluffparkdistrict.org.

Camp Informational Packet includes:

- Camp Handbook
- Summer Camp Informational Form
- Field Trip Permission Form
- Dispense Medication Form
- Swim Test Information
- Camp Calendars

Online registration closes three days prior to each session's start date for that upcoming session.

Camp Withdrawal Information

- All financial obligations with the Park District must be met prior to registering for any summer program.
- Camp Withdrawal Policy. Cancellations and withdrawals must be made in writing and are subject to the following:
 - 15+ days prior to the FIRST day of the session withdrawing from \$25.00 fee
 - 8–14 days prior to the FIRST day of the session withdrawing from \$50.00 fee
 - 0-7 days prior to the FIRST day of the session withdrawing from \$75.00 fee
- If your child is expelled from camp, you will forfeit your entire camp fee for current session of camp.
- Camp fees cannot be prorated to accommodate vacation schedules.

Camp Parent Orientation & Counselor Meet-N-Greet: Wednesday, June 12 6 pm at the Recreation Center Gym



Choose to Explore Dance Camps this summer! Musical Theater Camps

Children will have the opportunity to partake in a spectacular musical portraying a character from that musical/movie. Explore the fun of singing, dancing, tumbling, and acting like the major pros do onstage. By the end of the camp all actors/actresses will take the stage and perform their musical for all parents and friends to enjoy. Performance will take part in the Lake Bluff Park District Gym. Costumes will be given to each child to borrow for the show. Performance is free and welcomes all to come and watch the spectacular shows. Parents please send your child with a snack each day for snack break outside on the play-ground. Dancers will also get to partake in arts and crafts in decorating props and costumes for the show. These arts and crafts will take place outside. Attire should be any dance clothes/shoes. If participating in both camps dancers will be allowed a lunch break around noon to eat.

Fee for each camp is:

1 week Camp \$242/\$262 3 Week Camp \$290/\$310

SESSION I: JUNE 10-JUNE 28

The Greatest Showman (3 Weeks)

CODE:	14013
Age:	5–12 years
Days:	Monday and Wednesdays
Dates:	June 10–June 28
Final Performance:	June 28 at 7:00 pm
Time:	Noon-3:00 pm
Location:	Dance Studio II
Min/Max:	6/25
Instructor:	Brittany Goodrich and Robin Nassar

SESSION I: JUNE 10–JUNE 28

SESSION II: JULY 1–JULY 26

Mary Poppins Returns (3 Weeks)

CODE:	14014
Ages:	3–12 years
Days:	Monday and Wednesdays
Dates:	June 10–June 28
Final Performance:	June 28 at 5:00 pm
Time:	9:00 am-noon
Location:	Dance Studio 1
Min/Max:	6/25
Instructor:	Brittany Goodrich and Robin Nassar

Aladdin Disney Movie (3 Weeks)

SESSION II: JULY 1–JULY 26

Disney Zombies Movie (3 Weeks)

	CODE:	14015	CODE:	14016	
	Age:	5–12 years	Age:	5–12 years	
	Days:	Monday and Wednesdays	Days:	Monday and Wednesdays	
	Dates:	July 8–July 26	Dates:	July 8–July 26	
	Final Performance:	July 26 at 7:00 pm	Final Performance:	July 26 at 5:00pm	
	Time:	Noon-3:00 pm	Time:	9:00 am-noon	
	Location:	Dance Studio I	Location:	Dance Studio I	
	Min/Max:	6/25	Min/Max:	6/25	
	Instructor:	Brittany Goodrich & Kelsey Ziemnisky	Instructor:	Brittany Goodrich & Kelsey Ziemnisky	

SESSION III: AUGUST 5-9

Disney's Dumbo (1 Week)

CODE:	14017
Age:	3–12 years
Days:	Monday–Friday
Dates:	August 5–9
Final Performance:	August 9 at 6:00pm
Time:	9:00 am-noon
Location:	Dance Studio I
Min/Max:	6/25
Instructor:	Brittany Goodrich and Robin Nassar

SESSION IV: AUGUST 12–16

Disney's Toy Story (1 Week)

CODE:	14018
Age:	3–12 years
Days:	Monday–Friday
Dates:	August-August 16
Final Performance:	August 16 at 6:00
Time:	9:00 am-noon
Location:	Dance Studio I
Min/Max:	6/25
Instructor:	Brittany Goodrich and Robin Nassar

More Dance Camps next page

Cheer/Tumble/ Dance Camp

This new exciting camp will allow dancers to explore how to be a wellrounded dancer. Dancers each day will get a taste of Cheerleading, tumbling, and ballet/ jazz. Dancers will partake in an outside arts and craft making Cheer bows, Dance back packs, and dance tshirts. Weather permitting portions of the class will be held outside. Please send dancers with sun screen and a snack for each day for snack break outside on the playground. Attire should be any dance clothes/Ballet shoes/Gym shoes.

CODE: 14019

Age:	5–12 years	
Days:	Tuesdays and Thursdays	
Dates:	June 18–July 18	
	(4 Weeks)	
Performance		

Showcase I

Showcase: July 18 at 6:00 pm No camp: July 2 and 4 Time: Noon-3:00pm Location: Dance Studio I Min/Max: 6/25 Fee: \$386/\$406

Ballet Dance Camps

These new exciting ballet camps will allow dancers to explore how to be a wellrounded ballerina. Dancers each day will learn the classical Dancers will partake in an outside arts and craft making Cheer bows, Dance back packs, and dance t-shirts. Weather permitting portions of the class will be held outside. Please send dancers with sun screen and a snack for each day for snack break outside on the playground.

SESSION I: JUNE 10–JUNE 27 Cinderella

CODE: 14024 Age: 4-12 years Davs: Tuesdays and Thursdays Dates: June 11-June 27 Final Performance: June 25 at 5:00pm (3 Weeks) Time: 9:00 am-noon Location: Dance Studio I Min/Max: 6/25Instructor: Robin Nassar and Brittany Goodrich Fee: \$290/\$310

SESSION II: JULY 9-25 Sleeping Beauty

CODE:	14023
Age:	4-12 years
Days:	Tuesdays and Thursdays
Dates:	July 9–July 24
Final	
Performance:	July 25 at 5:00pm
	(3 Weeks)
Time:	9:00 am-noon
Location:	Dance Studio I
Min/Max:	6/25
Instructor:	Robin Nassar and
	Brittany Goodrich
Fee:	\$290/\$310

(III) Miss Holly's Pre-School Dance Camps

Jazz/Hip Hop

Ballerina Tutus

CODE: 14021 CODE: 14020 Age: 3-5 years Age: 3-6 years Tuesday and Thursday Days: Tuesday and Thursday Days: Dates: June 25–July 25 Dates: June 25–July 25 (4 Weeks) (4 Weeks) July 2 and 4 July 2 and 4 No camp: No camp: Time: 9:30-10:30 am Time: 8:30-9:30 am Location: Dance Studio II Dance Studio II Location: Min/Max: 6/25 Min/Max: 6/25 Instructor: Holly Curtis and Instructor: Holly Curtis and Hope Rosiak Hope Rosiak Fee: \$129/\$149 Fee: \$129/\$149

See Lake Bluff School of Dance programs on page 46

Please Mark Your Calendars...

with the starting dates of the programs for which you have registered. You will be notified if for any reason we are unable to complete your registration. If you do not hear from us, your registration has been processed. All fees must be paid before attending a class. Late registration for classes in progress will be accepted if openings exist with no reduction in fees.



This new exciting camp will allow dancers to feel like a princess while recreating the storyline through their art of dancing.

0	
CODE:	14022
Age:	3–6 years
Days:	Monday-Thursday
Dates:	August 5–August 9
	(1 Week)
Time:	10:30-noon
Location:	Dance Studio II
Attire:	Pink leotard, pink tights,
	and ballets shoes.
Min/Max:	6/25
Instructor:	Holly Curtis
Fee:	\$129/\$149





VolleyKids Volleyball Camp

The Lake Bluff Park District has partnered with Club Momentum Volleyball to offer our community a unique volleyball experience. VolleyKids is designed to introduce athletes to the sport of volleyball in FUN and non-competitive environment. Participants will work on all various skill aspects of volleyball like passing, setting, serving, and hitting. Club Momentum coaches strive to create a learning environment that is designed to foster confidence! Participants will play on a lower net with a lighter volleyball. The activities are designed to move from skill to skill quickly to keep everyone engaged and active. Drills will incorporate cardiovascular exercise, hand-eye coordination, and plyometrics.

CODE:	14264
Days:	Monday–Friday
Dates:	June 10–14
Grades:	5-8 Co-Ed
Time:	3:00-4:30pm
Location:	Recreation Center Gym
Instructor:	Club Momentum
	Volleyball Staff
Min/Max:	8/16
Fee:	\$130



Girls Lacrosse Camp

Our camps are run by an experienced and skilled coaching staff including women with high school, collegiate, and post collegiate playing experience, current college athletes, and current varsity high school athletes. Quality coaching is our #1 priority.

EQUIPMENT

Goggles, sticks and mouth guards are required equipment. Sticks and goggles are available to borrow at no charge. Please email info@iglax.org ahead of time if you need to borrow equipment. Find more information about equipment at iglax.org under the "Get Ready to Play" tab.

Registration is a two-step process:

- 1. Register and pay at your local participating Park District
- 2. Fill out the Camp and Clinic Registration form on IGLA's website (under the Get Ready to Play tab)

CODE: 14056

CODL.	
Grades:	K–9 All Levels
Day:	Monday-Thursday
Time:	10:00 am-noon
Dates:	July 8–11
Location:	Deerpath Park,
	Lake Forest
Min/Max:	7/30
Fee:	\$140/\$168

See Girls' Lacrosse on page 66

Lake Bluff Park District and Lake Forest Parks & Recreation are partners in programming!

Lake Forest residents receive our resident rates for all programs, fees, and memberships in the following areas: Athletics, Platform Tennis, Health & Fitness Center, Lake Bluff Preschool, School of Dance and at the Lake Bluff Golf Club. Lake Bluff Pool programs and memberships are not included in this agreement.

In addition, Lake Forest Parks and Recreation offers the following programs that are not available at Lake Bluff Park District:

- Wildlife Discovery Center
- Stirling Hall Community Art Center
- Junior Scouts Tackle Football

Register for the above programs at www.LFParksandRec.com

Camp Kick-A-Howl

Hey kids! This fun STEAM camp will take you on great adventures! You'll get STEAM'd galore every day! Meet Mrs. Thomsen at Artesian Field House for a full morning of exploring the beach, open lands, digging for groundwater and worms, building structures, one day at the pool per week, exciting field trips and so much more. Every day will be a different focus. Crafts will be mostly created from natural materials collected by the children. Bring your (nut free lunch), water bottle and creative self!

CODE: SESSION: DATES 14152 Ι June 14153 July 1 Π 14154 III July 1 14155 IV July 2 14156 V Augu Ages: 5-10 years No Class: July 4 Time: 9:00 am-3:00 pm Location: Artesian Field House Min/Max: 10/30

S:	EARLY BIRD FEE:
17-28	\$320/\$345(by May 25)
1–12	\$300/\$325(by June 15)
15–26	\$320/\$345(by June 29)
29–August 9	\$320/\$345(by July 13)
ıst 12–16	\$235/\$260(by July 27)



Camp Crazy Days

Perfect for kids in Kaleidoscope!

This is a great camp for kids on the go! It is half day with full fun. Kids enjoy swimming, crafts, games and cookouts. Note: Children coming from summer school at Lake Bluff Elementary School will be walked to Blair Park to join Day Camp.

CODE:	14210
Age:	Entering grades 1–5
Day/Time:	Monday-Thursday
	12:15–3:00 pm
	Fridays
	8:15am-3:00pm
Dates:	June 17–July 12 (tentative)
No Class:	July 4
Location:	Blair Park
Min/Max:	7/30
Fee:	\$344/\$369



Don't wait to register!

To ensure that instructors and other participants can be notified in time, programs without sufficient registration are often cancelled seven days in advance.

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FEE:

\$350/\$375

\$315/\$335

\$350/\$375

\$350/\$375

\$265/\$290

Teen Travelers

5 Day Teen Travelers Camp

This popular camp has been extended to a full 5-day biking adventure! Campers will travel on their bikes every day along the Des Plaines River Trail Path and the North Shore Bike Path. Each day will start out by mapping their adventures and exploring fun locations. All campers must have bikes, helmets, locks, and backpacks. Please bring a snack, sack lunch, water bottle, sunscreen and spending money to purchase items if desired. Some popular places they will travel to include: Lake Forest Beach, Hawthorn Mall, Brunswick and many local lunch spots! Start your day with a good breakfast, oil your chain, and let's get going!

* This summer there is a \$50 discount for registering for sessions I-IV at the early bird special rate! Register by May 25 to take advantage of these savings. You don't want to miss this deal!

**NO CAMP JULY 4

CODE:	SESSION	DATES:	FEE:
14241	VI (1-IV Sessions)*	June 17–August 9	\$1315/\$1410 (By May 25)
14062	Ι	June 17–28	\$350/\$375
14063	II	July 1–12**	\$315/\$335
14064	III	July 15– 26	\$350/\$375
14065	IV	July 29–August 9	\$350/\$375
14066	V (1 week session)	August 12-16	\$265/\$290
Ages:	11-14 years		
Days:	Monday–Friday		
Time:	9:00 am-3:00 pm		
Location:	Artesian Park		
Min/Max:	5/20		



Athletic Camp—Tennis & Golf & Fitness

This extremely popular camp offers the opportunity for participants to train on a wide variety of activities including Tennis, Platform Tennis, Golf, Kickboxing and more! Participants will be able to train with the professional staff of Lake Bluff Park District to work on skill development and game strategies. Campers will participate in tournament play every day. Pack a lunch, and don't forget a swimsuit because after all that hard work, every camper deserves free swim! This camp will go on one offsite field trips every session. Fridays will be spent at our Sunrise Beach, or on an adventurous field trip like canoeing and rock climbing! Pizza Wednesdays and Friday Cookouts are included in the fees this year!

Consider the Team Sports & Fitness Athletic Camp on Tuesdays and Thursdays if you are looking for the full camp experience.

CODE:	SESSION:	DATES:	FEE:
14157	Ι	June 17–28	\$310/\$335
14158	II	July 1–12	\$310/\$335
14159	III	July 15–26	\$310/\$335
14160	IV	July 29–August 9	\$310/\$335
14161	V (1 week)	August 12– 16	\$160/\$185
Ages:	Entering 3-8 Grad	des	
Days:	Monday, Wedneso	lay, Friday	
Time:	9:00 am-3:00 pm		
Location:	Recreation Center	Gym	
Min/Max:	15/75		

Athletic Camp–Team Sports & Fitness

Due to the extreme popularity of the Tennis & Golf & Fitness Athletic Camp, we created another camp for your child to get full athletic camp experience every day of the week! Participants will be able to train with the professional staff of Lake Bluff Park District to work on skill development and game strategies. This camp will run two days a week with a daily schedule including soccer, basketball, football, fitness challenges, and more. Pack a lunch, and don't forget a swimsuit because after all that hard work, every camper deserves free swim!

CODE:	SESSION:	DATES:	NO CLASS:	FEE:
14162	Ι	June 18–27		\$200/\$225
14163	II	July 2–11	July 4	\$180/\$205
14164	III	July 16–25		\$200/\$225
14165	IV	July 30-August 8		\$200/\$225
14166	V (1 week)	August 13–15		\$105/\$130
Ages:	Entering 3–8	Grades		
Days:	Tuesday, Thu	rsday		
Time:	9:00 am-3:00	pm		
Location:	Recreation Co	enter Gym		
Min/Max:	15/75			

The Tennis & Golf & Fitness Athletic Camp is offered on Monday, Wednesday and Friday, and the Team Sports & Fitness Athletic Camp is offered on Tuesday and Thursday. When they are combined, they create a full Sports Camp Experience for your child — so close to home. Your child will be exposed to the most popular sports in the world five days a week! Pizza Wednesdays and Friday Cookouts are included in the fees this year!



Lake Bluff Park District • register online at www.lakebluffparks.org

Sports for Life Camp

School will be over, and summer is almost here...so, we are offering a unique Sports for Life Camp that engages your children in a smaller group environment for an extremely positive and fun experience before getting into the crazy summer schedule. Coach Eric will be managing and coaching this camp. Campers will need to bring a water bottle, lunch, towel, and sunscreen. They may get wet, so a change of clothes is recommended. Here are a few of the activities your children will get to enjoy throughout the week:

Sports

- Tennis and Paddle Develop your strokes, get your serve videotaped, play in-house tournaments
- **Soccer** Academy-style warm-up training, 3v3 games, world cup

Fitness Components

- **Obstacle Course** Fun Ninja Warrior timed obstacle layouts
- Yoga Certified Yoga instructor

Fun Games

- **Bago** Age-old favorite
- **TennisGolf** Combines both sports with a creative course
- Water Balloon Capture the Flag Cool on down

CODE: 13965

Ages:	8-14 years
Days:	Monday–Friday
Time:	9:00 am-3:00 pm
Dates:	June 10–14
Location:	Recreation Center Gym
Min/Max:	8/16
Fee:	\$300



Kelly's Kamp Minis

Jump, tumble, cartwheel and stretch! Kelly's Kamp Minis is a loaded 90-minute minicamp that includes gymnastics and tumbling that is perfect for your little one. We have time for beam, trampoline, bars, and lots of physical challenges. This camp is perfect for siblings, and you can pick the dates that work for you. Don't forget to bring a snack!

CODE: DAY: DATE: TIME	-•
14182 Tuesday May 28 9:00-	–10:30 am
14183 10:30	0 am–noon
14184 Wednesday May 29 9:00-	–10:30 am
14185 10:30	0 am–noon
14186 Thursday May 30 9:00-	–10:30 am
14187 10:30	0 am–noon
14188 Friday May 31 9:00-	–10:30 am
14189 10:30	0 am–noon
14190 Monday June 3 9:00-	–10:30 am
14191 10:30	0 am–noon
14192 Tuesday June 4 9:00-	–10:30 am
14193 10:30	0 am–noon
14194 Wednesday June 5 9:00-	–10:30 am
14195 10:30	0 am–noon
14196 Thursday June 6 9:00-	–10:30 am
14197 10:30	0 am–noon
,,	–10:30 am
14199 Monday June 10 9:00	–10:30 am
	0 am–noon
	–10:30 am
	0 am–noon
14203 Wednesday June 12 9:00	–10:30 am
14204 10:30	0 am–noon
14205 Thursday June 13 9:00	–10:30 am
	0 am–noon
14207 Friday June 14 9:00-	–10:30 am
Ages: 3-6 years	
Location: Gymnastics Room	
Min/Max: 4/8	
Instructor: Kelly Lilja	
Fee: \$25/day	

Kelly's Kamp Mightys

Just like the name, Kelly's Kamp Mightys is for your mighty gymnast! Each class is loaded with 90-minutes of jumping, tumbling, cartwheeling and stretching! Activities include beam, trampoline, bars, and lots of physical challenges. This camp is perfect for children attending summer school at LBES. Kids will be walked over to the Park District for class. Don't forget to bring a Lunch!!

CODE:	DAY:	DATES:	FEE:
14208	Wednesday	June 19–July 10 (4) tentative	\$88/90
14209	Thursday	June 20–July 11(3) tentative	\$66/68
Ages:	Entering 1–5 Grade		
No Class:	July 4		
Time:	12:30-2:00 pm - Will wa	lkover kids from	
	Kaleidoscope Summer So	chool	
Location:	Gymnastics Room		
Min/Max:	4/8		
Instructor:	Kelly Lilja		

Early Bird

This program is for working parents who need to drop off their child to designated camps at Blair Park before the camps begin and is only available to participants in those camps. We will provide staff supervision from 7:00 am until the start of camp. Campers meet in the Paddle Hut and staff will take them to their swim lines or group meeting place at the appropriate time. Unused days are not refundable or transferable. Campers may bring a cold breakfast. Early Bird is available only to children attending the following camps, which start before or at 9:00 am at Blair Park: Lil Sprouts (M/W/F or M-F), Lake Bluff Day Camp, Three Day Camp, Athletic Camp and Kindergarten Explorers (M/W/F or M-F).

FEE: \$72/\$87 \$72/\$87 \$72/\$87 \$72/\$87 \$36/\$51

THREE DAY OPTION (M/W/F)

CODE:	SESSION:	DATES:
14079	Ι	June 17– 28
14080	II	July 1–12
14081	III	July 15–26
14082	IV	July 29–August 9
14083	V (1 week)	August 12–16

FIVE DAY OPTION (M-F)

CODE:	SESSION:	DATES:	NO CLASS:	FEE:
14084	1	June 17–28		\$100/\$115
14085	II	July 1–12	July 4	\$90/\$105
14086	III	July 15–26		\$100/\$115
14087	IV	July 29–9		\$100/\$115
14088	V (1 week)	August 12–16		\$50/\$65
Ages:	3 years-enteri	ing 7th Grade		
Days:	Monday-Frid	ay		
Time:	7:00 am-cam	p start time		
Location:	Paddle Hut			
Min/Max:	5/60			

Stay & Play

This program is for working parents who need additional childcare beyond regular camp hours. Supervision is provided from 3:00 to 6:00 pm. It is available to children attending our camps at Blair Park that end at 3:00 pm. Options include three days (M/W/F) or five days (M-F) only. Unused days are not refundable or transferable. Please pack a snack for your child.

THREE DAY OPTION (M/W/F)

CODE:	SESSION:	DATES:		FEE:
14089	Ι	June 17– 28		\$114/\$129
14090	II	July 1–12		\$114/\$129
14091	III	July 15–26		\$114/\$129
14092	IV	July 29-August 9		\$114/\$129
14093	V (1 week)	August 12–16		\$65/\$80
FIVE DAY OF	PTION (M-F)			
CODE:	SESSION:	DATES:	NO CLASS:	FEE:
14094	Ι	June 17–28		\$170/\$185
14095	II	July 1–12	July 4	\$153/\$168
14096	III	July 15–26		\$170/\$185
14097	IV	July 29-August 9		\$170/\$185
14098	V (1 week)	August 12–16		\$100/\$115
Ages:	Entering grade	es K–7		
Days:	Monday-Frida	ay		
Time:	3:00-6:00 pm			
Location:	Paddle Hut			
Min/Max:	5/60			







Beach Hours

Lifeguards and monitors will be on duty June 1 through August 6 during these hours. Dates and times depend on availability of staff. Hours are limited May 25–27.

Weekdays: 10:00 am-7:00 pm Weekends: 9:00 am-7:00 pm Beach closes at 10 pm

Swimming is prohibited when lifeguards not on duty. There will be a manager and guest services attendant on duty starting at 9:00 am until 10:00 pm collecting fees.

Beach Fees

Resident: Beach passes will be given to ALL residents. Only one beach pass or Driver's License is necessary to admit everyone in the household. Replacement passes will cost \$5.00 each

Non-Resident: Corporations, Business owners and employees are able to obtain daily passes. ***See Fees Below***

NON-RESIDENT DAILY FEES:

Children 2–14 years old	\$10
Adults 15-64 years old	\$15
Adults 65 years old and up	\$12

Important Regulations

- 1. Beaches are closed at 10:00 pm. Anyone wishing to use the beach after closing may do so by obtaining a permit at the Park District office.
- 2. Parking east of Moffett Rd. is prohibited after 9:00 pm. Any planned beach activity beyond the 9:00 pm parking restriction will require a special parking permit that may be obtained at the Park District office.
- 3. The Village of Lake Bluff police department maintains a regular patrol of the beach and enforces all Park District ordinances. In addition, a security patrol is on duty from 7:00 pm until after the beach closes. The patrol monitors the beach to ensure that our beach facility remains safe and pleasant for the entire community.
- 4. Swimming is allowed only in the supervised swimming areas as posted at the beach. No guest swimming off dog beach area. Only dogs may swim at dog beach.
- 5. Beaches will be closed whenever water is considered unsafe by the Health Department or lifeguards. Closures will be indicated with a red flag and posted on the Park District website.
- 6. Inflatable rafts or similar devices are not allowed unless life preservers are worn and used only in the supervised swimming area.
- 7. Children 10 years and under must be accompanied by an individual 16 years or older.
- Lake Bluff Park District resident dog owners must complete the Dog Responsibility contract and have a Lake Bluff Park District Beach Dog Tag secured to the dog's collar.
- 9. No motorized boat is allowed to be operated within 100 feet of the South beach.



Swimming Conditions at Sunrise Beach

The Lake Bluff Park District has improved its communication with Sunrise Beach users by indicating swimming conditions with a flag system. A green, yellow or red flag will be flown at the entrance to Sunrise Beach and will be posted on our web site letting beachgoers know the daily swimming conditions. The color of the flag and conditions are described below:

Green Flag means: Low Bacteria Levels, No Advisory

Yellow Flag means: Elevated Bacteria Levels, and or Riptide Alert, Caution Swimming Advisory

Red Flag means: When you come to the beach and the Red Flag is posted it means the water is **closed for swimming**. You can still have your day at the beach but you must stay **completely** out of the water. **There are several reasons why Sunrise Beach will post a Red Flag:**

- High levels of bacteria will close the beach to swimmers. The Lake County Health Department tests our beach daily. If the E. coli count is higher than 235 E. coli colony forming units/100 milliliters of water, it is determined to be precarious for swimmers. The water will be closed until a clean test result is returned. To reopen the water for swimming, a resample will be taken and the E. coli count must be less than 235 cfu.
- A measurement of **two inches of rain** will also close the water for swimming. Run-off debris from the ravines and streets are deposited into the water possibly causing unsafe conditions. Closing the beach to swimming is a health precaution.
- **Strong Undertow:** When the winds shift and the wave swells become strong, the undertow can become dangerous. In these instances, the beach staff will go into the water to measure the strength of the undertow. Should it be too strong, the beach will post a Red Flag and close the water to swimming.
- **Rip Currents** are a strong channel of water flowing seaward from near the shore, typically through the surf line.

Beach Patrol

Beginning May 11, the Park District will continue the night beach security patrol to ensure that our 10:00 pm curfew is enforced and that appropriate activities are being supervised.

Beach Shelters

Shelters are located at the north and south ends of the beach. The shelters have fireplaces and picnic tables. Shelters are closed Monday–Thursday and Sunday at 10:00 pm, and can be reserved until 11:00 pm on Friday and Saturday by completing the shelter reservation.

Beach Passes

All residents MUST present their beach membership pass or Driver's License to the beach attendant, or pay a daily fee during supervised hours. Membership passes are free and available at the Park District office. Memberships are only available to the park district residents, as defined in the Admin Policy (7.5 section).

Lifeguards

Guards will be on duty to collect fees, check beach passes and check dog beach tags. Please hold on to your receipt for possible spot checks during the day.

ing at the Beach

termediate

Sailing Classes Four Week Sessions

Our sailing program features a safe curriculum for students to follow. Head program instructors are certified USSA dinghy instructors. Safety is our top priority! All necessary equipment will be provided. Class will be conducted Monday-Thursday with make-up classes on Fridays. Although all cancelled classes will be rescheduled, make-up sessions will not be conducted for no-sail days. All participants must provide their own life jacket.

Sunrise Beach offers a variety of ways for individuals and families to enjoy boating on Lake Michigan. Not a sailor? Do your children want to learn to sail? Need a refresher course? Our knowledgeable sailing staff offers private, semi-private and group lessons.

Whether you are a beginner or intermediate sailor, we have what you need to get out and have a great experience on Lake Michigan. Lessons begin in June with sessions running through mid-August. Lessons are taught on Sunfish boats.

Group Sailing Lessons

Sailing is a lifelong recreational activity and it is easy to learn! Best of all, SAILING **IS FUN!** Beginning students will learn the basics of sailing from how to rig a boat, basic safety on the water, knots and sailing terms. We will get out on Lake Michigan; learn boat handling techniques, tacking, capsizing and recovery. Intermediate students have a solid knowledge of sailing and will polish their previously learned skills and boat handling techniques.

A swimming test will be given at the start of each session. Participants must be able to swim 50 feet. All participants will wear life jackets while on the water. Classes will meet regardless of weather and there are no make-up classes. Sailing instructors reserve the right to move students to the appropriate level. Each class is limited to 18 students and each session consists of three weeks.

Camp withdrawal fee applies to Junior Learn to Sail Camp.



Junior Learn to Sail

SESSION I		SESSION II	
CODE:	TIME:	CODE:	TIME:
14211	9:00 am-noon	14213	9:00 am-noon
14212	1:00–4:00 pm	14214	1:00-4:00 pm
Level:	Beginner/Intermediate	Level:	Beginner/Intermedi
Ages:	9–18 years	Ages:	9–18 years
Days:	Monday–Thursday	Days:	Monday-Thursday
Dates:	June 17–July 11	Dates:	July 15–August 8
No Class:	July 4 (make-up day will	Location:	South Shelter,
	be Friday, July 12)		Sunrise Beach
Location:	South Shelter,	Min/Max:	10/16
	Sunrise Beach	Fee:	\$430/\$455
Min/Max:	10/18		
Fee:	\$430/\$455		

Evening Learn to Sail Four Day and Four Week Sessions!

Our staff will now offer sailing instruction to adults or families of any ability (family members have to be 9 years of age or older to participate). If you are brand new to the sport or looking for more advanced instruction, your lessons will be structured to fit your ability in this semi-private setting. Each student must provide his or her own life jacket. Students may attend any or all two-week sessions. Fridays will be used as rain make-ups; make-up will not be offered for low wind days.

SESSION I		SESSION II	
CODE:	14215	CODE:	14216
Dates:	June 17–July 11	Level:	Beginner/Intermediate
No Class:	July 4 (make-up day will	Dates:	July 15–August 8
	be Friday, July 12)	Days:	Monday–Thursday
Days:	Monday–Thursday	Time:	6:00-8:00 pm
Time:	6:00-8:00 pm	Location:	South Shelter,
Location:	South Shelter,		Sunrise Beach
	Sunrise Beach	Max:	6 per session
Max:	6 per session	Fee:	\$310/\$335
Fee:	\$310/\$335		



Lake Bluff Yacht Club

Sailing, Competitive Sunfish Racing, Paddling, Waterfront Parties & More Membership info available at http://lakebluffyachtclub.org NEW in 2019: Adult Sailing Lessons on Saturday Space limited. Please contact Doug Warren 847-204-7023



Welcome to the 2019 swim season!



Special Events at the Lake Bluff Pool

Resident Appreciation Day: Saturday, May 25 11 am-8 pm **Residents swim free!**

Sunday Funday: All Sundays beginning June 9 2:00-5:00 pm Tubes provided by the Lake Bluff Park District

Celebrate Father's Day as a family: Sunday, June 16 3:00-8:00 pm Dads swim free from 3:00-8:00 pm. All dads will receive a free gift!

Pool Movie Nights: Fridays, June 28; July 12; July 26 At Dusk

A big movie screen will be brought into the Lake Bluff Pool and popcorn will be served! Lap lanes will be closed at 7:00 pm.

Celebrate Independence Dav at the Lake Bluff Pool: Thursday, July 4 Noon-6:00 pm

Bring the family for a 4th of July grill out. Hot dogs will be grilled fresh. Bring a friend for half price when a general admission is purchased. Members can bring one friend for half price, too.

Lake Bluff Pool Hours

Season Runs May 25–September 2 to the public (see schedule below)

The Lake Bluff Park District's 50-meter Olympic size pool is scheduled to open Saturday, May 25 on a limited schedule of swimming activities. The pool water is heated to provide enjoyable swimming, regardless of weather. The renovated locker rooms have showers and lockers. Concessions are available. For Lake Bluff Pool information, call 847-457-7365, May 25 through September 2.

For pool closings and additional information visit the Park District Website at www.lakebluffparks.org or follow The Lake Bluff Park District on Facebook.

Preseason Hours

Mav 25

11:00 am-8:00 pm Tot/Main Pool Residents/season pass only May 26–27, June 1–2, June 8–9 11:00 am-8:00 pm Tot/Main Pool

Public

June 10–14

Tot/Main Pool Noon-8:00 pm

Public

Regular Season Hours (Begins June 15)

Monday through Friday

10:30 am-noon 11:00 am-noon Noon-5:00 pm 5:00-8:00 pm

Tot Pool Lap Swim Public Hours Public Hours Season pass only Season pass only Afternoon daily fee or season pass Evening daily fee or season pass

Saturday and Sunday

10:00 am-noon Noon-5:00 pm 5:00-8:00 pm

Tot Pool/Main Pool Public Hours Public Hours

Season pass only Afternoon daily fee or season pass Evening daily fee or season pass

Special Pool Hours

July 4 August 19-30

June 18-August 8 Designated Lap Lanes 6:00-7:30 pm Noon-6:00 pm Lap Swim Noon-1:30 pm

Open Swim 4:30-7:00 pm August 31-Sept 2 10:00 am-8:00 pm

Swim Meets

June 19 & July 3 Pool closes at 4 pm Pool closed all day July 24

Pool Rentals & Parties

Call 847-457-7365 for available times and reservations.

Pool Closings and Info

For pool closings and additional information visit the Park District Website at www.lakebluffparks.org or follow The Lake Bluff Park District on Facebook.

Fees

Admission is open to anyone who pays the daily fee or possesses a season membership. Children 10 years and under must be accompanied to public swim hours by an individual 16 years or older. Children three years or older as of June 1 must pay for admission to the pool.

Daily Fee (per person)	Res*	Non-Res
Monday–Friday Afternoon	\$10	\$15
Monday–Friday Evening	\$5	\$9
Sat. & Sun. Afternoon	\$10	\$15
Sat. & Sun. Evening	\$5	\$9

*Must provide verification of residency for resident rate.*Resident rate for Military

See registration form and details starting on page 92

Crossing Guard

A crossing guard is provided by the Village of Lake Bluff at the intersection of Green Bay Rd. and Rockland Rd. (Route 176). Children in swimming lessons, public lessons and camp programs at Blair and Artesian Parks will be helped across the street. Please notify the Village of Lake Bluff at 847-234-2151 if there is any concern or problem.

Important Information and Facility Policies

- Management has the right to close the Lake Bluff Pool due to low attendance (fewer than 25 people) or the temperature is *below 65 degrees*.
- When Lake Bluff hosts a swim meet, there will be an adult lap swim from 3:45–4:00 pm; the Lake Bluff Pool will be closed at 4:00 pm for the remainder of the day.
- All patrons, regardless if they are swimming, must pay to enter the Lake Bluff Pool
- Children 2 years of age and under are admitted free of charge.
- All flotation devices must be Coast Guard certified. Any child wearing a flotation device must be in arm's length of a parent.
- Chaperones are responsible for supervising their children. Lifeguards are on duty to enforce rules and respond to emergencies.
- Children 10 years and under must be accompanied by a chaperone 16 years or older.
- Children 10 and under must pass a swim test to use the diving boards.

Weather Closing Procedure

Park District policy states if lightning and thunder is seen or heard, the pool deck and locker rooms will be evacuated immediately. Patrons will not be permitted to use the showers. Evacuation and reentry decisions are at the sole discretion of Lake Bluff Pool staff.

Patrons will be permitted to reenter once the all-clear has been made by Thor Guard weather system. Patrons are encouraged to stay in the hallway and, if available, the community room until the all-clear is given. Reentry passes will be issued in the event of a closing if there is more than an hour remaining in the published open swim hours. In the event severe weather persists until 6:00 pm, the Lake Bluff Pool may be closed for the evening.

Lake Bluff Park District • register online at www.lakebluffparks.org



Season Pass Fees

	Before April 15		After April 15	
	Residents	Non-Res.	Residents	Non-Res.
Individual	\$95	\$140	\$100	\$150
Family of 2	\$140	\$215	\$155	\$235
Family of 3	\$195	\$290	\$215	\$305
Family of 4	\$225	\$315	\$235	\$335
Family of 5	\$250	\$345	\$270	\$380
Add'l Family Member	\$25	\$45	\$25	\$45



Swim Lessons

Class	Age	Time	June 17–27	July 1–11*	July 15–25	July 29– August 8	Fee per session
Private Lessons	3 years & up	11:10–11:40 am	14217	14218	14219	14220	\$230/\$245
Little Fishies	3–5 years	10:25–10:55 am	14221	14222	14223	14224	\$65/\$75
Learn To Swim All Levels	5 years & up	10:25–11:05 am	14225	14226	14227	14228	\$95/\$105
Parent & Tot	6 mo.– 3 years	10:25–10:55 am	14229	14230	14231	14232	\$65/\$75
Semi–Private Lessons	3 years & up	11:10–11:40 am	14233	14234	14235	14236	\$150/\$160 per swimmer
Adult Swim Lessons	18 years & up	11:10–11:50 am	14237	14238	14239	14240	\$65/\$75

It is not necessary for you to know your child's swim level, as all children will be tested on the first day of class to see in what swim level they should be placed. Make-ups will only be if the supervisor cancels due to inclement weather. These will take place the following Friday. *No lesson July 4. Makeup July 5.

All Swim Lesson Registration

Fill out the registration form and input the code number that corresponds to the class and dates you want to attend. Lessons meet Monday-Thursday for two consecutive weeks, and run regardless of cold or rainy weather. The pool is heated. If lessons are cancelled due to severe weather, make-ups will be held on the following Friday. In the case of severe weather, classes will be canceled 15 minutes or more prior to the start of class. Please check our website at www.lakebluffparks.org or phone 847-457-7365 for confirmation of cancellations.

There is a maximum of two makes-ups per current session weather permitting. No refunds will be given.

Parent & Tot-Tadpoles

Ages 6 months–3 years old. This class is for a child who has never been in the water or still needs parental help. The class is designed to provide an easy water adjustment for children. Parents accompany children in this 30 minute class led by one of our instructors.

Little Fishies Preschool Class–*Minnows, Guppies, Goldfish*

Little Fishies is for 3–5 years olds who are ready to be separated from the parent, but not ready for 40 minutes of class instruction. If your child has not been to preschool or has trouble adjusting to new situations, this is the class for him or her.

Learn to Swim Classes

Learn to swim classes are designed for participants age 5 and up. Participants will be tested and placed into levels based on swim ability at the time of testing. Participants must be able to demonstrate specific skills to advance to higher levels.

Level 1: Introduction to Water Skills–*Clown Fish*

This class is for ages five and up (younger ages must be approved by the Swim Lessons Manager). Our new raised platform will allow the youngest to learn to swim safely. Participants will gain an introduction to being underwater, front floats, back floats, and kicking. 5-second independent front and back floats are required to pass Level 1.

Level 2: Fundamental Aquatic Skills–*Manatees*

Participants will concentrate on movement through the water and building endurance.

- Submerge head for 5 seconds
- Front Crawl (with breathing to the side)
- Back Crawl
- ► Water safety skills
- ► Introduction to treading water

Level 3: Stroke Improvement–*Sting Rays*

The concentration at this level is on increasing swimming skills and endurance.

- Rotary Breathing (Front Crawl, breathing every three strokes)
- ▶ Perfection of Back Crawl
- Endurance
- Introduction of Butterfly Kick
- ► Diving from side of the pool
- ► Treading water
- Safety skills

Level 4: Stroke Development–*Barracudas*

This level focuses on the technical development of front crawl, back crawl, breaststroke and butterfly.

- Front Crawl and Back Crawl (25 yards, perfected, focus on endurance)
- Breaststroke (Focus on timing and perfecting)
- Butterfly (adding the arms with kick)
- Treading water
- ► Flip turns
- ▶ Focus on endurance for new strokes

Level 5: Long Distance Swimming and Perfection–*Swordfish & Dolphins*

- Front Crawl/Back Crawl/Breaststroke/Butterfly lap swim (endurance)
- Perfected timing for all strokes
- Diving-shallow dive from side, begin any front stroke, feet first surface dive, pike surface dive
- ▶ Flip turns perfected
- ► Treading water
- Safety skills

Learn to Swim!



- Learn to Swim classes will be 40 minutes long, with the exception of Little Fishies, which is 30 minutes long.
- The Parent and Tot classes are 30 minutes.
- 📡 Classes run Mon.–Thurs.
- The shallow end of the main pool will open at noon for public swim.
- Private and semi-private swim lessons are available by appointment anytime or by registering for a morning swim session. Instructor preference is not guaranteed for morning session. Please email swimlessons@lakebluffparkdistrict.org.

🔆 See you in the pool!

Swim levels listed on this page are designed to give you an idea of what will be covered in each level.

Once children are tested, they will be placed the following day into their permanent classes.

For the most effective and safe learning environment, parents will not be allowed on the pool deck during lessons.

They may watch from the bleachers outside the pool gate or concessions area.

Lake Bluff Park District • register online at www.lakebluffparks.org



Swim Team

Springboard Diving

Our summer program caters to new divers who wish to learn proper and safe diving techniques, as well experienced divers already competitive in the sport. Sign up early—classes will fill up fast.

Beginner: Must be able to dive off board and be comfortable in deep water. They will learn basic dives and approaches.

Intermediate: Must have prior diving experience. The Park District staff reserves the right to move any participant with insufficient experience into the beginner classes.

CODE:	SESSION 1: June 17–27
14252	Beginner
14253	Intermediate
CODE:	SESSION 2: July 1–11*
14254	Beginner
14255	Intermediate
*No class of	n July 4; Makeup July 5.
CODE:	SESSION 3: July 15–25
14256	Beginner
14257	Intermediate
CODE:	SESSION 4: July 29–Aug 8
14258	Beginner
14259	Intermediate
Days:	Monday–Thursday
Time:	9:45–10:45 am
Min/Max:	1/8
Fee:	\$145/\$160 each session

The Park District sponsors a competitive summer swim team that competes in the Northern Illinois Swim Conference. This is a recreational team, so emphasis is on skill development in a fun and positive atmosphere. Swim meets are on Wednesday afternoons, and are approximately 3–5 hours long with the exception of the swim conference.

In order to process your Swim Team registration, you must include your email address on the registration form. All communication from coaches will be by email for the summer. If you have any questions, please email the Lake Bluff Pool at lbsharks@lakebluffparkdistrict.org. Your swimmer will be registered based on their age and gender group. If the maximum number is reached for your age and gender group, you may still register in an older group and will then swim in the meets in that older group, but you will practice with your actual age group. Lake Bluff Day Camp participants are allowed to sign up for swim team also.

Register Early! Swim Team informational package emailed to registrants two weeks before start date!

CODE:	AGE & GENDER:*	PRACTICE TIME:	
14242	6–8 yr Girls	8:30–9:15 am	
14243	6–8 yr Boys	8:30-9:15 am	
14244	9–10 yr Girls	9:15–10:30 am	
14245	9–10 yr Boys	9:15–10:30 am	
14246	11–12 yr Girls	9:15–10:30 am	
14247	11–12 yr Boys	9:15–10:30 am	
14248	13–14 yr Girls	9:15–10:30 am	
14249	13–14 yr Boys	9:15–10:30 am	
14250	15–18 yr Girls	9:15–10:30 am	
14251	15–18 yr Boys	9:15–10:30 am	
Days: Monday-Friday			
Dates: June 3–14 (special practice time for everyone is 4:00–5:30 p		ice time for everyone is 4:00–5:30 pm)	
	June 17–July 26 (above j	practice times are in effect)	
Location:	Lake Bluff Pool at Blair	Park	
Min/Max:	Min/Max: 5/30 for each age & gender group above		
Fee: \$250/\$278			
* Requirements: All participants 8 and under must be able to swim 25 yards front crawl and have knowledge of other competitive strokes; 9 years and older swimmers must have knowledge of all four competitive strokes and			

swim at least two competitive strokes 50 yards.



American Red Cross Lifeguarding Class

In this class, you will learn the skills required to deal with all types of water emergencies as you work towards you certifications in Lifeguarding, CPR and AED. These certifications are required to work as an American Red Cross Lifeguard as well as being highly valued by colleges and future employers. A participant's manual and CPR mask are included with the course materials. Participants must be 15 years of age. A swim test is a prerequisite for the course. In order to obtain certification, participants must attend all classes and pass final written and practical exams. Coursework is challenging and rigorous and only participants who are serious about obtaining the lifeguard certification should enroll. Participation in the class does not ensure a job with the Lake Bluff Park District.

CODE:	14260	CODE:
Age:	15 years and older	Age:
Days:	Wednesday-Saturday	Day:
Dates:	June 26–29	Date:
Time:	11:00 am–7:00 pm	Time:
Location:	Blair Park Aquatic Facility	Locati
Min/Max:	4/10	Min/N
Fee:	\$305/\$335	Fee:

Lake Bluff Masters Swim

Have a passion for swimming, but no one to swim with? This program is intended for adults who enjoy swimming in a group setting. All skill levels welcome. Whether you are swimming to condition or training for an event, this program will help motivate you to achieve your goals. An instructor will be present and will guide participants through a swim set (roughly one hour). Group instruction will be given; however, if oneon-one instruction is of interest, private swim lessons are available. Feel free to swim at your own pace or with others in your lane. This program can be as individual or as group oriented as you make it. This master's program will not formally compete in swimming competitions.

CODE:	14262
Age:	18 years and up
Days:	Tuesday and Thursday
Dates:	June 18–August 8
Time:	6:00–7:30 pm
Location:	Blair Park Aquatic Facility
Min/Max:	4/30
Fee:	\$110/\$120

WATERFRONT MODULE

DE:	14261
ge:	15 years and older
ay:	Sunday
ate:	June 30
me:	10:00 am–4:00 pm
ocation:	Blair Park Aquatic Facility
in/Max:	4/10
ee:	\$80/\$88







2019 Daily Fees

Weekends and Holidays

Open-11 am	\$49 (Non-Res \$52)
11 am–4 pm	\$40 (Non-Res \$43)
After 4 pm	\$28 (Non-Res \$31)
9 Holes	\$30 (Non-Res \$33)

Weekdays

\$38 (Non-Res \$41)
\$33 (Non-Res \$36)
\$25 (Non-Res \$28)
\$23 (Non-Res \$26)
\$33 (Non-Res \$36)
\$21 (Non-Res \$24)

Permanent Tee Times

Permanent Tee Times are available on both Saturdays and Sundays and are assigned on a first-come, first-served basis. The 2019 Permanent Tee Time season runs from the weekend of April 13 & 14 through September 14 & 15. The Permanent Tee Time registration fee of \$90 (\$100 Non-Res) per player and a signed copy of the Permanent Tee Time Agreement for each player are due at the time of registration. All Permanent Tee Time players are required to keep a credit card number on file and will be charged for any non-weather-related no-shows or cancellations inside 24 hours of their tee time.

Lake Bluff Golf Club Events

Check out the Lake Bluff Golf Club online event calendar for a variety of events throughout the season, including the highly competitive Lake County Amateur Championship at the end of July. Regardless of your playing ability or competitive experience, Lake Bluff GC offers fun-filled events to enjoy throughout the season. www.lakebluffgolfclub.com/calendar



Season Golf Passes

Unlimited Season Pass

Resident	\$1,275
Non-Resident	\$1,630
Family Resident	\$2,170
Family Non-Resident	\$2,750
Senior (Age 62+) Resident	\$1,185
Senior (Age 62+) Non-Resident	\$1,475

Unlimited Season Passes are valid seven days/week, anytime. Season Passholders will receive discounted entry fees for Lake Bluff Golf Club events and tournaments as well as 14-day advance reservations and one Permanent Tee Time reservation. Family Season Passes are valid for married couples and up to two children age 18 and under residing in the same household. Season Passes are NOT valid for golf outings.

Limited Season Pass

Resident \$930)
Non-Resident \$1,12	25
Senior Resident (Age 62+) \$845	;
Senior Non-Resident (Age 62+) \$1,0	90
Junior \$665	;

Limited Season Passes are valid Monday through Friday, anytime and after 2 pm on Weekends and Holidays.

Resident Rate for Season Pass purchases is available for residents of Lake Bluff, Lake Forest and Libertyville and for all residing within the Lake Bluff Park District boundaries.

Resident

Cart Rentals

	Resident	Tion Resident
18-Hole Single Riding Cart	\$14	\$16
9-Hole Single Riding Cart	\$9	\$10
Push Cart (18 or 9 Holes)	\$5	\$5

Non-Resident

Private Group Instruction

Private Group Instruction is one hour in length. Lessons are arranged with a member of the professional staff.

GROUP OF TWO STUDENTS

Lesson Package	Fee
Single Lesson	\$60 / student
Series of Four	\$210 / student
Series of Six	\$300 / student

Practice Facility

Practice Green and Short Game Area

Practice makes perfect and there is no better place to work on your short game than our immaculate short game area. A large putting green with a variety of different breaks is the perfect place to master your putting and chipping. The pitching green and practice bunker is the place to perfect your pitching and sand play.

Driving Range

The Club's well-maintained driving range is the perfect place to master your long game, whether it's a quick warm-up before your round or an extended practice session. The range features both synthetic mats and grass teeing areas, hence the range is available for use all season long; the grass teeing area is open daily during the season, weather and ground conditions permitting.

Driving Range Rates

\$4 per Range Token (approx. 35 balls)	
12-Token Range Card	\$40
25-Token Range Card	\$75
50-Token Range Card	\$140

Golf Outings and Events

At Lake Bluff Golf Club, your guests will feel welcome and appreciated as they receive warm hospitality and gracious service throughout the day from our professional staff. Your private event will feature more than just great golf – it will be a memorable experience off the course as well, enhancing your celebration, cause or charitable mission.

Lake Bluff Golf Club offers an array of amenities and options: a Pro Shop stocked with all the essentials, an expansive practice facility, top-of-the-line electric golf carts, club rental, a full-service grill and catering options, a spacious dining room and deck featuring scenic views of the golf course – all of this combined with our beautifully manicured golf course creates a very special environment for your outing. The course plays to 6,589 yards from the back tees with three additional sets of tees to accommodate all participants. The golf course is a wonderful balance of generous fairways, mature trees, challenging greens and course conditions that rival any private facility on the North Shore. Whether hosting 12 of your best friends, colleagues or clients, or 150 in support of your favorite charity, you can count on our staff's professionalism, personal attention-to-detail and customization options to host an impressive and successful golf event.

Please contact our Pro Shop staff at 847-234-6771 to receive your customized golf outing proposal.

GROUP OF THREE OR MORE STUDENTS Fee

Lesson Package Single Lesson Series of Four Series of Six

\$50 / student \$175 / student \$250 / student



Golf Instruction

The Lake Bluff Golf Club has PGA staff available for private instruction. The professional staff has experience working with golfers of all abilities and skill levels, from beginners through scratch players. Lesson packages and small group instruction are available by contacting the professional staff directly at 847-234-6771 or through the Website at www.lakebluffgolfclub.com/improve.

Junior Golf Programs

The Golf Club offers a wide variety of Junior Golf programming throughout the season. Program and registration links are available on the club's website www.lakebluffgolfclub.com/improve.

Golf After School Ages 7 to 11

The Golf After School Program is designed to introduce juniors to the game of golf through an informative and fun instructional environment. Students will be escorted from the Lake Bluff Elementary School by a member of the staff. After an afternoon snack and drink, the professional staff will work with junior golfers to establish sound golf fundamentals. Equipment storage or rental will be complimentary during the program. Each session is for 4 weeks with sessions on either Tuesday or Thursday afternoons. Sessions start at 2:50 pm and finish at 4:00 pm. Registration is through the Pro Shop and begins April 1.

www.lakeblufgolfclub.com/improve

DAY:	DATES:	COST:
Tuesday	April 9–April 30	\$100
Thursday	April 11–May 2	\$100
Tuesday	May 7–May 28	\$100
Thursday	May 9-May 30	\$100

Eric Moran Racquet Sports and Facility Services Manager

Eric, the Racquet Sports Manager, runs both the Tennis and Platform Tennis Programs for Men, Women, and Juniors. Over the last seven years, he has managed

and grown the Lake Bluff Park District Racquets Program. Prior to that, Eric was at the Lake Forest Club (LFC) where he was the Head Racquets Professional for nine years. Eric helped direct, run, and grow every part of the LFC program (Series Teams, Team Drills, Group Lessons, Private Lessons, Camps, Special Events) for Adults and Juniors.

Eric has been a full-time Tennis/Platform Tennis professional for over 25 years. He was the Illinois Vice President for the United States Professional Tennis Association and has been a member for 25 years. Eric is also certified by the Professional Platform Tennis Association and the United States Rac-



quet Stringers Association as a Master Racquet Technician. Eric has been published in Midwest Connection magazine as well as Platform Tennis Magazine. He has been in the Chicago area for over 20 years and was Junior Director at the Five Seasons Sports Club in Northbrook and the Head Tennis Professional at The Lincolnshire Club before being hired at the Lake Forest Club in 2002.

He played collegiate tennis for Southern Illinois University, Edwardsville, and Knox College. Eric regularly competes in the American Platform Tennis Association's sanctioned national ranking tournaments, achieving a national ranking for the last 15 years.

When Eric is not at work, he spends time with his family and plays soccer, tennis, platform tennis, and golf. Eric's energy, enthusiasm, and organization make him a great fit for growing the program and being the Racquet Sports Manager of the Lake Bluff Park District.

Kari Falls Assistant Racquet Sports Professional

We are so excited to welcome back Kari Falls as the Assistant Racquet Sports Professional at the Lake Bluff Park District / Lake Bluff Paddle Club. While growing

up in the area, Kari played competitive USTA junior tennis for many years and learned the game of platform tennis as teenager, catching the paddle bug at a young age. She plays on our own Lake Bluff Park District Series I team and has been playing Series I and competing in National Ranking Tournaments for over a decade. Kari and her husband Chris are lifelong residents of Lake Forest and Lake Bluff and have raised their three daughters here. As a family, they have actively participated in many programs at the Lake Bluff Park district over the years. Kari comes to us most recently from the Northmoor Club where she was



an Assistant Platform Tennis instructor. Kari will be working with the program yearround helping all our members achieve their tennis and paddle goals and is looking forward to having a positive impact on our thriving community program. Her passion for all racquet sports and enthusiasm will bring a great energy to the program at Lake Bluff Park District. In her free time, she enjoys being active, cooking, spending time with friends and family and of course, playing tennis and paddle.

Junior Tennis Levels for Spring, Summer and Fall

Tiny Tots (Ages 4–5) This class provides an introduction to tennis skills through games, coordination drills and floor tennis using the hands or racquet, depending on the player's skills.

Junior Ralliers (Grades K–2) Development of coordination and tennis skills at this level are emphasized. This class introduces correct stroke techniques in a fun-filled environment with games and scoring. The main objective by the end of the season will be to rally with low-compression balls.

Pre-Teen (Grades 3–5) The main objectives of this class are stroke mechanics, footwork and by the end of the season, being able to rally and play points with regulation tennis balls. Also covered is an introduction to tactical patterns and tennis etiquette.

Teens (Grades 6–8) These lessons are for teens with a focus on development of basic strokes, feed and play situations, drills, tennis etiquette and supervised play.

Junior Excellence (Grades 6–9) For juniors who are serious about tennis and are ready to play in tournaments or already playing in them. We will cover all aspects of the game including stroke production and match play. Games and drills are designed to promote fun and competitiveness while teaching strategy and reinforcing proper technique. Fitness, mental toughness and tennis etiquette are emphasized.

Summer Junior Match Play & Travel Team

The Junior Match Play and Travel Team program is a fun and competitive program for 3rd graders and older at all levels. The children will have instructional in-house Match Play or Travel Matches against other local clubs. TBD.

Grades:	3rd grade & older
Day:	TBD
Time:	TBD
Location:	Artesian Park Courts and
	local clubs
Min/Max:	4/24
Fee:	\$25/day
After-School Spring Tennis For Juniors (6 and 7 Weeks)



CODE:	AGE/GRADE:	LEVEL:	DAY:	DATES:	TIME:	FEE:
13709	4–5 yrs	Tiny Tots	Tuesday	April 23–June 4 (7 wks)	4:30-5:15 pm	\$130
13710	4–5 yrs	Tiny Tots	Thursday	April 25–June 6 (7 wks)	4:30-5:15 pm	\$130
13711	K–2nd	Junior Ralliers	Monday	April 22–June 3 (6 wks)	3:00-4:00 pm	\$145
13712	K–2nd	Junior Ralliers	Monday	April 22–June 3 (6 wks)	4:00-5:00 pm	\$145
13713	K–2nd	Junior Ralliers	Wednesday	April 24–June 5 (7 wks)*	3:00-4:00 pm	\$170
13714	K–2nd	Junior Ralliers	Friday	April 26–June 7 (7 wks)	3:00-4:00 pm	\$170
13715	K–2nd	Junior Ralliers	Friday	April 26–June 7 (7 wks)	4:00-5:00 pm	\$170
13716	3rd-5th	Pre-Teen	Tuesday	April 23–June 4 (7 wks)	3:00-4:30 pm	\$245
13717	3rd-5th	Pre-Teen	Thursday	April 25–June 6 (7 wks)	3:00-4:30 pm	\$245
13718	3rd-5th	Pre-Teen	Friday	April 26–June 7 (7 wks)	4:00-5:00 pm	\$170
13719	6th-8th	Teen	Monday	April 25–June 6 (7 wks)	4:00–5:30 pm	\$210
13720	6th-8th	Teen	Wednesday	April 24–June 5 (7 wks)	4:00–5:30 pm	\$245
13721	6th-8th	Teen	Friday	April 26–June 7 (7 wks)	4:00–5:00 pm	\$170
*Note:	May 8 class will	begin at 2:00 and c	onclude at 3:00 p	m due to early dismissal from	n LBES	
No class:	May 3, May 27	6	1	,		
Location:	Blair Park Cour	ts				
Rain Days:	Class held in the					
		1				

Min/Max: 3/16

When registering, provide your current email address so if your tennis class needs to be cancelled due to inclement weather, an email will be sent providing real-time cancellation information.

Summer Tennis for Juniors (9 weeks)

Junit			ccns)			
CODE:	AGE/GRADE:	LEVEL:	DAY:	DATES:	TIME:	FEE:
13939	4–5 yrs	Tiny Tots	Tuesday	June 18–August 13	4:30-5:15 pm	\$165
13940	4–5 yrs	Tiny Tots	Thursday	June 20-August 15 (8 wks)	4:30-5:15 pm	\$150
13941	4–5 yrs	Tiny Tots	Monday	June 17–August 12	4:30–5:15 pm	\$165
13942	4–5 yrs	Tiny Tots	Wednesday	June 19–August 14	4:30–5:15 pm	\$165
13943	K–2nd	Junior Ralliers	Monday	June 17–August 12	1:00-2:00 pm	\$220
13944	K–2nd	Junior Ralliers	Tuesday	June 18–August 13	1:00-2:00 pm	\$220
13945	K–2nd	Junior Ralliers	Wednesday	June 19–August 14	1:00-2:00 pm	\$220
13946	K–2nd	Junior Ralliers	Thursday	June 20-August 15 (8 wks)	1:00-2:00 pm	\$195
13947	K–2nd	Junior Ralliers	Friday	June 21–August 16	4:00-5:00 pm	\$220
Rain Date:	Friday		·	C C	-	
No Class:	July 4					
Location:	Blair Park Te	nnis Courts				
Min/Max:	3/12					
CODE:	GRADE:	LEVEL:	DAY:	DATES:	TIME:	FEE:
13948	3rd–5th	Pre-Teen	Monday	June 17–August 12	3:00-4:30 pm	\$315
13949	3rd–5th	Pre-Teen	Tuesday	June 18–August 13	3:00–4:30 pm	\$315
13950	3rd-5th	Pre-Teen	Wednesday	June 19–August 14	3:00–4:30 pm	\$315
13951	3rd-5th	Pre-Teen	Thursday	June 20–August 15 (8 wks)	1	\$280
13952	3rd-5th	Pre-Teen	Friday	June 21–August 16	4:00–5:00 pm	\$220
13953	6th–8th	Teen	Monday	June 17–August 12	4:30–6:00 pm	\$315
13954	6th-9th	Excellence	Wednesday	June 19–August 14	4:30–6:00 pm	\$315
Rain Date:	Friday		1	, U	L	
No Class:	July 4					
Location:	Blair Park Te	nnis Courts				

When registering, provide your current email address so if your tennis class needs to be cancelled due to inclement weather, an email will be sent providing real-time cancellation information.



Min/Max: 3/20

Turn the page for Junior Tennis events



Parent/Child Fun Tournament

Although it's almost Father's Day, mom or dad can play with their child in a fun tournament for ages 7 years and up.

We will flight the groupings by age and ability (Beginners can play in it, too!) and have an enjoyable Saturday for all! All teams will receive a framed picture and Champions will receive fabulous prizes.

CODE:	13955
Ages:	7 years and older
Day:	Saturday
Date:	June 15
Time:	2:00-3:30 pm
Min/Max:	4 teams/10 teams
Location:	Artesian Park Courts
Fee:	\$25

Friday Junior Night Out Tennis, Paddle & Pizza

Come out for an amazingly fun time on the courts (tennis and paddle)! We will play tons of thrilling paddle games and have dinner. "Ya gotta love it!" Parents can drop off or stay and socialize in the hut and by the tennis courts while their kids enjoy the great outdoors.

CODE:	DATE:
13956	March 15
13957	April 19
13958	May 10
13959	June 14
13960	June 28
13961	July 12
13962	July 26
13963	October 11
13964	October 25
Age:	6 years and up
Time:	5:00-6:30 pm
Day:	Friday
Min/Max:	4/32
Fee:	\$25/day

Platform Tennis & Tennis Merchandise for sale

We have Wilson tennis merchandise (racquets, balls, grips, etc.) available for purchase during the tennis season. We have Wilson and Master platform tennis merchandise (paddles, balls, gloves, etc.) available for purchase during the paddle season. Please contact Racquet Sports Manager Eric Moran for more information at 847-457-7362.

Birthday Paddle Parties, Scouts "Try it" Paddle Parties, Family and Corporate Paddle Parties can be set up with Racquet Sports Manager, Eric Moran. They are set up for mutually convenient times and are a sure-fire way to have an awesome celebration!

REGISTER ONLINE AT LAKEBLUFFPARKS.ORG

Youth Sports for Life Camp

Sports for Life Camp

School will be over, and summer is almost here... so, we are offering a unique Sports for Life Camp that engages your children in a smaller group environment for an extremely positive and fun experience before getting into the crazy summer schedule. Coach Eric will be managing and coaching this camp. Campers will need to bring a water bottle, lunch, towel, and sunscreen. They may get wet, so a change of clothes is recommended. Here are a few of the activities your children will get to enjoy throughout the week:

Sports

- Tennis and Paddle Develop your strokes, get your serve videotaped, play in-house tournaments
- **Soccer** Academy-style warm-up training, 3v3 games, world cup

Fitness Components

- Obstacle Course Fun Ninja Warrior timed obstacle layouts
- **Yoga** Certified Yoga instructor

Fun Games

- **Bago** Age-old favorite
- **TennisGolf** Combines both sports with a creative course
- Water Balloon Capture the Flag Cool on down

CODE:	13965
Ages:	8–14 years
Days:	Monday–Friday
Time:	9:00 am-3:00 pm
Dates:	June 10–14
Location:	Recreation Center Gym
Min/Max:	8/16
Fee:	\$300







Do you need some time to run errands, or have a morning appointment to get to? We provide child care service for parents leaving the Park District grounds. The available hours are Monday through Friday, 8:00 am-3:00 pm and Saturdays 8:00 am-noon. We are located in the babysitting room in the Early Childhood Wing. We do not take reservations-Kidzone is first come, first served. We reserve the right to limit the number of children cared for, so it is possible that we might be unable to accommodate your child on any date.

See Junior Fall After-School Tennis next page

Fall Junior Tennis Levels

Tiny Tots (Ages 4–5) This class provides an introduction to tennis skills through games, coordination drills and floor tennis using the hands or racquet, depending on the player's skills.

Junior Ralliers (Grades K–2) Development of coordination and tennis skills at this level are emphasized. This class introduces correct stroke techniques in a fun-filled environment with games and scoring. The main objective by the end of the season will be to rally with low-compression balls.

Pre-Teen (Grades 3–5) The main objectives of this class are stroke mechanics, footwork and by the end of the season, being able to rally and play points with regulation tennis balls. Also covered is an introduction to tactical patterns and tennis etiquette.

Teens (Grades 6–8) These lessons are for teens with a focus on development of basic strokes, feed and play situations, drills, tennis etiquette and supervised play.

Junior Excellence (Grades 6–9) For juniors who are serious about tennis and are ready to play in tournaments or already playing in them. We will cover all aspects of the game including stroke production and match play. Games and drills are designed to promote fun and competitiveness while teaching strategy and reinforcing proper technique. Fitness, mental toughness and tennis etiquette are emphasized.

Blair Park Courts





Junior Fall After-School Tennis (9 weeks)

CODE:	AGE/GRADE:	LEVEL:	DAY:	DATES:	TIME:	FEE:
13966	4–5 yrs	Tiny Tots	Tuesday	August 27–October 22	4:30-5:15 pm	\$165
13967	4–5 yrs	Tiny Tots	Thursday	August 29–October 24	4:30–5:15 pm	\$165
13968	K–2nd	Jr. Ralliers	Monday	August 26–Oct 21 (7 wks)	3:00-4:00 pm	\$170
13969	K–2nd	Jr. Ralliers	Wednesday	August 28–October 23	3:00-4:00 pm	\$215
13970	K–2nd	Jr. Ralliers	Friday	August 30–October 25	3:00-4:00 pm	\$215
13971	K–2nd	Jr. Ralliers	Friday	August 30–October 25	4:00-5:00 pm	\$215
13972	3rd-5th	Pre-Teen	Tuesday	August 27–October 22	3:00-4:30 pm	\$310
13973	3rd-5th	Pre-Teen	Thursday	August 29–October 24	3:00-4:30 pm	\$310
13974	3rd-5th	Pre-Teen	Friday	August 30–October 25	4:00-5:00 pm	\$215
13975	6th-8th	Teen	Monday	August 26–Oct 21 (7 wks)	4:00–5:30 pm	\$245
13976	6th-8th	Teen	Wednesday	August 28–October 23	4:00-5:30 pm	\$310
13977	6th-8th	Teen	Friday	August 30–October 25	4:00-5:00 pm	\$215
*No Class:	September 2 or	October 14		-	_	

Location:



Men's Need-A-Match Program

Gentlemen of all levels who are looking for an informal game of tennis need only email their names, level, and singles or doubles preference to Eric Moran at emoran@lakebluffparkdistrict.org. Their name will be added to a list that will be distributed to all participants. There is no fee and the program will run the entire tennis season.



Lake Bluff 4th of July Mixed Doubles Tournament

We will be running a "Mixed up" fun doubles tennis tournament with a round robin format. You can sign up as a team or as an individual (we will find you a partner) and teams will be grouped with their appropriate levels. Teams can be mixed or same genders and placed appropriately. Light fare and refreshments will be provided. Please bring an appetizer to share.

CODE:	13978
Day:	Monday
Dates:	July 1
Time:	6:00 pm until dark
Location:	Artesian Park Courts
Fee:	\$25/person

Men's Tennis

We offer private lessons as well as group lessons for all levels. If you would like to book a private, 2-on-1, 3-on-1 or 4-on-1 lesson or create a group lesson, please contact Eric at 847-457-7362.



13984

13985

13986

No Class:

Location:

Min/Max:

Age:

Ladies' Fast Tennis: Spring

Learn all the basics of tennis in a fun and dynamic way. Court positioning, stroke technique, communication, scoring and rules of the game are taught in this program that is designed for beginners. These sessions are 6 weeks. Sign-up for more than one and you will gain the skills and confidence needed for competitive play!

CODE: 13979 13980 13981 Age: Locations: Min/Max:	LEVEL: Beginner Beginner 21 years & up Blair Park Courts 3/12	DAY: Tuesday Tuesday Friday	DATES: April 23–May 28 April 23–May 28 April 26–May 31	TIME: 9:00–10:30 am 6:00–7:30 pm 9:00–10:30 am	FEE: \$200 \$200 \$200
Spring Te	ennis For Ladie	s (7 Weeks)	spring		
CODE: 13982 13983	LEVEL: Adv Beginner Adv Beginner	DAY: Tuesday Friday	DATES: April 23–June 4 April 26–June 7	TIME: 1:00–2:30 pm 10:30 am–noon	FEE: \$230 \$230

April 23–June 4

April 25-June 6

April 26-June 7

Tuesday

Friday

Thursday

Ad	ult'	Tennis	Leve	s

Beginner: Get the basics for a great lifetime sport! You are guaranteed to have fun and get the coaching and experience you need to play right away! **See our new Ladies' Fast Tennis offerings**.

Intermediate

Intermediate

21 years & up

Blair Park Courts

May 27

4/20

Intermediate Coed

Advanced Beginner: Now that you have learned the basics, this class focuses on developing your stroke technique and applying it to match situations. You will learn basic match strategy and tennis etiquette.

Intermediate: These classes are designed to take you to the next level! You will expand your knowledge base of match strategy, fine tune your strokes and delve into the heart of competitive play.





9:00-10:30 am

6:00-7:30 pm

1:00-2:30 pm

\$230

\$230

\$230

Ladies' Fast Tennis: Summer

Learn all the basics of tennis in a fun and dynamic way. Court positioning, stroke technique, communication, scoring and rules of the game are taught in this program that is designed for beginners. These two sessions are each 4 weeks long. Sign-up for both and you will gain the skills and confidence needed for competitive play!

Session I					
CODE:	LEVEL:	DAY:	DATES:	TIME:	FEE:
13987	Beginner	Tuesday	June 11–July 9 (5 weeks)	9:00-10:30 am	\$169
13988	Beginner	Tuesday	June 11–July 9 (5 weeks)	6:00–7:30 pm	\$169
Session II					
13989	Beginner	Tuesday	July 16–August 6	9:00-10:30 am	\$135
13990	Beginner	Tuesday	July 16–August 6	6:00–7:30 pm	\$135
Age:	21 years & up				
Location:	Blair Park Courts				
Min/Max:	3/12				

Summer Tennis For Ladies (7 Weeks)

Blair Park Courts

CODE:	LEVEL:	DAY:	DATES:	TIME:	FEE:
13991	Adv Beginner	Tuesday	June 11–July 23	1:00-2:30 pm	\$230
13992	Adv Beginner	Friday	June 14–July 26	10:30 am–noon	\$230
13993	Intermediate	Tuesday	June 11–July 23	9:00-10:30 am	\$230
13994	Intermediate Coed	Thursday	June 13–July 25	6:00-7:30 pm	\$230
13995	Intermediate	Monday	June 10–July 22	6:00-7:00 pm	\$175
Age:	21 years & up	·		-	
No class:	July 4				



4/20

Location:

Min/Max:

Do you need some time to run errands, or have a morning appointment to get to? We provide child care service for parents leaving the Park District grounds. The available hours are Monday through Friday, 8:00 am-3:00 pm and Saturdays 8:00 am-noon. We are located in the babysitting room in the Early Childhood Wing. We do not take reservations-Kidzone is first come. first served. We reserve the right to limit the number of children cared for, so it is possible that we might be unable to accommodate your child on any date.

Women's Team Tennis

Lakeshore "C" Team

This league is for women who want to play competitive tennis against teams from other clubs. This includes drilling on Wednesday mornings and weekly matches on Monday mornings. Home matches will be played at Artesian Park and away matches will be determined later. League/Ball fees are \$25 for the season. **If you are on the team, sign up for both Team Drills and Match.** If you have any questions regarding the team, please contact Racquet Sports Manager, Eric Moran, at 847-457-7362.

Team Drill	
CODE:	1399
Ages:	21 ye
Day:	Wedr
Dates:	May
Time:	9:00 a
Location:	Artes
Fee:	\$330



Match CODE: Day: Dates: Match: Time: Fee:

13997

Monday June 3–July 22 TBD 10:00 am–noon \$25 League/Ball fee

Do you have a few friends who would like to start a NEW class that better fits your schedule? Let's do it! Please contact Eric at 847-457-7362.



Dear Lake Bluff Paddle Enthusiast:

Welcome to the 2018–2019 Paddle Season. This is the second season with our NEW fourth court and we are excited to let you know that the 2018–2019 paddle program will have something for everyone! If you like competition, then you should play on one of our teams. We have four Women's teams: I, V, XI, and XV. We have twelve Men's teams: 3, 8 10, 15, 19, 20, 21, 25, 27, 28, 29(1) 29(2). We compete with clubs all over the North Shore and we still need beginners, advanced players and every-thing in between to continue the growth of our club!

If you like to be social, then our club is the answer to Friday night fun and more. We have mixers one Friday a month, and many special events like the Turkey Memorial Open, Super Bowl Super Team Co-ed Tournament, Men's Bring-a-Ringer, Men's Money Ball, and Ladies' Member/Guest Day to name a few.

If you have children, then you will enjoy the many opportunities for them to get involved and learn this great sport. We have group lessons for ages 5–18 years, a junior travel team with practices and matches, Friday Night Junior Paddle and Pizza for ages 6+ years, special events and camps. They are guaranteed to have fun, fun, fun!

We have all types of lessons: private, semi-private, three-on-one, four-on-one, team drills, Fast Paddle for beginners, Shot of the Week, clinics and paddle camps. No matter your ability or whether you are looking for competitive or social paddle, we will find a place for you in our club to enjoy your season!

I'm excited to welcome back our Assistant Racquets Professional, Kari Falls, to the Lake Bluff Park District. Kari plays on our LB Series I women's team and has lived in the community for over 20 years. She brings years of paddle experience, a positive attitude and a great wealth of knowledge to the program. I'm also very happy that Martha Pedersen, our Paddle Club Coordinator, is back to help us communicate,

organize and make this season even more cation packed than last year.

Please let me know how I may get you involved.

Sincerely,

Eric Moran, USPTA/PPTA/USRSA MRT Racquet Sports and Facility Services Manager Phone: 847-457-7362 Cell: 847-951-2808 Fax: 847-234-7275 Email: emoran@lakebluffparkdistrict.org



Hours: Open 7 days a week Friday and Saturday: 8:00 am–10:30 pm Sunday–Thursday: 8:00 am–9:30 pm* *10:15 pm on league nights

FREE Open House Kick Off Party Saturday, September 7 11:00 am-2:00 pm We will have membership signup, new paddles to demo, food to eat, etc. PARTY!

Memberships

Memberships are available for Men & Women, residents and non-residents, and run from September 1 through August 31. We offer Individual Memberships that feature league play, October through March, at all skill levels. There are weekly team drills for an additional fee. The Individual Membership also includes use of the courts 7 days a week. Social/Limited Individual Memberships allow play from Friday through Sunday night. Seniors pay a reduced fee. Nonmembers may sign-up for specific programs offered throughout the season. All are welcome!

2018-2019 PADDLE MEMBERSHIPS:

Membership runs September 1 to August 31 and Lake Forest residents qualify for the resident rate.

MEMBER TYPE	RESIDENT (LB/LF)	NON- RESIDENT	
Individual	\$510	\$595	
Senior (62+)	\$425	\$485	
*Social/Limited	\$205	\$245	

*Social/Limited Individual is allowed Friday night through Sunday night court time, Friday night socials and member rates on lessons and drills.

Members of League Series Teams must purchase the Individual Membership . Members pay no court fees.

Court Rentals

Courts rentals are based on 1.5 hours of court time. The resident fee applies to both Lake Bluff and Lake Forest residents who show proof of residency. Members receive free court rentals

RESIDENT:	\$30
NON-RESIDENT:	\$40



Platform Tennis Rentals

Plan your next gathering at the Lake Bluff Park District Paddle Hut. It's a great place to spend a cold winter night with friends and family. The Paddle Hut can accommodate groups of up to 35 people. Parties can be reserved for Friday and Saturday evenings and include the following:

- Exclusive use of the Paddle Hut and four courts from 6–10 pm
- Free use of loaner paddles and balls
- Professional instruction is available at an additional fee.

Hut Reservations

Hut reservations are now being accepted. Please contact Eric Moran at 847-457-7362 or e-mail him at EMoran@Lake-BluffParkDistrict.org to reserve a date. A contract must be executed with payment in order to reserve the Hut.



Paddle Hut Rental Fees

Fees are for rental only and do not include liquor liability coverage or deposit.

MEMBER	\$135
RESIDENT	\$215
NON-RESIDENT	\$323

Paddle Hut Deposit

All Paddle Hut rentals will require a \$100 deposit to be paid with the rental fee. The \$100 deposit will be returned if the following conditions are all met:

- Paddle Hut and Courts must be left clean after use as determined by staff
- Garbage must be placed in receptacles, chairs and tables back to original placement
- All guests must be out of the paddle facility by 10:15 pm

Failure to meet **any one** condition above will result in not refunding the deposit.

Host Liquor Liability

If you would like to have an event with alcohol on hand, please contact Guest Services for available options.

Cancellations

Parties cancelled more than 45 days in advance will receive a full refund once the Refund Request Form is submitted in writing to the office. Parties cancelled more than 30 days, but less than 45 days in advance, will receive a 50% refund. Any party cancelled less than 30 days in advance will forfeit the Hut rental fee.

Birthday Paddle Parties, Scouts, "Try it" Paddle Parties, Family and Corporate Paddle Parties can be set up with Racquet Sports Manager Eric Moran. They are set up for mutually convenient times and are a sure-fire way to have an awesome celebration!



Co-Ed Intro to Paddle Ladies' Play with the Pro **Spring Program**

This is a fun and dynamic format for learning all the basics of platform tennis including: court positioning, stroke technique, screen play, communication, scoring rules of the game. This program is designed for beginners and advanced beginners. Each session is 5 weeks. Sign-up and you will gain the skills and confidence needed for competitive play! We know you will love it!

CODE:	DAY:	DATES:
13998	Tuesday	4/2-30
13999	Wednesday	4/3-5/1
14000	Thursday	4/4-5/2
Time:	6:00–7:00 pm	
Fee:	\$125	
Min/Max:	4/12	

This is an intense, 1.5 hour, instructional lesson with 3 players and the Pro. Bring two friends and dramatically improve your game! Call Eric to schedule your time at 847-457-7362.

Fee: Member \$45/Non-Member \$50

Ladies' Lessons: Semi & Private

Work with the Pro and your partner, your teammates or individually, to sharpen skills learned in drill and take your game to the next level. Call Eric for an appointment at 847-457-7362.

Private	\$85 per hour
2-on-1	\$45 each per hour
3-on-1	\$30 each per hour
4-on-1	\$25 each per hour

Lake Bluff Park District and Lake Forest Parks & **Recreation are partners in programming!**

Lake Forest residents receive our resident rates for all programs, fees, and memberships in the following areas: Athletics, Platform Tennis, Health & Fitness Center, Lake Bluff Preschool, School of Dance and at the Lake Bluff Golf Club. Lake Bluff Pool programs and memberships are not included in this agreement.

In addition, Lake Forest Parks and Recreation offers the following programs that are not available at Lake Bluff Park District:

- Wildlife Discovery Center
- **Stirling Hall Community Art Center** •
- Junior Scouts Tackle Football

Register for the above programs at www.LFParksandRec.com

Open Play Program Monday Night!

Watch the game in between sets—call your teammates for social play and some friendly competition! BYOB and snacks.

Time:	7:00–9:30 pm
Fee:	Member free

Men's Play with the Pro

This is an intense, 1.5 hour, instructional lesson with 3 players and the Pro. Bring two friends and dramatically improve your game! Call Eric to schedule your time at 847-457-7362.

Fee: Member \$45/Non-Member \$50

Men's Lessons: Semi & Private

Sharpen your skills with personalized instruction from the Pro. The 3-on-1 format is an excellent way to improve strategy and shot selection. The 2-on-1 is perfect for working in tandem with a partner and improving your communication. Private instruction is excellent for those specific shots such as serve, return of serve and that ever-elusive first volley! Call for an appointment and availability.

Private	\$85 per hour
2-on-1	\$45 each per hour
3-on-1	\$30 each per hour
4-on-1	\$25 each per hour

Friday Night Socials

What a great way to end the week! Bring your spouse or your friends, or come by yourself and enjoy a fun evening of tennis and paddle. All player levels are welcome! **BYOB** & snacks.

St. Patty's Day Eve Party

Wear your green...drink your green... and keep your ball out of the green!! Come on out for a fun night to celebrate the Irish in Ya...or around Ya!! Bring a dish to share. BYOB.

CODE:	13741
Day:	Friday
Date:	March 15
Time:	7:00-10:00 pm
Fee:	\$15/paddle
Min/Max:	12/32

"Rage in the Cage" Team **Challenge Part 2**

Early sign up is a must for this event. Four team Captains will be chosen and will form teams "draft style". Drafting process is and will remain TOP SE-CRET! The 4 teams will battle it out to become Champions of the World! As always...tunes and pong will be provided! Bring a dish to share. BYOB.

CODE:	13743
Day:	Friday
Date:	April 12
Time:	7:00-10:00 pm
Fee:	\$15/paddle
Min/Max:	12/24



Money Ball Tournament

Players will compete throughout the evening in a rotating partner format to determine the top dogs. Players with the most games won will take home a little something in addition to the satisfaction of doing really well in a fun tournament!

Of course, yummy food, groovy tunes and ping pong will be provided!

CODE:	14002	
Day:	Friday	
Date:	April 19	
Time:	7:00-10:00 pm	
Fee:	\$25/paddle	
Min/Max:	12/24	

Paddle Spring Fling Social

Come on out and celebrate the start to a wonderful tennis season with good friends and fun social play organized by Eric! We will play both tennis and paddle for those who "gotta" do both! There will be a raffle for a free racquet!

CODE: 14003 Day: Friday Dates: May 10 Time: Location:



7:00-10:00 pm Blair Park Paddle Courts \$25/person



Lake Bluff 4th of July **Mixed Doubles Tournament**

We will be running a "Mixed up" fun doubles tennis tournament with a round robin format. You can sign up as a team or as an individual (we will find you a partner) and teams will be grouped with their appropriate levels. Teams can be mixed or same genders and placed appropriately. Light fare and refreshments will be provided. Please bring an appetizer to share.

CODE:	13978
Day:	Monday
Dates:	July 1
Time:	6:00 pm until dark
Location:	Artesian Park Courts
Fee:	\$25/person

Other Special Events will be announced!!



Do you need some time to run errands, or have a morning appointment to get to? We provide child care service for parents leaving the Park District grounds. The available hours are Monday through Friday, 8 am to 3 pm and Saturdays 8:00 am to noon. We are located in the babysitting room in the Early Childhood Wing.

Fee:

We do not take reservations—Kidzone is first come, first served. We reserve the right to limit the number of children cared for, so it is possible that we might be unable to accommodate your child on any date.

Punch cards for Kidzone must be paid for at the front desk. You may purchase a 10 punch card for \$100 or a 20 punch card for \$200.

All punches are punched on hourly increments only. (Please note this is different from the In-House Child Care where parents must remain in the Park District building, thus paying a different fee.)



Lake Bluff School of Dance

About Our Program

Welcome to Lake Bluff School of Dance where our focus as a park district family is to provide high-quality dance instruction in a fun and inspiring atmosphere. Our dance program offers a variety of dance classes for all ages to enjoy. We take pride as a community in proper technique while building and developing a student's confidence, self-image and self-awareness.

Whether students are beginning their career as a dancer or simply looking to enrich their lives through the beautiful motion of dance, Lake Bluff School of Dance will help all dancers meet their goals to their fullest potential.

Our Program is a full year commitment offered in three semesters. At the end of the second semester before summer dance classes start, there will be a dance recital in June where all students are welcome to participate.

Dance Director contact: Brittany Goodrich bgoodrich@lakebluffparkdistrict.org 847-457-7340

Dance Attire

All dance attire can be purchased at Dance N' Tees, 109 E Cook Ave., Libertyville, IL 60048, 847-816-4525

Ballet/Lyrical/Contemporary/Core Strengthening /Combo classes are to come with their hair in a bun, dark purple or black leotard, pink tights and pink ballet shoes.

Demi-Pointe/Pointe classes are to come in dark purple or black leotard, pink tights, Demi-pointe shoes. Hair in a bun.

Dance Camps start on page 17

Jazz/Combo classes are to come with their hair up, red leotard, black shorts and tan Bloch super jazz shoes.

Tap classes are to come with their hair up, black leotard, black shorts, and tan Bloch tap shoes.

Hip Hop and Acrobatics/Tumbling classes are to come with their hair up, black leotard, black shorts and black jazz shoes. **Poms/Jumps, Leaps & Turns classes** are to come with their hair up, red leotard, black shorts and tan Bloch super jazz shoes.

Company/Competition classes are to come in black leotard, black shorts and tan Bloch Super jazz shoes. Hair in a bun.

Mommy & Me/Pre Ballet/Tap are to come in pink or purple leotard, hair in a bun, pink tights, pink ballet shoes and tap shoes for the Pre Ballet/Tap class.

ake Bluff School of Dance.

Details

Lake Bluff School of Dance

Fees: Payment is due at the time of registration for each semester. There will be no payment plans allowed for regular dance classes except competition team classes. Classes cannot be prorated after the first two weeks of dance classes have started. Note that if a class doesn't have a minimum of four students, it will be combined with another class or cancelled.

Fees for regular dance classes will be discounted \$10 per class for multiple registrations for either individuals taking more than one regular dance class or for immediate family members living in the same household that together take more than one regular dance class. Be sure to register everyone in the household in the office at the same time, so proper discount can be applied. Discount cannot be applied online so bring in, fax-in or mail-in registration if requesting discount. There is no discount for competition or company classes and these classes do not count when determining multiple registrations.

Safety & Security: Students should not be left unsupervised for long periods of time before or after class.

Location: Dance Studio I or Dance Studio II (Located at the Recreation Center)

Attendance: Students are expected to be ON TIME for their class with their DANCE ATTIRE and hair up. If a child is not in dress code, the teacher has the right to ask the child to sit the entire class.

Students in Competition and Company classes are not allowed to miss more than five classes for the entire Semester I/Semester II year. All classes the week of competition are mandatory. If a student misses more than five classes, the teacher has the right to remove that student from company/competition.

Commitment is necessary in order to run these kinds of programs effectively. Thanks for your understanding!

Refunds: No dance refunds will be issued after June 23, 2019. If a class is cancelled due to low enrollment, a full refund will be issued.









Class Descriptions

Mommy & Me, Pre-Ballet (Beginner–Pre-School) and Pre-Ballet/Tap

In these levels children will develop poise and musicality in a fun and creative environment. The instructor will introduce children to a creative yet disciplined classroom structure that challenges their curious minds while introducing ageappropriate dance material. The students will express themselves physically through exercises intended to increase their coordination, strength, flexibility and their awareness of spatial concepts while beginning their understanding of classical ballet. The strong emphasis on musicality and rhythmic timing will increase their ability to listen to and dance with the music. Mommy and Me class allows child to dance with mom and is designed for dancers that are 2-3 years of age.

Ballet, Demi-Pointe and Pointe (Levels 1–7)

These levels more formally offer children a challenging and disciplined classroom structure that is appropriately geared to their growing emotional and physical maturity. The students will build their knowledge of the basic structure of a ballet class with a growing vocabulary and develop proper placement of the torso, hips and legs without exceeding their anatomical limitations. They will develop a coordination of their arms and heads with a concentration on smooth transitions throughout the exercises. As they progress through the levels, the difficulty and sophistication of the classwork will increase accordingly. In addition to their dance education, students will learn about musicality, ballet terminology and general stage and theater craft.

Lyrical and Contemporary (Levels 1–4)

Lyrical is a fluid form of dance mixing the elements of Jazz and Ballet. Lyrical is set to the lyrics of the music and allows the dancers to set their emotions free and dance with their heart as well as their technique. The musical focus results in movement that has a smooth, flowing quality used to tell a story.



Jazz (Levels 1–7)

Jazz class will focus on learning proper dance technique such as isolations of the body, improving performance quality and developing complex rhythms and patterns. Students will be exposed to various styles of jazz such as Broadway, Street and Contemporary to help develop a well-rounded dancer. Class curriculum is based on ballet technique layered with traditional jazz movement and includes a proper warm-up, stretches, isolations, jumps, leaps, turns, and across-the-floor progressions and combinations. As students progress through each level curriculum will become increasingly more complex and intricate.

Tap (Levels 1–6)

Tap classes are designed to develop rhythm, style and sound. Students will learn a variety of tap styles from Broadway to Rhythm tap. Exercises focus on building flexibility of the knee and ankles, coordination and speed of movement. The class emphasis is on developing proper tap technique, producing clear tap sounds and having fun. As students' progress through each level curriculum will become increasingly more complex and intricate.





Pre-Jazz/Hip Hop (Beginner–Pre-School)

Hip hop and Jazz is a high-energy class that infuses the latest styles of street dancing, breaking, popping and locking. Classes will encourage students to step outside of the box by bringing their own individual style and personality to the movements. Hip hop dance requires students to have the strength and stamina to successfully perform moves. Therefore class includes upper and lower body conditioning as well as a rigorous warmup to help prepare students for more intense movements.

Jumps, Leaps and Turns (Levels 1–5)

In this class, you will be learning the proper technique, alignment and execution of the most popular turns, leaps and jumps; fouette turns, turns a la seconde, pirouettes, chaine and pique turns, grand jetes, center leaps, surprise leaps, turning leaps, barrel leaps, Russian jumps, attitude jumps, ring jumps and much more. This class is great for those that are interested in doing Poms in grade school and in high school.



Acro Dance/Tumbling

This class is based on safe and effective progressions of Acro Dance: flexibility, strength, balance, limbering and tumbling. Simple progressions take the beginner preschool dancer from log rolls and summersaults to the advanced dancer tumbling effortlessly across the stage.



Lake Forest Residents

The Park District recognizes Lake Forest citizens receive resident rates for Fitness, Paddle, Golf Club and Dance Classes. This policy includes all daily fees, memberships and class fees in these areas.



Dance Class Schedule June 17–August 3 7 WEEKS SESSION!!!

No class July 4. Makeup will be August 8 at normal class times. Classes need a minimum of 5 dancers in order to run.

Dance Fees

45 Minute Class I 60 Minute Class I

Individual Class Fee: \$98/\$118 Individual Class Fee: \$128/\$148

Please note that no refunds will be given after June 23, 2019.

Pre-School Dance Classes

There is a \$10 discount for multiple registrations for individuals taking more than one regular dance class or for immediate family members who together take more than one regular dance class. Discount can only be done in office at the front desk-not online.

CODE:	CLASS:	DAY:	TIME:	AGE:	INSTRUCTOR:	STUDIO:		
14025	Mommy and Me Ballet	Monday	8:00-9:00 am	2 year olds	Robin Nassar	Ι		
	Moms must participate with their child in every class.							
14026	Pre-Ballet/Tap 1	Wednesday	3:30-4:15 pm	3-5 years	Robin Nassar	Ι		
14027	Pre-Ballet	Thursday	3:15-4:00 pm	3–5 years	Robin Nassar	Ι		
14030	Pre-Ballet	Saturday	8:45–9:30 am	2–4 years	Holly Curtis	Ι		

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- Stirling Hall Community Art Center
- Junior Scouts Tackle Football

Register for the above programs at www.LFParksandRec.com



Dance Classes for Levels 1–7

CODE:	CLASS:	LEVEL:	TIME:	AGE:	INSTRUCTOR:	STUDIO:
Mono	day Classes					
14032 14033 14034	Jazz Tap Jazz	Level 1/2 Level 3/4 Level 6	4:00–5:00 pm 5:00–5:45 pm 5:45–6:45 pm	5–8 years Approval Approval	Brittany Goodrich Brittany Goodrich Brittany Goodrich	II II II
Tues	day Classes					
14036 14037 14038 14039 14040 14041 14042 14043	Jazz Jazz Jumps, Leaps, &Turns Ballet* Ballet Ballet Ballet Pre-Demi-Pointe	Level 3/4 Level 5 Level 2/3 Level 1/2 Level 3 Level 4 Level 5 Level 1/2	4:00-5:00 pm 5:45-6:45 pm 6:45-7:30 pm 3:15-4:00 pm 4:00-5:00 pm 5:00-5:45 pm 7:15-8:00 pm 8:00-8:45 pm	8–10 years Approval 8–10 years 5–7 years 8–10 years Approval Approval Approval	Brittany Goodrich Brittany Goodrich Ziemnisky/Goodrich Robin Nassar Robin Nassar Robin Nassar Robbin Nassar Robbin Nassar	I I I II II II II II
Wedı	nesday Classes					
14044 14045 14055 14047 14048	Acro/Contemporary Ballet Ballet/Demi-Pointe Pointe Ballet/Pointe	Level 1/2 Level 6 Level 6 Level 1/2 Level 7	4:15–5:15 pm 5:15–6:15 pm 5:15–6:15 pm 6:15–7:00 pm 7:00–8:00 pm	5–9 years Approval Approval Approval Approval	Robin Nassar Robin Nassar Hope Rosiak Robin Nassar Robin Nassar	II II II II
Thursday Classes						
14050 14051 14053 14054	Tap Jumps, Leaps, &Turns Jazz Poms H.S. Training Class	Level 1/2 Level 4/5 Level 7	3:15-4:00 pm 4:00-5:00 pm 5:00-6:00 pm 6:00-7:00 pm	6–8 years Approval 7th grade and up only 7th grade and up only	Brittany Goodrich Ziemnisky/Stride Ziemnisky/Stride Ziemnisky/Stride	II II II

*Students will be walked from Park District camps to their dance class.

Students that wish to attend a tryout for any competition dance team must contact Brittany Goodrich at 847-757-7340 or bgoodrich@lakebluffparkdistrict.org. Tryouts will be August 21, 2019.

Please note that no refunds wil be given after June 23, 2019.



Company Auditions for Jazz and Ballet Company

Day:	Saturday
Date:	August 24
Ages:	5–15 years
Registration Time:	11:30 am
Auditions:	Noon-2:00 pm
Location:	Dance Studios I &
Attire:	Black leotard,
	tights, jazz shoes
	and ballet shoes





Performance Company 2019-2020

Lake Bluff School of Dance Company team members will get the opportunity throughout the year to compete at regional and national dance competitions.

Competitive dance is a popular, widespread activity in which competitors perform multiple dances in different genres and styles in front of a group of panel judges.

The girls will get the opportunity to meet other dancers from different schools and may see each other many times during the competition season. This creates a sense of community as well as valuable connections for those students who wish to pursue a professional dance career.

The Lake Bluff School of Dance will give dedicated dancers the opportunity to participate in Regional and National competitions. These Competition team classes are either forty five minutes or one hour of intensive training and emphases is placed on proper technique and onstage performance. In order to be a part of the dance competitions you must take the required dance class listed below.

- Petite Competition Company group must be enrolled in a Jazz Class and **Ballet Class at the Park District.**
- Junior Competition Company group must be enrolled in a Jazz Class and Ballet **Class at the Park District.**
- Teen Competition Company group must be enrolled in a Jazz Class and Ballet Class at the Park District.

Parent Informational Meeting will be held on Wednesday, August 21 in Dance Studio I at 7:00–8:00 pm.

This meeting is to inform parents of the expectations of Competition Team, fees associated with competition, costumes, and a chance for parents to have all guestions answered before the auditions. Auditions are free. If you are unable to attend the auditions, contact Brittany Goodrich at 847-457-7340 or bgoodrich@lakebluffparkdistrict.org to arrange a different time and day.

No Refund after June 23.

If interested in trying out for 2019–2020 Dance Competition Company, please contact Brittany Goodrich at 847-457-7340 or bgoodrich@lakebluffparkdistrict.org for more information.



WorkFit

Full-time non-resident employees of businesses located in some areas of Lake Bluff, Knollwood, or North Chicago that pay taxes to the Lake Bluff Park District are entitled to resident fitness center rates. Employees need proof of full-time employment to participate.

Resident rates apply to:

- Yearly memberships
- Family memberships
- Personal training

Corporate Memberships

Corporate memberships are available to full-time employees of a Lake Bluff corporation, business, partnership enterprise, school district or organization!

To qualify for this special membership plan, a minimum of 5 employees must purchase annual memberships. Call 847-457-7361 for more information.

Lake Forest Residents

Lake Forest Residents receive **Resident rates** at the Lake Bluff Health & Fitness Center!



\$42 MEMBERSHIP PER MONTH NOW INCLUDES **YOGA** 훝 10% OFF INDIV. POOL PASS!

Memberships

Choose the membership program plan and duration option that best meets your needs!

Membership age requirements

Membership is open to those individuals **at least 13 years of age**. Children under the age of 13 are not permitted on the second floor except for special programs. **All 13 to 17 year olds** must complete an orientation before being allowed to work out without a parent present.

All-Inclusive Membership Plans!

Two Options:

• **FITNESS PLAN:** a minimum 6 month commitment **\$42/month** (EFT) All-Inclusive Membership Plan,

OR

• **ANNUAL PASS:** a "paid-in-full" All-Inclusive Membership Plan that covers 12 months from date of purchase.

Both memberships include:

- Use of the Fitness Center Facilities, Equipment and Amenities!
- Group Fitness classes!
- Track Use!
- Yoga Classes

Daily, Monthly & Quarterly membership options available, too!!

- **Daily Pass:** This all inclusive pass is **valid for the date purchased.**
- **Monthly Pass:** 30 day duration from date of purchase.
- **Quarterly Pass:** 90 day duration from the date of purchase.
- Student Pass: Special student rate for 3 month summer memberships.

Family Memberships!

• Each additional Family Member receives a **10% Discount** on an **Annual Pass** or **Fitness Plan.**

Members are rewarded for referring people to our facility and programs!

Facility Features

Cardio Equipment!

- Treadmills (motorized and non-motorized)
- Incline Trainers
- Cross Trainers
- Upright & Recumbent Bikes (Air Dynes, Precor, Cybex and more)
- NuStep Recumbent Elliptical
- Elliptical Trainers
- Rowers (water and fan resistance)
- Indoor Cycles

Resistance Training

- Selectorized Circuit Machines
- Cable Training Machines
- Free Weight Room
- Functional Training Area and Accessories

Members also enjoy:

- Locker rooms with private showers
- Complimentary Fitness Center towels
- Lounge area
- Suspended 1/13 mile walking/ running track
- Group Fitness studio
- Spin studio
- Stretching Area











Spring Hours

February-May

Monday–Friday Saturday Sunday

7 5:00 am-9:00 pm 7:00 am-6:00 pm 7:00 am-5:00 pm





Summer Hours

Memorial Day–Labor Day

 Monday–Thursday
 5:00 am–9:00 pm

 Friday
 5:00 am–8:00 pm

 Saturday
 7:00 am–5:00 pm

 Sunday
 7:00 am–4:00 pm

Closed: Easter April 21 and July 4 Open: 7:00 am–noon on Memorial Day May 27 and Labor Day September 2



Childcare is available while you're in the Fitness Center working out or taking a class. Maximum of 1.5 hours per visit.

HOURS: Monday–Friday 8:00 am–3:00 pm Saturday 8:00 am–noon

Programs at the Health and Fitness Center

New Programs!

We develop and offer different programs all the time!

Call or stop by the Fitness Center for more information on what is and what will be happening!

Sports Team Training

We offer off-season group training for your team that will focus on speed, agility, strength, cardio designed to help eliminate sports injuries. We can design and lead a specific program to suit your needs. Contact us today!

Personal Training

Service Options

- Private Training: 1 client and 1 trainer
- Semi-Private Training:
 2 clients and 1 trainer
- Small Group Training 3 to 6 clients and 1 trainer

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- Junior Scouts Tackle Football

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GROUPX Classes– Included in memberships!

Our GroupX Classes offer a wide variety of choices to help you meet your fitness goals. All fitness levels of participants are welcome.

Try a TOTAL BODY, CYCLE, CORE & MOBILITY, STRENGTH & CARDIO or the very popular TRAINING DAY Class.

Refer to the website to see class schedule and descriptions.



SILVER-FIT—Included in memberships!

For Active Older Adults, we have a special program of classes known as SILVER-FIT™ (Successful Independent Loving Vibrant Empowered Resilient—Fun In Training)

- While this branded programming provides fitness classes that target active older adults, anyone who is looking for this level and type of fitness training can participate in the SILVER-FIT classes! No age restrictions!
- Classes include cardiovascular exercises, muscle conditioning (endurance, strength and power) exercises, balance & agility training, chair yoga and a TON of FUN for all participants!

Yoga Program–Included in memberships!

We offer a variety of Yoga classes including Vinyasa Yoga, Power Yoga, Hatha Yoga, and Balance & Flow. Beginners welcome—you will enjoy how YOGA makes you feel. Come try a class today!

Reiki

What is REIKI? Reiki is an ancient Japanese technique used to create mental clarity, healing, and system balance from physical and mental trauma. REIKI promotes overall wellbeing. It's a good way to rebalance, working on 3 levels: Aura, physical and emotional. Negative energy causes stress, anxiety and physical pain. Our REIKI practitioner clarifies energy pathways to open for POSITIVE energy to replace the negative. Contact the Fitness Center for more information.



Beach Yoga

Our very popular BEACH YOGA is back again! Meet in the morning down at the beach for a perfect way to start the day. Contact the Fitness Center for more details.



Seminars and Programs

We offer special Seminars and Programs pertaining to Health and Wellness through the year. Please check the Fitness Center bulletin boards, Park District emails and our Website to keep informed of the events.

Nutrition

The BEST approach to meeting and maintaining your Fitness goals successfully is to include Nutrition counseling. What you eat is as important as your workout routine. We can also help you with other Nutritional and Diet questions you might have relating to other health issues. Set up an appointment today!



Drawing on collaborations with community members, government agencies, clubs and businesses, GO Lake Bluff seeks to create more awareness of the many programs and services that support local health and wellness initiatives. Inspired by the U.S. Surgeon General, Dr. Vivek H. Murthy, the first stage of the movement is to encourage our community to walk at least 30 minutes each day.

This FREE walking club designed to increase participant's level of physical activity and foster community engagement is open to Lake Bluff residents of all ages.

CODE:	13671
Age:	All ages
Day:	Every Tuesday
Time:	8:00 am
Location:	Recreation Center
Fee:	Free

See inside back cover for the Color Run – Color Walk event!















Pickleball for Adults

Join the hottest craze! It's one of the fastest growing sports in the country!

Pickleball is a combination of ping pong, badminton and tennis.

Please join us for several open play opportunities...

Monday evenings6:15-8:45 pmWednesday evenings6:15-8:45 pmThursday mornings8:30-10:30 am

Contact the Fitness Center at 847-482-9326 for other instructional possibilities.

We offer:

Introduction to Pickleball

Bring a group of 4-8 friends and learn the game. Rules, instruction and strategy will be introduced.

- Boot camps
- 3 and Me

(3 players on court with a Pro)

• League Contact us for information about joining our new Pickleball League.

• **Private and semi-private lessons** Lake Bluff Pickleball is proud to have three certified pickleball instructors available for lessons:

Ken Herrmann IPTPA Level 2 Certified Teaching Professional

April Volpe IPTPA Level 1 Certified Teaching Professional

Mary Yoo IPTPA Level 1 Certified Teaching Professional

Several tournaments are being planned and boot camps will be offered throughout the year.







Register and pay for programs and view available facilities, all from your computer, tablet or smart phone!

jazzercise.

Burn up to 600 calories in one fun and powerfully effective 60 minute total body workout. Real results. Real fun. Every Jazzercise class combines dance based cardio with strength training and stretching to sculpt, tone and lengthen muscles for maximum fat burn. Choreographed to today's hottest music, Jazzercise is a fusion of jazz dance, resistance training, Pilates, yoga, and kickboxing.

Start dancing yourself fit and change the shape of your body today!

For class information, call Chris Piskule at 847-735-1095.

Adult 14-Inch Co-Rec Softball League

The 2019 softball league will once again be played under the lights at Weshinskey Field at Artesian Park. This league uses a 14-inch mush ball that keeps safety a top priority. League play will feature a double round robin type format with a season ending tournament. Get your friends together and enter a team! Captains will be required to attend mandatory meeting in early June. Contact Rosie Aliperta at 847-457-7337 if you have any questions.

CODE:	14012	
Ages:	18 and up	
Days:	Tuesday and Thursdays*	
Game Times:	7:00, 8:00, and 9:00 pm**	
Dates:	June 6–Late September	
Location:	Weshinskey Field	
Min/Max:	4/10 Teams	
Fee:	\$670 + \$10 per non-resident	
*Teams will have one scheduled game per week.		

**Game times may be modified based on enrollment.

***Resident rate includes Lake Forest Residents

Open Gym Times

The Park District offers several open gym times for all ages. Be sure to pick up a monthly open gym schedule at the park district office. Schedules become available the last week of each month. Most of the times not currently programmed by the Park District are offered as open or 'drop in' gym times. All open gym times are subject to change without notice. Phone the office at 847-234-4150 with questions, and find the current monthly schedule at www.lakebluffparks.org.

See Pickleball on previous page



First Aid, CPR and AED **Certification Class**

Do you know what to do in an emergency? Can you provide basic first aid to someone in need? If not, this is the class for you! This basic First Aid, CPR and AED class will teach you how to enter an accident scene safely, assist an ill or injured person, perform CPR, use an AED (Automated External Defibrillator) and manage an obstructed airway. This course is designed by Medic First Aid, a worldwide leader in CPR, AED and First Aid emergency care training programs. Students will receive a CPR, AED and First Aid certification, for infants, children and adults, valid for 2 years, upon successful completion of the course. This class will satisfy any child care requirements. A written test is not required but students must be able to physically participate in all skill practices.

Class materials, including a reference book, are included in the fee. Please wear comfortable clothing and bring a sack lunch and water bottle.

CODE:	14313
Age:	18 years and older
Day:	Saturday
Date:	June 8
Time:	9:00 am-3:30 pm
Location:	Community Room,
	LB Recreation Center
Min/Max:	6/12
Fee:	\$95/\$100



American Red Cross Lifeguarding Class

In this class, you will learn the skills required to deal with all types of water emergencies as you work towards you certifications in Lifeguarding, CPR and AED. These certifications are required to work as an American Red Cross Lifeguard as well as being highly valued by colleges and future employers. A participant's manual and CPR mask are included with the course materials. Participants must be 15 years of age. A swim test is a prerequisite for the course. In order to obtain certification, participants must attend all classes and pass final written and practical exams. Coursework is challenging and rigorous and only participants who are serious about obtaining the lifeguard certification should enroll. Participation in the class does not ensure a job with the Lake Bluff Park District.

			MODULL
CODE:	14260	CODE:	14261
Age:	15 years and older	Age:	15 years and older
Days:	Wednesday-Saturday	Day:	Sunday
Dates:	June 26–29	Date:	June 30
Time:	11:00 am-7:00 pm	Time:	10:00 am–4:00 pm
Location:	Blair Park Aquatic Facility	Location:	Blair Park Aquatic Facility
Min/Max:	4/10	Min/Max:	4/10
Fee:	\$260/\$295	Fee:	\$80/\$88

WATERFRONT MODULE

Navigating the College Planning Process

Experienced professionals share their knowledge and expertise to guide you through action steps you can take to reduce college costs and still attend the college of your choice. Discover creative, little-known financial and academic strategies to reduce college costs while finding the best-fit college for your child. Both parents are encouraged to attend this free, 90-minute seminar presented by My College Planning Team.

All ages Tuesday April 9 6:30–8:00 pm Community Room 4/24
Free

Flashlight Egg Hunt

Bring your basket and your flashlight!

Age:	9-12 years old
Day:	Friday
Dates:	April 12
Time:	7:30 pm
Location:	Recreation Center
Fee:	Free! Bring your own
	basket!

Egg Hunt



Collect eggs and see the Bunny! Free Family Fun!! Find the golden eggs and win prizes! Bring a Basket!!

Age:	8 and under
Day:	Saturday
Dates:	April 13
Time:	9:00 am
Location:	Recreation Center
Fee:	Free! Bring your own
	basket!



Hey girls! Come join Glitzy Girlz (www.glitzygirlz.com) for a trip to the spa! Our staff will lead fun stations like avocado masks to start and each girl will make her own cute beaded anklet for their summer wardrobe. We will teach "how to do your own" mani and pedi with scrubs, lotions, buffing and great polish colors to choose! Each girl will get a "spa goodie bag" to take home, as well as a foot/nail brush. Sign up with your friends!

CODE: 14057

5-11 years old Age: Day: Friday Date: June 28 Time: 6:00-7:30 pm Location: **Recreation Center Community Room** Min/Max: 6/30 Fee: \$32



Music Together. Mr. Mark's Music Together

Music Together Parent & Child

All children are born musical. Music Together classes build on children's natural enthusiasm for music and movement to help develop your child's basic musical skills. Classes are mixed-age (birth to kindergarten) and focus on adult/child interaction, so siblings attend class together. Infants blend with any age group and their musical development benefits from early exposure.

DAY:

Wednesday

Saturday

CODE:	DATES:	TIME:
14298	June 19–July 24	10:15-11:00 am
14300	June 22–July 27	10:30-11:15 am
Age:	Mixed Ages	
Location:	Dance Studio II	
Min/Max:	6/12 (child & parent cou	ple)
Fee:	\$120 (1st child & parent)	1
	\$75 (additional siblings)	

Glitzy Girlz: A date with a Unicorn!

Do you and your daughter/s love UNICORNS? Our staff (www.glitzygirlz.com) will give a mini make-over with a unicorn headband, hair sparkle and nail polish application. Each couple will decorate a wooden photo frame with a wooden unicorn shape and unicorn embellishments and jewels. Each couple will design a beautiful beaded bracelet adorned with a unicorn charm. A date sure to be full of fantasy and fun!

CODE:	13750
Age:	3-9 years old
Day:	Friday
Date:	April 5
Time:	6:00–7:15 pm
Location:	Recreation Center
	Community Room
Min/Max:	7/30
Fee:	\$25 per child

Open Gym Times

The Park District offers several open gym times for all ages. Be sure to pick up a monthly open gym schedule at the Park District office.

Schedules are available the last week of each month. Most times not currently programmed by the Park District are offered as open or "drop in" gym times. All open gym times are subject to change without notice.

Phone the office at 847-234-4150 with questions, and find the current monthly schedule at www.lakebluffparks.org.





Riding Lessons

The Lake Bluff Park District is teaming up with Little Hunter Farm to offer a package of private horseback riding lessons for a great price. The package includes four 30-minute private lessons for children interested in learning the fundamentals of riding. These are meant to be an introduction to riding, basic handing of a horse, equine terminology, properly mounting and dismounting a horse, balance, steering, and learning how to walk and trot. Lessons may be scheduled Monday through Thursday.

All riders must have shoulders covered and wear long pants; in addition to supplying their own ASTM/SEI certified riding helmet and paddock boots. For safety reasons, those not dressed properly will not be allowed to participate. Saddler's Row in Palatine is the suggested store.

Please contact Olivia Morris from Little Hunter Farm at 847-302-1806 to arrange lesson times and dates before registering at the Park District. Release must be signed by parent.

Dates:	June 11–July 25
Days:	Monday–Thursday
Ages:	8–12 years old
Location:	Little Hunter Farm, 29010 Midlothian Rd., Mundelein
Min/Max:	1/5
Fee:	\$235

Lake Bluff Park District and Lake Forest Parks & Recreation are partners in programming!

Lake Forest residents receive our resident rates for all programs, fees, and memberships in the following areas: Athletics, Health & Fitness Center, Lake Bluff Preschool, School of Dance and at the Lake Bluff Golf Club. Lake Bluff Pool programs and memberships are not included in this agreement.

In addition, Lake Forest Parks and Recreation offers the following programs that are not available at Lake Bluff Park District:

- Wildlife Discovery Center
- Stirling Hall Community Art Center
- Junior Scouts Tackle Football

Register for the above programs at www.LFParksandRec.com



Summer Horsemanship Camp

This camp is designed to be an introduction to basic horsemanship skills, riding, and how to care for them. It is a handson camp that is geared to children who have little to no experience with horse. It allows children to work directly with the horses: grooming, feeding, and learning about them. Camp will also include crafts, games and activities. Don't forget to pack your snacks!

All participants must have shoulders covered and wear long pants; in addition to supplying their own ASTM/SEI certified riding helmet and paddock boots. For safety reasons, those not dressed properly will not be allowed to participate. Saddler's Row in Palatine is the suggested store.

Please contact Olivia Morris from Little Hunter Farm at 847-302-1806 if you have any questions!

CODE:	14010
Dates:	June 24–June 27
Ages:	8-12 years old
Days:	Monday–Thursday
Time:	9:00 am-1:00 pm
Location:	Little Hunter Farm
	29010 Midlothian Rd
	Mundelein
Mix/Max:	3/6
Fee:	\$470/\$490





5 Star Sports Flag Football



DATES:

Strap on your flags and go deep! Learn the game of football in this fast paced and exciting introduction to the game. Rookies or veterans are all welcome as we go over our catching, passing, kicking, and flag pulling. We hope to see you out on the gridiron!

April 2-April 30 (5 classes)

April 2-April 30 (5 classes)

May 28–June 25 (5 classes)

May 28–June 25 (5 classes)

CODE:	SESSION:
13875	Ι
13876	Ι
14265	II
14266	II
Day:	Tuesday
Location:	Blair Park Fields
Min/Max:	6/16
Fee:	\$63/68

5 Star Sports T-Ball



spring

5 Star Sports Summer T-Ball League

Brand new equipment, games and drills will guarantee your child not only tons of fun, but tons of skill they will be able to show off on the field. Coach Chris' hands-on game plan will make for a very very exciting class.

CODE:	AGE:	TIME:
13879	3-5 years	10:00-10:45am
13880	6–8 years	10:45-11:30am
Day:	Saturday	
Dates:	April 6–Ma	y 11 (5 classes)
Location:	Blair Park F	fields
Min/Max:	6/16	
No Class:	April 20	
Fee:	\$63/68	

The Lake Bluff Park District and 5 Star Sports have teamed up to create a Summer T-Ball League. This class is perfect for your child that has enjoyed 5 Star's T-Ball classes, and now wants the experience of playing in a game. Brand new equipment, games and drills will guarantee your child not only tons of fun, but tons of skills they will be able to show off on the field. Coach Chris' hands on coaching techniques will make for practices filled with both skill development and game play experience.

AGE:

5-7 years

8-10 years

5-7 years

8-10 years

TIME:

4:15-5:00pm

5:00-5:45pm

4:15-5:00pm

5:00-5:45pm

CODE: Practices	14269 DAY:	DATES:	TIMES:
	Wednesday	June 26–July 31	4:30-5:15
Games:	DAY:	DATES:	TIME:
	Saturday	July 6–August 3	10:30 am-noon
No Class:	July 3		
Age:	4-7 years		
Location:	Blair Park Fields		
Min/Max:	16/64		
Fee:	\$133/138 (include	es team jersey and hat)	

Find Youth Sports Camps on pages 19–22



5 Star Sports Soccer

Come out with your friends, put on your soccer shoes, and have more soccer fun then you'll know what to do with! Come out and enjoy the most popular sport in the world with 5 Star Sports as we work on getting your little one to be the next big thing. We'll go over all the basics, as well as emphasize teamwork as we go through this exciting class together. Shin guards are optional.

CODE:	AGE:	TIME:
13877	3-5 years	4:15-5:00 pm
13878	6-8 years	5:00-5:45 pm
Day:	Thursday (5	classes)
Dates:	April 4–May	y 2
Location:	Blair Park F	ields
Min/Max:	6/16	
Fee:	\$63/68	

5 Star Sports Basketball

Come share your time on the basketball court with 5 Star Sports. We'll run over all the basics, play some scrimmages, and we'll throw in plenty of fun. The kids will leave the class excited to come back next week and play again. No equipment is required. We'll bring everything you need. We can't wait to see all of you out on the court!

CODE:	AGE:	TIME:
14272	5-7 years	4:30-5:15 pm
14273	8-10 years	5:15-6:00 pm
Day:	Tuesday	
Date:	July 16-Aug	gust 13
Location:	Recreation (Center Gym
Min/Max:	6/16	
Fee:	\$63/\$68	



5 Star Sports Spring Soccer League

This soccer league is one of 5 Star's favorite leagues to run! During this session practices will be spent teaching the kids the skills of dribbling, passing, shooting, throwins and more. The coaches have many fun ways to teach and practice these skills with games to keep the kids wanting more. Players will be split into teams to play games each week where they will get to combine their skills that they learned in practice. Sign your kids up for this league and enjoy watching them show off all their favorite moves!

then havoin	e moves.		
CODE:	14267	spring	
Age:	3-5 years		
Practices	DAY:	DATES:	TIME:
	Wednesday	May 8-June 19 (7 practices)	4:30-5:15 pm
Games:	DAY:	DATES:	TIME:
	Saturday	May 18-June 22 (6 games)	11:00-11:45 am
CODE:	14268 [′]		
Age:	6-8 years		
Practices	DAY:	DATES:	TIME:
	Wednesday	May 8-June 19 (7 practices)	5:15-6:00 pm
Games:	DAY:	DATES:	TIME:
	Saturday	May 18-June 22 (6 games)	Noon-1:00 pm
Location:	Blair Park Fie	elds	
Min/Max:	6/36		
Fee:	\$173/\$178		
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5 Star Sports Lacrosse

Lacrosse is the fastest growing sport in the world. New players will be taught basic skills such as cradling, passing, catching, shooting, ground balls and much more. Taught by coaches who play and live the sport! Lacrosse sticks and balls are provided. Optional: shin guards.

	0	
CODE:	SESSION:	DATES:
14270	Ι	May 30–June 27 (5 classes)
14271	II	July 18–August 15 (5 classes)
Age:	7-10 years	
Day:	Thursday	
Time:	5:15-6:00 pm	
Location:	Blair Park Fields	
Min/Max:	6/14	
Fee:	\$63/\$68	



Lake Forest/Lake Bluff Girls Softball House League

Goals of this program will range from introductory skill development to advanced game strategy, depending on age group and skill level. This is a great program for girls interested in trying the sport for the first time OR for the avid, competitive softball player as skill development will be advanced at the older age groups. While this is a clinic-based program, stressing skill development through drill work and group game play, scrimmages will be played to give players game-like experience. Intensity of scrimmages will be dependent on age group and skill level. Girls will receive a jersey and visor.

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CODE:	GRADE:	DAYS:	DATES:	TIME:	FEE:
14058	Kindergarten	Tuesday	April 30–June 1	6:00-7:00pm	\$174/209
		Saturday		10:30-11:30am	
14059	1-2 (8U)	Tuesday	April 30–June 1	6:00-7:00pm	\$174/209
		Saturday		10:30-11:30am	
14060	3-4 (10U)	Thursday	April 11–June 1	6:00-7:30pm	\$234/281
		Saturday	-	9:00-10:30am	
14061	5-8 (14U)	Thursday	April 11–June 1	6:00-7:30pm	\$234/281
		Saturday	-	9:00-10:30am	
No Class:	May 9, May 11,	May 25			
Location:	West Park Lake	Forest			

Behavior & Discipline Guidelines

Lake Forest Recreation Staff

A caring, positive approach will be taken regarding discipline. Each participant is expected to:

- 1. Treat all participants and staff with respect.
- 2. Respect all equipment.

Instructor:

3. Follow all rules so he/she will not place him/herself in a dangerous situation.

The purpose of discipline is to help a child develop self-control and learn to assume responsibility for his or her own actions. We use positive statements and reinforcements to redirect negative behavior. Should a child need more than that, a "time out" period may be initiated. We will handle disruptive behavior in the following manner:

- 1. The parent/guardian will be informed of the specific behavior. A written memo will be given to the parent and a copy will be kept in the child's file.
- 2. If the behavior continues, the instructor will inform the parents a second time.
- 3. If there is no change in behavior, your child will be dismissed from the class/program; a refund will be issued for the remaining class days.

Disruptive behavior is defined as any behavior that causes, or could lead to, personal injury of your child or others. Examples: hitting, kicking, throwing things, defying or running away. Or any behavior that disrupts the normal class climate. Disruptive behavior, in the broad sense, is any behavior that takes the instructor away from the rest of the class for long periods of time.



Register and pay for programs and view available facilities, all from your computer, tablet or smart phone!

Pinto Introduction to Baseball



We will provide this introductory program designed to teach baseball fundamentals to boys and girls in the 1st & 2nd grade. Skills such as throwing, catching, hitting, base running and other fundamentals will be introduced and applied in game situations.

This instructional league will include skill building sessions as well as coach pitched games. This program serves as the perfect transition for the young player preparing for play at higher levels of youth baseball. Parents interested in coaching baseball will also benefit from this chance to become familiar with coaching policies and practices. Games will be conducted on age appropriate baseball diamonds, and uniforms will be provided.

Ages:	Current 1st & 2nd graders
Dates:	April 13-June 2
Days:	Mondays, Wednesdays
	and Saturdays-time TBD
	Fridays will be used for
	make-ups due to poor
	weather
Location:	West School, Mawman
	Park and Artesian Park



We are excited for Lake Bluff T-Ball and have a fantastic program that will include core fundamental development with a heavy dose of fun.

The season will feature a six-week session led by experienced coaches, while integrating interested parents to help out. While we encourage parent participation, you shouldn't feel obligated to jump in and lead your son's or daughter's team. If you want to help, jump in and join the fun! If not, sit back, relax and feel free to cheer from the sidelines.

Each session will include a dose of fundamental development and lead into games. The first few sessions will be developmental in nature - throwing, catching, field positioning, batting (safety and awareness included) and base running with a short game to close out each session. The amount of skill development will give way to gameplay as the season progresses.

Ages:	Pre-K & Kindergarten
Dates:	Mid-May-TBD
Days:	Wednesdays & Saturdays
Location:	Lake Bluff Middle School

Lake Bluff Park District and Lake Forest Parks & Recreation are partners in programming!

Lake Forest residents receive our resident rates for all programs, fees, and memberships in the following areas: Athletics, Health & Fitness Center, Lake Bluff Preschool, School of Dance and at the Lake Bluff Golf Club. Lake Bluff Pool programs and memberships are not included in this agreement.

In addition, Lake Forest Parks and Recreation offers the following programs that are not available at Lake Bluff Park District:

- Wildlife Discovery Center
- Stirling Hall Community Art Center
- Junior Scouts Tackle Football

Register for the above programs at www.LFParksandRec.com



Mustang • Bronco



3rd & 4th graders – Mustang 5th & 6th graders – Bronco

Our House league is designed to expose kids at all skill levels to the game of baseball. The typical season is 7 practices, 13-15 games, plus an end of the season double elimination tournament. Players will have the opportunity to play different positions during the season.

Please note: Second Graders-Optional Tryout for Advanced Players

LBYBA strongly recommends that children play with kids in their own grade. Parents who believe their second grader has advanced baseball skills and the physical and emotional maturity to play with kids who are 2 grades older can have their child evaluated for possible placement in our Mustang League. The sole responsibility for the safety and well-being of any second grader who is placed in Mustang resides with the parent(s) who have chosen to have their child play in such league.

Mustang selection is at the discretion of LBYBA and will be based on a number of factors including skill level, safety, and team balance.

Dates: April 2–June 2 Schedule: Teams typically meet twice during the week (Tue / Wed / or Thur) and 1 or 2 games on Saturdays. Weekday games are at 5:30 pm, Saturday game times vary, usually 10:30, 12:30, 2:30, or 4:30. Final schedule will be provided in early April.





Don't wait to register!

To ensure that instructors and other participants can be notified in time, programs without sufficient registration are often cancelled seven days in advance.



Registration

Registration for all programs is a two-step process: Pay the program fee at the Lake Bluff Park District and register at www.iglax.org. All registrations at www.iglax.org are due by 3/31/19; a late fee will be assessed on any registrations received at www.iglax.org after 3/31/19.

Girls Spring Lacrosse 6U League

Ready to start lacrosse? Join IGLA this spring for a weekly one-hour clinic for the younger lacrosse player. This program is exclusively for girls in Kindergarten to learn the fundamentals of lacrosse. The goals of this program are to introduce and develop basic skills for our youngest players using fun games and coaching techniques.

CODE:	14005
Dates:	April 14–May 19 spring
Day:	Sunday
Time:	11:00 am-noon (30 min practice followed by 30 min scrimmage)
Location:	Deerpath Middle School Lacrosse Fields
	Lake Forest
Fee:	\$140/168
Equipment:	Sticks available and soft balls provided. No goggles or mouth guard
	required.

Girls Spring Lacrosse PINK League Grades 1–8



Be part of a community-based youth lacrosse league exclusively for girls! The emphasis of this program is to develop the girl within the sport of lacrosse. The goals of the program are to understand the rules of lacrosse, active teamwork, sportsmanship, and foster personal development in a respectful environment led by positive coaching. IGLA has adopted the US Lacrosse 'Players First' Athlete Development Model which means smaller fields and a smaller number of players. Kids are more engaged, get more touches on the ball, and further develop their skills.

			P mon brand
CODE:	GRADE:	DAYS:	TIMES:
14006	1–2 (8U)	Monday	6:00-7:00 pm
		Sunday	Noon-2:00 pm
14007	3-4 (10U)	Monday	6:00-7:00 pm
		Sunday	Noon-3:00 pm
14008	5–6 (12U)	Monday	6:00–7:15 pm
		Sunday	1:00-4:00 pm
14009	7–8 (14U)	Monday	6:00–7:15 pm
		Sunday	2:00-5:00 pm
Dates:	April 7–June 2		
No Class:	April 21, May 26		
Location:	Deerpath Middle Sc	hool Lacrosse Fiel	lds
	Lake Forest		
Fee:	\$210/252		
Equipment:	A stick, hard ball, go	oggles, and mouth	guard are required.
League Uniform:	IGLA pinny is requiregistration at www.	/ 1	urchased during

Indoor Gym Playground

Lake Bluff Park District Residents only

Bring your children in out of the cold and visit the indoor gym right here at the Lake Bluff Park District Recreation Center. Your child can enjoy running, jumping, and playing in the gym. The west end of the gym is reserved for our Lake Bluff Preschool at various times between 9 am and 3 pm during the school year. If you are playing on the west end of the gym and a preschool class arrives, please be courteous and move to the east end. All Park District activities take priority over indoor gym use.

A parent must accompany children using this service. Just as if you were at an outdoor playground, you are your child's supervisor in the gym. Please wear inside gym shoes.

Times are subject to change according to Park District scheduled activities. Please be aware that you may be asked to leave if the space is needed for programs. Changes will be posted on the Gym Door.

Open Gym Times

The Park District offers several open gym times for all ages; our monthly open gym schedule is available at the Park District office.

Schedules are available the last week of each month. Most times not currently programmed by the Park District are offered as open or "drop in" gym times. All open gym times are subject to change without notice.

Phone the office at 847-234-4150 with questions, and find the current monthly schedule at www.lakebluffparks.org.



Lake Bluff is filled with parks and playgrounds just waiting for you!

Find a full map and list on page 87 of this guide, and get ready to make new playground discoveries!

Do you get the Park District e-news?

Subscribe at www.lakebluffparks.org to be entered to win prizes that include one FREE Park District Membership.

Find details on the enews signup page at www.lakebluffparks.org.





Baby Gym

Your toddler will delight in the gymnastics class with Mom, Dad or caregiver. Children ages 9 months to 2.6 years will actively play while they learn songs, stretches, rolling, jumping, swinging and balancing. Miss Kelly or Miss Holly will include free time, bubbles and parachute play and a different hand stamp every week. This is a great first class and you will be surprised at the confidence and strength your toddler gains each week.

gains each week.				
CODE:	DATES:	DAY: Spring	FEE:	TIME:
13810	March 5–April 23 (7)	Tuesday	\$98/102	9:15-10:00 am
13811	March 6–April 24 (7)	Wednesday	\$98/102	9:15-10:00 am
13812	March 9–April 27 (7)	Saturday	\$98/102	9:15-10:00 am
	No Class: March 26, 27	, 30		
13813	April 30-May 21 (4)	Tuesday	\$56/58	9:15-10:00 am
13814	May 1–May 22 (4)	Wednesday	\$56/58	9:15-10:00 am
13815	May 4-May 25 (4)	Saturday	\$56/58	9:15-10:00 am
SUMMER BAB	Y GYM CLASSES:			
14167	June 18–July 9 (4)	Tuesday	\$56/58	9:15-10:00 am
14168	June 19–July 10 (4)	Wednesday	\$56/58	9:15-10:00 am
14169	June 22–July 20 (4)	Saturday	\$56/58	9:30-10:15 am
	No Class: July 6			
14170	July 16–August 6 (4)	Tuesday	\$56/58	9:15-10:00 am
14171	July 17–August 7 (4)	Wednesday	\$56/58	9:15-10:00 am
Age:	9 mo.–2.6 years			
-	·			

Location: Gymnastics Room Min/Max: 5/10 Instructors: Kelly Lilja (Tu, W), Holly Curtis (Sat)

Tip Toe with Me!



Miss Holly is eager and enthusiastic about introducing creative dance and movement to your toddler! A parent or caregiver will accompany your child and encourage listening and participation. This class will allow your child's self-confidence, creativity, and love for dance to flourish! Dress: Leotard or comfortable movable clothing, clean sneakers or ballet slippers.

CODE:	DATES:	DAY:	FEE:
13817	March 7–April 25 (7)	Thursday	\$98/102
	No Class: March 28		
13818	May 2-May 23 (4)	Thursday	\$56/58
Age:	15 months-2.6 years		
Time:	9:15-10:00 am		
Location:	Dance Studio 1		
Min/Max:	5/8		
Instructor:	Holly Curtis		



Your 2.5–4 year old will love this fun dance class. It's a great first-time introduction to ballet, tap, ribbon dancing, and creative dance with props all put to music. Miss Holly will be sure your little dancer leaves class wanting to come back for more! Parents can watch through the two-way mirror each week.

CODE:	DATES:	FEE:
13820	3/7-4/25 (7)	\$98/102
13821	May 2–23 (4)	\$56/58
Age:	2.6-4 years	
Day:	Thursday	
No Class:	March 28	
Time:	11:00-11:45 am	l
Location:	Dance Studio I	
Min/Max:	5/8	
Instructor:	Holly Curtis	



Big Kidnastics (Without Parent/Caregiver)



This gymnastics and tumbling class is without parents and more structured than Baby Gym. Kids will enjoy jumping in the bouncy house and on the mini tramp, swinging on bars and rings, and singing new songs. Your child will begin to learn handstands, cartwheels, taking turns and following directions. Each week Miss Kelly or Miss Holly will focus on a new challenge. Bubbles and stamps for everyone, as always! Participants may be escorted from Kidzone or the Lake Bluff Preschool to gymnastics class.

0.				
CODE	: DATES:	DAY:	TIME:	FEE:
1382	5 March 5–Ap	oril 23 (7) Tuesda	ay 11:00–11:45 a	am \$98/102
1382	6 March 8–Ap	oril 26 (7) Friday	11:00-11:45	am \$98/102
1382	7 March 9–Ap	oril 27 (7) Saturd	ay 10:00–10:45	am \$98/102
	No Class: M	arch 26, 29, 30		
1382	8 April 30–Ma	y 20 (4) Tuesda	ay 11:00–11:45 :	am \$56/58
1382	9 May 3–May	24 (4) Friday	11:00-11:45	am \$56/58
1383	May 4–May	25 (4) Saturd	ay 10:00–10:45	am \$56/58
SUMI	MER CLASSES:			
1417	2 June 22–July	v 20 (4) Saturd	ay 10:15–11:00 a	am \$56/58
	No Class: Ju	ly 6		
Age:	2.6-4 years	-		
Loca	tion: Gymnastics	Room		
Min/	Marri E/O			

Min/Max: 5/8 Instructor: Kelly Lilja (Tu, F), Holly Curtis (Sat)

Picnics and Tricks

This 90-minute class with Miss Kelly combines a picnic lunch and gymnastics instruction with extra free time for more cartwheels and songs! Bring your lunch for our sit-down picnic time. Participants may be escorted from Kidzone or the Lake Bluff Preschool to gymnastics class.

	07			
CODE:	DATES:	DAY:	TIME:	FEE:
13834	March 4–April 22 (7)	Monday	11:30 am-1:00 pm	\$140/144
13835	March 6–April 24 (7)	Wednesday	11:30 am-1:00 pm	\$140/14
13836	March 7–April 25 (7)	Thursday	11:30 am-1:00 pm	\$140/144
	No Class: March 25, 27,	, 28	-	
13837	April 29-May 20 (4)	Monday	11:30 am-1:00 pm	\$80/82
13838	May 1–May 22 (4)	Wednesday	11:30 am-1:00 pm	\$80/82
13839	May 2–May 23 (4)	Thursday	11:30 am-1:00 pm	\$80/82
Age:	3–5 years		-	
Time:	11:30 am-1:00 pm			
Location:	Gymnastic Room	spring		
Min/Max:	5/8			
Instructor:	Kellv Lilia			

Lake Bluff Park District and Lake Forest Parks & Recreation are partners in programming!

Lake Forest residents receive our resident rates for all programs, fees, and memberships in the following areas: Athletics, Health & Fitness Center, Lake Bluff Preschool, School of Dance and at the Lake Bluff Golf Club. Lake Bluff Pool programs and memberships are not included in this agreement. In addition, Lake Forest Parks and Recreation offers the following programs that are not available at Lake Bluff Park District:

- Wildlife Discovery Center
- Stirling Hall Community Art Center
- Junior Scouts Tackle Football

Register for the above programs at www.LFParksandRec.com



The Gymnastics Room

The Gymnastics Room is completely padded for safety. Our facility features hanging rings and bars, a climbing rope and much more to delight every active child.

When you visit our gymnastics room, please enter the gymnasium, staying on the carpet and cross to the third door on the far side of the gym.

Instructor Kelly Lilja has been enjoying teaching gymnastics since the age of 15. She competed in gymnastics as a child and all through college and loves instructing kids. She has taught at many Chicago-area gymnastics clubs and park districts and was a certified U.S.G.F. Gymnastics Judge and Choreographer. Kelly has three kids of her own and lives in our community.





Gymnastic Tricks for ages 4 to 6

Your child will enjoy this very physically active class. They will gain flexibility, strength and coordination while learning basic tumbling tricks, bar skills, and balancing challenges each week. Preschoolers will perform more advanced mini tramp tricks, obstacle course routines, back bends and fun conditioning exercises. Participants may be escorted from Kidzone or the Lake Bluff Preschool to gymnastics class. Children at Lake Bluff Elementary School will be walked over to the Park District for gymnastics class.

CODE:	DATES:	DAY:	TIME:	FEE:
13843	March 4–April 22 (7)	Monday	3:15-4:00 pm	\$98/102
13844	March 6–April 24 (7)	Wednesday	3:15-4:00 pm	\$98/102
13845	March 9–April 27 (7)	Saturday	10:45–11:30 am	\$98/102
	No Class: March 25, 27, 3	30 spring		
13846	April 29–May20 (4)	Monday V	3:15–4:00 pm	\$56/58
13847	May 1-May 22 (4)	Wednesday	3:15-4:00 pm	\$56/58
13848	May 4-May 25 (4)	Saturday	10:45-11:30 am	\$56/58
SUMMER CL	ASSES:			
14173	June 17–July 8 (4)	Monday	3:15-4:00 pm	\$56/58
14174	July 15-August 5 (4)	Monday	3:15-4:00 pm	\$56/58
14175	June 22–July 20 (4)	Saturday	11:00–11:45 am	\$56/58
	No Class: July 6			
Age:	4–6 years			
Location:	Gymnastics Room			
Min/Max:	5/8			
Instructor:	Kelly Lilja (M, W), Holly	Curtis (Sat)		

Flip Flop Fun

You don't need a fancy gymnastics facility to learn flip flops, aerials, handsprings, and flips! Come learn progressions and techniques needed to stick your favorite tricks. This class is taught by former collegiate gymnast Kelly Lilja and is a great class to learn more advanced tumbling skills for gymnastics, cheerleading, and dance. Tumbling Club T-Shirt is included! Teacher approval is required to enroll in this class.

CODE:	DATES:	TIME:	FEE:	
13856	March 4–April 22 (7)	5:30-6:30 pm	\$126/130	
12057	No Class: March 25			spring
13857	April 29–May20 (4)	5:30–6:30 pm	\$72/74	
SUMMER FL	IP FLOP FUN:			
14178	June 17–July 8 (4)	5:00-6:00 pm	\$72/74	
14179	July 15–August 5 (4)	5:00-6:00 pm	\$72/74	
Age:	6 years and older			
Day:	Monday			
Location:	Gymnastics Room			
Min/Max:	5/10			



T.G.I.F. in the Gymnastics Room



This 90-minute class is all about Friday fun and relaxation. With a less structured environment children can practice hard to master a trick or just stretch and do conditioning exercises. The 6 to 10 year-old age range allows for a lot of fun acrobatic partnering skills. Children of all levels of gymnastics experience are welcome!

Children at Lake Bluff Elementary School will be walked over to class. Snacks will be provided!

CODE:	DATES:	FEE:
13859	3/8-4/26 (6)	\$132/135
13860	May 3-24 (4)	\$88/90
Grades:	1-5	
Day:	Friday	
No Class:	Mar. 29, Apr. 19	
Time:	3:15-4:45 pm	
Location:	Gymnastics Roo	m
Min/Max:	5/10	
Instructor:	Kelly Lilja	

T.G.I.F. Thursday!

No need to wait until Friday to have gymnastics fun! T.G.I.F is now offered on Thursday too!

CODE:	DATES:	FEE:
13862	3/7-4/25 (7)	\$154/158
13863	May 2–23 (4)	\$88/90
SUMMER CL	ASSES:	
14180	6/20-7/11 (3)	\$66/68
14181	7/18-8/8(4)	\$88/90
Grades:	1–5	
Day:	Thursday	Senring
No Class:	Mar. 28, July 4	
Time:	3:15-4:45 pm	
Location:	Gymnastics Ro	om
Min/Max:	5/10	
Instructor:	Kelly Lilja	

Instructor: Kelly Lilja


Tumbling and Gymnastics Basics Level 1 & 2

This class will focus on positive encouragement and teach proper technique for handstands, cartwheels, rolls, backbends, and basic gymnastics skills. Your grade schooler will gain confidence, strength, and flexibility while developing a love for tumbling and fitness. Tumbling Club T-Shirt Included!

Participants may be escorted from After School Recreation Club and back.

CODE:	DATES:	DAY:	TIME:	FEE:
13850	March 4–April 22 (7)	Monday	4:00-4:45 pm	\$105/109
	No Class: March 25			
13851	April 29–May20 (4)	Monday	4:00-4:45 pm	\$60/62
SUMMER TU	JMBLING LEVELS 1–3:			
14176	June 17–July 8 (4)	Monday	4:00-5:00 pm	\$80/82
14177	July 15–August 5 (4)	Monday	4:00-5:00 pm	\$80/82
Age:	6 years and older			
Location:	Gymnastics Room			
Min/Max:	5/10			

Tumbling and Gymnastics Level 2&3

Instructor: Kelly Lilja

Through continued encouragement level II tumblers will add more handstands, cartwheels, and walkover skills. They will begin to learn progressions for hand-springs, aerials, and flips. This class is by teacher invite only. Tumbling Club T-Shirt included!

Participants may be escorted from After School Recreation Club and back.

CODE:	DATES:	DAY:	TIME:	FEE:
13853	March 4–April 22 (7)	Monday	4:45-5:30pm	\$105/109
13854	No Class: March 25	Mandan	4.45 5.200000	¢(0/(2)
13034	April 29–May20 (4)	Monday	4:45–5:30pm	\$60/62
SUMMER TU	MBLING LEVELS 1-3:			
CODE:	DATES:	DAYS:	TIME:	FEE:
14176	June 17–July 8 (4)	Monday	4:00-5:00 pm	\$80/82
14177	July 15–August 5 (4)	Monday	4:00–5:00 pm	\$80/82
Age:	6 years and older			
Location:	Gymnastics Room			
Min/Max:	5/10			
Instructor:	Kelly Lilja			

Tumbling and Gymnastics Levels 1, 2, 3, and 4!

This class will focus on positive encouragement and teach proper technique for handstands, cartwheels, rolls, backbends and basic acrobatic skills. Your grade schooler will gain confidence and strength. More advanced tumblers will practice more challenging skills.

CODE:	DAY:	FEE:
14046	3/6-4/24 (7)	\$98/102
14052	May 1-22 (4)	\$56/58
Age:	6-10 years	
Day:	Wednesday	spring
No Class:	March 27	Spring
Time:	4:00-4:45pm	
Location:	Gymnastics Ro	oom
Min/Max:	5/10	
Instructor:	Kelly Lilja	



LAKE BLUFF

CODE:

(WW) Kelly's Kamp Minis

DAY:

Jump, tumble, cartwheel and stretch! Kelly's Kamp Minis is a loaded 90-minute minicamp that includes gymnastics and tumbling that is perfect for your little one. We have time for beam, trampoline, bars, and lots of physical challenges. This camp is perfect for siblings, and you can pick the dates that work for you. Don't forget to bring a snack!

DATE:

14182 Tuesday 14183 14184 Wednesday 14185 14186 Thursday 14187 14188 Friday 14189 14190 Monday 14191 14192 Tuesday 14193 14194 Wednesday 14195 14196 Thursday 14197 14198 Friday 14199 Monday 14200 14201 Tuesday 14202 14203 Wednesday 14204 14205 Thursday 14206 14207 Friday 3-6 years Ages: Location: Gymnastics Room Min/Max: 4/8Instructor: Kelly Lilja Fee: \$25/day

TIME: May 28 9:00-10:30 am 10:30 am-noon May 29 9:00-10:30 am 10:30 am-noon May 30 9:00-10:30 am 10:30 am-noon 9:00-10:30 am May 31 10:30 am-noon June 3 9:00-10:30 am 10:30 am-noon June 4 9:00-10:30 am 10:30 am-noon 9:00-10:30 am June 5 10:30 am-noon 9:00-10:30 am June 6 10:30 am-noon 9:00-10:30 am June 7 June 10 9:00-10:30 am 10:30 am-noon June 11 9:00-10:30 am 10:30 am-noon June 12 9:00-10:30 am 10:30 am-noon June 13 9:00-10:30 am 10:30 am-noon June 14 9:00-10:30 am

Classes are subject to cancellation 24 hours prior to start if minimum enrollment is not met

Kelly's Kamp Mightys

Just like the name, Kelly's Kamp Mightys is for your mighty gymnast! Each class is loaded with 90-minutes of jumping, tumbling, cartwheeling and stretching! Activities include beam, trampoline, bars, and lots of physical challenges. This camp is perfect for children attending summer school at LBES. Kids will be walked over to the Park District for class. Don't forget to bring a Lunch!!

CODE:	DAY:	DATES:	FEE:	
14208	Wednesday	June 19–July 10 (4) (tentative)	\$88/90	
14209	Thursday	June 20–July 11(3) (tentative)	\$66/68	
Ages:	Entering 1-5 Grade			
No Class:	July 4			
Time:	12:30-2:00 pm			
	Will walkover kids from	Kaleidoscope Summer School		
Location:	Gymnastics Room			
Min/Max:	4/8			
Instructor:	Kelly Lilja			



Birthday Parties

Have a "Magical Dance Birthday Party Extravaganza!" Watch as joy abounds your child's face while they dance to their favorite whimsical songs, enjoy engaging props, and playful movements. Themes are available upon request, but the favorite theme of choice is silly dance songs & fun games.

We also offer a "Happening Hip Hop Party."

Miss Holly has over 18 years of teaching children across the North Shore.

Contact Holly Curtis at 847-668-5095 to book your child's special day!



Saturday, April 13 • 9:00 am Ages 8 and under At the Lake Bluff Recreation Center/Blair Park

E

Collect eggs and see the Bunny! Free Family Fun!! Find the golden eggs and win prizes! Bring a Basket!!

Flashlight Egg Hunt for 9—12 year olds Friday, April 12 • 7:30 pm • Lake Bluff Recreation Center/Blair Park FREE! Bring a basket and a flashlight!



Lake Bluff Preschool

Classes For Early Childhood through Kindergarten Welcoming Children 2 to 5 Years Old

- Experienced and caring teachers
- Thoughtfully prepared environments for each age
- Guidance in learning social skills and making friends
- Gentle encouragement to practice independence skills
- Inspiring educational materials and experiences
- Lively arts, crafts, music and dramatic play
- "Kids N Motion" health and wellness program
- Afternoon Kindergarten emphasizes and encourages children's interest in learning the fundamentals of reading, writing skills and math concepts
- Engaging STEAM activities in each curriculum





Program Highlights 2019–2020

Lake Bluff Preschool and Afternoon Kindergarten

- Morning Preschool for 2, 3, 4 and 5 year olds
- Afternoon Preschool for 3.6–5 years
- Afternoon Kindergarten for 4.6–5 years

Dana Hansen, Preschool and Early Childhood Director, is delighted to welcome you and your family to Lake Bluff Preschool. Dana believes that building a child's confidence and independence coupled with a spectacular support system is the key to a child's success. As a key member of our Lake Bluff Park **District Leadership Team, Dana** strives for excellence within her programs and for the Park District as a whole. Please feel free to call or pay her a visit, as she is ready and willing to discuss any issues of concern.

847-457-7352 dhansen@lakebluffparkdistrict.org





Preschool for Two Year Olds

Introduce your child to an enriched and nurturing environment that encourages the development of social skills, language, independence and self-confidence. Our experienced teacher, Megan Bello, focuses on helping children feel comfortable away from home as they experience art, dramatic play and music. Basic concepts such as shapes, colors, the alphabet and numbers are presented in fun and creative ways. Children enjoy this active classroom environment prepared to stimulate their imagination and interest in the world around them. You will enjoy seeing your child grow and make his first friends at school.

CODE:	DAYS:	AGE:
13648	Monday/Wednesday	2.0-2.5 years
13649	Tuesday/Thursday	2.6-2.11 years
Dates:	September 3, 2019-May 22, 202	0
No Class:	Follows Lake Bluff Preschool Ca	lendar
Time:	9:00–11:00 am	
Location:	Purple Room	
Min/Max:	7/10	



Childcare before and after Preschool is available! Our Kidzone teacher, Miss Tina, provides a nurturing environment, rich in social fun, art activities, gym/playground time and lunch (provided by child). Miss Tina walks children to and from Lake Bluff Preschool and Enrichments if requested by parent/guardian. Kidzone services children from ages 6 months to 7 years of age, Monday–Friday, 8:00 am-3:00 pm and Saturday, 8:00 am–noon. Please call Miss Tina with any questions, 847-457-7353 or Dana Hansen, Director of Preschool and Education, 847-457-7352. See Guest Services for various prices and packages. As a reminder, Kidzone is a nut-free environment. Please keep this in mind when packing your child's daily snack and/or lunch.



Lunch in Kidzone

Preschool parents are invited to purchase a Kidzone Punch Pass (10 punches for \$100).

After your child's morning class, he can enjoy an additional one hour lunch and play time with classmates. Children always have fun with Miss Tina in Kidzone!

Lake Bluff Preschool

Preschool for Three Year Olds

3.0–3.8 year olds

The Monday/Wednesday class is perfect for encouraging children's enjoyment of school and their eagerness to learn in a playful environment. Tamera Guidarini "Mrs. G" gets them excited to further explore the basic concepts of shapes, colors, numbers, letters and their sounds. Children do activities that help develop fine motor skills in preparation for writing. Fun art, science experiments and lively music are included. We begin teaching social/emotional skills through the Calm Classroom curriculum.

CODE:	AGE:	DAYS:
13650	3.0-3.8	Monday/Wednesday
13651	3.6-3.11	Tuesday/Thursday/Friday
Dates:	September 3/4, 2019-Ma	y 22, 2020
Time:	9:00-11:30 am	
Location:	Green Room	
No Class:	Follows Lake Bluff Presch	hool Calendar
Min/Max:	7/12	

Preschool for 3.6 to 5 Year Olds

Lake Bluff Morning Preschool classes for 4–5 year olds are offered either four or five days a week.

Afternoon Preschool for 3.6–5 year olds is four days. Children bring their lunch and then enjoy an afternoon of preschool activities.

Lake Bluff Preschool classes are taught by experienced teachers, Sheila Thomsen and Marcine Zbynski, who know that children love to learn by using their hands. Whether making unique designs in the classroom rock garden, doing a woodworking project, gardening or conducting a science experiment, children are encouraged to find connections in what they are learning and express that through art, writing or in whatever ways they are inspired to do so. We also help them become more confident in recognizing the alphabet and the sounds of the letters, understanding beginning math concepts and refining their skills for writing letters and numbers. Using games and creative materials, children learn while having fun. Our practice of Calm Classroom techniques teach skills that develop focus, concentration and a mind that is relaxed and ready to learn.

Lake Bluff Morning Preschool

CODE:	AGE:	DAYS:	TIME:
		Monday–Thursday Monday–Friday	9:00–11:30 am 9:00–11:30 am

Lake Bluff Afternoon Preschool

CODE:	AGE:	DAYS:	TIME:
13656	3.6-5	Monday–Thursday	11:45 am-3:00 pm
Dates:	Septen	nber 3, 2019–May 22, 2	020
No Class:	Follow	s Lake Bluff Preschool	Calendar
Min/Max:	10/17		
Fee:	See de	tails on Easy Enrollmen ⁻	t on page 78.



3.6–3.11 year olds

The older three year olds attend Tuesday/ Thursday/Friday for mornings focused on learning in a playful and nurturing environment. Mrs. G continues encouraging natural interest in letter sounds, writing, counting objects, building with blocks and other materials and creative educational experiences.

We expand on the young three's activities and stimulate their natural curiosity to get them thinking and asking interesting questions. Their classroom is designed to give them opportunities to do more things independently. Our Calm Classroom curriculum is a relaxing and fun part of their day. With stretching and breathing they become aware of how their body feels. Children love learning these skills.

Lunch in Kidzone

Preschool parents are invited to purchase a Kidzone Punch Pass (10 punches for \$100).

After your child's morning class, he can enjoy an additional one hour lunch and play time with classmates. Children always have fun with Miss Tina in Kidzone!







Afternoon Kindergarten

The Afternoon Kindergarten Program is designed to engage students in rich and varied activities designed to provide the foundation for academic and social success. The environment provides a healthy balance between whole group, small group and individual work, academic enrichment and play and teacher-directed and self-guided goals and pursuits. Teachers identify students' individual interests and differentiate instruction to devise units of study to capture imaginations.

This comprehensive program boasts its servicing of LBES Preschoolers in addition to Lake Bluff Preschoolers. Children bring a lunch and will eat together before they begin their afternoon activities.

Both the child and the class will benefit from a consistent choice of days. Therefore, specific 5, 4 or 3 days chosen stay the same throughout the school year. It is possible to add or drop days on a one-time basis as the school year progresses (tuition will be prorated). Registrants starting after the first day of school will have their tuition prorated with their actual start date.

Please note: We do not observe all LBES No School Days. Please see our school calendar for details.

CODE: 13657 13658	NO. OF DAYS: Five Days Four Days
13659	Three Days
Age:	4.6–5 years
Days:	Monday–Friday
Dates:	August 28, 2019-May 29, 2020
No Class:	See Preschool calendar
Time:	11:45 am-3:00 pm
Location:	Blue Room
Min/Max:	8/15

Lake Bluff Preschool Easy Enrollment 2019–2020

STEP 1

• Select appropriate class for your child's age as of September 1, 2019. For Afternoon Kindergarten, select which days of the week your child will be attending (choice of 3, 4 or 5 days) on Billing Agreement.

STEP 2

• Come to the Lake Bluff Park District to complete the registration process. Our office is located at 355 W. Washington Ave. A portion of your first payment is a Non-Refundable Registration Fee (\$125) for all programs. Non-Residents pay an additional \$50 for all programs which is due at the time of registration and added to the first payment (waived for active military and Lake Forest residents).

STEP 3

- Payment may be made in Full at time of registration or in Monthly Payments.
- We accept all credit/debit cards.
- Payment is divided into nine equal payments. First payment is due at time of registration and remaining 8 payments are automatically deducted on the 15th day or up to five business days after for the months of September 2019 through April 2020 from your account. A portion of your first payment (\$125) is Non-Refundable. Therefore, if you withdraw prior to the start of the program, a service charge of \$125 applies. If withdrawing during the program, your withdrawal is prorated out with the last day attended and with the service charge of \$125.

Tuition 2019–2020

AGE AS OF			2019–2020	
9/1/2019	DAYS:	TIME:	TUITION:	9 PAYMENTS:
2.0-2.5	M/W	9:00-11:00 am	\$2,475	\$275
2.6-2.11	Tu/Th	9:00-11:00 am	\$2,475	\$275
3.0-3.8	M/W	9:00-11:30 am	\$2,718	\$302
3.6-3.11	Tu/Th/F	9:00-11:30 am	\$3,096	\$344
4.0-5	M-Th	9:00-11:30 am	\$3,609	\$401
4.0-5	M-F	9:00-11:30 am	\$4,086	\$452
Afternoon Prescho	ool			
3.6-5	M–Th	11:45 am-3:00 pm	\$3,357	\$373
Afternoon Kinder	garten			
4.6-5	Five Days	11:45 am-3:00 pm	\$3,663	\$407
4.6-5	Four Days	11:45 am-3:00 pm	\$3,402	\$378
4.6-5	Three Days	11:45 am–3:00 pm	\$2,781	\$309

IMPORTANT FACTS:

- Early Registration Dates for the 2019–2020 school year offered to families currently registered at Lake Bluff Preschool are January 7–11 (Monday–Friday) from 9:00 am to 12:00 pm. Please come to the Lake Bluff Park District's front desk for registration forms and details. Regular registration begins January 14 at 9:00 am.
- Classes begin Tuesday, September 3 for Preschool and Wednesday, August 28 for Afternoon Kindergarten. Lake Bluff Preschool follows the Lake Bluff School District 65 schedule, with some exceptions. Refer to your Preschool calendar.
- Children enrolling in Lake Bluff Preschool for the first time must submit a copy of their Birth Certificate and an updated vaccination report from your pediatrician by the first day of school.
- Children 2.0–2.11 years old need not be toilet trained. Children over the age of 3 must be toilet trained and out of diapers/pullups to participate in the program.
- QUESTIONS? Call Preschool and Early Childhood Education Director Dana Hansen at 847-457-7352.

Lake Bluff Preschool Registration

355 W. Washington Avenue Lake Bluff, Illinois 60044 • Phone 847-234-4150

Resident registration for the 2019–2020 program will be accepted at Guest Services.

Program Code	Name of Child	Gender	Birthdate Mo/Day/Yr	Age as of 09/01/19	Days/Time

Billing Agreement on other side must be completed and signed for registration to be complete.

Do you need any accommodation, in accordance with the Americans with Disabilities Act, to effectively participate in the above activity and/or facility? 🗌 Yes 🗌 No Please call the Park District office at 847-234-4150 x 0 to confirm your request for accommodation.

INSURANCE LIABILITY WAIVER The Lake Bluff Park District is committed to conducting its recreation programs and activities in the safest manner possible and holds the safety of the participants in the highest possible regard. Participants and parents registering their child in recreation programs must recognize however, that there is an inherent risk of injury when choosing to participate in recreation activities. The Lake Bluff Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions which have been designed to protect the participants' safety. Please recognize that the Lake Bluff Park District does not carry medical accident insurance for injuries sustained in its programs. The cost of such would make program fees prohibitive. Therefore, each person registering themselves or a family member for a recreation program/activity should review their own health insurance policy for coverage. It must be noted that the absence of health insurance coverage does not make the Lake Bluff Park District automatically responsible for payment of medical expenses. Due to the difficulty and high cost of obtaining liability insurance, the agency providing liability coverage for the District REQUIRES the execution of the following Waiver and Release. Your cooperation is greatly appreciated. Please read this form carefully and be aware in participating in the program(s) listed above, you will be waiving and **releasing all claims for injuries you might sustain arising out of the activities of this program**.

WAIVER AND RELEASE OF ALL CLAIMS As a participant in the program, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, including death, damages or loss regardless of severity which I may sustain as a result of participating in any and all activities connected with or associated with such program (including transportation services and vehicle operations, when provided). I agree to waive and relinquish all claims I may have as a result of participating in the program against the District and its officers, agents, servants and employees from any and all claims from injuries, including death, damages to indemnify and hold harmless and defend the District and its officers, agents, servants and employees from any and all claims from any and all claims from injuries, including death, damages and losses sustained by me or arising out of, connected with, or in any way associated with the activities of the program.

PERMISSION TO SECURE TREATMENT In the event of emergency, I authorize District officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for my immediate care and I agree that I will be responsible for payment of any and all medical services required. I have read and fully understand the aforementioned Program Details, Waiver and Release of All Claims and Permission to Secure Treatment. (Note: Please sign in an appropriate space below.)

I have carefully read the insurance liability waiver on this page, and I understand that my signature is required below in order to participate in Lake Bluff Park District programs.

Signature _

Date _

Fill Out Other Side of this Page—Registration is Then Complete!

Lake Bluff Preschool Billing Agreement

First & Last Name on Credit/Debit Card:		
Credit/Debit Card:		
Exp Date:		
CVC#:		
Circle One:		
Paying in Full (add \$50/program for N-R only)	Code#	\$
OR		

Payment Plan (add \$50/program for N-R only to 1st payment)

Code	Child's Name	1 st Payment (N-R add \$50)	Remaining 8 Payments

For Afternoon Kindergarten ONLY: Circle the 3, 4, or 5 days attending each week: M Tu W Th F

TERMS & CONDITIONS

- By signing this agreement, I agree to pay the Lake Bluff Park District Preschool tuition payments shown above either in full or in 9 installment payments. I agree to be liable for the 2019–2020 tuition, with the first payment to be paid at the time of registration and remaining payments on the fifteenth day of the month or up to five business days after for September 2019 through April 2020. Non-Residents pay an additional \$50 for all programs which is due at the time of registration and added to the first payment.
- I agree it is my responsibility to have adequate funds in my account to cover these transactions and to update my credit card/debit card information if it should change.
- Requests for withdrawal from this program must be made in writing and approved in order to cancel this billing agreement and will require a final fee that corresponds with the cancellation policy. A portion of your first payment (\$125) is Non-Refundable so if you withdraw prior to the start of the program, a service charge of \$125 applies. If withdrawing during the program, your withdrawal is prorated out with the last day attended and with the service charge of \$125.
- Registrants starting after the first day of school will have their tuition prorated with their actual starting date.
- Any transaction rejected due to no fault of the Park District will be assessed a \$20 service fee each time.

Signature: _

Date:

Fill Out Other Side of this Page—Registration is Then Complete!



STEAM is an acronym for Science, Technology, Engineering, Arts/Creativity and Math education. We focus on these areas together not only because the skills and knowledge in each discipline are essential for student success, but also because these fields are deeply intertwined in the real world and in how students learn most effectively. STEAM is an interdisciplinary and applied approach that is coupled with hands-on, problem-based learning. (Check out all the STEAM offerings this season.)





It's a playdate with purpose! Children will have fun with Mrs. G and friends while participating in a variety of board games and physical fitness games. Playing games together provides kids opportunities for working on social skills, direction following, memory, sustained attention, self control and fine and gross motor physical skills. Don't forget to bring a lunch!

CODE:	DATES:	NO CLASS:	FEE:
13754	March 4–April 22 (7 sessions)	3/25	\$123/\$130
13755	April 29–May 20 (4 sessions)		\$70/\$77
Day:	Monday		
Time:	11:30 am-1:30 pm		
Age:	3.5–5 years		
Location:	Green Room		
Min/Max:	5/10		

Engineering for Preschoolers



Calling all little engineers! This fun and creative class teaches simple engineering concepts for kids ready to create and design structures and gadgets. Builders are encouraged to stretch their creativity for a final contraption to present to parents. Snack included. Lake Bluff Preschool students may enter class at 3:00 pm.

CODE: 13757 13758	DATES: March 4–April 22 (7 sessions) April 29–May 20 (4 sessions)	spring	NO CLASS: 3/25	FEE: \$123/\$130 \$70/\$77
Day:	Monday			
Time:	3:15 pm-4:30 pm			
Ages:	4–6 years			
Location:	Purple Room			
Min/Max:	5/10			

Let us teach your child ways to improve their Executive Functioning Skills.

Controlled by the brain's frontal lobe, **Executive Functioning Skills** are one's working memory, control/self-regulation and cognitive flexibility. These three skills help the brain organize and act on information. They enable people to plan, organize, remember things, prioritize, pay attention and get started on tasks. They also help people use information and experiences from the past to solve current problems.

A strong working memory means you have the ability to retain fresh information long enough to able to do something with the information. People with strong working memories find it easier to recall and manipulate information they hear without needing to write it down.

Having control/self regulation is the quality that allows you to stop yourself from doing things you want to do that might not be in your best interest.

Having cognitive flexibility is the ability to switch between thinking about two different concepts, and to think about multiple concepts simultaneously.



Fantastic Science

Unlock the mysteries of science through hands-on activities and explorations. Our scientists will learn about subjects by observing, describing, and experimenting. Don't forget to bring your lunch!

CODE:	DAY:	DATES:		NO CLASS:	FEE:
13764	Tuesday	March 5–April 23 (7 sessions)		3/26	\$123/\$130
13765	Wednesday	March 6–April 24 (7 sessions)	spring	3/27	\$123/\$130
13766	Tuesday	April 30–May 21 (4 sessions)			\$70/\$77
13767	Wednesday	May 1–May 22 (4 sessions)			\$70/\$77
Time:	11:30 am-1:30	pm			
Ages:	3.5-5 years				
Location:	Green Room				
Min/Max:	5/10				

Book Worms

Inch your way into our preschoolers' book club! Children will read a teacher-provided story and participate in related fun games and crafts. Bring your lunch (nut free of course). Mrs. Bello looks forward to sharing her love of reading with you.

CODE:	DAY:	DATES:		NO CLASS:	FEE:
13760	Tuesday	March 5–April 23 (7 wks)		March 26	\$123/\$130
13895	Wednesday	March 6–April 24 (7 wks)	spring	March 27	\$123/\$130
13761	Tuesday	April 30–May 21 (4 wks)			\$70/\$77
13896	Wednesday	May 1–May 22 (4 wks)			\$70/\$77
Time:	11:30 am-1:30) pm			
Age:	3.5-5 years old	1			
Location:	Purple Room				
Min/Max:	5/8				





For Goodness Bake Junior Style!

Does your child enjoy baking breads and cookies? Mrs. G teaches the art of making tasty baked yummies. From the science of mixing ingredients, learning why yeast helps to raise bread to observing changes, kids will become masters of our junior bakery! Don't forget to bring your lunch!

CODE:	DATES:
13771	March 7–April 25 (6 sessions)
13772	May 2–May 16 (3 sessions)
Day:	Thursday
Time:	11:30 am-1:30 pm
Age:	3–5 years
Location:	Green Room
Min/Max:	5/10

	NO CLASS
oring	3/28, 4/1

ASS: FEE: 4/11 \$105/\$112 \$53/\$60

Terrific Twos and Threes

Have your 2.0-3.5 year-old join Megan Bello for a playful morning of fun activities. Mrs. Bello has a gift for planning exercises children enjoy. They may have so much fun they won't want to leave! A child being together with friends helps encourage language development, social skills, and independence. This is one fun Friday! Snack is provided for this class.

13	DE: 5768 5769	DATES: March 1–April 26 (7 sessions) May 3–May 24 (4 sessions)		NO CLASS: 3/29, 4/12	FEE: \$210/\$217 \$120/\$127
Da	ay: ges:	Friday 2.0–3.5 years	spring		ψ120/ψ127
Ti	me:	9:00–11:00 am			
Lo	ocation:	Purple Room			
Μ	in/Max:	3/12			





Childcare before and after Preschool is available!

Our Kidzone teacher, Miss Tina, provides a nurturing environment, rich in social fun, art activities, gym/playground time and lunch (provided by child).

Miss Tina walks children to and from Lake Bluff Preschool and Enrichments if requested by parent/guardian.

Kidzone services children from ages 6 months to 7 years of age, Monday–Friday, 8:00 am– 3:00 pm and Saturday, 8:00 am–Noon.

Please call Miss Tina with any questions, 847-457-7353 or Dana Hansen, Director of Preschool and Early Childhood Education, 847-457-7352. See Guest Services for various prices and packages.

As a reminder, Kidzone is a nut-free environment. Please keep this in mind when packing your child's daily snack and/or lunch.

Find Lake Bluff Preschool starting on page 74 For Elementary STEAM go to page 85





REGISTER ONLINE AT

Register and pay for programs and view available facilities, all from your computer, tablet or smart phone!

Build-a-Lunch!

5/10

Min/Max:

Don't bring a lunch because we are going to make it! With each class, children will learn how to build a healthy, nutritious lunch. Made simple by Mrs. Bello, kids will really enjoy learning how to make their own healthy and tasty lunch... and they stay and play.

CODE:DATES:13774March 8–April 26 (6 sessions)13775May 3–May 17 (3 sessions)Day:FridayTime:11:30 am–1:30 pmAge:3.5–5 yearsLocation:Purple Room



FEE: \$105/\$112 \$53/\$60

Blast Off into the World of Art

Kids, create with wood, paint, clay and wire! A little of this and with A LOT of imagination kids will build masterpieces with Mrs. Thomsen. This class will join the Art Show at the end of the session. Don't forget to bring your lunch!

CODE:	DATES:
13777	March 8-April 26 (6 sessions)
13778	May 3-May 17 (3 sessions)
Day:	Friday
Time:	11:30 am-1:30 pm
Age:	3.6–5 years
Location:	Rainbow Room
Min/Max:	5/12

NO CLASS: 3/29, 4/12

FEE: \$105/\$112 \$53/\$60





STEAM is an acronym for Science, Technology, Engineering, Arts and

Math education. We focus on these areas together not only because the skills and knowledge in each discipline are essential for student success, but also because these fields are deeply intertwined in the real world and in how students learn most effectively. STEAM is an interdisciplinary and applied approach that is coupled with hands-on, problembased learning. (Check out all the STEAM offerings this season.)





We will walk your child from LBES to your child's Park District class - for no additional charge. Just sit back and let us do the walking!

Please email your child's teacher with the dates for Walkovers.

Engineering for Kindergarteners

Calling all engineers! This fun and creative class teaches simple engineering concepts for kids ready to create and design structures and gadgets. Builders are encouraged to stretch their creativity for a final contraption to present to parents. Snack included. Lake Bluff Elementary students can come to class early with walkover.

CODE:	DATES:	
13783	March 4–April 22 (7 sessions)	
13784	April 29–May 20 (4 sessions)	spr
Day/Time:		
Ages:	Kindergarten	
Location:	Purple Room	
Min/Max:	5/10	

NO CLASS: 3/25

FEE:
\$147/\$1
\$84/\$91

54

D.I.Y.!!! (Do It Yourself!!!)

Discover new passions, make super cool things, design your dream "anything" and learn new skills in this Do It Yourself class. From making crafts, to food to gadgets or necklaces, kids will have the opportunity to see ideas come to life! Snack included. Lake Bluff Elementary students can come to class early with walkover.

CODE: **DATES:**

13780	Marc
13781	April
Day/Time:	Mone
Ages:	6-10
Location:	Green
Min/Max:	5/10

h 4–April 22 (7 sessions) 29-May 20 (4 sessions) day 3:15-4:30 pm

NO CLASS: FEE:

3/25



\$147/\$1
\$84/\$91

Aax:	5/10	
on:	Green Room	

Engineering

Calling all master engineers! This fun and creative class teaches simple engineering concepts for kids ready to create and design structures and gadgets. Builders are encouraged to stretch their creativity for a final contraption to present to parents. Snack included. Lake Bluff Elementary students can come to class early with walkover.

menudeu. Luite Diam Liementary students		
CODE:	DATES:	
13786	March 4-April 22 (7 sessions	
13787	April 29-May 20 (4 sessions)	
Day/Time:	Monday 3:15-4:30 pm	
Age:	7–10 years	
Location:	Rainbow Room	
Min/Max:	5/10	

3

NO CLASS:	FEE:
3/25	\$147/\$15
	\$84/\$91

Eats and Treats

Calling all chefs! Master churos, quesedillas, specialty foods and so much more. From organizing your chef tools to implementation this class will make all kiddos masters of the kitchen. Snack included. Lake Bluff Elementary students can come to class early with walkover.

CODE:	DATES:		NO CLASS:	FEE:
13789	March 6–April 24 (7 sessions)		3/27	\$147/\$154
13790	May 1–May 22 (4 sessions)	spring		\$84/\$91
Day/Time:	Wednesday 3:15-4:30 pm			
Age:	6–10 years			
Location:	Purple Room			
Min/Max:	5/10			

fterschool Elementary STEAM and Executive Functioning \$154 54







We will walk your child from LBES to your child's Park District class - for no additional charge. Just sit back and let us do the walking!

Please email your child's teacher with the dates for Walkovers.



We will start with a dot and extend it to a line. Where will it take us, only our imaginations will lead us! A variety of supplies will be offered to create our ideas, be it paint, metal or sculpturing. Robots to water lilies; we shall see at the gallery show in December. Snacks will be provided! Lake Bluff Elementary students can come to class early with walkover.

CODE:	DATES:	NO CLASS:	FEE:
13792	March 6–April 24 (7 sessions)	3/27	\$147/\$154
13793	May 1–May 22 (4 sessions)		\$84/\$91
Day:	Wednesday		
Age:	6–10 years		
Time:	3:15–5:00 pm		
Location:	Rainbow Room		
Min/Max:	5/10		

Executive **FUN2think** Functioning

Play games that are fun and helpful in strengthening working memory, one of our executive functions.* Researchers have found that playing games such as these can make it a little easier for children to solve math problems in their heads, keep their place in a book when reading and experience all kinds of other great benefits in school and their daily lives. Snack included. Lake Bluff Elementary students can come to class early with walkover.

CODE:	DATES (subject to change):	NO CLASS:	FEE:
13795	March 7–April 25 (6 sessions)	3/28, 4/4	\$126/\$133
13796	May 2–May 23 (4 sestons)		\$84/\$91
Day:	Thursday		
Time:	3:15-4:30 pm		
Age:	7–10 years		
Location:	Green Room		
Min/Max:	5/10		

Mind Blowing Science S

Packed with hair-raising experiments, this class gets kids to think and create like scientists. Erupt a color changing volcano, make colored crystals, try to pop an unpoppable balloon, find out what happens when you add mint candies to soda and so much more! Snack included. Lake Bluff Elementary students can come to class early with walkover.

CODE:	DATES (subject to change):		
13798	March 7–April 25 (6 sessions)		
13799	May 2-May 23 (4 sestons)		
Day:	Thursday		
Time:	3:15 pm-4:45 pm		
Age:	7–10 years		
Location:	Rainbow Room		
Min/Max:	5/10		

	NO CLASS:
spring	3/28, 4/4

FEE:
\$126/\$133
\$84/\$91

Lake Bluff Park District Owned Property



A. Blair Park—Lake Bluff Park District Recreation Center

- Lake Bluff Pool: Olympic size Swimming Pool, Tot Pool and Locker Facilities
- 2. Gymnasium
- 3. Fitness Center and Locker Facilities
- 4. Running/Jogging Track
- 5. Five Early Childhood Education Rooms
- 6. Community Room
- 7. Two Playgrounds
- 8. Car and Bicycle Parking
- 9. Gymnastics Room
- 10. Administration Offices
- 11. Lighted Sledding Hill
- 12. Two Outdoor Tennis Courts
- 13. Skate Park
- 14. Two Dance Studios
- 15. Paddle Tennis Courts and Hut

B. Lake Bluff Golf Club

- 1. 18 Hole Golf Course
- 2. Pro-shop and Locker Facilities
- 3. Parking Lot
- 4. Food Service
- 5. Golf Club Maintenance Department and Equipment Storage

C. Sunrise Park and Beach

- 1. Supervised Swimming Beach and Restrooms
- 2. Picnic Tables with Grills
- 3. Boat Launching Off Beach
- 4. Two Lighted Shelters
- with Fireplaces 5. Play Equipment

D. Artesian Park

- 1. Three Baseball/Softball Diamonds (one lighted)
- 2. Lighted Outdoor Skating and Hockey Rink with Warming Shelter
- 3. Soccer or Football Field
- 4. Fieldhouse with Restrooms
- 5. Playground Area
- 6. Five Outdoor Tennis Courts
- 7. Car and Bicycle Parking Lot
- 8. Bleachers
- 9. Drinking Fountains
- 10. Fitness Equipment Area
- 11. Outdoor Hitting Cage
- 12. Basketball Area

E. Mawman Park

- 1. Baseball/Softball Diamond
- 2. Playground Area
- 3. Basketball Area
- 4. Soccer or Sports Field
- 5. Bleachers
- 6. Drinking Fountain
- 7. PTO Birdhouse Library

F. Sheridan Road Greenstrip

G. Ravine Park

1. Walking Paths and Nature Preserve

H. Sanctuary Park

- 1. Play Area
- 2. Shelter
- 3. Baseball/Softball Diamond
- 4. Nature Walking Paths
- 5. PTO Birdhouse Library

I. Knollwood Park

- 1. Baseball/Softball Field
- 2. Two Play Areas
- 3. Basketball Court
- 4. Paved Walkway
- 5. PTO Birdhouse Library

J. Wetlands

- 1. Nature Preserve
- K. Belle Foret Prairie
 - 1. Walking Paths

L. West Park

- 1. Baseball/Softball Fields
- 2. Bleachers
- 3. Playground
- 4. Drinking Fountain
- 5. PTO Birdhouse Library

Map provided by Lake County GIS Division



Early Bird Before-School Care 2018-2019

We open at 6:30 am for parents who need to leave for work before the start of school. You do not have to be in the After-School Rec Club (ARC) to participate in Early Bird. This program is for Lake Bluff Elementary School children only. The children will be walked over to Lake Bluff Elementary School by 8:00 am.

The children will have a chance to read, play board games, color, and enjoy crafts until the start of the school day. They may bring a cold breakfast to have while here.

Early bird payment options (for a 20 school day period)

FIVE DAY	\$21
THREE DAY	\$11
TWO DAY	\$85
EMERGENCY PUNCH CARD	\$55

- 0 Monday through Friday
- 15 Choose any three day combination
- 5 Choose any two day combination
- 55 Five punch card

After-School Recreation Club 2018–2019

ARC is an after-school program for working parents that offer a variety of activities ranging from crafts and basketball to homework and snacks. This program is for children in afternoon kindergarten through 5th grade attending Lake Bluff Elementary School. Special Days are available to non-participants. For more details on ARC, contact Rosie Aliperta at 847-457-7337.

Note: there is no bus fee. ARC staff will walk the children from LBES to the Park District; on bad weather days there will be an emergency bus available.

ARC payment options (for a 20 school day period)

FIVE DAY Monday through Friday:

Full (after school-6:00 pm)\$310Half (after school-4:30 pm)\$210

THREE DAY Choose any three day combination:

Full (after school-6:00 pm)\$209Half (after school-4:30 pm)\$145

TWO DAY Choose any two day combination:

Full (after school-6:00 pm)\$162Half (after school-4:30 pm)\$110

SIBLING DISCOUNT:

\$10 off each additional sibling's fee for 20 school day period. (Does not apply to Special Days or In-House Days.)

SPECIAL DAYS:

Days Off School/Holidays	\$62
In-House Day	\$40

Register at the Park District Office.







ARC Special Days

Trips for days off school due to holidays, teacher institutes, teacher conferences, etc. are available to all ARC children enrolled in Kindergarten through 5th grade. These days include trips to different destinations in the area with drop off and pick up at the Lake Bluff Park District Recreation Center. Days offered for the 2018/2019 school year are listed below. Field trip destinations will be posted later. Please note trips are subject to cancellations if we do not meet our minimum numbers. No refunds will be given for withdrawals.

Note: Registration for days off school and holidays is available for children not enrolled in ARC; however children currently enrolled in ARC have priority registration for these trips.

CODE:	DATE:
13638	March 1
13639	March 25
13640	March 26
13641	March 27
13642	March 28
13642	March 29
13644	May 3
Ages:	K–5th Grade
Place:	Community Room
Time:	8:00 am-6:00 pm
Fee:	\$62

Register at the Park District Office



ARC In-House Days

In-House Days are those days when school is held only half of the day and students may come to ARC for the remainder of the day. Since In-House Days are longer than our usual ARC days, they are not included in the regular 20 school day periods. The fee for an In-House Day is \$40 and must be signed up for separately. Punch Card may be used for In-House Days. ARC emergency punch card may not be used for In-House Days. Children should bring lunch and will be walked to the Park District. Note: In-House Days are only for children currently enrolled in the corresponding ARC session.

CODE:	DATE:
13446	February 28
Ages:	K–5th Grade
Place:	Community Room
Time:	11:05 am-6:00 pm
Fee:	\$40

ARC Emergency Punch Card

This punch card is only available to families enrolled in the ARC program and allows you to purchase additional time at ARC. The fee is \$100 for 5 punches and expires at the end of the school year. Unused punches will be credited back to you at the end of the school year.

Note: The punch card may not be used to extend the 6:00 pm pick-up option or used for Special Days or In-House Days.

Punches may be used to:

- Add time onto a 4:30 pm pick-up
- Come on an additional day for which you are not currently registered

Summer Camp Registration

355 W. Washington Avenue Lake Bluff, Illinois 60044 • Phone 847-234-4150 • Fax 847-234-7275

PLEASE PRINT • YOU MUST FILL OUT FORM COMPLETELY OR PROCESSING WILL BE DELAYED

Family Last Name	Home Phone
Child's Last Name If Different from Family Last Name	
Address	Email Address
City Zip	
Mother's Name (if residing in household)	Father's Name (if residing in household)
Mother's Daytime Phone • Be sure to complete each line of the table below.	Father's Daytime Phone • Make checks payable to Lake Bluff Park District.

· Use this form for your whole family.

• Call the Office if you have any questions about this form.

Program Number	Registrant's First Name	Gender	Date of Birth M/D/Y	Grade as of Fall 2019	Program Name	Fee	Paid

INSURANCE LIABILITY WAIVER The Lake Bluff Park District is committed to conducting its recreation programs and activities in the safest manner possible and holds the safety of the participants in the highest possible regard. Participants and parents registering their child in recreation programs must recognize however, that there is an inherent risk of injury when choosing to participate in recreation activities. The Lake Bluff Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions which have been designed to protect the participants' safety.

Please recognize that the Lake Bluff Park District does not carry medical accident insurance for injuries sustained in its programs. The cost of such would make program fees prohibitive. Therefore, each person registering themselves or a family member for a recreation program/activity should review their own health insurance policy for coverage. It must be noted that the absence of health insurance coverage does not make the Lake Bluff Park District automatically responsible for payment of medical expenses. Due to the difficulty and high cost of obtaining liability insurance, the agency providing liability coverage for the District RE-QUIRES the execution of the Waiver and Release. Your cooperation is greatly appreciated. Please read this form carefully and be aware in participating in the program(s) listed above, you will be waiving and releasing all claims for injuries you might sustain arising out of the activities of this program.

WAIVER AND RELEASE OF ALL CLAIMS As a participant (or as a parent/guardian of a participant under age 18) in the Lake Bluff Park District programs, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume full risk of any injuries, including death, damages, or loss regardless of severity which I may sustain as a result of participating in any and all activities connected with or associated with such program (including transportation services and vehicle operations, when provided). I agree to waive and relinquish all claims I may have as a result of participating in the program against the Park District and its officers, agents, servants, and employees

I do hereby fully release and discharge the Park District and its officers, agents, servants, and employees from any and all claims from injuries, including death, damage, or loss which I may have or which may accrue to me on account of my participation. I further agree to indemnify and hold harmless and defend the Park District and its officers, agents, servants, and employees from any and all claims resulting from injuries, including death, damages, and losses sustained by me or arising out of, connection with, or in any way associated with the activities of the program.

PERMISSION TO SECURE TREATMENT In the event of emergency, I authorize Park District officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for my immediate care and I agree that I will be responsible for payment of any and all medical services required. I have read and fully understand the aforementioned Program Details, Waiver and Release of All Claims and Permission to Secure Treatment

(Note: Please sign in an appropriate space below.)

I have carefully read the insurance liability waiver on this form and I understand that my signature is required below in order to participate in Lake Bluff Park District programs.

Signature

Date

Card# CVC# Exp. Date Total Payment Signature	CIRCLE ONE: CASH CHECK CHARGE	Assistance as required by the Americans with Disabilities Act can be made available to participants. Check box for processing if applicable.	Mail this form with payment in full to: Lake Bluff Park District Registration 355 W. Washington Lake Bluff, IL 60044
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See rates and registration on page 92

Proof of Residency Required

REGISTRATION HOURS

Every person who signs up for a Pool and Beach pass must have his or her own card and must provide, at the time of registration, proof of residency verified by driver's license, tax or utility bill.

NEW in 2019 Bring Your Card to the Pool and Beach

Your card will be scanned at the Pool and Beach entrance each time you come. If you do not have your pass, you will not be allowed to enter. Exceptions will not be made this year.

Lost Your Pass?

Come to the registration desk, register, and pay your Pool pass fee for this year. We have your picture already on record so we can issue you a new pass.

Beach Pass: Resident

In 2019 the Pool and Beach membership pass will be scanned and allows entry into the Pool and Beach. The use of the Beach is free to Park District residents. Entry to the Beach requires that you scan your pass with the attendants at the Beach entrance. Please complete the Pool and Beach registration form. Proof of residency is required.

You will need to come to the Recreation Center office to receive you Beach pass.



LAKE BLUFF

Resident Dog Beach Tag: \$10

Lake Bluff Pool & Beach FAQ

When can I register for the pool and beach?

A. Pool and Beach memberships can be purchased by Residents March 13 and Non-Residents March 20.

I hate the long lines at the beginning of summer! Will the lines be long this year?

A. It is up to you. If you register well before the pool is even filled with water— NOW—you are in luck and you will not be standing in line on a hot summer day.

When is the early-bird rate?

A. This year the early-bird rate ends on April 15. After April 15 the rates will increase.

Can I get my Pool pass updated the week the Pool opens?

A. We strongly advise that you take care of that well before the season starts. We don't want you to miss out on even an hour of time at the pool. If you wait until then, you will may have to wait in line.

Lake Bluff Park District • register online at www.lakebluffparks.org

Lake Bluff Pool/Beach Registration

355 W. Washington Avenue Lake Bluff, Illinois 60044 • Phone 847-234-4150 • Fax 847-234-7275

PLEASE PRINT • YOU MUST FILL OUT FORM COMPLETELY OR PROCESSING WILL BE DELAYED **REGISTER BEFORE APRIL 15 FOR EARLY BIRD RATES**

Family Last Name _____

Home Phone

Address City

Email Address

Zip_ Anyone 3 years or older by June 1 MUST get a pass for the pool. Have all members of your household sign up at the same time so the correct fee is applied. Family members must reside in the same household to be eligible for the family rate. Proof of address is required for residents.

Check what yo	ou are registering for	each per person	Member's	Gender	Birth	
Resident Pool/Beach	Non-Resident Pool	Resident Beach only	First Name	M/F	Date M/D/Y	

	PURCHA	ASED BEFORE	APRIL 15	PURCHASED AFTER APRIL 15		
	Lake Bluf	f Pool Fees	Beach Fees*	Lake Bluff Pool Fees		Beach Fees*
	Residents	Non-Res.	Residents	Residents	Non-Res.	Residents
Individual	\$95	\$140		\$100	\$150	
Family of 2	\$140	\$215		\$155	\$235	
Family of 3	\$195	\$290		\$215	\$305	
Family of 4	\$225	\$315		\$235	\$335	
Family of 5	\$250	\$345		\$270	\$380	
Each Add'l Family Member	\$25	\$45		\$25	\$45	

Anyone taking a dog to the beach must sign the Dog Responsibilities Contract on the reverse side. Resident Dog Beach Pass is \$10. Non-Resident Dog Beach Pass is \$350. ** Only one Beach Pass is necessary to admit everyone in household. Reprinted/lost Beach passes cost \$5 each.

I, the undersigned, understand that passes must be used by individuals to whom issued and that misuse will be cause for removing pass from use. The undersigned understands that children ten years and under must be accompanied by an individual sixteen years or older to the pool and beach respectively. The undersigned and all above members agree to abide by all rules and restrictions established by the Lake Bluff Park District for all facilities used. I understand there is \$5 replacement fee for lost or stolen pool passes and a \$20 replacement fee for lost or stolen beach passes or beach dog tags. Refunds allowed only for medical disability or relocation reasons. Verification required. Memberships are not transferable.

Signature of Parent/Adult/Guardian Would you like to make a donation to Friends of Lake Blu	Date uff Parks? Amount of donat	ion \$ CVC	#
Card# Exp. Date CVC# Total Payment Signature	CIRCLE ONE: CASH CHECK CHARGE	Mail this form with your payment in full to: Lake Bluff Park District Registration 355 W. Washington Lake Bluff, IL 60044	If you take a dog to the Beach, you must buy a tag and sign the Dog Beach Waiver and Release.

Important Information

The Lake Bluff Park District is committed to providing safe aquatic facilities and programs and holds the safety of participants in high regard. The Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors engaged in aquatic activities must recognize that there is an inherent risk of injury. You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities associated with this Pool Pass and/or Beach Pass. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical/aquatic activity.

Please understand and recognize that lifeguards are not responsible for providing supervision or assessing your swimming skills or that of your minor child; rather, lifeguards are responsible for enforcing safety rules and responding to emergencies. Adult pool pass holders and parents of minor pool pass holders are solely responsible for supervision of any and all activities contemplated by this agreement. Additionally, children 10 years of age and younger must be supervised at all times by a responsible person, 16 years of age or older.

NEVER LEAVE ANY CHILD WITH POOR SWIMMING SKILLS OR 10 YEARS OF AGE AND YOUNGER UNACCOMPANIED BY A PARENT OR RESPONSIBLE PERSON, 16 YEARS OF AGE OR OLDER.

WARNING OF RISK

Swimming and other aquatic activities challenge and engage the physical, mental and emotional resources of each participant. However, despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including but not limited to drowning, head/brain injury, and spinal cord injury. Understandably, not all hazards and dangers can be foreseen. The very nature of swimming and aquatic activities are hazardous and risky, including but not limited to fatigue and overexertion, poor swimming skills, failing to avoid dangerous areas, failing to follow rules and regulations, failure of lifeguards to locate victims and/or delay in emergency response time, horseplay, diving or cannon-balling into shallow water and striking the bottom or side of the pool or waterslide or bottom of lake, inadequate supervision or instruction, lack of conditioning, becoming disoriented, striking other swimmers, striking one's head on the bottom, slip and falls on the deck or within the locker facility or beach area, chemical exposure and all other circumstances inherent to aquatic activities. In this regard, it must be recognized that it is impossible for the Park District to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND INDEMNIFICATION AGREEMENT

Please read this form carefully and be aware that in consideration for this Pool Pass and/or Beach Pass, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with use of the Park District aquatic facilities and programs.

I recognize and acknowledge that there are certain inherent risks of physical injury to patrons of aquatic facilities, and I voluntarily agree to assume the full risk of any injuries, damages or loss, regardless of severity that my minor child/ward or I may sustain as a result of participating in any and all activities and programs connected with or associated with this Pool Pass and/or Beach Pass. I further recognize and agree that life-guards and other aquatic staff are not responsible for supervising my activities or the activities of my minor child(ren) and I agree that I am solely responsible for supervising my minor children and/or assessing whether my children are physically fit and/or adequately skilled for aquatic activities. I additionally agree to supervise any children ages 10 and under at all times.

I further agree to waive and relinquish all claims I, or my minor child/ward may have (or accrue to me or my child/ward) as a result of use of the Park District's aquatic facilities, beach facilities and programs against the Park District, including its officials, agents, volunteers and employees (hereinafter collectively referred as "District").

I do hereby fully release and forever discharge the District from any and all claims for injuries, damages or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with use of the Park District's aquatic facilities, beach facilities and programs.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

PRINT Participant's Name

Participant's Signature

(18 years or older or Parent/Guardian)

Date

PARTICIPATION WILL BE DENIED If the signature of adult participant or parent/guardian and date are not on this waiver. Residents taking their dog(s) to the beach must complete this Dog Responsibilities Contract and return it to the Park District for a Lake Bluff Park District beach dog tag for each dog. Each tag requires proof of current vaccination to obtain tag. If you do not take a dog to the beach, you don't need to complete this side of the registration form.

Dog regulations enforced June 1– Sept. 2 during the following hours: Weekdays: 10:00 am–8:30 pm Weekends/Holidays: 9:00 am–8:30 pm You must sign the Dog Beach Waiver and Release to receive a Beach Dog Tag.

- 1. Resident Dog Beach Tag is \$10.
- Dogs will not be allowed to go to the beach, unless upon request of a Park District employee, the owner presents a beach season membership pass and each dog has a Lake Bluff Park District beach dog tag attached to the dog's collar.
- 3. All dogs must be on a six (6') foot or shorter leash at all times while going to or from the beach.
- 4. Dogs may be allowed off the leash only within the designed "dog friendly beach" located at the far north end of Sunrise Beach.
- Dog owners must pick-up their dog's waste in all areas of the beach and dispose of it in garbage containers.
- 6. Dogs that exhibit aggressive behavior will lose access privilege to the beach area.
- 7. Failure of dog owners to follow any and all rules, including keeping the beach area clean, may result in loss of privileges for all dog owners.
- Violation of the above rules will result in a \$25 fine and removal from the beach. Accumulation of more than three (3) fines will result in revoking dog beach access privileges for one (1) year.
- 9. Non-Resident dog beach membership pass cost is \$350.

Resident Dog Beach Tag: \$10

PROOF OF DOG VACCINATION REQUIRED TO OBTAIN BEACH DOG TAG

Dog Beach Waiver and Release

IMPORTANT INFORMATION

You are solely responsible for supervising your dog and determining whether or not this is an appropriate activity to participate in. You must understand that you are participating in this activity at your own risk (and risk of your dog). You are solely responsible for determining if you and/or your dog are physical fit and/or adequately skilled to use this facility. It is always advisable, especially if the owner/handler or dog is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician or veterinarian before undertaking any physical activity. When this Waiver & Release refers to "your dog", "my dog", or the "owner" of a dog, it includes you whether or not you are the legal owner of the dog, since you are the person responsible for the dog while using this facility.

WARNING OF RISK

Dog activities are intended to provide a fun and rewarding experience for a dog and his owner/handler. However, despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including death to the dog, its owner/handler or other persons or animals. Understandably, not all hazards and dangers associated with animal activities can be foreseen. Certain inherent risks include the propensity of any dog to behave in dangerous ways that may result in injury to the owner/handler or other patron or dog. Certain risks include, but are not limited to the negligence or irresponsibility of another dog owner/handler; the inability to predict a dog's reaction to sound, movements, objects, persons, or other animals; and actions by the dog due to fright, anger, stress, insect bites, or natural reactions such as jumping, pulling, resisting and biting. Other risks include the hazards associated with environmental and traffic conditions, acts of God, inclement weather, slipping, falling, premises defects, equipment failure, failure in instruction/supervision, and all other circumstances inherent to animal and outdoor activities. Should you attempt to break up a fight between dogs, you may be attacked and severely mauled by the other dog or attacked by the other handler/owner. In this regard, it must be recognized that it is impossible for the Lake Bluff Park District to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND INDEMNIFICATION AGREEMENT

Please read this form carefully and be aware that in consideration for permission to use this facility/park, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your dog might sustain as a result of participating in any and all activities connected with and associated with use of this facility or surrounding area. I recognize and acknowledge that there are certain risks of physical injury to the dog and its handler/owner in association with participating in animal activities, and I voluntarily agree to assume the full risk of any injuries, damages or loss, regardless of severity, that I might sustain as a result of participating in any and all activities connected with or associated with use of this facility or surrounding area. I do hereby agree to waive, relinquish, release and forever discharge the Lake Bluff Park District, including its officials, agents, volunteers and employees (hereafter collectively "District") from any and all claims for injuries, damages or loss that I may have or which may accrue to me and arising out of, connected with, or in any way associated with this use of this facility or surrounding area. I further agree to indemnify and hold harmless and defend the District from and against any and all losses, claims, damages, liabilities, cause of actions, and expenses (including but not limited to court costs and attorney fees), on account of personal injuries or death to any person or dog, or damages to property occurring, growing out of, incident to, or resulting directly or indirectly from my use of this facility or surrounding area.

I have read and fully understand the Dog Responsibilities Contract and the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, your on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

PRINT	Partici	pant's	Nam
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Participant's Signature _



Register and pay for programs and view available facilities, all from your computer, tablet or smart phone!

How To Register



Visit www.lakebluffparks.org and hit the **Click To Play** icon. You will need your login ID and account pin number to register for programs. Confirmation is immediate. Call the office at 847-234-4150 if you have forgotten your login and pin.



Fill out the registration form in the program guide. Payments may be made by check or credit card. Checks should be made payable to Lake Bluff Park District. If paying by credit/debit card include the complete card number, expiration date and signature. Mail to: Lake Bluff Park District, 355 W. Washington Ave., Lake Bluff, IL 60044.

3 DROP-OFF

Fill out the registration form in the program guide or pick one up at the Administration Office. Include proper payment. Leave the registration form with payment at the front desk. Sorry, no telephone registrations. Registration may be placed in our locked after-hours Drop-Off Box next to the counter in the Recreation Center.



Fill out the registration form and fill in the necessary credit/debit card information. Fax it to the number above, and call the office to confirm fax has been received.

Registration Dates Online Resident Registration begins February 23 at 8:00 am Office/Fax Resident Registration begins February 25 at 8:00 am

Non–Resident Registration begins Pebruary 25 at 8:00 am

Refund Policy

In the past we allowed written requests for withdrawals and transfers up to the first day of the class. This has created hardships for instructors and participants alike. Last minute changes impacted on whether some classes must be cancelled due to low enrollment or whether several classes must be combined. Instructors who have held times in their schedule to teach are notified at the last minute they are not needed. Some classes require supplies to be purchased in advance of the first class. Participants of any class being changed or cancelled need to be notified in a timely manner. For all of the above reasons and in order to have accurate class lists, we must make a policy change.

Requests for transfers and withdrawals for any program must be made no later than 7 days prior to the first class. All refund and program change requests must be made in person at the Park District office and there is a \$5 processing fee for either one.

Other than above, refunds can only be given for medical reasons, and will be prorated. If a medical problem occurs before or during a program and the participant requests a refund, a prorated refund will be assessed with a doctor's note only, starting with the date of the signed request which must be made in person at the Park District office. Under no circumstances will refunds requested after the last day of class be approved.

When the Park District reschedules or cancels programs, full refunds will be given. Refunds are sent to those whose requests have been approved within 45 days of the written request.

There are no prorated fees or refunds for contractual programs (i.e. 5 Star Sports, LBYBA).

Registration Info

- 1. Residents may register at any time for programs that have openings. Early registration is recommended, as popular classes like early childhood programs fill up quickly.
- 2. Individuals may register members of their immediate family (those residing in the same household). If a participant wishes to change to a different class after registration has been taken, there is a \$5 transfer fee and must be done 7 days prior to the first class. No refunds will be approved for any request for refunds or prorated refunds made after the date of the last class.
- 3. People who do not reside in the Lake Bluff Park District pay an additional fee for most programs, unless otherwise indicated.
- 4. When there is insufficient registration, classes may be consolidated, postponed or cancelled. Those who have signed up for a class that has been cancelled will be notified and offered an alternative choice if one is available.
- 5. A waiver and release of all claims is included on all program registration forms. Please read this carefully. By signing the form, a person/guardian assumes full risk for any injury or loss sustained while participating in a Park District sponsored program.
- 6. Fees cannot be prorated when registering for a class if the class has already started.
- 7. Payment must be received with your registration. We cannot hold a space if no payment is received. Full payment for each program is required unless other arrangements have been made in advance. Any outstanding financial obligations due the Park District for participation in past programs must be satisfied prior to registration in any current programs.

Please mark your calendars...

with the starting dates of the programs for which you have registered. You will be notified if for any reason we are unable to complete your registration. If you do not hear from us, your registration has been processed. All fees must be paid before attending a class. Late registration for classes in progress will be accepted if openings exist with no reduction in fees.

Lake Bluff Park District Program Registration

355 W. Washington Avenue Lake Bluff, Illinois 60044 • Phone 847-234-4150 • Fax 847-234-7275

PLEASE PRINT • YOU MUST FILL OUT FORM COMPLETELY OR PROCESSING WILL BE DELAYED

Family Last Name	Home Phone	
Child's Last Name If Different from Family Last Name		
Address		Zip
Email Address		
Mother's Name (if residing in household)	Father's Name (if residing in	household)
Mother's Daytime Phone	Father's Daytime Phone	
Mother's Cell Phone	Father's Cell Phone	
• Be sure to complete each line of the table below.	Make checks payable to I	ake Bluff Park District.
Use this form for more whale family	Call the Office if you have	any quastions about this form

Use this form for your whole family.

Call the Office if you have any questions about this form.

Program Number	Registrant's First Name	Gender	Date of Birth M/D/Y	Current Grade	Program Name	Fee	Paid

INSURANCE LIABILITY WAIVER The Lake Bluff Park District is committed to conducting its recreation programs and activities in the safest manner possible and holds the safety of the participants in the highest possible regard. Participants and parents registering their child in recreation programs must recognize however, that there is an inherent risk of injury when choosing to participate in recreation activities. The Lake Bluff Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions which have been designed to protect the participants' safety. Please recognize that the Lake Bluff Park District does not carry medical accident insurance for injuries sustained in its programs. The cost of such would make program fees prohibitive. Therefore, each person registering themselves or a family member for a recreation program/activity should review their own health insurance policy for coverage. It must be noted that the absence of health insurance coverage does not make the Lake Bluff Park District automatically responsible for payment of medical expenses. Due to the difficulty and high cost of obtaining liability insurance, the agency providing liability coverage for the District REQUIRES the execution of the Waiver and Release. Your cooperation is greatly appreciated. Please read this form carefully and be aware in participating in the program(s) listed above, you will be waiving and releasing all claims for injuries you might sustain arising out of the activities of this program.

WAIVER AND RELEASE OF ALL CLAIMS As a participant (or as a parent/guardian of a participant under age 18) in the Lake Bluff Park District programs, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume full risk of any injuries, including death, damages, or loss regardless of severity which I may sustain as a result of participating in any and all activities connected with or associated with such program (including transportation services and vehicle operations, when provided). I agree to waive and relinquish all claims I may have as a result of participating in the program against the Park District and its officers, agents, servants, and employees.

I do hereby fully release and discharge the Park District and its officers, agents, servants, and employees from any and all claims from injuries, including death, damage, or loss which I may have or which may accrue to me on account of my participation. I further agree to indemnify and hold harmless and defend the Park District and its officers, agents, servants, and employees from any and all claims resulting from injuries, including death, damages, and losses sustained by me or arising out of, connection with, or in any way associated with the activities of the program.

PERMISSION TO SECURE TREATMENT In the event of emergency, I authorize Park District officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for my immediate care and I agree that I will be responsible for payment of any and all medical services required. I have read and fully understand the aforementioned Program Details, Waiver and Release of All Claims and Permission to Secure Treatment. (Note: Please sign in an appropriate space below.)

I have carefully read the insurance liability waiver on this form and I understand that my signature is required below in order to participate in Lake Bluff Park District programs.

Signature

Date ___

Would you like to make a donation to Friends of Lake Bluff Parks? Amount of donation \$_____

Card# Exp. Date CVC# Total Payment Signature	Circle one CASH CHECK CHARGE	Assistance as required by the Americans with Disabilities Act can be made available to participants. Check box for processing if applicable.	Mail this form with your payment in full to: Lake Bluff Park District Registration 355 W. Washington Ave. Lake Bluff, IL 60044
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Color Run Color Walk Coming this Summer

Details available March 1 online at www.lakebluffparks.org.



The family friendly GO Color Run and Festival welcomes all ages. Run or walk the course where you'll have the time of your life at the "un-timed event." GO Color participants will be doused from shoulder to toe with colors (made from safely colored cornstarch) at five color stations along the route. Then return to Artesian Park where they'll be games, prizes, rides, vendors, food, beverages and more.

All proceeds benefit the Friends of Lake Bluff Parks Foundation.

Lake Bluff Park District

355 W. Washington Avenue Lake Bluff, Illinois 60044 Phone: 847-234-4150



www.lakebluffparks.org

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Kindergarten Explorers Camps for Ages 2-6 Mighty Sprouts Lake Bluff Day Camp Three-Day Camp NEW Dance Camps Musical Theatre Camps Camp Swim Lessons



It's time to plan your family's Summer of Fun in Lake Bluff!

See Lake Bluff Park District camps inside, then register online at www.LakeBluffParks.org

- Cheer/Tumble Camp Girls Lacrosse Camp Volleyball Camp Adventure Camp Teen Travelers Camp Kick-A-Howl Soccer Camp Camp Crazy Days Half-Day
- Tennis, Golf & Fitness Camp Team Sports & Fitness Camp Sports for Life Camp Early Bird Pre-Camp Stay & Play Post-Camp Kelly's Camp Minis Kelly's Camp Mightys ... and more!

REGISTER ONLINE AT WWW.LAKEBLUFFPARKS.ORG!